

A Review of the Traditional Uses, Botany, Phytochemistry, Pharmacology, Pharmacokinetics, and Toxicology of *Corydalis yanhusuo*

Natural Product Communications
Volume 15(9): 1–19
© The Author(s) 2020
Article reuse guidelines:
sagepub.com/journals-permissions
DOI: 10.1177/1934578X20957752
journals.sagepub.com/home/npx



Jingxia Zhang^{1,2}, Surong He^{1,2}, Jing Wang¹, Changli Wang^{1,2}, Jianhua Wu¹, Weifeng Wang³, Fan Li³ , Shasha Li³, Chongbo Zhao^{1,2}, and Fang Li^{1,3}

Abstract

Corydalis yanhusuo W. T. Wang (Papaveraceae) is a traditional Chinese herbal medicine that has long been used to treat several conditions and is widely distributed in Asian countries. This review focuses on the traditional uses, botany, phytochemistry, pharmacology, pharmacokinetics, and toxicology of *C. yanhusuo*. The literature on *C. yanhusuo* was reviewed using several resources, including classic books on Chinese herbal medicine and scientific databases, namely, PubMed, Springer, Web of Science, Science Direct, and China National Knowledge Infrastructure. Based on information from these databases regarding the chemical components of *C. yanhusuo*, we evaluated the underlying interaction network between chemical components, biological targets, and associated diseases using Cytoscape software. To date, more than 160 compounds have been isolated and identified from *C. yanhusuo*, including alkaloids, organic acids, volatile oils, amino acids, nucleosides, alcohols, and sugars. The crude extracts and purified compounds of this plant have analgesic, antiarrhythmic, and antipeptic ulcer properties, along with hypnotic effects. However, studies on the pharmacokinetics of *C. yanhusuo* extracts remain limited. *C. yanhusuo* has therapeutic potential in diseases such as cancer and depression, probably due to glaucine and corydaline. Our network pharmacology analysis revealed interactions between 20 compounds, 54 corresponding targets, and 4 health conditions. We found that leonticine, tetrahydroberberine, and corydalmine may regulate the expression of *PTGS2*, *PTGS1*, *KCNH2*, *SCN5A*, *RXR- α* , *CAMKK2*, *NCOA2*, and *ESR1*, representing a potential treatment strategy against pain, gastric ulcers, inflammation, and cardiac arrhythmias. Additionally, this article discusses the future directions of research on *C. yanhusuo*.

Keywords

alkaloids, corydalis yanhusuo, pharmacokinetics, pharmacology, phytochemistry, traditional medicine

Received: May 4th, 2020; Accepted: August 13th, 2020.

Corydalis yanhusuo, also known as Yanhusuo or Xuanhu, is a perennial herb widely distributed in China, Japan, Korea, Russia, and other Asian countries.^{1,2} In China, *C. yanhusuo* is mainly distributed in the Zhejiang Province. *Corydalis yanhusuo* has been shown to improve blood circulation, alleviate pain caused by blood stasis, promote movement of Qi, and alleviate Qi stagnation-induced pain.³

Details regarding the pharmacological efficacy of *C. yanhusuo* are reported in the *Chinese Pharmacopoeia* (2015 edition). To date, more than 160 compounds have been isolated and identified from *C. yanhusuo*, including alkaloids, organic acids, volatile oils, amino acids, nucleosides, alcohols, and sugars.¹ This herb is often used to treat symptoms such as the chest, abdominal, and menstrual pain⁴ and has been demonstrated to have several pharmacological effects: antinociceptive, antitumor, antibacterial, anti-inflammatory, and antidepressant effects, among others.^{5,6}

Herein, we comprehensively reviewed available literature on *C. yanhusuo*, including its traditional uses and botany, as well as

¹College of Pharmacy, Shaanxi University of Chinese Medicine, Xianyang, P. R. China

²College of Pharmacy, Engineering Technology Research Center of Shaanxi Administration of Chinese Herbal Pieces, Shaanxi University of Chinese Medicine, Xianyang, P. R. China

