


Final Report of the Safety Assessment of Allantoin and Its Related Complexes

International Journal of Toxicology
29(Supplement 2) 84S-97S
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DOI: 10.1177/1091581810362805
http://ijt.sagepub.com


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Abstract

Allantoin is a heterocyclic organic compound. Allantoin ascorbate, allantoin biotin, allantoin galacturonic acid, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid are complexes of allantoin. All of the ingredients in this review act as skin-conditioning agents. Allantoin was reported to be used in 1376 cosmetic products at concentrations up to 2%. There are data gaps regarding use and concentration of the remaining allantoin complexes. Ascorbic acid, biotin, glycyrrhetic acid, and panthenol have been determined by the CIR Expert Panel to be safe. Galacturonic acid and polygalacturonic acid have not been reviewed by the CIR Expert Panel, and substantial data on these chemicals were not available. The safety test data in this safety assessment and in previous safety assessments were considered sufficient to support the safety of allantoin and the allantoin complexes in product categories and at concentrations reviewed in this safety assessment.

Keywords

safety, cosmetics, allantoin

This is a safety assessment of the cosmetic ingredient allantoin and the related complexes allantoin ascorbate, allantoin biotin, allantoin galacturonic acid, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid.

There was a paucity of data in the literature on the related allantoin complexes. The safety of ascorbic acid, biotin, glycyrrhetic acid, and panthenol, however, has already been assessed by the Cosmetic Ingredient Review (CIR) Expert Panel. These previously reviewed cosmetic ingredients are summarized in Table 1.

Galacturonic acid and polygalacturonic acid have not been reviewed by the CIR Expert Panel. A search of the literature revealed no safety test data relevant to these 2 compounds. Galacturonic acid is a sugar that is, in the form of polygalacturonic acid, a major component of pectin. The US Food and Drug Administration (FDA)⁶ has designated pectin as generally recognized as safe (GRAS) as a food additive.

Data in the safety assessments of allantoin and the related complexes and further data about pectin allow conclusions to be drawn about the safety of allantoin ascorbate, allantoin biotin, allantoin glycyrrhetic acid, allantoin panthenol, allantoin galacturonic acid, and allantoin polygalacturonic acid.

Chemistry

Definition and Structure

According to the *International Cosmetic Ingredient Dictionary and Handbook*,⁷ allantoin (CAS No. 97-59-6) is a heterocyclic

organic compound that conforms to the formula in Figure 1A. Its source in cosmetics is synthetic. Allantoin is also known as (2,5-dioxo-4-imidazolidinyl)urea; glyoxyldiureid; glyoxyldiureide; glyoxylic diureide; urea, (2,5-dioxo-4-imidazolidinyl); and 5-ureidohydantoin⁷ and 6-ureidohydantoin.⁸ Other names are alantan; alloxantin; ureidohydantoin; hemocane; paxyl; allantol; cordianine; hydantoin, 5-ureido-; and 2,5-dioxo-4-imidazolidinyl-urea.⁹

Allantoin ascorbate (CAS No. 57448-83-6) is the organic compound that conforms to the formula in Figure 1B. Its chemical classes are heterocyclic compounds and organic salts. It is also known as L-ascorbic acid, compounded with (2,5-dioxo-4-imidazolidinyl)urea.⁷

Allantoin biotin (CAS No. 4492-73-3) is the organic compound that conforms to the formula in Figure 1C. Its chemical classes are heterocyclic compounds and organic salts. It is also known as 1H-thieno(3,4-)imidazole-4-pentanoic acid,

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Table 1. Previously Reviewed Ingredients Complexed to Allantoin

| Ingredient | Uses | Use Concentration, % | Conclusion |
|--------------------------------|------|----------------------|---|
| Ascorbic acid ^a | 431 | <0.01-10 | Safe as used in cosmetic products. |
| Biotin ^b | 75 | ≤0.6 | Safe as used in cosmetic formulations. |
| Glycyrrhetic acid ^c | 65 | 2 | Safe for use in cosmetic formulations in the practices of use and concentration as described in this safety assessment. |
| Panthenol ^{d,e} | 284 | ≤0.1-5 | Safe as presently used in cosmetics. |

^a Andersen 2005.¹^b Andersen 2001.²^c Andersen 2007.³^d Elder 1987.⁴^e Andersen 2006.⁵

hexahydro-2-oxo-, compd. with (2,5-dioxo-4-imidazolidinyl) urea (1:1).⁷

Allantoin galacturonic acid (CAS No. 5119-24-4) is the complex of allantoin and galacturonic acid that conforms to the formula in Figure 1D. Its chemical classes are heterocyclic compounds and organic salts. It is also known as allantoin α -D-galacturonic acid; allantoin, monogalactopyranuronat; and galactopyranuronic acid, compd. with allantoin (1:1).⁷

Allantoin glycyrrhetic acid (CAS No. 4572-09-2) is a complex of allantoin and glycyrrhetic acid and has the empirical formula: C₃₀H₄₆O₄ · C₄H₆N₄O₃. Its chemical classes are heterocyclic compounds and organic salts. It is also known as olean-12-en-29-oic acid, 3 β -hydroxy-11-oxo-, compd. with allantoin (1:1).⁷

Allantoin panthenol (no CAS No.) is a complex between allantoin and panthenol. Its chemical classes are alcohols, amides, and heterocyclic compounds. A technical name is allantoin DL-pantotheryl alcohol.⁷

Allantoin polygalacturonic acid (CAS No. 29659-38-9) is a complex of allantoin and polygalacturonic acid. Its chemical classes are heterocyclic compounds and organic salts. Allantoin polygalacturonic acid has the empirical formula (C₆H₁₀O₇)_x · xC₄H₆N₄O₃.⁷

Physical and Chemical Properties

Allantoin is a white powder^{8,9} that is odorless and tasteless^{10,11} and does not stain.¹² Allantoin is an amphoteric substance.¹³

Chemical properties of allantoin are listed in Table 2.

Akema Fine Chemicals¹¹ stated that allantoin exists in solution as a tautomeric mixture of ketonic and enolic forms in equilibrium. With 1 chiral center, the 2 enantiomeric forms R and S are a 50:50 mixture that is optically inactive. Optically active forms can be obtained by extraction procedures.

