

Juvenate

cosmedical skincare

Regenerative Approach to Functional Skin Ageing

- New Zealand Made
- New Zealand owned
- New Zealand operated.
- Cosmedically Active Skincare
- Truly clinic-only
- Vegan
- Animal Cruelty Free
- Sustainably & ethically Produced



NZ made



Cruelty free



No nasties



Vegan

Improve Functional age with Juvenate Treatments

✓ Cellular Health

- Introductory Treatments (Gift voucher/Consultation/short appointment)
- Balancing/ Clarifying/ Anti-ageing/ Skin Health
- Phytofacial/ Blurred lines

✓ Regenerative Treatments

- Lactic Peels
- Vitamin A Regeneration Treatments
- Power Peels
- ReSculpt Body Treatment
- Advanced Modalities
 - LED & LIGHT THERAPIES
 - MICRONEEDLING/NANOFUSION
 - SONOPHORESIS
 - IONTOPHORESIS/ ELECTROPORATION

NEW IN 2023

ReShape

Lymph Drainage – *Warm up*

Lifting Technique – *Cardio*

Intra Oral – *Weight Lifting (Face only)*

Lymph Drainage – *Warm Down*

ReSculpt



Juvenate Cellular Health Tx

1. Cleanse with Revitalising Cleanser
2. Second cleanse with Revitalising Cleanser OR Phytocleanse
3. Optional – Alpha resurfacer
 - a. Applied Dry for AHA benefits and/or
 - b. Wet for enzyme exfoliation
 - c. Intensify with massage for mechanical exfoliation
4. Mist with Phytoprotect Mist
5. Massage with Transdermal Delivery Mask & cocktail of selected serums
 - a. Bhydrated
 - b. Reactivating Complex
 - c. Bhydrated & Reactivating Complex
 - d. ReAlign
 - e. Bhydrated and ReAlign
 - f. Uplift eye and lip as “target serum” for lines/wrinkles
6. Apply Face and Neck Mask – 15-20mins (lip mask with Liperfection 5D at this stage)
7. Remove mask, apply Relief crème (uplift eye and Liperfection5D)
8. Apply ReShield SPF (tinted or untinted)
9. Homecare recommendations

Juvenate Cellular Health Tx & Advanced Modalities

1. Cleanse with Revitalising Cleanser
2. Second cleanse with Revitalising Cleanser OR Phytocleanse
3. Optional – Alpha resurfacer
 - a. Applied Dry for AHA benefits and/or
 - b. Wet for enzyme exfoliation
 - c. Intensify with massage for mechanical exfoliation
4. Mist with Phytoprotect Mist
5. Apply cocktail of selected serums to area as you work
 - a. Bhydrated
 - b. Bhydrated & Reactivating Complex
 - c. Bhydrated and ReAlign*
 - d. Uplift eye and lip as “target serum” for lines/wrinkles
6. Proceed with chosen modality (Sonophoresis, Nanofusion, LED)
7. Massage with Transdermal Delivery Mask & Bhydrated
8. Apply Face and Neck Mask – 15-20mins (lip mask with Liperfection 5D at this stage)
9. LED or Iontophoresis/Sonophoresis
10. Remove mask, apply Relief crème (uplift eye and Liperfection5D) and SPF
11. Homecare recommendations

Blurred Lines & PhytoFacial Protocol



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Blurred Lines Facial Treatment

A facial treatment that will blur the lines of how you utilise your Juvenate Professional Back while blurring the unwanted lines, lesions, imperfections on your client's skin. Your Uplift Eye and Lip Serum has hidden capabilities, and as a Regenerative Skin Care The you can unlock its potential, increase your versatility in clinic and segue into a retail recommendation.

Why is Uplift Eye and Lip so Special?

It contains your ABC for skin and so much more...