³Institute of Tradition Chinese Medicine, Shaanxi Provincial Academy of Traditional Chinese Medicine, Xi'an, P. R. China

Corresponding Authors:

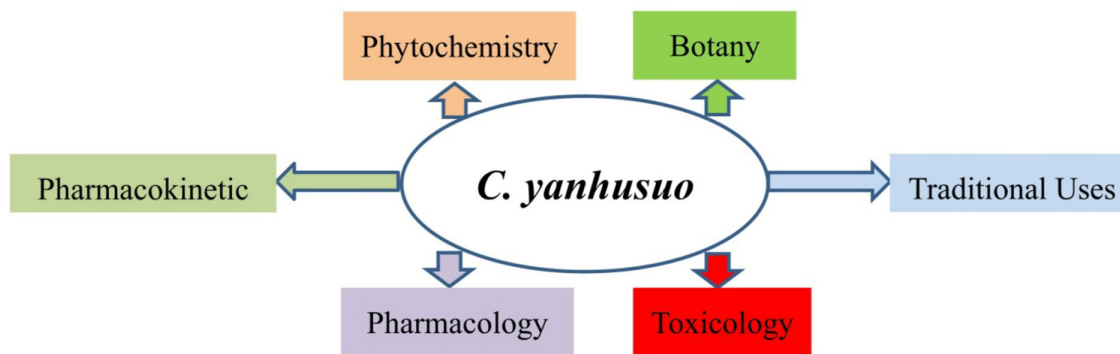
Chongbo Zhao, College of Pharmacy, Shaanxi University of Chinese Medicine, Shiji Avenue, Xianyang 712046, P. R. China.

Email: 218030112382@email.sntcm.edu.cn

Fang Li, Shaanxi Provincial Academy of Traditional Chinese Medicine, Xi'an, Shaanxi 710003, P. R. China.

Email: 218030112382@email.sntcm.edu.cn





advances in phytochemistry, pharmacology, pharmacokinetics, and toxicology, from Chinese medicine books and scientific databases, namely, PubMed, Science Direct, Web of Science, Springer, Baidu Scholar, Elsevier, and China National Knowledge Infrastructure. Additionally, we present potential research pathways and new perspectives on *C. yanhusuo*.

Traditional Uses

Corydalis yanhusuo was first reported in Lei Gong Pao Zhi Lun (Northern and Southern Dynasties, 618-907 AD) and has been used as an analgesic agent in traditional Chinese medicine for over 1100 years,⁷ primarily for the treatment of chest pain. According to Hai Yao Ben Cao (Tang Dynasty, 907-960 AD), *C. yanhusuo* was used to treat postpartum blood stasis, whereas Yi Xue Qi Yuan (Jin and Yuan Dynasties, 1115-1368 AD) reported the use of this plant to treat spleen and stomach stasis and as an adjuvant to digestion. Ben Cao Gang Mu (Ming Dynasty, 1551-1578 AD) also reported its use in improving blood circulation and Qi, relieving pain, and micturition.⁸ In China, Japan, Korea, Russia, and other Asian countries, *C. yanhusuo* has been used to treat Qi stagnation, blood stasis, chest pain, abdominal pain, amenorrhea, dysmenorrhea, and postpartum stasis.^{2,5} Moreover, *C. yanhusuo* is commercially available in the United States as a dietary supplement.⁹