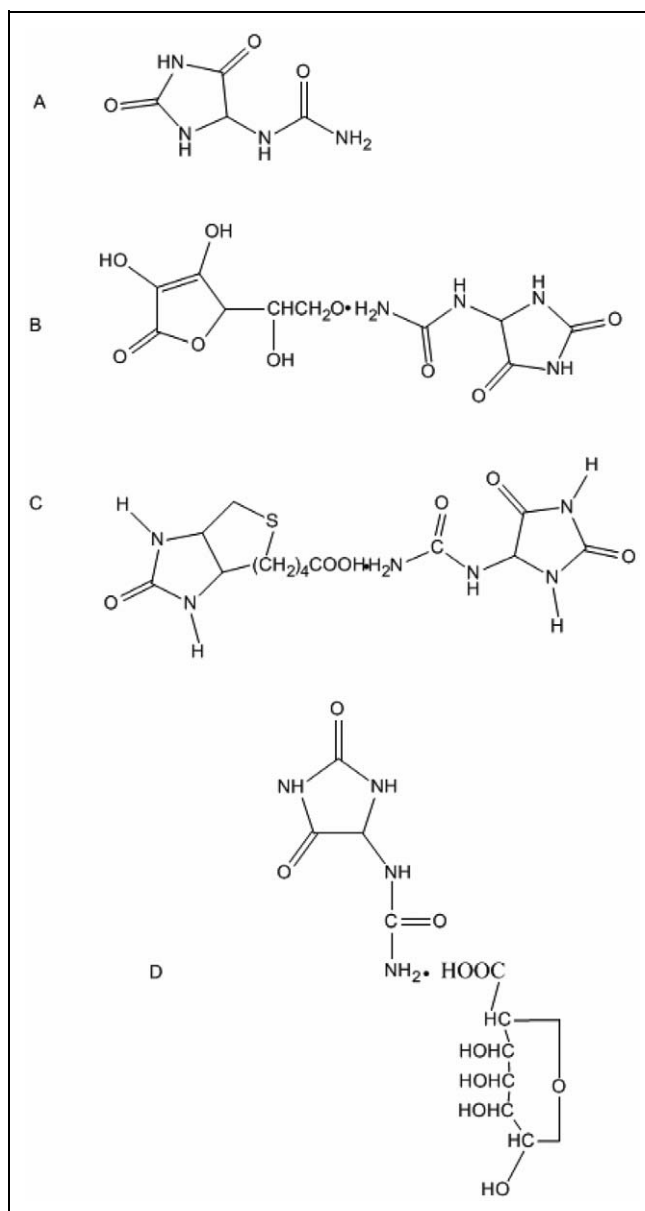


Figure 1. (A) Allantoin, (B) allantoin ascorbate, (C) allantoin biotin, and (D) allantoin galacturonic acid.⁷

Allantoin is soluble in hot water; slightly soluble in cold water, glycerin, and propylene glycol; very slightly soluble in alcohol; and practically insoluble in apolar solvents (ie, mineral oil, dimethylisorbide, ether, and chloroform).¹¹

Allantoin ascorbate is a white-yellowish powder that is water soluble.¹⁷

Allantoin α -D-galacturonic acid is soluble at 3% to 5%. It contains $\sim 41.6\% \pm 4.0\%$ allantoin and $\sim 58.4\% \pm 4.0\%$ α -D-galacturonic acid.¹⁸

Allantoin glycyrrhetic acid, as described in a product data sheet by Active Ingredients Ltd,¹⁹ is the combination of allantoin and glycyrrhetic acid in molar ratios of 1:1, 1:2, or 1:3. The product specification states that allantoin, measured as nitrogen, is $30\% \pm 2\%$ and glycyrrhetic acid is $70\% \pm$

Table 2. Chemical Properties of Allantoin

| Property | | Reference |
|-------------------|---|--|
| Molecular weight | 158.12 | Sheker et al ⁸ |
| Melting point, °C | 234.6-235.2 225-230 | Buzard et al ¹⁴ Akema Fine Chemicals ¹¹ |
| | 230 | Chemical LAND21 ⁹ |
| | 239 | ChemIDplus Lite ¹⁵ |
| Solubility | 1 g per 190 mL of distilled water | Sheker et al ⁸ |
| | 5260 mg/L of water | ChemIDplus Lite ¹⁵ |
| | 0.5% at 25°C in water (freely dissolves in alkalis) | Chemical LAND21 ⁹ |
| pH | 4-6 (0.5% solution) | Chemical LAND21 ⁹ |
| Stability range | pH 4-9 | Mecca ¹⁶ |
| Vapor pressure | 4.32E-09 mm Hg | ChemIDplus Lite ¹⁵ |

2% of the complex. It is a yellowish-white powder with a mild, characteristic odor. Allantoin glycyrrhetic acid is soluble in propylene glycol, dimethylisosorbide, and alcohol; it is practically soluble in water and mineral oil.

In a product data sheet, Akema Fine Chemicals¹⁷ states that allantoin glycyrrhetic acid is a white-yellowish powder that is alcohol soluble but not water soluble. It has a working temperature of up to 80°C.

Allantoin panthenol, as described in a product data sheet by Akema Fine Chemicals,¹⁷ is a white powder that is water soluble.

Allantoin polygalacturonic acid, as described in a product data sheet by Akema Fine Chemicals,¹⁷ is a white-yellowish powder. It forms a clear thin gel in sodium citrate solution.

Stability

Allantoin degrades when dissolved in distilled water. At 0.13% allantoin (0.6556 g per 500 mL), 6.3% was lost after 620 days; at 0.45% (1.1396 g per 250 mL), 1.5% was lost after 415 days; at 0.24% (2.421 g per 1000 mL), 6.4% was lost after 24 days. At 0.13% allantoin in tap water, 6.4% was lost after 24 days. When 2 samples of allantoin (25 mL) were mixed with 23.94 mL of potassium hydroxide (KOH) and let stand for a month, there was a 90.2% loss and a 91.1% loss. When 2 samples of allantoin (25 mL) were incubated in KOH (20 mL) for 24 hours (at "body temperature"), there was a 43.4% loss of allantoin.²⁰

Kaliszan and Halkiewicz²¹ used infrared (IR) analysis to look for deterioration in stored allantoin. After 3 months, the samples differed at $\sim 720\text{ cm}^{-1}$ in the position of V amide band of the hydrogen-bonded secondary amides and in the formation of the III amide band at 1275 cm^{-1} . The samples also differed at the region of N-H rocking vibrations ($666\text{--}800\text{ cm}^{-1}$).

Allantoin is unstable in alkaline conditions and hydrolyzes to urea and glyoxylic acid, possibly via allantoic acid.²² However, it is stable in ordinary conditions.⁹ It should be stored at room temperature away from sunlight.¹²

Sznitowska and Janicki²³ measured the release of allantoin from various ointments using a modified Mutimer apparatus. At 150 minutes, more than 80% of the allantoin from the oil/water ointment (15% wt/wt oily phase and 84% wt/wt aqueous ethanol phase) was released with a solubility of 1.12 g/cm^3 . At 300 minutes, $\sim 50\%$ of the allantoin from the water/oil ointment (73% wt/wt oily phase and 26% wt/wt aqueous ethanol phase) was released with a solubility of 0.78 g/cm^3 . At 300 minutes, $\sim 50\%$ of the oil/water ointment (no wt/wt oily phase and 94% wt/wt aqueous ethanol phase) was released with a solubility of 0.97 g/cm^3 .

Allantoin glycyrrhetic acid has a shelf life of 5 years in the original packaging.¹⁹

UV Absorption

Lukasiak et al²⁴ reported that the absorption of allantoin in aqueous solution is most stable at a pH range of 10.5 to 11.5 at $\lambda_{\text{max}} = 225\text{ nm}$.