VITAMIN A- GRANACTIVE RETINOID™ Often referred to as "the cell normalising vitamin", Vitamin A has been claimed to reverse the aging process. Granactive Retinoid is a non-prescription ester of all-trans direct retinoic acid that offers a mild superior effect against signs of aging than retinol, retinyl palmitate and nearly all other forms of non-prescription retinoid ability to alter collagen synthesis, stimulate the growth of fibroblasts and the extra-cellular matrix. Vitamin A is essential generation and function of healthy cells, used to smooth wrinkles, unclog pores, lighten superficial brown spots and improve texture of the skin by effectively turning on and off key cellular functions, which can result in enhanced cell proliferation, loss of extracellular proteins and glycans, and improved cellular turnover. Any time a skin needs balancing/normalising - Vitamin be part of your treatment plan.

VITAMIN B3 - NIACINAMIDE A true workhorse for the skin. Precursor to NAD (energy currency of cell) perfect for sluggish Delays skin aging by restoring DNA damage and lowering oxidative stress. Boosts collagen production, Anti-pigmentation activity, Refines pore size, increases production ceramides, sphingolipids & p increases production Involucrin & Filaggrin. Pigment regulating, Tyrosinase Inhibitor, Regulates melanosome transfer, Protects from heat, Anti-inflammatory action Regulates sebum production, Regulates C-Acnes bacteria, Balances biome. Based on cellular studies, B3 soothes irritated and inflamed skin by lowering inflammatory compounds and can inhibit the fungi (Candida albicans, Trichophyton rubrum, and Trichophyton mentagrophytes) that contribute to skin yeast infections. Increases skin immunity, restores Langerhans cells, activates Stratum Corneum Chymotryptic Enzyme, helping to normal

VITAMIN C - SUPEROX™ Recognised for its ability to protect against oxidative damage. It's known to have photo protective effects on the skin and has been shown to decrease UVB induced erythema as well as offer protection against excessive exposure to Blue Light. It is essential for the synthesis of collagen which in turn significantly improves skin texture, fine lines, wrinkles, skin laxity and decreases sallowness. It is known to have anti-inflammatory properties and can be used to treat a variety of inflammatory conditions. It significantly improves skin clarity via its mild tyrosinase activity, making it useful in the treatment and maintenance of pigmentation disorders and general prevention of unwanted discoloration. Our Superox™ C is from the Kakadu Plum, identified as the fruit with the world's highest vitamin C content, up to about 100 times more than an orange! It also contains large amounts of polyphenols (polyflavonoids) with antioxidant, anti-inflammatory and antimicrobial properties. A significant benefit of using plant based Vitamin C is that it can be formulated with B3 and doesn't affect conversion of niacinamide into nicotinamide, lessening the effect of the "niacin flush".

XEP™-Q18 Biomimetic Peptide Instant relief of fine lines and wrinkles with added improvement over time. Blocks NAV1 receptors on your nerve endings that inhibit muscle contraction, therefore relaxing wrinkles and expression lines within 2 hours. By inhibiting nerve cells from communicating with each other, this is also a desirable ingredient for chronically inflamed/diffuse Red/ Rosacea skins *Remember, your PRO concentrate has 20% XEP as opposed to 10% in Retail offering.

LINKNLFT™ Binds the epidermis to the dermis through its anchoring complex, the Dermal Epidermal Junction provides structural integrity and mechanical resistance to the skin. Appropriate for use on sun-damaged skins exhibiting signs of epidermal sliding, nasolabial folds, forehead, jawline and neck.

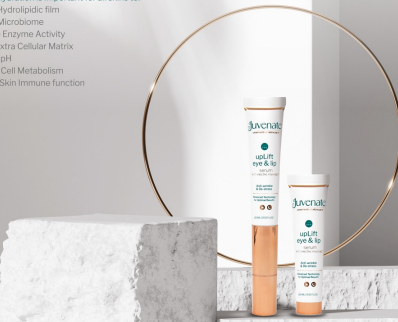
NEUROPHROLINE™ Developed from the Ayurvedic plant Tephrosia purpuria and possessing properties to fight the signs of fatigue and tiredness, promotes the release of relaxing neuropeptides (endorphins) in skin reducing redness and corrects dark circles under the eyes. Skin faces stresses every day and the release of the stress hormone cortisol by keratinocytes results in fatigue, tiredness and redness (pollution, smoke, lack of sleep, UV). By regulating production of the stress hormone cortisol in skin cells, and stimulating production of the feel-good beta-endorphins, we can regulate the stress response by stimulating the expression of genes that act to counter the effects of skin stress, providing dramatic upregulation of production of two key stress proteins in skin, ideal for use in any hormonally disrupted skins, or skins that are subjected to environmental aggressors (including AVL).