Corydalis yanhusuo has been reported to have various pharmacological effects; over 20 different prescriptions of this plant are listed in the *Chinese Pharmacopeia*, *Han Fang Bao Dian*, *Dong Yi Shi Shou Bao Yuan*, *Dong Yi Bao Jian*, and *Zhongyao chengfang zhiji*. The forms of these prescriptions include tablets, granules, and powders, among which tablets are the most commonly used form (Table 1). However, owing to the poor analgesic effect of raw *C. yanhusuo*, vinegar-processed products are widely used in the clinical setting. Alkaloids present in the herb are insoluble in water; therefore, they are processed with acetic acid to enhance their activity. Briefly, the rhizoma of *C. yanhusuo* is soaked in vinegar (20 L of vinegar per 100 kg of *C. yanhusuo*), first, sealed infiltration for 30 minutes then 150-160°C temperature and at a frequency of 40 times per minute turn, fried

for 6 minutes and then cooled. Vinegar-processed *C. yanhusuo* effectively promotes blood circulation and Qi and relieves pain.¹⁰

Botany

Corydalis yanhusuo belongs to the genus *Corydalis* of the Papaveraceae family. It is a glabrous perennial herb, approximately 10-20 cm in height, with spherical or oblate spheroid-shaped tubers (0.5-2.5 cm in diameter) and a yellowish interior. Its leaves are either 2-lobed or 3-lobed, with lanceolate segments that are often 2-3 parted, and its racemes contain 5-15 sparse flowers. The sepals are small and caducous with a symmetrical corolla. It has 4 petals, which are either purple or red; the upper part of the outer wheel is the largest, with a length of 1.5-2 cm; its top is dimpled, and its tail extends cylindrically having a length of 1.1-1.3 cm. Male flowers have 6 stamens bundled into 2 filaments, whereas female flowers have an oblate-columnar ovary, a subcircular stigma, and a linear capsule. Flowering occurs during April, while fruiting occurs from May to June (Figure 1).¹⁶

Corydalis yanhusuo is distributed in China, Japan, Korea, Russia, and other Asian countries, with a wide ecological niche.² In China, it is primarily distributed in Anhui, Jiangsu, Zhejiang, Hubei, Henan, and Shaanxi provinces.¹⁷ The Zhejiang province is famous for its high production and quality of *C. yanhusuo*, as it has the largest areas for cultivation.¹

Phytochemistry

To date, more than 160 constituents of *C. yanhusuo* have been isolated and identified.¹⁸ Alkaloids and terpenoids were identified as the characteristic components of this species. The following section details phytochemical studies conducted on *C. yanhusuo*. The compounds identified from this plant are listed in the relevant tables, and their structures are also presented.

Alkaloids

The earliest known study of *Corydalis* alkaloids was published in 1928.¹⁸ Alkaloids are the primary constituents of *C. yanhusuo*

Table 1. Traditional and Clinical Applications of *Corydalis yanhucsu*.

