

Table of Contents

Permission to Copy	3
Introduction	
Using a Proportion Wheel	
The Ultimate Medallions	
Cathedral Feathers	8-10
Cable Star	11-14
Stitching the Rope Cable	15
Zig-Zag Circle.	
Feathered Star	
Circle Medleys	
Cable Quilting Instructions	
Oval Medleys	

Cindy Needham Email: linenqltr@comcast.net Website: www.cindyneedham.com

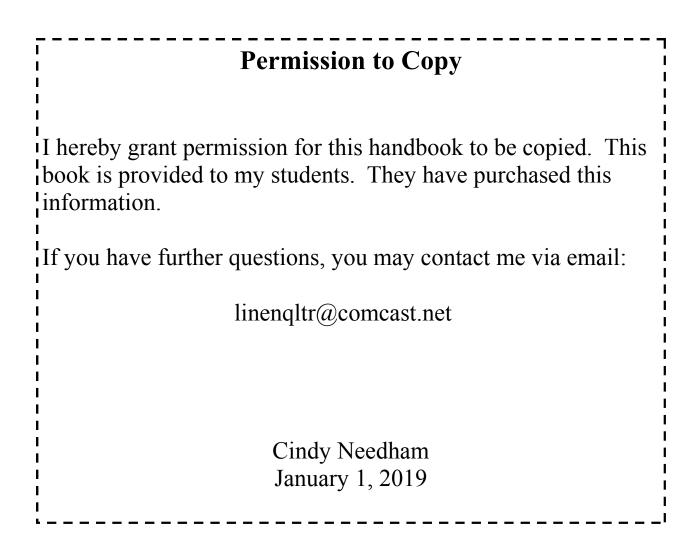
© 2019

Cindy L. Needham

All Rights Reserved

This handbook is protected by a copyright and is intended for the personal use of the original retail purchaser only. Photocopying and all other types of reproduction including mechanical, electronic, computerized, or digital are prohibited without the written consent of Cindy Needham.

Please respect the time and energy it took to compile this information and do not copy it. Thank you.



Introduction

I have created each set of my Ultimates with the intent to provide you with great tools so that you can create your own quilting designs. Each set has been designed to work individually or in combination with any of the other sets.

Each of the Ultimate Medallions stencils is available from Quilting Creations (www.quiltingcreations.com) as a larger design. Many of my students have found them useful but were asking for them in a smaller version. Done!

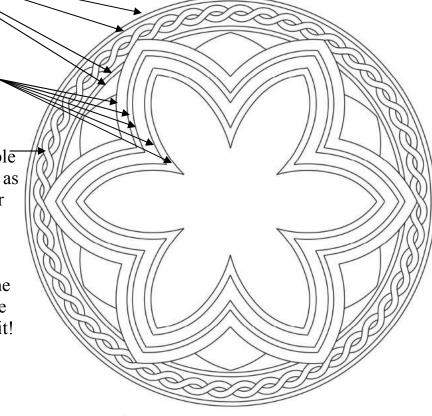
Each of the designs included in this collection can be used by themselves OR in combination with each other. They can also be used with any of the other Ultimate sets. I will give instruction on how to use each stencil and also provide a few designs on how they can be intermixed for some inspiration. I've also added instruction on how to stitch out the cables.

I'm always telling my students to visually take a stencil "apart" and look at all the different parts that can be used. For example, there are four different sized circles you can use.

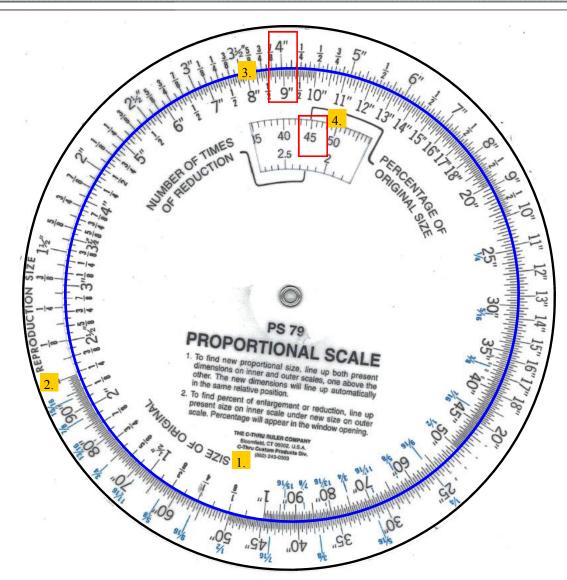
There are five different sized stars you can use.

