



Helping super mums
raise kids with allergies

Back To School Checklist – Page 1

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CHILD'S NAME				
School Uniform				
Shoes / sandals				
Shorts				
Shirt				
Dress				
Socks				
Label uniforms				
Sports Uniform				
Sneakers				
T-Shirt				
Shorts / skirt				
Socks				
Label uniforms				
Hat				
Haircut				
Hair ties, clips				
School Bag				
Library Bag				
Art Smock				



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Back To School Checklist – Page 2

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CHILD'S NAME				
Tissues for classroom if required				
Stationery - refer booklist				
Rolls adhesive book cover				
Lunch Box				
Cooler Bag				
Ice Pack				
Drink Bottle				
Book after school activities				
1.				
2.				
3.				
Medical				
Fill in forms from school				
Current asthma plan				
Current Anaphylaxis plan				
Medication for at school				
To Purchase:				