Preparation name	Main composition	Traditional and clinical applications	References
Yuan Hu Zhi Tong Pian	Rhizoma <i>Corydalis</i> , Radix <i>Angelicae daburicae</i>	Treating stomachache, headache, and dysmenorrhea caused by qi stagnation and blood stasis	11
Qi Zhi Wei Tong Pian	Radix <i>Bupleuri</i> , Rhizoma <i>Corydalis</i> , Fructus <i>Aurantii</i> , Rhizoma <i>Cyperii</i> , Radix <i>Glycyrrhizae</i> , Radix <i>Paeoniae Alba</i>	Treating abdominal pain	4
An Zhong Pian	Ramulus <i>Cinnamomi</i> , Rhizoma <i>Corydalis</i> , Concha <i>Ostraea</i> , Fructus <i>Foeniculi</i> , Fructus <i>Anomali</i> , Rhizoma <i>Alpinia officinarum</i> , Radix <i>Glycyrrhizae</i>	Treating stomachache caused by yang deficiency	2,4
An Wei Pian	Rhizoma <i>Corydalis</i> , <i>Alumen</i> , Endoconcha <i>Sepiae</i>	Treating epigastric stabbing pain caused by Qi stagnation and blood stasis	4
Fu Le Ke Li	Caulis <i>Lonicerae japonicae</i> , Radix <i>Glycyrrhizae</i> , Folium <i>Isatidis</i> , Herba <i>Taraxaci</i> , Cortex <i>Montan</i> , Radix <i>Paeoniae rubra</i> , Fructus <i>loosandani</i> , Rhizoma <i>Corydalis</i> , Radix <i>Rehmanniae Preparata</i>	Treating abdominal pain and pelvic inflammation	4
Kuai Wei Pian	Endoconcha <i>Sepiae</i> , <i>Alumen</i> , Rhizoma <i>Corydalis</i> , Rhizoma <i>Bleilliae</i> , Radix <i>Glycyrrhizae</i>	Treating abdominal pain, vomiting, acid reflux, appetite loss, and gastritis	4
Shen Yang Hong Yao Jiao Nang	Radix and Rhizoma <i>Notoginseng</i> , Rhizoma <i>Chuanxiong</i> , Radix <i>Angelicae Dahuricae</i> , Radix <i>Angelicae Sinensis</i> , Eupolyphaga <i>Stelopterygia</i> , Rhizoma <i>Corydalis</i> , Flos <i>Carthami</i>	Treating wind dampness caused by blood stasis	4
Jin Fo Zhi Tong Pills	Radix <i>Paeoniae Alba</i> , Rhizoma <i>Corydalis</i> , Radix and Rhizoma <i>Notoginseng</i> , Radix <i>Curcumae</i> , Fructus <i>Citri sarawatybilis</i> , Rhizoma <i>Curcumae longae</i> , Radix <i>Glycyrrhizae</i>	Treating abdominal pain, dysmenorrhea, peptic ulcer, and chronic gastritis caused by Qi stagnation and blood stasis	4
Gu You Ling Cha Ji	Flos <i>Carthami</i> , Radix <i>Aconiti cocta</i> , Radix <i>Polygoni Multiflori Preparata</i> , Radix <i>Dipsaci</i> , Radix and Rhizoma <i>Clematidis</i> , Rhizoma <i>Corydalis</i> , Radix <i>Saposhnikoviae</i> , Caulis <i>Spatholobi</i> , Periostracum <i>Citradae</i>	Treating osteoarthritis and joint swelling	4
Du Sheng Huo Xue Pian	Radix and Rhizoma <i>Notoginseng</i> , Rhizoma <i>Cyperii</i> , Radix <i>Angelicae sinensis</i> , Rhizoma <i>Corydalis</i> , Caulis <i>Spatholobi</i> , Radix and Rhizoma <i>Rhei</i> , Radix <i>Glycyrrhizae</i>	Promoting blood circulation, treating dysmenorrhea caused by blood stasis	4
Yang Xue Qing Nao Pills	Radix <i>Angelicae Sinensis</i> , Rhizoma <i>Chuanxiong</i> , Radix <i>Paeoniae Alba</i> , Radix <i>Rehmanniae Preparata</i> , Ramulus <i>Uncariae Cum Uncis</i> , Caulis <i>Spatholobi</i> , Spica <i>Prunellae</i> , Semen <i>Cassiae</i> , Concha <i>Margaritifera</i> , Rhizoma <i>Corydalis</i> , Herba <i>Asari</i>	Treating headache and insomnia	4
Jing Tong Ke Li	Radix and Rhizoma <i>Notoginseng</i> , Rhizoma <i>Chuanxiong</i> , Rhizoma <i>Corydalis</i> , Rhizoma and Radix <i>Notopterygii</i> , Radix <i>Paeoniae Alba</i> , Radix and Rhizoma <i>Clematidis</i> , Radix <i>Puerariae</i>	Treating neck, shoulder, and upper limb pain caused by Qi stagnation and blood stasis	4
Zhen Xin Tong Kou Fu Ye	Radix <i>Codonopsis</i> , Radix and Rhizoma <i>Notoginseng</i> , Rhizoma <i>Corydalis</i> , <i>Pteretima</i> , Bulbus <i>Allii Macrostenonis</i> , Semen <i>Discariae</i> , Cortex <i>Cinnamomi</i> , Bornicolum <i>Syntheticum</i> , <i>Mentholium</i>	Treating chest pain caused by Qi and blood stasis	4
Xuan Hu Suo San	Rhizoma <i>Corydalis</i> , Radix <i>Achyranthis Bidentatae</i> , Radix <i>Angelicae Sinensis</i> , Fructus <i>Psoraleae</i>	Clearing postpartum blood stasis	12
Fu Nv Tong Jing Wan	Rhizoma <i>Corydalis</i> , Faeces <i>Triglopororum</i> , Radix and Rhizoma <i>Salviae Miltiorrhizae</i> , Pollen <i>Typhae</i>	Treating abdominal pain caused by Qi and blood stasis	12
Yan Bing Pian	Rhizoma <i>Corydalis</i> , Bornicolum <i>Syntheticum</i>	Treating coronary heart disease and angina pectoris	12
Ba Wei Tong Jing Pian	Radix <i>Gyathulac</i> , Cortex <i>Montan</i> , Radix <i>Angelicae Sinensis</i> , Radix <i>Paeoniae Alba</i> , Rhizoma <i>Corydalis</i> , Semen <i>Persicae</i> , Ramulus <i>Cinnamomi</i> , Radix <i>Aucklandiae</i>	Treating dysmenorrhea	13
Ru Shen Tang	Rhizoma <i>Corydalis</i> , Radix <i>Angelicae Sinensis</i> , Cortex <i>Cinnamomi</i> , Rhizoma <i>Cyperii</i> , Radix <i>Aucklandiae</i>	Treating pain caused by Qi and blood stasis	14
Fu Yuan Tong Qi San	Fructus <i>Foeniculi</i> , Squama <i>Manis</i> , Radix <i>Aucklandiae</i> , Rhizoma <i>Corydalis</i> , Semen <i>Pharbitidis</i> , Pericarpium <i>Citri Reticulatae</i> , Radix <i>Glycyrrhizae</i>	Treating pain caused by Qi stagnation	15
Xuan Hu Suo San	Radix <i>Angelicae Sinensis</i> , Radix <i>Paeoniae Rubra</i> , Rhizoma <i>Corydalis</i> , Pollen <i>Typhae</i> , Ramulus <i>Cinnamomi</i> , Frereana <i>Boswellia</i> , Commiphora <i>myrrha</i>	Clearing postpartum blood stasis	15