You can use the rope cable with or without the lines as a totally separate circular border.

Look beyond the actual stencils and look at all the different parts that can be used. The sky is the limit!



Using a Proportion Wheel



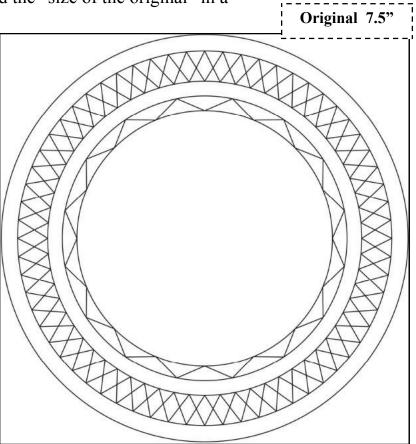
I love using a Proportion Wheel when I need to enlarge or shrink a design. Very simple to use! This may be helpful when combining one Medallion design with another to get them to the size you need.

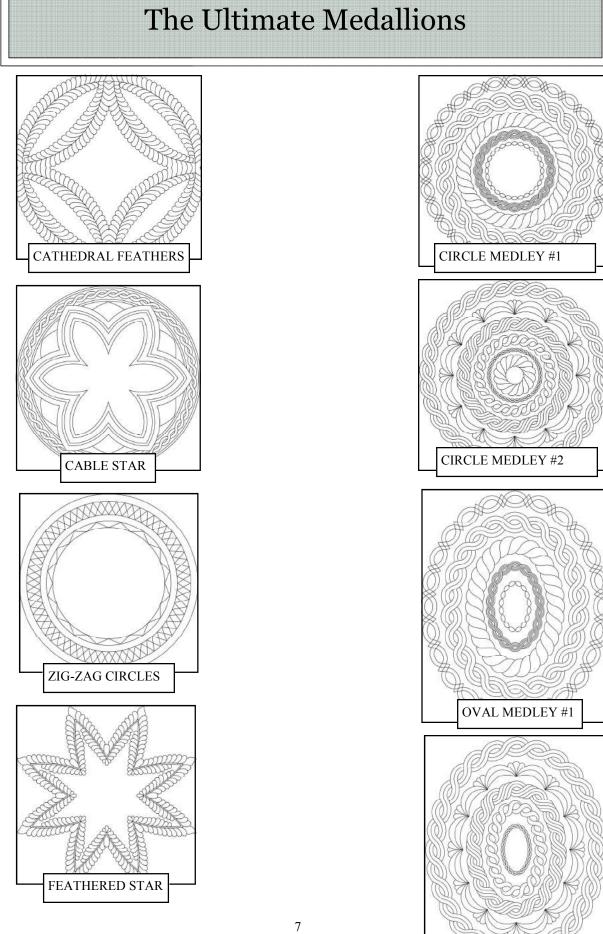
- 1. The inside wheel is the SIZE OF YOUR ORIGINAL.
- 2. The outside wheel is the SIZE YOU WANT IT TO BE.
- 3. For example...I have a 9" design and I want to reduce it to 4". I turn the wheel until the 9 matches up with the 4.
- 4. The number in the little window gives me the percentage that I need to shrink/ enlarge. In this case I will shrink my design by 45%. Now I place my design on a light table, place the quilt top over it and trace it.

Go to your copier and punch in 45% and you have a perfect reduction down to 4" with just one copy! *These are available at most art stores and are also available for sale from my website.*

