

Nutrition Facts

Serving Size
1 cookie, Amount per serving: 57g

Calories 170, Calories from Fat 50,

Total Fat 5.5g (8% DV), Sat. Fat
2.5g (13% DV), *Trans* Fat 0g (0% DV)

Cholesterol 0mg (0% DV), **Sodium**
170mg (7% DV), **Total Carb.** 29g

(10% DV), Dietary Fiber 3g (13% DV),

Sugars 11g, **Protein** 3g, Vitamin A

(0% DV), Vitamin C (0% DV), Calcium

(2% DV), Iron (8% DV). *Percent Daily

Values (DV) are based on a 2,000 calorie
diet. Your daily values may be higher or lower
depending on your calorie needs.

Non-GMO applesauce (apples, water,
ascorbic acid), **organic** oats, **organic**
spelt flour, semisweet chocolate chips
(sugar, unsweetened chocolate, cocoa
butter, dextrose, soy lecithin), **organic**
agave syrup, **organic** raw sugar, **organic**
palm oil, baking soda, cinnamon, baking
powder (monocalcium phosphate,
sodium bicarbonate, corn starch), vanilla
extract, salt.

CONTAINS WHEAT AND SOY INGREDIENTS.
MANUFACTURED ON EQUIPMENT THAT ALSO
PROCESSES TREE NUTS AND PEANUTS.

OPES
COOKIES

vegan

Fuels positive change in
you + your community

A LITTLE BITE ABOUT US



OPES COOKIES ARE FULL OF INGREDIENTS
YOUR TASTEBUDS WILL LOVE AND YOUR
BODY (AND OUR PLANET) WILL THANK
YOU FOR – NUTRITIOUS. NON-GMO. AND
CAREFULLY SELECTED. WE MAKE OPES
COOKIES BECAUSE THE WORLD NEEDS CLEAN
COOKIES FULL OF FLAVOR AND FREE OF
GUILT + GUNK. GO AHEAD. HAVE A COOKIE!

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EAT ME WITHIN 7 DAYS OR FREEZE ME FOR UP TO A YEAR



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