Table 2. Alkaloids Isolated From *Corydalis yanbusuo*.

Identifier	Name	Plant part	References
1	Glaucine	Aerial part	20
2	Norglaucine	Aerial part	20
3	N-methylaurotetanine	Roots	21
4	Isoboldine	Roots	22
5	Nantenine	Aerial part	23
6	Thaliporphine	Roots	6
7	Lirioferine	Roots	6
8	O-methylbulbocapnine	Roots	23
9	Dehydrocorydaline	Roots	24
10	Berberine	Roots	24
11	Palmatine	Roots	25
12	Coptisine	Roots	24
13	Columbamine	Roots	26
14	Dehydroyanhunine	Roots	23
15	13-Methylpalmatrubine	Roots	24
16	Yanhusuine	Roots	27
17	Corydayanine	Roots	27
18	Dehydrocorybulbine	Roots	21
19	Jatrorrhizine	Roots	21
20	13-Methyl-dehydrocorydalmine	Roots	21
21	Tetrahydropalmatine	Roots	28
22	Tetrahydrocoptisine	Roots	24
23	Yuanhunine	Roots	21
24	(-)-Corypalmine	Roots	24
25	Corydalmine	Roots	29
26	Scoulerine	Roots	21
27	Tetrahydrojatrorrhizine	Roots	21
28	Tetrahydrocorysamine	Roots	26
29	Tetrahydroberberine	Roots	24
30	Corydaline	Roots	28
31	Isocorybulbine	Roots	24
32	Corybulbine	Roots	24
33	Didehydroglaucine	Roots	24
34	Dehydronantenine	Roots	30
35	7-Formyldidehydroglaucine	Roots	31
36	Protopine	Roots	28
37	α -Allocoptopine	Roots	32
38	Oxoglaucine	Roots	33
39	Corunine	Roots	29
40	Dihydrosanguinarine	Roots	34
41	Dihydrochelerythrine	Roots	35
42	8-Oxocoptisine	Roots	24
43	Pontevedrine	Roots	24
44	6-Acetyl-5,6 dihydrosanguinarine	Roots	29
45	Homochelidonine	Roots	29
46	Saulatine	Roots	21
47	Nordelporphine	Roots	21
48	Leonticine	Roots	34
49	Bicuculline	Roots	32
50	Coryphen-anthrine	Aerial part	21
51	N-methylcanadine	Roots	31
52	N-methyltetrahydropalmatine	Roots	31
53	1-[2-(N-methylaminoethoxy)]-3,4,6,7-tetramethoxyphenanthrene	Aerial part	20
54	N,N-dimethyl-N',N'-dimethyl-diphenyl-one	Roots	33
55	N,N-dimethyl-N'-methyl-diphenyl-one	Roots	33