ADIPOLLIN™ Rejuvenates the face while plumping the volume and giving back firmness to the skin. Boosts Collagen type 1 to densify the dermis. Fights against lipatrophy (loss of fat tissue) by increasing differentiation and adipogenesis, to rejuvenate the adipocytes & pump the skin. Inflates adipocytes leading to a bigger volume and diameter. Perfect for clients who are starting to lose volume, including flattening of contour of face and drooping of nasolabial folds.

Hyaluronic acid (HA) is well-known for the benefits it provides in topical formulations, including moisturisation, delivery of water and actives to the skin, film formation and antioxidant effects. HA is also critical to the functional and well-being of normal physiological processes of the skin, notably protection via said antioxidant effects, hydration, stabilisation of the tissue matrix structure and cellular repair. In Uplift Eye and Lip serum, we use 4 different molecular weights of HA to ensure all layers of skin receive benefits.

We know hydration is important for all skins to:

- Balance Hydralipidic film
- Support Microbiome
- Modulate Enzyme Activity
- Density Extra Cellular Matrix
- Regulate pH
- Optimize Cell Metabolism
- Enhance Skin Immune Function



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Blurred Lines Facial Treatment

1. Cleanse Revitalising Cleanser. Remove.
2. Cleanse Phyto Cleanse. Remove.
3. Alpha Resurfacer, choosing suitable application (one, two or three exfoliation methods to combine and cut skin). Remove.
 - a) Dry application (Mandelic Acid) for leathery skin, acne, pigmentation
 - b) Apply wet or add water for Enzyme activity (Pap angs) Maintenance, slightly impaired barrier,
 - c) Mechanical Exfoliant (Biogommage) used to intensify either of above. Polishing action on skin
4. Mist with 6-8 sprays Phyto Protect Spray.

5. Deep Breathing Introduction while mist dries on skin
 - a) Place one hand on clients chest and the other on abdomen, below the ribs.
 - b) Ask client to take two consecutive deep breaths in, on the first breath picturing their chest filling with second breath, their belly filling with air. Watch your hands as they breathe—ensure the belly expands. If it doesn't verbally through this movement until it does.
 - c) On the exhale, encourage your client to purse lips as if they are blowing out candles and slowly, but firm, out their. Their belly should deflate.
 - d) Repeat for 3-5 cycles.
6. On predetermined areas, according to client's skin concerns, apply Uplift Eye and Lip Serum.
7. Use massaging head to improve microcirculation over each area of Uplift Eye and Lip Serum.
8. Cocktail TDM and B-Hydrated and massage, emphasising massage moves and/or infusion on areas with L serum*.

9. Apply Phyto Renew Face & Neck Mask.

10. OPTIONS:

- a) RED & NIR LED light
- b) Chi gishes
- c) Jade Roller
- d) Gua Sha
- e) Press point or scalp massage

11. Remove mask, apply Relief (Rejuvenate) Crème and SPF.
12. Homecare recommendations.



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Massage and Infusion with Uplift Eye and Lip

1. Eye and lip area. Small circular movements from inner corner to temple. Press points and smoothing movements. Sonophoresis, Gua Sha, Microcurrent.
2. Expression lines. "Elevenses" and Corrugators, Bunny whiskers, smile lines/Smokers lines, marionette/bitterness lines. Kneading and smoothing movements. Sonophoresis, Gua Sha, Microcurrent.
3. Sagging areas. Nasolabial folds, jawline, above eyebrows, Turkey neck. Firm, upward movements, alternate cadence between slow and fast. Shaping movements. Sonophoresis, Gua Sha, Microcurrent.
4. Tech Neck lines. Stimulating, upward directional movements. Sonophoresis, Gua Sha, Microcurrent.
5. Pigmented areas. Lymph movement techniques. Sonophoresis, Gua Sha, Microcurrent.
6. Acne Lesions. Presspoint/ Lymph movement techniques. Sonophoresis.