Methods of Manufacture

Allantoin can be extracted from blow-fly larvae²⁵ and maize silk.²⁶

According to Hartman et al,²⁷ allantoin is prepared from the heated combination of uric acid and sodium hydroxide with the addition of potassium permanganate to the cooled flask. The solution is filtered to remove manganese dioxide, and acetic acid is added. After standing for several hours, allantoin crystallizes and can be filtered. To further purify the filtrate, the allantoin is dissolved in boiling water, treated with Norite, and then rapidly filtered again.

Akema Fine Chemicals²⁸ reported that it manufactures allantoin by chemical means and does not use any animal sources.

Akema Fine Chemicals¹¹ also reported that allantoin is synthetically obtained by oxidation of uric acid with permanganate, heating of dichloroacetic acid and urea, and a condensation process between glyoxylic acid and urea.

The *International Cosmetic Ingredient Dictionary and Handbook* stated that allantoin has a synthetic source for use in cosmetics.⁷

Analytical Methods

Analytical methods for measuring allantoin under different circumstances and conditions are listed in Table 3.

Impurities

Allantoin. Kahn and Nolan⁴¹ reported that [4,514C]allantoin was 96.0% pure by thin-layer chromatography (TLC) and 96.3% pure by high-performance liquid chromatography (HPLC).

Wang et al⁴² gave the purity of allantoin powder from Jiangsu Huanghai Pharmaceutical Factory as 99.6%.

Table 3. Methods for the Analysis of Allantoin

| Analytical Method | Application | Reference |
|--|---|--|
| Potentiometric titration in a mixed solvent system | Measure the amount of allantoin in a cream formulation | Weber and Higgins ²⁹ |
| IR analysis | Measure deterioration in stored allantoin | Kaliszan and Halkiewicz ²¹ |
| RP-HPLC | Determine allantoin in human body fluids | Tiemeyer and Giesecke ³⁰ |
| HPLC | Determine allantoin in human body fluids or cosmetic products | Grootveld and Halliwell, ³¹ Kawase et al ³² |
| Chromatographic assay | Determine allantoin and uric acid in plasma ultrafiltrate simultaneously | Lux et al ³³ |
| Direct spectrophotometry | Determine presence of allantoin | Chen et al ³⁴ |
| Alkalimetric titration with pH indicator | Determine presence of allantoin | Chen et al ³⁴ |
| TLC and LC | Determine presence of allantoin | Chen et al, ³⁴ Berthemey et al ³⁵ |
| Modified HPLC | Measure allantoin and urate simultaneously | Benzie et al ³⁶ |
| HPLC | Simultaneously determine the levels of hypoxanthine, uric acid, and allantoin in small (4 µL) microdialysis samples | Marklund et al ³⁷ |
| GC-MS | Determine presence of serum allantoin. | Pavitt et al ³⁸ |
| RP-HPLC | Analyze allantoin extracted from maize | Maksimović et al ²⁶ |
| Enzymatic assay | Measure serum allantoin in experimental animals | Muratsubaki et al ³⁹ |
| TLC | Identify allantoin | United States Pharmacopeia ⁴⁰ |

GC-MS, gas chromatography–mass spectrometry; IR, infrared; LC, liquid chromatography; RP-HPLC, reversed-phase high-performance liquid chromatography; TLC, thin-layer chromatography.

Impurities have been reported to include sulfated ash (0.1%-0.2%), sulfate (200 ppm), chloride (50 ppm), heavy metals (10 ppm), lead (<20 ppm), iron (10 ppm), arsenic (3 ppm), urea (0.5%), glyoxylic acid (0.5%), and glycoluril (<0.2%).^{9,11,19}

Natural Occurrence in Plants and Food

Allantoin is found naturally in the leaf buds of *Platanus orientalis* (oriental plane tree), *Acer pseudoplatanus* (sycamore), and *Acer campestre* (hedge maple) and in the bark of *Aesculus hippocastanum* (horse chestnut) and *A pseudoplatanus*. Allantoin is also found in the embryos of wheat separated in the milling process and in beet juice.⁴³ Allantoin has been found in trace amounts in other plants and in foods.^{11,26,44}

Use

Cosmetic

According to the *International Cosmetic Ingredient Dictionary and Handbook*,⁷ allantoin functions as a skin-conditioning agent - miscellaneous and a skin protectant. Allantoin ascorbate, allantoin biotin, allantoin galacturonic acid, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid also act as skin-conditioning agents - miscellaneous.⁷

According to information supplied to the FDA by industry as part of the Voluntary Cosmetic Ingredient Reporting Program (VCRP), allantoin is used in a total of 1376 cosmetic products.⁴⁵ A survey of current use concentrations conducted by the Cosmetic, Toiletry, and Fragrance Association (CTFA) reported that allantoin is used at concentrations ranging from

0.0001% to 2%.⁴⁶ Allantoin ascorbate was reported by industry to be used at concentrations of 0.001% and 0.05% for allantoin biotin and allantoin galacturonic acid. Table 4 summarizes the available cosmetic use data on frequency of use and concentrations of use of allantoin and allantoin complexes.

Allantoin glycyrrhetic acid was reported to be used in 6 cosmetic products, allantoin panthenol in 2 cosmetic products, and allantoin polygalacturonic acid in 2 cosmetic products⁴⁷; concentrations of use were not reported to CTFA.

The Ministry of Health, Labor and Welfare⁴⁸ of Japan lists allantoin as an acceptable medicinal ingredient to be used in cosmetics.

Allantoin is used in 11 sprays and fixatives. The potential adverse effects of inhaled aerosols depend on the specific chemical species, the concentration, the duration of the exposure, and the site of deposition within the respiratory system.⁴⁹ In general, the smaller the particle, the farther into the respiratory tree the particle will deposit and the greater the impact on the respiratory system.⁵⁰

Anhydrous hair spray particle diameters of 60 to 80 µm have been reported, and pump hair sprays have particle diameters of 80 µm or larger.⁵¹ The mean particle diameter is around 38 µm in a typical aerosol spray.⁵² In practice, aerosols should have at least 99% of particle diameters in the 10- to 110-µm range. This means that most aerosol particles are deposited in the nasopharyngeal region and are not respirable.

