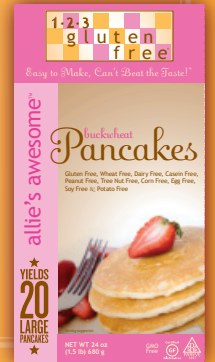


# PUMPKIN pancakes

(or waffles)



2 cups 1-2-3 Gluten Free® Allie's Awesome Buckwheat Pancake Mix  
2/3 c. cooked pumpkin  
2 Tbsp. sugar  
1 tsp. cinnamon  
1-1 1/4 c. skim milk  
2 eggs  
2 Tbsp. vegetable oil

- ① Heat griddle over medium heat.
- ② Mix all ingredients until thoroughly blended. Add more or less milk until you reach consistency of your personal preference.
- ③ Spray griddle with non-stick spray.
- ④ Ladle batter onto griddle. Cook until bubbles form. Flip pancake to cook other side.
- ⑤ Pancake should be golden brown on either side.

These can also be used to make waffles.

*Thank you to Lisa H. from Okemos, MI for submitting this recipe.*