Juvenate & Sonophoresis/ Ultrasound

- B- Hydrated
- Reactivating Complex
- ReAlign Advanced
- Transdermal Delivery Mask
- Relief Crème
- Lactic Acid
- VitA Peel Forte
- PhytoRenew Face & Neck Mask
- Uplift Eye & Lip serum

Juvenate & Iontophoresis/ Electroporation

- B-Hydrated
- Reactivating Complex
- Lactic Acid
- Phytoprotect mist
- PhytoRenew Face & Neck Mask

Juvenate & LED

Red & NIR

- B-Hydrated
- Reactivating Complex
- Phytoprotect Mist
- PhytoRenew Face & Neck Mask

Blue

- B-Hydrated
- Phytoprotect Mist
- PhytoRenew face & Neck Mask

Progressing to Regenerative Treatments

Regenerative Treatments

- Lactic Peels
- Vitamin A Regeneration Treatments
- PowerBOOST Peel
- ReSculpt Body Treatment

- Advanced Modalities
 - LED & LIGHT THERAPIES
 - MICRONEEDLING/ NANOFUSION
 - IONTOPHORESIS/ELECTROPORATION
 - SONOPHORESIS/ULTRASOUND

Prepping the skin for Regenerative Treatments

Preparation

- It is important that before starting a course of peels with clients that they are properly prepped. That will require the skin to be hydrated and the client to be using Tyrosinase Inhibitors in their home care routine.
- Ideally skin must be prepped with B-Hydrated and the Renew or Rejuvenate Crème for between 2 to 4 weeks prior to a peel: -
 - To get the most effective even depth to achieve effective penetration
 - To achieve the best results
 - To reduce the risk of unnecessary inflammation, maceration or blanching
- Tyrosinase Inhibitor to be used to prep Fitzpatrick III+ for two weeks+ to reduce the risk of PIHP
- Reduce the risk of herpes outbreak - Prep on prophylactic anti-herpetic. EG: Acyclovir / Zovirax
- With any peel, never treat more than 20% of the body at one time

Lactic Peel Application

Lactic Peel Application

- Apply ReDesign Crème as barrier, if necessary, to sensitive areas of face
- Dispense the 3ml contents from the ampoule into dappen dish. Apply evenly to skin.
- Start your timer from the moment of application for the desired time (usually 3 to 5 minutes)
- Ask the client how their skin is feeling while the peel is working. Use descriptive words or phrases e.g. Does it feel tingly on your skin? Observe their skin for any redness or reactions. If a reaction occurs or if the client is in extreme discomfort you may use the Post-Peel Neutraliser to shut down the peel. You can spot treat with Post-Peel Neutraliser if redness shows in patches.

Neutralise Lactic Peel

- Once time is up, neutralise the peel with the Post-Peel Neutraliser. Mist spray the treated area first. Then spray onto cotton pads and apply using a compression/blotting technique (do not rub the skin). Inform client that they may feel a flash of heat during this step as the pH of their skin returns to normal.
- Dispense one pump of B-Hydrated with two pumps Transdermal Delivery Mask massage gently into skin until it disappears.
- OPTION: Apply PhotoRenew Face & Neck Mask and Liperfection Mask for 15- 20 mins.
- OPTION 2 ; LED over PhytoRenew Face and Neck Mask. Red and NIR
- Apply Relief Creme.
- Apply ReShield SPF
- HOMECARE ADVICE

VitA Peel Forte Application

VitA Peel Application

- Apply Redesign crème to sensitive areas of the face (eyebrows, lower eyelids, nostrils, around lips - do not over apply!)
- Dispense 3-4 pumps VitA Peel and apply evenly to client's skin.
- Ask the client how their skin is feeling while the peel is working. Use descriptive words or phrases e.g. Does it feel tingly on your skin? Observe their skin for any redness or reactions.
- Dispense one pump of B-Hydrated with two pumps Transdermal Delivery Mask.
- Apply the Transdermal Delivery Mask over the VitaPeel and perform facial treatment massage.
- This is a leave on application. You can cool compress to remove excess.
- Apply PhytoRenew Face & Neck Mask and Lipperfection Mask for 15- 20 mins
- Apply Relief Creme.
- Apply ReShield SPF
- HOMECARE ADVICE