Noncosmetic

Allantoin is FDA approved for use as a skin protectant at 0.5% to 2.0%.⁵³ It is considered safe for use as an oral wound healing

Table 4. Frequency of Use and Concentration of Allantoin, Allantoin Ascorbate, Allantoin Glycyrrhetic Acid, Allantoin Panthenol, and Allantoin Polygalacturonic Acid

| Product Category (no. of products in each category) ⁴⁵ | Frequency of Use ⁴⁵ | Concentration of Use, % ⁴⁶ |
|---|--------------------------------|---------------------------------------|
| <i>Allantoin</i> | | |
| Baby products | | |
| Lotions, oils, powders, and creams (67) | 6 | 0.05-2 |
| Other (64) | 3 | — |
| Bath products | | |
| Oils, tablets, and salts (207) | 3 | — |
| Soaps and detergents (594) | 28 | 0.1-0.2 |
| Bubble baths (256) | 2 | 0.3 |
| Other (276) | 3 | 0.0001-0.1 |
| Eye makeup | | |
| Eyebrow pencils (124) | — | 0.1 |
| Eyeliners (639) | 3 | 0.2 |
| Eye shadow (1061) | 2 | — |
| Eye lotions (32) | 12 | 0.1-0.2 |
| Eye makeup remover (114) | 15 | 0.0005-0.1 |
| Mascara (308) | 4 | — |
| Other (229) | 17 | 0.001-0.2 ^a |
| Fragrance products | | |
| Powders (324) | 4 | — |
| Other (187) | 20 | — |
| Noncoloring hair care products | | |
| Conditioners (5) | 34 | 0.001-0.1 |
| Sprays/aerosol fixatives (294) | 11 | — |
| Straighteners (61) | 1 | — |
| Permanent waves (169) | 4 | — |
| Rinses (46) | 1 | — |
| Shampoos (1022) | 31 | 0.1 |
| Tonics, dressings, etc (623) | 24 | 0.0001-0.1 |
| Other (464) | 4 | 0.3 ^b |
| Makeup | | |
| Blushers (459) | 8 | — |
| Face powders (447) | 13 | 2 |
| Foundations (530) | 10 | 0.02-0.5 |
| Lipsticks (1681) | 51 | 0.01-0.8 |
| Makeup bases (273) | 6 | 0.02 |
| Rouges (115) | 1 | — |
| Other (304) | 17 | 0.5 |
| Nail care products | | |
| Cuticle softeners (20) | 1 | 0.1 |
| Creams and lotions (13) | 1 | — |
| Other (58) | 1 | 0.005-0.1 |
| Oral hygiene products | | |
| Dentifrices (54) | 5 | 0.1-0.2 |
| Mouthwashes and breath fresheners (57) | — | 0.1-0.2 |
| Personal hygiene products | | |
| Underarm deodorants (281) | 10 | 0.001-0.1 |
| Douches (8) | 1 | — |
| Other (390) | 25 | 0.001-0.1 |
| Shaving products | | |
| Aftershave lotions (260) | 110 | 0.05-0.5 |
| Shaving cream (135) | 9 | 0.01-0.5 |
| Other (64) | 10 | 0.001-0.2 |
| Skin care products | | |
| Skin cleansing creams, lotions, liquids, and pads (1009) | 92 | 0.001-0.2 |
| Face and neck creams, lotions, powders, and sprays (546) | 102 | 0.002-0.4 |
| Body and hand creams, lotions, powders, and sprays (992) | 146 | 0.002-0.4 |
| Foot powders and sprays (43) | 2 | — |
| Moisturizers (1200) | 241 | 0.005-0.5 |

(continued)

Table 4 (continued)

| Product Category (no. of products in each category) ⁴⁵ | Frequency of Use ⁴⁵ | Concentration of Use, % ⁴⁶ |
|---|--------------------------------|---------------------------------------|
| Night creams, lotions, powders, and sprays (229) | 55 | 0.1-0.2 |
| Paste masks/mud packs (312) | 35 | 0.001-0.1 |
| Skin fresheners (212) | 39 | 0.1-0.2 |
| Other (915) | 116 | 0.005-0.2 ^c |
| Suntan products | | |
| Suntan gels, creams, liquids, and sprays (138) | 19 | 0.2-0.5 |
| Indoor tanning preparations (74) | 5 | 0.1 |
| Other (41) | 13 | 0.002 |
| Total uses/ranges for allantoin | 1376 | 0.0001-2 |
| <i>Allantoin ascorbate</i> | | |
| Personal hygiene products | | |
| Underarm deodorants (281) | — | 0.001 |
| Shaving products | | |
| Aftershave lotions (260) | — | 0.05 |
| Total uses/ranges for allantoin ascorbate | — | 0.001-0.05 |
| <i>Allantoin glycyrrhetic acid</i> | | |
| Shaving products | | |
| Shaving cream (135) | 2 | — |
| Skin care products | | |
| Skin cleansing creams, lotions, liquids, and pads (1009) | 1 | — |
| Moisturizers (1200) | 2 | — |
| Night creams, lotions, powders, and sprays (229) | 1 | — |
| Total uses/ranges for allantoin glycyrrhetic acid | 6 | — |
| <i>Allantoin panthenol</i> | | |
| Skin care products | | |
| Face and neck creams, lotions, powders, and sprays (546) | 1 | — |
| Moisturizers (1200) | 1 | — |
| Total uses/ranges for allantoin panthenol | 2 | — |
| <i>Allantoin polygalacturonic acid</i> | | |
| Shaving products | | |
| Aftershave lotions (260) | 1 | — |
| Skin care products | | |
| Body and hand creams, lotions, powder and sprays (992) | 1 | — |
| Total uses/ranges for allantoin polygalacturonic acid | 2 | — |

Dashes indicate not reported.

^a 0.2% in an eye pencil and an eye cream.

^b 0.3% in a hair-straightening balm.

^c 0.2% in skin wipes and skin toner.

agent, but there are inadequate data to establish the effectiveness.⁴⁵ Allantoin for a variety of other skin uses has been described.^{25,54-57}

The safety and effectiveness of allantoin for use in dandruff/seborrheic dermatitis psoriasis drug products have not been established.⁵⁸

Use of allantoin ascorbate, allantoin polygalacturonic acid, allantoin glycyrrhetic acid, and allantoin polygalacturonic acid in various skin treatments has been described by manufacturers.^{18,19,59}

General Biology

Most mammals process purines to allantoin, as shown in Figure 2. However, higher apes and humans do not possess urate oxidase, the final step in the process; thus, purines in humans become uric acid, which is excreted in urine.⁶⁰

The oxidation of uric acid by cytochrome c produced allantoin. This may be a possible source of allantoin in human tissues and may be of significance in patients with Reye's syndrome, in whom elevated uric acid has been demonstrated.⁶¹

Animals and Humans

Allantoin is found in blood or serum in humans in the range of 7.2 to 48.2 $\mu\text{mol/L}$.^{31,33,36,62-65}

Absorption, Distribution, Metabolism, and Excretion

Sznitowska and Janicki⁶⁶ applied allantoin (1%) in 3 different vehicles to the inner forearm of volunteers (n = 6) to test skin penetration. The vehicles were a hydrophilic gel (5% wt/wt aqueous solution of methyl cellulose with added glycerol and propylene glycol), an oil/water cream (sodium lauryl sulfate and cetostearyl alcohol), and a water/oil ointment (cetyl