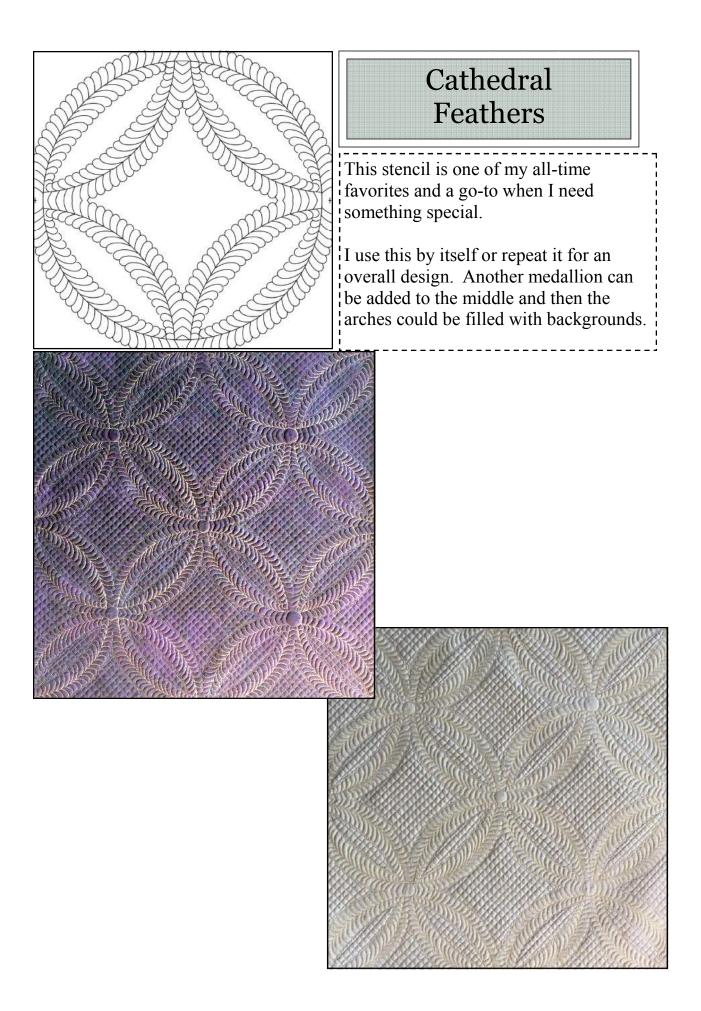
In order to make it simple for you to enlarge/shrink designs that are in this handbook, I have included the "size of the original" in a dashed box.

This will make it easier for you to punch in the number of your original size.





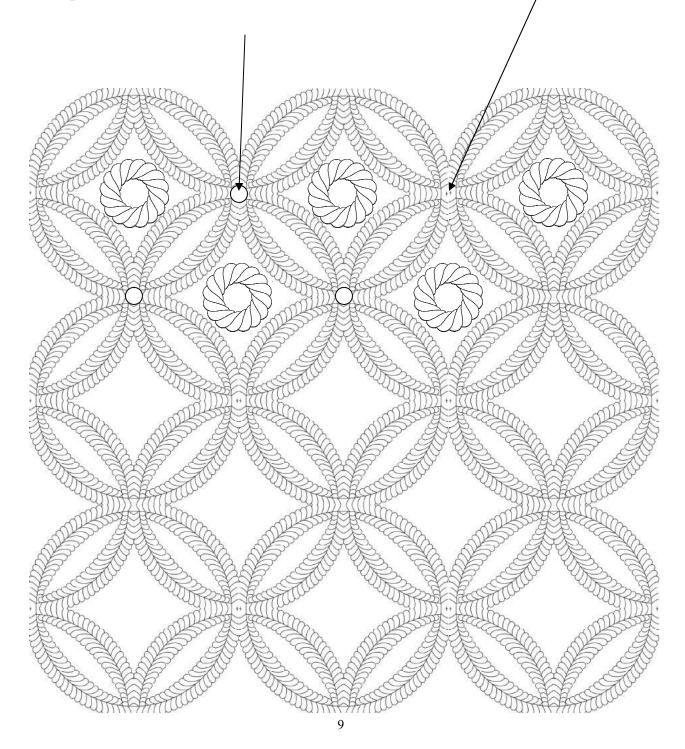
OVAL MEDLEY #2



By repeating this design over and over you get a beautiful overall feathered cathedral window design. I added the small circle rope from Circle Medley #2 in the middle of each window.

I've found that when I repeat the design this area gets a little awkward.

By adding a small motif such as a circle, star, flower, heart, etc. it helps to eliminate the awkward area.



I removed the inside feathered arches and filled the space with the feathered star. Remember...use the ink drawings I provided to shrink/enlarge designs as needed to make them fit.

