

**row
house**

LEVEL	BEGINNER	INTERMEDIATE
	EASY	EXPERIENCED



Garter Stitch Headband

**LEARN HOW TO: CAST ON, KNIT STITCH, BIND OFF
AND BLOCK THE FINISHED HEADBAND**

Materials

GARTER STITCH HEADBAND The Garter Stitch Headband is a beginner level headband that you knit in garter stitch (the easiest stitch pattern) and sew the ends together at the end. It'll keep your ears warm all winter long.



YARN Any worsted weight wool; we recommend Erika Knight Vintage Wool or Jorstad Creek Arranmore. You will need approximately 52m/57yds.

NEEDLES + NOTIONS

Size 5.5 millimeter straight needles (or US size 9)
Tapestry needle for sewing in the ends
Scissors

GAUGE

5 stitches to the inch, although matching gauge exactly isn't necessary for this project.

FINISHED DIMENSIONS

3" Width, 18" Circumference

Video Tutorials



VIDEO TUTORIALS ONLINE

This pattern is written in Row House's Video Tutorial format. That means there is a video tutorial to help you every step of the way. Check out this design online to be able to click the video links in the pdf. Any time you see the symbol **RH** that means there is a video online to help.

GLOSSARY

BO: bind off

CO: cast on

K: knit

Getting Started

For all abbreviations please check the glossary at the beginning of the pattern.

Make a slipknot. **RH**

Using knitted cast-on, cast on (“CO”) 15 stitches. **RH**

ROW 1: Knit (“K”) every stitch to the end of the row.

ROW HOUSE PRO TIP *When you are starting a new row, make sure you hold the yarn underneath and to the back of the needle, and make sure that you don't accidentally create a new stitch by knitting into both sides of the loop of the first stitch from the row below. Don't worry if the knitting looks loose just under the first stitch, as this will resolve itself once you start the next row.* **RH**

Continue to knit every row. Knitting every row is called a “garter stitch” pattern. **RH**

Knit until your headband is 16” long.

ALMOST DONE Then on the next row, bind off (“BO”) all stitches. **RH**

Leave approximately 12” of yarn attached after finishing the bind off. This will be used to sew your headband closed.

BLOCKING Finally, you have to “block” the headband. This means that you wet the yarn and relax it a little bit, which will also help even out your stitches. Because you're knitting with wool, the yarn will stretch, so you want to gently lay it out so that you don't stretch it too much, just enough that it will be a few inches smaller than your head, about 18” works for most adult heads.

HOW DO I BLOCK? *Let the headband sit in cool water for around 30 minutes. Gently drain the water. You can gently roll the headband in a towel to remove excess water, or you can let it sit in the sink and drain for an hour or so. Make sure that you handle the wet fabric gently and don't wring it out. Once you have removed the excess water, lay the headband out on fresh towels or on a blocking board (you need a surface that will allow the water to drain from the wool), and arrange the headband in a rectangle of the measurements that you desire - keeping the rows even. Let it dry before picking it up again.* **RH**

Next Steps + Finishing

FINISHING Sew the two short ends of the headband together to form a loop using a tapestry needle. **RH**

Then weave in all yarn ends on the inside of the headband. **RH**



CONGRATULATIONS! Once it is dry, you are finished. Stand back and admire your work. You are a knitter.

We want to see your headband, so please post a photo on Instagram or Facebook and use the hashtag #rowhouseknits.