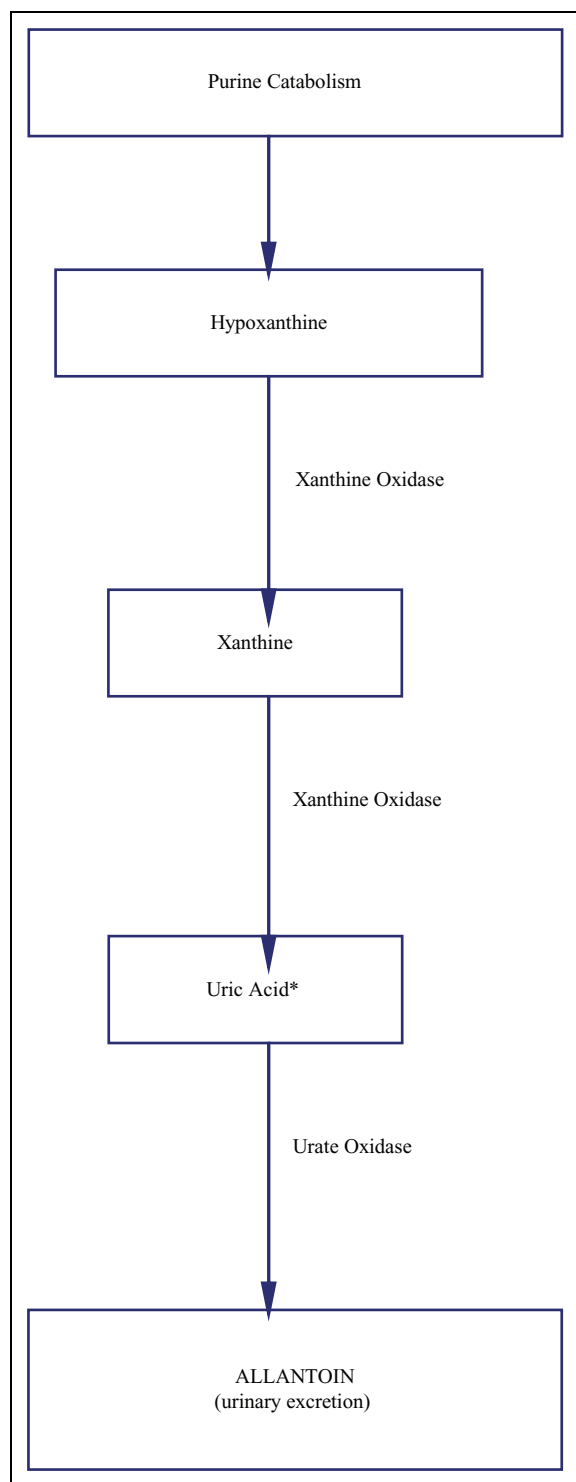


Figure 2. Mechanism of purine catabolism to allantoin in most animals. *Normal end point in higher apes and humans.⁶⁰

alcohol and cholesterol). Two applications of each vehicle were made, 1 removed after 3 hours and the other after 6 hours. The remaining allantoin in the removed portion was measured and subtracted from the original amount to determine the

absorption of allantoin. Allantoin penetration with the hydrophilic gel at 3 and 6 hours was $5.00\% \pm 1.25\%$ and $6.9\% \pm 1.4\%$, respectively; with the oil/water cream $13.0\% \pm 1.8\%$ and $15.4\% \pm 2.7\%$, respectively; and with the water/oil ointment $12.5\% \pm 2.1\%$ and $20.0\% \pm 2.3\%$, respectively.

Allantoin (600 mg) was administered by stomach tube to dogs.⁶⁷ Elimination was complete in ~ 4 hours. Urine allantoin peaked at ~ 260 mg per 100 mL in less than 30 minutes and declined rapidly. Blood allantoin peaked at ~ 90 mg per 100 mL in less than 1 hour and declined steadily. Recovery was 674 mg (112%).

Friedman and Byers⁶⁸ performed clearance studies on male albino rats ($n = 20$; 1 was used twice) and male dogs ($n = 4$; 9 runs were done) following intravenous (IV) administration of allantoin. The renal clearance of endogenous allantoin in rats was 33.7 mL/h per 100 g (range, 25.8-41.7 mL/h per 100 g). The mean plasma allantoin concentration was 1.76 mg% (range, 1.20-2.23 mg%) during clearance. The renal clearance of endogenous allantoin in dogs was 85.5 mL/min/m² (range, 1.46-7.55 mL/g per 100 g). The mean plasma allantoin concentration was 0.66 mg% (range, 0.40-1.03 mg%).

Wallenburg and van Kreel⁶⁹ tested the transference of allantoin from the fetus to the dam in a pregnant rhesus monkey (*Macaca mulatta*). The dam was anesthetized. After fasting, a lower midline laparotomy was performed and the uterus exposed and delivered from the abdominal cavity. A fetal leg was delivered through a small incision and dissected for the application of catheters to the fetal femoral artery and vein. The fetal groin was sutured and returned to the amniotic cavity after draining the urinary bladder. The uterus was returned to the abdominal cavity and the incision partially closed. The maternal aorta, through a femoral artery, and the vena cava, through a saphenous vein, were catheterized. [¹⁴C]Allantoin was infused into the fetal femoral artery (10 mL/g of body weight for 30 minutes and then 3 mL/h). Samples were collected from the fetal femoral artery (0.4 mL) and from the maternal aorta (1.0 mL) at 15-minute intervals and stored in heparinized vials. After centrifugation, fetal red cells were suspended in an equal volume of dilute heparin-normal saline and reinjected into the fetal circulation. The fetus was delivered by Cesarean section and killed, and the urinary bladder was emptied.

The total fetal clearance of allantoin was 3.8 mL/min/kg; renal clearance of allantoin was 0.09 mL/min/kg and of creatinine 0.29 mL/min/kg. The total clearance of allantoin was similar to that of uric acid clearance. Unlabeled uric acid in the fetal plasma was 60 $\mu\text{mol/L}$ at the beginning of the experiment and rose 2- to 3-fold; steady concentration levels were never observed. Maternal renal uric acid and creatinine clearances were 3.2 ± 0.6 and 3.0 ± 0.5 mL/min/kg, respectively, and maternal plasma unlabeled uric acid remained stable at a low level (1.54 ± 0.30 $\mu\text{mol/L}$). Less than 5% of the available uric acid metabolized to allantoin. The authors stated that it is unlikely that fetal uric acid contributes to the maternal uric acid load in pre-eclamptic pregnancies.⁶⁹

Animal Toxicology

No short-term or subchronic toxicity data were available. Chronic toxicity data are presented in the Carcinogenicity section.

Oral Acute Toxicity

In a toxicology assessment,⁷⁰ an acute oral toxicity test on Wistar rats (n = 10, 5 males and 5 females) was performed. The rats were orally administered a single dose of allantoin (5000 mg/kg) and observed for 14 days. No clinical signs were observed during the observation period. No mortality occurred. No abnormalities were noted at necropsy.

Akema Fine Chemicals¹¹ reported the oral median lethal dose (LD₅₀) of allantoin in rats to be more than 5000 mg/kg and considered allantoin to be slightly toxic.

