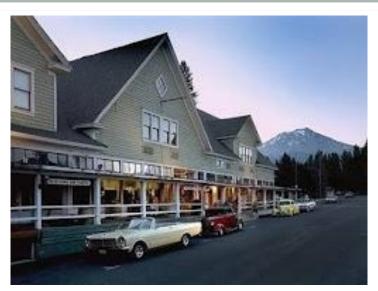
# "My Time Retreats"

McCloud Mercantile ~ McCloud, California Cindy Needham

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This handout contains basic information for these retreats. If there are special details that are specific to your retreat, they will be emailed to the group prior to the retreat.

For the brand new "virgin" retreaters, when you arrive at the Mercantile you'll see that there is a small parking lot to the left of the main building which has a walk ramp. When you come into the door there will be an elevator to the left and you'll take this up to the 2nd floor which is where our sewing room is located. Come up to the sewing room first so we know you're there and offer help if needed. There are a couple of large metal carts that we use to stack your stuff on to haul upstairs. Once unloaded you can park your car in the diagonal parking spaces provided on the street; there is parking to the right of the Mercantile and you are also able to park on the side of the street. Driving directions to the Mercantile are at the end of this handout.

You are welcome to arrive any time on Thursday. Beth and I arrive early to set up. Lunch will not be provided today but we will have a nice taco bar for dinner and dessert that evening which will be served about 5:30.





We have unlimited sewing time at the retreat...you can come in as early as you wish and stay as late as you want. The take down process starts after lunch on Sunday. Many retreaters leave earlier than that due to travel.

#### WORKSPACE

Each retreater has her own 5' table with no sharing! I have long power strips for each table so there is plenty of power to go around. I encourage you to bring a good light as the lighting is always a challenge. I do have some great clamp on LED lights for your use as well. For the most part I am able to accommodate the Sew Ezi tables. Let me know ahead of time if you're bringing one...that helps with seating arrangements. Please bring a comfortable sewing chair if you can.

I have dedicated work areas which include wide ironing boards, cordless Panasonic irons, basting tables and cutting tables. There are also scattered elevated cutting tables throughout the sewing room.

#### **MEALS**

As mentioned before, I will not have lunch available on Thursday. You may bring your own lunch or you can go to White Mountain Café downstairs or Floyd's Frosty just down the street. Taco Bar will be served Thursday evening at 5:30. I'll have lunches for you Friday and Saturday which may include salads, sandwiches, soup, baked potatoes, etc. Each retreat may be a bit different. I try and have leftovers available in the evening if you want to stay in. Many retreaters go downstairs to the Meat Market or up the street to Axe and Rose Pub. I will try and have a light lunch available on Sunday...this has been a difficult day to plan a meal as so many ladies leave early.

If your dietary needs require special foods you will need to bring your own food. We have a refrigerator/freezer available in the lobby.

Emily provides us with her yummy desserts each evening and cookies for snacks during the day. For those of you wanting sodas or a personal beverage, you may want to bring your own stash. If you would like to bring snacks to share that's always encouraged!





#### **COST**

The total cost of the retreat is \$200. I require a \$50 deposit and the balance must be paid no later than 60 days prior to the retreat. Deposits are nonrefundable if a cancellation is received less than 60 days ahead unless your spot can be filled. The \$200 does NOT include your hotel. It does include lunch each day and a "leftover dinner" in the evening. If you are staying at the Mercantile you will receive a \$10 credit towards breakfast at the White Mountain Café.

#### THREADS & SUPPLIES

I will be sending discount coupons to HoneyRun Quilters and Blue Iris so you can shop on your way up to McCloud. They are graciously offering a 20% discount. Please support our local quilt stores and thank them for continuing to do this for us.

I will be bringing a supply of basic Superior Threads, needles and notions for sale. If you would like to preorder threads or needles I must have your order in no later than 3 weeks prior to the retreat. If you want batting please let me know ahead of time so I can be sure to pack it in the car for you.

#### **SHOW AND TELL**

We always have a fabulous show and tell each morning and everyone really looks forward to it.

Please come with ANYTHING you wish to share...it doesn't have to be a quilt and it doesn't have to be finished!

We also have an "orphan table" where ladies will bring fabric from their stash that they wish to purge. We get to go thru it Friday morning and there are always treasures to be found. Huge hit of the retreat!



#### THINGS TO BRING

Power Cord and Foot Pedal!!! Put a big sticky note on your door to remind you to get this on your way out the door! Ask me why I tell you to do this!

Bring any and all projects that you want to work on. Remember this retreat is YOUR time to do whatever it is you wish to do. I will be bringing my usual sew day supplies for you to use which includes rulers, stencils, design walls, basting supplies, cutting matts, etc.

If you have room please bring your comfortable chair.

Some ladies have brought a sturdy rubber backed floor matt to place under their roller chairs. This has prevented the chairs from easily rolling away on the wooden floors and also helps prevent missing the chair when you sit down!

Extra sewing light.

Sewing Notions.

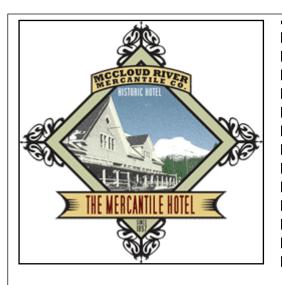
Show and tell.

Purged orphan fabrics. No books or magazines please.

If you are a returning retreater please bring your name badge. My virgin retreaters will get their name badge when they arrive.

Personal beverages or snacks if needed. If you have special dietary needs be sure to bring your own food.

A good sense of humor...most important of all! :)



Our retreat is held at The McCloud River
Mercantile. The rooms are fabulous and it's very
nice to be able to walk from your bedroom to the
sewing room!

Phone: 530-964-2330

Address: 241 Main Street, McCloud CA

The McCloud Hotel is right up the street and is another fabulous place to stay! This is where the Axe and Rose pub is located.

Phone: 530-964-2822

Address: 408 Main Street, McCloud CA





McCloud River Bed & Breakfast 325 Lawndale Court, McCloud CA

Phone: 530-964-2130

This is a beautiful Victorian that sits right behind The Mercantile. Many of my ladies have stayed here and loved it!

## **DRIVING DIRECTIONS**

Whether you are driving north or south, you will be on I-5. Take Exit 736 (Hwy 89) and drive towards McCloud which is 9-10 miles from the off ramp.

Turn left on Minnesota Avenue. Turn right on Main Street. The Mercantile is located on the left side.

### **PHONE NUMBERS**

In case there is an emergency, you can contact me on my cell phone which is 530-520-4806 or Beth which is 530-520-0617. You can also call the Mercantile at 530-964-2602.





