

# Menopause Relief



**ChiroNutraceutical's Menopause Relief is a natural and vegetarian supplement that provides numerous health benefits for women experiencing menopause symptoms.**

Our product is a unique blend of 11 carefully selected medicinal herbs that reduce the discomforts associated with menopause, supporting hormonal balance and providing natural relief from hot flashes, night sweats, and other symptoms.

## Key Ingredients:

**Black Cohosh\***: helps reduce hot flashes, night sweats, mood swings, and vaginal dryness by affecting estrogen levels in the body.

**Red Clover\***: Containing estrogen-like compounds, helps reduce hot flashes and vaginal dryness.

**Dong Quai\***: Traditionally used in Chinese medicine, balances hormones and alleviates hot flashes and vaginal dryness.

**Chasteberry\***: Also known as Vitex, balances hormones and reduces hot flashes and night sweats, and can reduce symptoms of PMS.

**Blessed Thistle\***: Helps alleviate hot flashes and has a positive effect on mood, cognitive function, and mental clarity in menopausal women.

At ChiroNutraceutical, we use only high-quality natural ingredients, ensuring that our product is free from artificial additives, preservatives, and fillers. Our Menopause Relief supplement is manufactured in an US-based, FDA-registered facility following Good Manufacturing Practices (GMP), providing peace of mind that our product is safe and effective.

## How to Take Menopause Relief by ChiroNutraceutical

Follow the instruction located on the label and speak to a healthcare professional before taking any supplement.