

Nutrition Facts

Serving Size

1 cookie, Amount per serving: 57g

Calories 180, Calories from Fat 50, **Total Fat** 6g (9% DV), Sat. Fat 2g (10% DV), *Trans* Fat 0g (0% DV)

Cholesterol 0mg (0% DV), **Sodium** 170mg (7% DV), **Total Carb.** 29g

(10% DV), Dietary Fiber 3g (12% DV),

Sugars 11g, **Protein** 4g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium

(4% DV), Iron (6% DV). *Percent Daily

Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Non-GMO applesauce (apples, water, ascorbic acid), **organic** oats, **organic** spelt flour, **organic** agave syrup, white chocolate chips (sugar, palm oil, cocoa butter, soy lecithin, vanillin, salt, vegan flavors), **organic** raw sugar, **organic** palm oil, slivered almonds, baking soda, cinnamon, baking powder (monocalcium phosphate, sodium bicarbonate, corn starch), vanilla extract, almond extract, salt.

CONTAINS WHEAT, SOY AND ALMOND INGREDIENTS. MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES TREE NUTS AND PEANUTS.

OPES
COOKIES

www.opes.com

Fuels positive change in
you + your community

A LITTLE BITE ABOUT US

OPES COOKIES ARE FULL OF INGREDIENTS YOUR TASTEBUDS WILL LOVE AND YOUR BODY (AND OUR PLANET) WILL THANK YOU FOR—NUTRITIOUS, NON-GMO, AND CAREFULLY SELECTED. WE MAKE OPES COOKIES BECAUSE THE WORLD NEEDS CLEAN COOKIES FULL OF FLAVOR AND FREE OF GUILT + GUNK. GO AHEAD. HAVE A COOKIE!

HOW DO YOU OPES?

USE **#ThisIsHowIopes** TO TELL US MORE!

VISIT US AT **OPESCOOKIES.COM**

EAT ME WITHIN 7 DAYS OR FREEZE ME FOR UP TO A YEAR



7 0510565637 3

OPES • KALAMAZOO, MI 49009