(Continued)

Table 2. Continued

Identifier	Name	Plant part	References
56	Noroxyhydrastinine	Roots	24
57	Taxilamine	Roots	21
58	Epiberberine	Roots	6
59	Dehydrocorydaline chloride	Roots	36
60	Cryptopine	Roots	32
61	8-Trichloromethyl-7,8-dihydrocoptisine	Roots	24
62	Tetrahydrocolumbamine	Roots	37
63	Stepharanine	Roots	26

and play an important role in pain relief. To date, 64 alkaloids have been isolated from the plant; they are primarily categorized as isoquinoline alkaloids based on their structure. Other alkaloids include berberine, aporphine, proto-opioid base, isoquinoline benzylimidazole, and benzophenanthridine.¹⁹ Alkaloids are presented in Table 2, and their structures are shown in Figure 2.

Water-Soluble Nonalkaloids

Water-soluble nonalkaloids present in *C. yanbusuo* have high polarity due to their hydroxyl, amino, and carboxyl groups. Water-soluble components, such as organic acids, amino acids, and carbohydrates are commonly separated by alumina adsorption, column chromatography, gel column chromatography, reverse-phase adsorption column chromatography, and gas chromatography-mass spectrometry.³⁸⁻⁴⁰ Analysis of 80% ethanol extract of *C. yanbusuo* isolated using a DA201 type macroporous adsorption resin revealed that the fraction eluted with

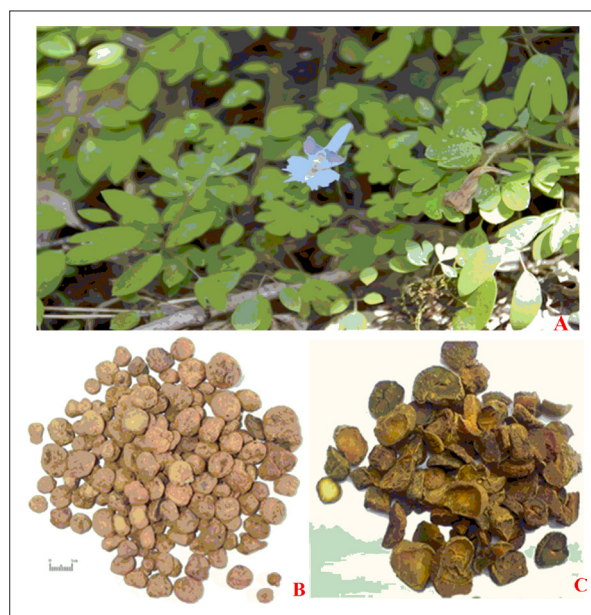


Figure 1. *Corydalis yanbusuo* plant (A), *C. yanbusuo* rhizoma (B), vinegar-fried *C. yanbusuo* (C).

Table 3. Organic Acids Isolated From *Corydalis yanbusuo*.