Advanced Peel treatment option

PowerBOOST Peel: Lactic & Vita Peel application

- ✓ Perform Lactic Acid 20% treatment. Neutralise well with Post Peel Neutraliser
- ✓ OPTIONAL LED at this stage
- ✓ Spritz well with Phytoprotect Mist. Leave to settle on skin 15 seconds. Blot dry with gauze.
- ✓ Apply pre-dispensed Vitamin A Peel to client's skin. Start at any areas of concern
- ✓ This is a leave on application.
- ✓ OPTIONAL: TDM & Bhydrated Massage
- ✓ Apply PhytoRenew Face & Neck Mask. Leave on 15-20mins.
- ✓ Apply thick layer Liperfection 5D to lips with cotton bud.
- ✓ This is one instance you do NOT perform LED over mask. (Permitted over abdomen)
- ✓ Remove mask. You can cool compress to remove excess.
- ✓ Apply Relief Crème.
- ✓ Apply ReShield.
- ✓ HOMECARE INSTRUCTIONS.

Juvenate & Microneedling/ Nanofusion

1. Cleanse with Revitalising Cleanser
2. Second cleanse with Phytocleanse
3. Optional – Alpha resurfacer
 - a. Applied Dry for AHA benefits and/or
 - b. Wet for enzyme exfoliation
 - c. Intensify with massage for mechanical exfoliation
4. Mist with Phytoprotect Mist
5. Apply cocktail of selected serums to area as you work
 - a. Bhydrated
 - b. Bhydrated & Reactivating Complex
 - c. Bhydrated and ReAlign
 - d. Uplift eye and lip as “target serum” for lines/wrinkles
6. Proceed with Microneedling/ Nanofusion
7. Optional – Massage with Transdermal Delivery Mask & Bhydrated
8. Apply Face and Neck Mask – 15-20mins (lip mask with Liperfection 5D at this stage) LED optional
9. Remove mask, apply Relief crème (uplift eye and Liperfection5D) and SPF
10. Homecare recommendations

Advanced Microneedling treatment option

The Re-Lift & Re-veal

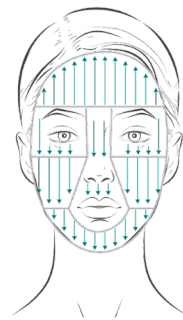
TREATING THE FACE, SCALP ,NECK & DECOLLETAGE
with a focus on anchor points for Ultimate Lifting Action

Optimal treatment for Anti-Ageing. Combining the power of:

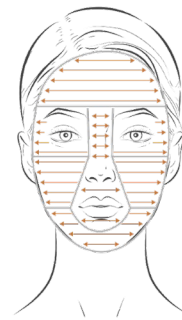
- ✓ Advanced ingredients in Reactivating Complex
- ✓ The release of GF via Microneedling
- ✓ Underlying knowledge of facial anchor points and structure
- ✓ Repair and Clarify with Vitamin A Peel

