

row house

LEVEL	BEGINNER	INTERMEDIATE
	EASY	EXPERIENCED



Seed Stitch Cowl

LEARN HOW TO: WORK SEED STITCH PATTERN, SEW SEAMS
YOU SHOULD ALREADY KNOW HOW TO: CAST ON, KNIT, PURL, BIND OFF

Materials

SEED STITCH COWL This is a cozy cowl using the seed stitch - a combination of knit and purl stitches - in a super bulky weight yarn. It is knit flat and sewn up, so it is a great project for someone who has learned to knit and purl.



YARN Any super bulky weight yarn. You will need two skeins of yarn of either Cedar House Yarns Windfall Super Bulky or Erika Knight Maxi Wool. If you're using another yarn, you will need at least 130 m (142 yds). Yarn amounts given are based on average requirements and are approximate.

NEEDLES + NOTIONS

Size 12.75 mm straight needles (or US size 17)

Tapestry needle for sewing in the ends

Scissors

GAUGE

8 stitches & 13 rows = 10 cm/4" in seed stitch, although matching gauge exactly isn't necessary for this project

FINISHED DIMENSIONS

32" circumference; 10" wide

Video Tutorials



VIDEO TUTORIALS ONLINE

This pattern is written in Row House's Video Tutorial format. That means there is a video tutorial to help you every step of the way. Check out this design online to be able to click the video links in the pdf. Any time you see the symbol **RH** that means there is a video online to help.

GLOSSARY

k = knit

p = purl

skein = a hank or a ball of yarn

Getting Started

For all abbreviations, please check the glossary at the beginning of the pattern.

Make a slipknot. **RH**

Using knitted cast-on, cast on 20 stitches.

RH

Row 1: *K1, p1; repeat from * to end of row. Go online to see a video tutorial about how to move the yarn back and forth between the knit and purl stitches. **RH**

Row 2: *P1, k1; repeat from * to end of row.

Repeat Rows 1 & 2 until piece measures 32" from beginning.



WHAT IS "SEED STITCH?" *Seed Stitch is a pattern worked over multiple rows. On the right side of the work, you alternate knit and purl stitches. On the wrong side, you knit the purl stitches and purl the knit stitches as they appear. This creates a pattern known as "seed stitch." This pattern looks like seeds planted every other stitch every row, hence the name!* **RH**

If your work looks like vertical rows, not seeds, you may be working Ribbing instead of Seed Stitch. If that happens, you are not knitting the purl stitches (and purling the knit stitches). You'll need to go back and rip out the stitches :(.

Next Steps + Finishing

ALMOST DONE:

Bind off all stitches, knitting the stitches that look like purl stitches and purling the stitches that look like knit stitches. **RH**

Leave enough yarn to sew up the two ends of the cowl, or about 36" of yarn, before cutting the yarn. Bring the final loop off the needle, enlarge it slightly and pass the cut end of the yarn through the loop. Pull the end of yarn to draw the loop closed securely.

FINISHING:

Next, you need to sew up the seam of the cowl to form the cowl loop. To do this, you'll use the long tail of yarn that you left on one end of the cowl and a tapestry needle. Sew the cast-on end to the bound-off end. **RH**

Finally, weave in all yarn ends using a tapestry needle – the beginning and end of the cowl, and any yarn changes in the middle of the cowl. **RH**

CONGRATULATIONS! You are finished. Stand back and admire your work. You have knit in "seed stitch."

We want to see your cowl, so please post a photo on Instagram or Facebook and use the hashtag #rowhouseknits.