

## Nutrition Facts

Serving Size

1 cookie, Amount per serving: 57g

**Calories** 190, Calories from Fat 70, **Total Fat** 8g (12% DV), Sat. Fat 2.5g (13% DV), *Trans* Fat 0g (0% DV)

**Cholesterol** 0mg (0% DV), **Sodium** 160mg (7% DV), **Total Carb.** 27g (9% DV), Dietary Fiber 3g (13% DV), Sugars 10g, **Protein** 5g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (6% DV). \*Percent Daily Values (DV)

are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Non-GMO applesauce (apples, water, ascorbic acid), **organic** oats, organic peanut butter (dry roasted peanuts, sea salt), **organic** spelt flour, **organic** agave syrup, **organic** raw sugar, **organic** palm oil, white chocolate chips (sugar, palm oil, cocoa butter, soy lecithin, vanillin, salt, vegan flavors), dried cranberries (cranberries, sugar, sunflower oil), raisins, semisweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin), **organic** walnuts, slivered almonds, baking soda, cinnamon, baking powder (monocalcium phosphate, sodium bicarbonate, corn starch), vanilla extract, almond extract, salt.

**CONTAINS PEANUT, WHEAT, WALNUT, ALMOND AND SOY INGREDIENTS. MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES TREE NUTS.**



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## A LITTLE BITE ABOUT US



OPES COOKIES ARE FULL OF INGREDIENTS YOUR TASTEBUDS WILL LOVE AND YOUR BODY (AND OUR PLANET) WILL THANK YOU FOR – NUTRITIOUS, NON-GMO, AND CAREFULLY SELECTED. WE MAKE OPES COOKIES BECAUSE THE WORLD NEEDS CLEAN COOKIES FULL OF FLAVOR AND FREE OF GUILT + GUNK. GO AHEAD. HAVE A COOKIE!

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