Juvenate Re-Lift & Re-Veal

The Re-lift



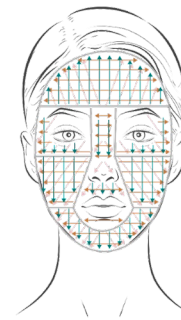
Verticle



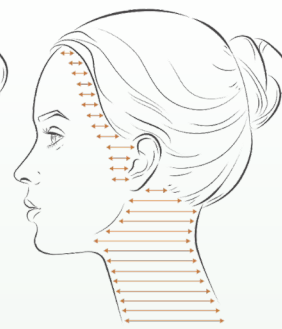
Horizontal



Diagonal



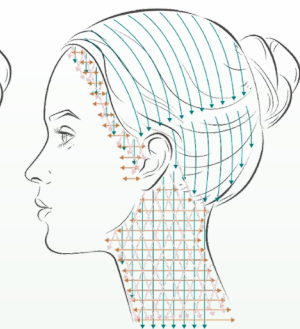
Verticle



Horizontal



Diagonal 1 & 2



And The Re-Veal

VitA Peel application after Microneedling

- ✓ Cool compress off any excess glide remaining on skin.
- ✓ Spritz well with Phytoprotect Mist. Leave to settle on skin 15 seconds. Blot dry with gauze.
- ✓ Apply pre-dispensed Vitamin A Peel to client's skin.
- ✓ This is a leave on application.
- ✓ Apply PhytoRenew Face & Neck Mask. Leave on 15-20mins.
- ✓ Apply thick layer Liperfection 5D to lips with cotton bud.
- ✓ This is the one instance you do NOT perform LED over mask.
- ✓ Remove mask. You can cool compress to remove excess.
- ✓ Apply Relief Crème.
- ✓ Apply ReShield SPF.
- ✓ HOMECARE INSTRUCTIONS.

Post Regenerative Treatment Recommendations

At a minimum

- Revitalising Cleanser
- B-Hydrated 4D
- *Relief Crème
- Revert to Rejuvenate/Renew after 3 days
- ReShield
- * Plus Preferably ReActivating Complex

Ensure a good at-home skincare routine is followed by providing skincare recommendation to obtain optimal results following the regenerative treatment.



Aftercare

Important information. Remind every time. Email after appointment.

- No Sun/ UV Exposure post peel! Definitely no tanning or sunbeds!
- No additional products to be applied to the skin for at least THREE hours after treatment (a light dusting of mineral makeup is ok)
- No vigorous exercise to be done following a peel for 24 hours
- Remind client wearing sunscreen at this time non negotiable; advise them to avoid prolonged sun exposure
- No exfoliators, scrubs, Vitamin A/Retinol or strong AHA/BHA products to be used on the skin at least 72 hours
- No picking or pulling at flaking skin!
- A light exfoliation may be used on days 3 /4 following peel to address any peeling/ flaking which may occur. (Enzyme)
- If flaking or peeling does not occur, it doesn't mean the peel hasn't worked - everyone responds differently
- No waxing of treated areas for at least a week following a peel - ideally longer
- No injectables for at least a week following a peel
- No IPL or laser for two weeks following a peel
- No ablative laser/treatment for four weeks following peel

Body Treatment programs

- ✓ Bodycare Treatment
- ✓ Advanced Bodycare Treatment
- ✓ LED
- ✓ Progress to further intensive therapies

Functional Health for the Body

Clinic Bodycare Treatment

Body Scrub with Phytocleanse/Alpha Resurfacer 50/50 mix

Apply with wet hands, emulsify and apply

Remove with warm compresses

OPTION 1

Reactivating Complex under Red/NIR light

ReSculpt/TDM 50/50 mix. Massage

OPTION 2

Gua Sha/ Lymphatic drainage massage with 50/50 TDM & ReSculpt

HOME CARE RECOMMENDATION:

Apply 2x daily

Top tips for application:

- ✓ Always apply to a dry skin (skin is best rested after shower before application)
- ✓ Warm product in hands before application
- ✓ Apply to areas of concern with firm circular movements and spread away from target areas to give global coverage.
- ✓ Apply twice a day and enjoy the results!



Treatment Progression

- ✓ Microneedling Treatment
- ✓ Pinpoint / Wet blood
- ✓ Reactivating Complex/ B-hydrated (cocktail 50/50)
- ✓ LED – Red and NIR
- ✓ Massage TDM/ ReSculpt

- ✓ Homecare



4th of January 4pm

Right hip stretch marks straight after dermal needling, ReSculpt used each day twice daily. Below image is two days after treatment.



6th of January 8.15pm

ReSculpt NZ



Before

After 5 weeks of ReSculpt 2x daily

Fading of red stretch mark colour and texture.



Before

After 7 days of ReSculpt 2x daily

Complete reduction of cellulite and increase in elasticity and tone in skin.

Thank You