Acute Dermal Toxicity

Akema Fine Chemicals¹¹ reported the LD₅₀ of allantoin on the intact and abraded skin of rabbits (n = 10) to be 5000 mg/kg or higher.

Ocular Irritation

Centre International de Toxicologie⁷¹ performed a primary ocular irritancy test of allantoin (100 mg) on 1 eye of New Zealand rabbits (n = 6). The other eye served as the control. The eyes were examined 1, 24, 72, and 96 hours after instillation. No ocular reactions were observed. The authors concluded that allantoin was not irritating to eyes. Akema Fine Chemicals¹¹ reported that no eye irritation was observed in a Draize test on rabbits without washout (details not provided).

Phototoxicity

No phototoxicity or photosensitization data were available.

Reproductive and Developmental Toxicity

No reproductive or developmental toxicity data were available.

Genotoxicity

Allantoin was not mutagenic to *Salmonella typhimurium* strains TA1535, TA1538, TA98, and TA100, with or without S9 up to 1000 µg.⁷²

Gus'kov et al⁷³ measured the frequency of rifampicin-resistant mutants in the *Escherichia coli* SOS-*lux* test to measure the mutagenicity of allantoin. Allantoin (1 mL) was added to the test plates 1.5 hours before hydrogen peroxide (10⁻⁷ and 10⁻⁶ M) was added to plates containing *E. coli* (PT-1 strain transformed with plasmid pPls-1 carrying the *Lux* operon controlled by an SOS-responder). Water was the control. Allantoin decreased the mutant frequency at both hydrogen peroxide concentrations ($P < .05$). In further testing, allantoin did not affect the induction of the SOS response when added simultaneously

with the hydrogen peroxide. When allantoin was added 1.5 hours before and after hydrogen peroxide, the mutations decreased ($P < .001$ and $.01$, respectively).

Akema Fine Chemicals¹¹ reported that allantoin was not mutagenic in an Ames test.

Dermal Irritation

Akema Fine Chemicals¹¹ reported that allantoin (0.5% in water) was not a primary skin irritant when applied to the intact and abraded skin of rabbits (details not provided).

Shiseido Research Center⁷⁴ applied allantoin (10% in water) to the clipped and shaved flanks of guinea pigs (n = 3) daily for 3 days. The skin was evaluated 24 hours after each application. The cumulative irritation score index was 0.2. The authors concluded that allantoin is classified as a “none to weak irritant” and is safe for use as a cosmetic ingredient.

The authors treated the germinated roots of *Allium cepa* L. (onion) with hydrogen peroxide after treating them with allantoin (10⁻⁶ to 10⁻⁵ M). After 18 hours, the seedlings were fixed and examined for aberrant cells, and chromosomal aberrations were quantified and compared with untreated seedlings. The treated seedlings decreased the level of Fe²⁺-induced chromosomal aberrants ($P < .001$). The level of chromosomal aberrations decreased after 42 hours ($P < .01$). The authors stated that allantoin is neither cytotoxic nor cytostatic while exerting antimutagenic effects at concentrations corresponding to physiological values (ie, blood plasma 6.5×10^{-6}).⁷⁵

Carcinogenicity

Lijinsky⁷⁶ fed F344 rats (males and females) rat chow with and without 0.2% allantoin with or without 0.2% sodium nitrite ad libitum for 106 weeks (n = 20). The rats were necropsied and all gross lesions and major organs and tissues were examined histologically. Controls (n = 24) were fed untreated chow and tap water.

The approximate total doses of allantoin were calculated to be 42 g per male rat and 28 g per female rat. Most of the rats were alive at the end of the 2-year treatment; there was no difference in the life spans of the rats in any group. The incidence of nonneoplastic lesions of the organs did not differ between treated and control rats. There was no difference in the incidence of tumors between groups. There was an increase in papillomas of the forestomach in male rats fed allantoin plus nitrite compared with controls ($P < .047$). The incidence of pituitary tumors was lower in females, but not males, fed allantoin without nitrite than in the untreated or nitrite-treated controls (P not provided).⁷⁶

Clinical Assessment of Safety

Absorption, Distribution, Metabolism, and Excretion

Young et al⁶⁷ administered allantoin to male subjects orally, intravenously, and subcutaneously. Almost all of the allantoin administered by IV and subcutaneous injection was recovered by urinary excretion within 2 days; less was recovered

following oral administration. The authors suggest that allantoin goes through decomposition in the intestine prior to absorption.

Friedman et al⁷⁷ measured the clearance of orally administered allantoin in 5 men and 1 woman. The volunteers were administered 10 g of allantoin. The average plasma clearance of allantoin at 3.0, 3.5, and 4.0 hours after ingestion was 5.9, 5.9, and 6.2 mg per 100 mL, respectively, and the average renal clearance of allantoin was 123, 123, and 123 mL/min, respectively. No adverse effects were observed as a result of allantoin ingestion.⁷⁷

Freidman et al⁷⁸ repeated the above experiment on healthy volunteers (n = 9; 1 female, 8 males) and patients with hypertension (n = 8; 3 female, 5 male), coarctation (n = 1 male), or nephritis (n = 2; 1 female, 1 male). The procedure was repeated with inulin (10 g in saline intravenously). The authors concluded that allantoin clearance was a measure of glomerular filtration rate; allantoin is absorbed by the gastrointestinal tract at a stable rate. There were no signs of toxicity following ingestion of allantoin.⁷⁸

Dermal Irritation and Sensitization

Mecca⁷⁹ reported a personal communication from R.W. Gould that allantoin was not a primary skin sensitizer in a Schwartz patch test on 200 people. Allantoin was nontoxic, nonirritating, and nonallergenic. Allantoin was not a primary skin irritant or primary sensitizer in a repeated-insult test of 12 people.

Akema Fine Chemicals¹¹ reported no irritation and no sensitization using allantoin on healthy volunteers (n = 200; details not provided).

Tronnier⁸⁰ performed a skin irritation test on volunteers (n = 50; 31 females, 19 males; 18-72 years old). Eleven of the subjects had allergies and 7 had sensitive skin. A plaster of allantoin (2-5 mg/cm²) was applied to the backs of the volunteers. The test plaster was removed after 24 hours. The test area was observed at removal of the plaster and after 72 hours. There were no signs of irritation.

Consumer Product Testing Co⁸¹ performed a repeated-insult patch test of a product containing allantoin (0.095%) on human subjects (n = 105; age 16-78 years). The product (~0.2 mL) was applied to the upper back under an absorbent pad 3 times a week for 9 applications. The pad was left in place for 24 hours. After ~2 weeks' rest, a challenge pad was applied to a naive site and read 24 and 72 hours after application. There were scattered, transient, barely perceptible to moderate responses with occasional dryness and/or edema noted throughout the test period. No evidence of induced allergic contact sensitization was observed. The authors concluded that the results did not indicate a clinically significant potential for dermal irritation or allergic contact sensitization.

