

Nutrition Facts

Serving Size

1 cookie, Amount per serving: 57g

Calories 180, Calories from Fat 50, **Total Fat** 6g (9% DV), Sat. Fat 3g (15% DV), *Trans Fat* 0g (0% DV)

Cholesterol 0mg (0% DV), **Sodium** 150mg (6% DV), **Total Carb.** 29g (10% DV), Dietary Fiber 3g (12% DV), Sugars 13g, **Protein** 3g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (8% DV). *Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Non-GMO applesauce (apples, water, ascorbic acid), **organic** oats, semisweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin), **organic** spelt flour, **organic** agave syrup, **organic** raw sugar, **organic** palm oil, baking soda, cinnamon, baking powder (monocalcium phosphate, sodium bicarbonate, corn starch), vanilla extract, salt.

CONTAINS WHEAT AND SOY INGREDIENTS.
MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES TREE NUTS AND PEANUTS.

OPES
COOKIES

Fuels positive change in
you + your community

A LITTLE BITE ABOUT US

OPES COOKIES ARE FULL OF INGREDIENTS YOUR TASTEBUDS WILL LOVE AND YOUR BODY (AND OUR PLANET) WILL THANK YOU FOR – NUTRITIOUS, NON-GMO, AND CAREFULLY SELECTED. WE MAKE OPES COOKIES BECAUSE THE WORLD NEEDS CLEAN COOKIES FULL OF FLAVOR AND FREE OF GUILT + GUNK. GO AHEAD. HAVE A COOKIE!

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