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# Inhibitory effects of the root extract of *Dipsacus asperoides* C.Y. Cheng et al T.M.Ai on collagen-induced arthritis in mice

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#### **Abstract**

## Ethnopharmacological relevance

Dipsaci radix, the dried root of *Dipsacus asperoides* C.Y. Cheng et al T.M.Ai is used as a medicinal plant in oriental clinics for the treatment of bone diseases and functions by strengthening bone and healing bone fractures.

# Aim of the study

This study investigated the therapeutic efficacy of Dipsaci radix in treating rheumatoid arthritis using a type II collagen (CII)-induced arthritis (CIA) mouse model.

#### Materials and methods

Arthritis was induced in male DBA/1 mice by immunization with CII. Dipsaci radix water (DR-W) extract at 50 mg/kg and 100 mg/kg was orally administered from days to after the induction of arthritis. Arthritic score, serum levels of anti-CII IgG2a, the inflammatory mediator prostaglandin  $E_2$  (PGE<sub>2</sub>), and inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$  and IL-6), and histological changes in the ankle joint were analyzed in CIA mice.

#### Results

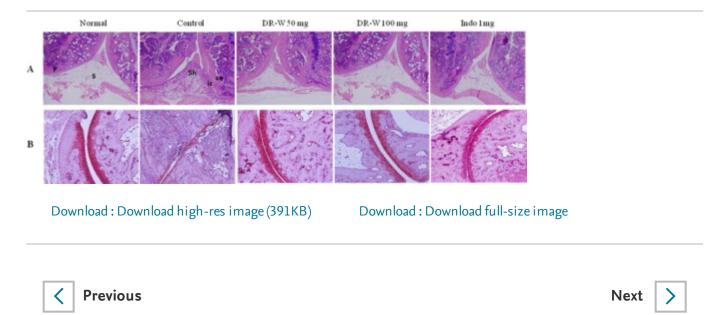
Arthritic induction increased the arthritic score, as well as serum levels of anti-CII IgG2a antibody, PGE<sub>2</sub>, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 in mice. However, administration of DR-W extract in CIA mice significantly reduced arthritic scores and serum levels of anti-CII IgG2a antibody, PGE<sub>2</sub>, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 compared with those in vehicle-treated CIA mice. Furthermore, histopathological improvement in joint architecture was also observed in DR-W extract-treated CIA mice.

#### Conclusions

DR-W extract has anti-inflammatory and anti-arthritic effects in arthritic mice. This suggests that Dipsaci radix might be used as a therapeutic agent for the treatment of human arthritis.

## Graphical abstract

A water extract of Dipsaci radix suppressed histopathological changes of joint architecture of mice induced arthritis by type II collagen immunization.



#### Abbreviations

CAM, complementary and alternative medicine; CIA, collagen-induced arthritis; CII, type II collagen; DR, Dipsaci radix; RA, rheumatoid arthritis

# Keywords

*Dipsacus asperoides* C.Y. Cheng et al T.M.Ai; Dipsaci radix; Anti-arthritis; Collagen-induced arthritis; Inflammation

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