The Personal Care Products Council⁸² submitted summaries of tests of products containing allantoin. In a 21-day cumulative irritation study, baby talc containing allantoin (0.5%) was repeatedly applied, under occlusion, to volunteers with self-perceived sensitive skin (n = 33). No skin irritation was

detected with a normalized score of 0.00 out of 630. In a second test of the same product, with volunteers with self-perceived sensitive skin (n = 35), no skin irritation was detected with a normalized score of 8.9 out of 630.

In a repeated-insult patch test of baby talc containing allantoin (0.5%), the product was applied to volunteers with normal skin (n = 214). There were no reactions to 212 volunteers during induction (2 volunteers with a minimal or doubtful response). There were no reactions during the challenge phase.

This study was repeated with volunteers with normal skin (n = 213). During the induction phase, there were no reactions for 211 volunteers (2 volunteers with minimal or doubtful responses). There were no reactions during the challenge phase.

This study was repeated with volunteers with normal skin (n = 206). During the induction phase, there were no reactions in all volunteers. There were no reactions during the challenge phase.⁸²

Other Dermal Tests

Mecca⁸³ stated that when allantoin is used in shampoos, not all of the allantoin is washed away, but rather some is left on the scalp and in the hair.

Henning⁸⁴ tested the effects of allantoin on stratum corneum renewal by applying a cream containing allantoin (0.5%) twice a day to untreated skin on forearms (number of subjects not stated). Another area was treated with a placebo and another was untreated. A suspension of dansyl chloride in petrolatum was applied to the forearm skin, and the level of fluorescence was assessed every second day under UV light. The time taken for dansyl chloride to disappear provided a measure of stratum corneum renewal time. Untreated skin had a renewal time of ~23 days, placebo ~21 days, and allantoin-treated skin ~19 days. No adverse effects were reported.

In a second experiment, irritation on the volar skin of forearms (number of subjects not stated) was induced by sodium dodecyl sulfate-tape stripping and UV radiation. Redness was measured with a chromatometer before irritation and after 2 hours and 1, 3, and 5 days. The skin was untreated, treated with a placebo (~2 mg/cm²), or treated with the cream containing allantoin (0.5%; ~2 mg/cm²). Before irritation, redness was measured at ~8.4. Allantoin-treated skin had lower redness scores at all observation times (no statistics were reported). No adverse effects were reported.

In a third experiment, transepidermal water loss (TEWL) was measured before treatment with sodium dodecyl sulfate, after treatment, and then after treatment as in the above experiments (number of subjects not stated). TEWL was closer to normalized in the allantoin-containing cream-treated group on day 5 than in the other 2 groups.⁸⁴

Vinson and Proch⁸⁵ tested the use of an allantoin-based protectant as a moisture barrier in 12 subjects. The product containing allantoin (concentration not provided) was applied to 1-inch-square areas of the forearm and then covered with a bandage treated with a saline solution that simulated the density and ionic strength of urine and contained a dye solution. No reactions were reported from the allantoin barrier product at

4 or 8 hours. The allantoin barrier product began to lose its effectiveness in both groups after 1 hour.

Skin Disease Treatment

Topical agents containing allantoin and other ingredients were tested for effectiveness in treatment of diaper rash in infants. No adverse effects were reported in the studies.^{86,87} Studies of topical agents containing allantoin and refined coal tar extract in treating psoriasis or other skin conditions reported no adverse effects.⁸⁸⁻⁹²

In another study, 22 patients were treated with an ointment containing allantoin, coal tar extract, and other ingredients.⁹³ One adverse side effect (acute dermatitis) was reported.

Almeyda and Wood⁹⁴ compared an allantoin (2%)–coal tar (5%) cream-based treatment to a fluorinated steroid preparation for the treatment of psoriasis on 33 patients (17 male, 16 female; age 16-74 years). The former was applied to the left arm and the latter to the right arm 2 or 3 times a day after an initial evaluation. The progress was evaluated after 2 and 4 weeks. Two patients dropped out because of deteriorating conditions. The allantoin–coal tar preparation performed better in 8 cases, worse in 13 cases, and equally well in 7 cases, and it failed equally in 7 cases. Six patients dropped out after the 2-week evaluation, 1 because of worsening of the condition with the allantoin–coal tar preparation that included a secondary infection. No other adverse effects were reported.

Wound Treatment

Creams, gels, and ointments containing allantoin (alone or in combination with other ingredients) have been tested for wound healing and treatment of other skin conditions.^{56,94-97} No adverse effects attributed to allantoin were reported.

Galacturonic acid and polygalacturonic acid. No relevant safety test data were found on galacturonic acid and polygalacturonic acid. Galacturonic acid, in the form of polygalacturonic acid, is a major component of the polysaccharides that form pectin. Pectin is a group of polysaccharides rich in galacturonic acid. Galacturonic acid is present in the following major structural features that form the backbone of polysaccharide domains that are thought to be found in all pectin species: homogalacturonan, rhamnogalacturonan-I, and rhamnogalacturonan-II.^{98,99}

Homogalacturonan is a homopolymer of (1-4)- α -D-galacturonic acid residues that may be methylesterfied and acetylated. Rhamnogalacturonan-I has a repeating backbone of (1-2)- α -L-rhamnose-(1-4)- α -D-galacturonic acid. Rhamnogalacturonan-II has a homogalacturonan backbone with oligosaccharide side chains, as in Figure 3.^{98,99} The FDA has deemed pectin as GRAS when used as a direct human food additive.⁴⁷

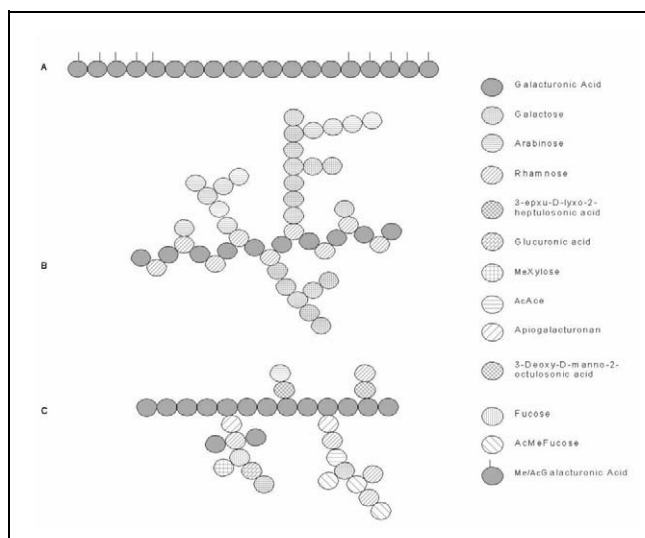


Figure 3. The structure of pectin. Galacturonic acid is the major component of all three types of polysaccharide: A) homogalacturonan, B) rhamnogalacturonan I, C) rhamnogalacturonan II.

