

# BREAKFAST

8.00 - 11.00

Après  
FOOD CO.

## Drinks

**Après Shot** 2.5 **V V DF**  
organic cold-pressed apple, celery, cucumber & ginger

**Cold-Pressed Juice** 6 **V V DF**  
assorted vegetables & fruit

**Smoothie** 5.5 **V V DF**  
*Blueberry & Blossom*

(has a base blend of organic gluten free oats, sunflower, pumpkin and flaxseeds, organic coconut oil, pinch of pink himalayan salt, a squeeze of organic lime juice and made with Rude Health organic oat milk)



## Cereals & Grains

**Homemade Maple Roasted Granola** 6.5 **V V DF N**  
with chilled Rude Health organic oat milk

**Pancakes** 6.5 **V DF**  
our American style pancakes and blossom, made with Rude Health organic oat milk  
**top with** three rashers free range smoked streaky bacon & blossom **or** two free range pork sausages & blossom 4.5

**Creamy Porridge and Blossom** 4 **V V DF**  
made with organic gluten free oats and Rude Health organic oat milk

### All can be topped with...

Homemade organic vanilla scented blueberry compote, natural probiotic yoghurt\*, toasted mixed organic nuts, toasted sunflower & pumpkin seeds with a drizzle of organic blossom 2.5 **V N**

or

Organic Dominican Republic 67% dark chocolate drops, natural probiotic yoghurt\* & toasted mixed organic nuts & drizzle of organic blossom 2 **V N**

or

Our cinnamon butter with toasted pecans 2 **N**

Replace natural probiotic yoghurt with coconut yoghurt. **V DF**

## Breakfast Bruchetta

A slice of our homemade toast, dressed rocket & watercress; topped with:

**dressed avocado**, fresh coriander, fresh chilli & drizzled with our chilli & garlic infused organic extra virgin olive oil 4.75 **V V DF**  
add a poached egg 1.5

**two softly poached eggs**, fresh chilli & drizzled with our chilli & garlic infused organic extra virgin olive oil 5 **V DF**

## Breakfast Rolls

free range smoked streaky bacon & organic blossom 6.5  
free range pork sausages 6  
two softly poached eggs 5

## Extras

Dressed Avocado 3  
Free Range Pork Sausage 2.5  
2 Rashers Free Range Streaky Bacon 3.5  
Lambton & Jackson Smoked Salmon 4.5  
Homemade Tomato Ketchup 1  
Poached Egg 1.5  
Après Organic Hash 3  
Slow Roast Organic Tomatoes 2  
2 Slices of our homemade toast with butter 2.5  
Portobello Mushrooms 2.5

## Cooked Breakfasts

**Après Hash**  
(organic sweet potato, caramelised organic red onion & organic spinach) - with a softly poached egg & wilted spinach 9.5 **V DF**  
- with dressed avocado & wilted spinach 8.95 **V V DF**

**Après Eggs** 8.95  
rich organic tomato, onion, red pepper & spinach sauce, cooked "forever", fresh coriander, organic lemon juice & a pinch of organic cayenne pepper with dressed rocket & watercress & a slice of our warm home-made toast  
-topped with a softly poached egg, organic feta cheese, natural probiotic yoghurt **V**  
-topped with avocado & coconut yoghurt **V V DF**

**Lambton & Jackson Smoked Salmon or Free Range Blossom Bacon** 10.95 **DF**  
with avocado & a softly poached egg on our toast with fresh chilli, rocket & watercress dressed with our chilli & garlic infused extra virgin olive oil

**The Après Vegetarian or Vegan Cooked Breakfast** 9.95\*/13.5  
Après organic hash, Après organic baked beans, a softly poached egg, roasted organic portobello mushrooms, slow roast organic tomatoes, avocado, wilted spinach, dressed rocket & watercress garnish & a slice of our homemade toast **V**  
\*not including spinach or hash.

**The Après Cooked Breakfast** 10.95\*/13.95  
Après organic hash, Après organic baked beans, a softly poached egg, roasted organic portobello mushrooms, slow roast organic tomatoes, free range smoked streaky bacon & organic blossom, free range pork sausage, dressed rocket & watercress garnish & a slice of our homemade toast  
\*not including our blossom bacon or hash.



We always use organic eggs & our meat is free range

All our dishes are freshly prepared to order and are served as soon as they are ready; please bare with us during our busy periods

We are sorry but we are unable to guarantee the absence of nuts and other allergens in our dishes, so please do advise or talk to us if you have any particular dietary requirements

A discretionary 12.5% service charge will be added to your bill

**V**vegan **V**vegetarian **DF**dairy free **N**contains nuts