Summary

This safety assessment includes the cosmetic ingredient allantoin and its related complexes: allantoin ascorbate, allantoin biotin, allantoin galacturonic acid, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid. The safety of ascorbic acid, biotin, glycyrrhetic acid, and panthenol has already been assessed by the CIR Expert Panel, and these agents were found to be safe. Galacturonic acid and polygalacturonic acid have not been reviewed by the CIR Expert Panel. Galacturonic acid is a sugar that is a component of pectin.

Polygalacturonic acid is the polysaccharide of the acid. Pectin was deemed GRAS as a direct human food additive by FDA.

Allantoin is a heterocyclic organic compound that may be prepared by several methods, including uric acid oxidation in the presence of permanganate. The other ingredients in this assessment are organic salts of this compound, except for allantoin panthenol, which is an alcohol/heterocyclic compound complex. Multiple analytical methods for allantoin are reported, including HPLC. Impurities include sulphated ash, sulphate, chloride, lead, arsenic, urea, and glycoluril.

All of the ingredients in this review act as skin-conditioning agents - miscellaneous.

Allantoin was reported to be used in 1376 cosmetic products at concentrations ranging from 0.0001% to 2%. Allantoin ascorbate was reported to be used at concentrations of 0.001% and 0.05%. Allantoin glycyrrhetic acid was reported to be used in 6 cosmetic products, allantoin panthenol in 2 cosmetic products, and allantoin polygalacturonic acid in 2 cosmetic products. There were no reported uses for allantoin biotin or allantoin galacturonic acid. Allantoin, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid were reportedly used in hair sprays. Noncosmetic uses included wound treatment and skin protectant.

Allantoin is found in plants and foods. Mammals process purines to allantoin with the exception of higher apes and humans because of their lack of urate oxidase. Only small amounts of allantoin are produced by oxidation of uric acid by cytochrome c and other oxidation pathways.

There was 98% recovery of allantoin in urine in dogs 5 hours after intravenous administration. When allantoin was administered orally, elimination was complete at 4 hours. Recovery averaged 66% when allantoin was administered in feed. No urinary allantoin was recovered from rabbits with allantoin in the diet. In sheep, most of the intravenously administered allantoin was excreted in the urine; degradation in the gut occurred post ruminally.

Acute oral toxicity of allantoin was greater than 5000 mg/kg in rats. Acute dermal toxicity of allantoin was equal to 5000 mg/kg in rabbits with intact and abraded skin.

Allantoin was nonirritating when instilled into the eyes of rabbits. Allantoin at 0.5% is not a dermal irritant to the intact or abraded skin of rabbits.

Allantoin was not mutagenic in an Ames test.

When fed to rats at 28 g per female and 42 g per male over 2 years, allantoin did not increase the instances of neoplastic lesions and tumors compared with controls. Allantoin with nitrite increased the incidence of papillomas of the forestomach in males and reduced the incidence of pituitary tumors in females without nitrite. There was no difference in life spans between rats fed allantoin and controls.

In a fasting blood clinical test, serum allantoin levels were $10.8 \pm 1.7 \mu\text{mol/L}$ for women and $13.4 \pm 1.6 \mu\text{mol/L}$ for men. Individual urinary recovery of orally administered allantoin to human males was 18.6% in 24 hours and 33.8% in 72 hours. Intravenously administered allantoin recovery in the urine was 98% in 72 hours and 94.5% and 88.8% in 12 hours. Subcutaneously administered allantoin recovery in the urine was 81.2% in 6 hours and 73.2% in 24 hours.

Allantoin (1%) penetration of human skin after 3- and 6-hour exposures was $5.00\% \pm 1.25\%$ and $6.9\% \pm 1.4\%$ in a hydrophilic gel, $13.0\% \pm 1.8\%$ and $15.4\% \pm 2.7\%$ for an oil/water cream, and $12.5\% \pm 2.1\%$ and $20.0\% \pm 2.3\%$ for a water/oil ointment, respectively.

Allantoin was found to be clinically nonirritating and non-sensitizing in multiple tests at various concentrations in various vehicles up to 0.5%.

Allantoin-containing medications were tested for effectiveness and were successful in treating and preventing diaper rash in infants. No adverse effects were reported for the babies or the persons applying the medication. Medications containing allantoin (2%)–coal tar successfully treated patients with psoriasis with no adverse effects. Allantoin-containing treatments, up to 4%, successfully treated psoriasis patients; 1 of 22 patients using an allantoin–coal tar lotion developed acute dermatitis after 1 week. Application of a coal tar lotion with allantoin (2%) 1 to 4 times daily for 6 months resulted in no adverse effects. A treatment containing allantoin (0.35%) in 40 patients with seborrheic dermatitis reported 1 adverse event. There were no adverse effects in the treatment of skin conditions with allantoin up to 2%.

Discussion

The CIR Expert Panel noted that none of the sensitization and irritation safety test studies were conducted at the 2% level, which is reported to be used in cosmetics. However, the therapeutic use studies were conducted at 2% to 4% on damaged skin with no adverse effects. These clinical data were considered to support the safety of allantoin in cosmetics.

The panel noted that allantoin is a natural metabolic product for which no reproductive/developmental toxicity has been suggested.

The ingredients in the complexes were found to be safe in previous safety assessments. Pectin is a GRAS substance that is mostly made up of galacturonic and polygalacturonic acid. These allantoin complexes, as well as allantoin polygalacturonic acid and allantoin galacturonic acid, were not expected to be toxic.

The potential adverse effects of inhaled aerosols depend on the specific chemical species, the concentration and the duration of the exposure, and their site of deposition within the respiratory system. The reported mean diameter of particles in hair sprays is 38 μm , with other reported diameters of 60 to 80 μm . Because the aerodynamic diameters of respirable particles are less than 10 μm , most aerosol particles found in hair sprays are not respirable. In the absence of inhalation toxicity data, the panel determined that allantoin and its related complexes can be used safely in hair sprays, because the ingredient particle size is not respirable.

The CIR Expert Panel recognizes that there are data gaps regarding use and concentration of these ingredients. However, the overall information available on the types of products in which these ingredients are used and at what concentrations indicates a pattern of use, which was considered by the Expert Panel in assessing safety.

Conclusion

The CIR Expert Panel concluded that allantoin and its related complexes, allantoin ascorbate, allantoin biotin, allantoin galacturonic acid, allantoin glycyrrhetic acid, allantoin panthenol, and allantoin polygalacturonic acid, are safe as cosmetic ingredients in the practices of use and concentrations as described in this safety assessment. Were ingredients in this group not in current use to be used in the future, the expectation is that they would be used in product categories and at concentrations comparable to others in the group.

Authors' Note

Unpublished sources cited in this report are available from the Director, Cosmetic Ingredient Review, 1101 17th Street, Suite 412, Washington, DC 20036, USA.

Declaration of Conflicting Interests

No potential conflict of interest relevant to this article was reported. F. Alan Andersen, PhD, and Lillian C. Becker are employed by the Cosmetic Ingredient Review.

Funding

The articles in this supplement were sponsored by the Cosmetic Ingredient Review. The Cosmetic Ingredient Review Program is financially supported by the Personal Care Products Council.

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