Identifier	Name	Plant part	References
1	4-Hydroxybenzoic acid	Roots	38
2	Vanillic acid	Roots	38
3	Lactic acid	Roots	39
4	Butanedioic acid	Roots	40
5	2,3-Dihydroxypropionic acid	Roots	39
6	Malic acid	Roots	39
7	Palmitic acid	Roots	39
8	Stearic acid	Roots	39
9	Citric acid	Roots	39
10	2-Piperidinecarboxylic acid	Roots	40
11	<i>trans</i> -9-Octadecenoic acid	Roots	40
12	Docosanoic acid	Roots	22
13	<i>trans</i> -13-Octadecenoic acid	Roots	40
14	Ethanedioic acid	Roots	40
15	Propionic acid	Roots	18
16	Benzoic acid	Roots	40
17	Dodecanoic acid	Roots	40
18	Xylonic acid	Roots	40
19	Propanetricarboxylic acid	Roots	40
20	2-Propenoic acid	Roots	40
21	Glucaric acid	Roots	40
22	Pantothenic acid	Roots	40
23	2-Hydroxyacrylic acid	Roots	39
24	2-Butenedioic acid	Roots	40
25	Ribonic acid	Roots	40
26	Galacturonic acid	Roots	40

pure water shows anti-ischemic effects.³⁹ Moreover, the polysaccharide YHP-1 extracted from *C. yanbusuo* exhibited antitumor activity.⁴¹ Therefore, it is important to extract and isolate its water-soluble compounds. Organic acids, amino acids, and alcohols and sugars isolated from *C. yanbusuo* are presented in Tables 3–5, respectively. The structures of these compounds are shown in Figures 3–5, respectively.

Volatile Oils

Most volatile oils obtained from plants have various medicinal and health-promoting effects. The most abundant volatile oil in *C. yanbusuo* is 2'-hydroxy-4'-methoxyacetophenone, which is known to show analgesic, antimicrobial, anti-inflammatory, and antitumor activities and can be used to treat cardiovascular diseases.⁴² Moreover, another volatile oil in *C. yanbusuo*—*a*-bisabolol—has been demonstrated to have anti-inflammatory and spasmolytic properties and is widely used in some European countries.⁴³ Volatile oil from the rhizoma of *C. yanbusuo* is extracted using the heating reflux, rope extraction, and ultrasonic extraction methods.⁴⁴ The chemical constituents of volatile oils have been analyzed using Fourier-transform infrared spectroscopy and gas chromatography-mass spectrometry.⁴² Volatile oils

Table 4. Amino Acids Isolated From *Corydalis yanbusuo*.

Identifier	Name	Plant part	References
1	L-Valine	Roots	40
2	L-Threonine	Roots	40
3	D-Ornithine	Roots	40
4	L-Isoleucine	Roots	40
5	L-Aspartic acid	Roots	40
6	<i>N</i> - <i>α</i> -acetyl-L-lysine	Roots	40
7	L-Proline	Roots	40
8	L-Citrulline	Roots	40
9	<i>N</i> 5-acetylornithine	Roots	38
10	L-Tyrosine	Roots	40
11	Serine	Roots	1
12	Alanine	Roots	40
13	Phenylalanine	Roots	26

from *C. yanbusuo* are presented in Table 6, and their structures are shown in Figure 6.

Nucleosides

Nucleosides have various biological functions and are crucial for living cells. They participate in deoxyribonucleic acid metabolic processes, show anticancer and antiviral activities, and can be used in gene therapy. For example, adenosine improves cardio-cerebral blood circulation, prevents arrhythmia, inhibits neurotransmitter release, and regulates adenylate cyclase activity.⁴⁶ Nucleosides isolated from *C. yanbusuo* are presented in Table 7, and their structures are shown in Figure 7.

Other Compounds

In addition to the aforementioned components, anthraquinones (emodin and physcion), terpenoids (3 β -hydroxy-olean-11,13(18)-dien-28-oic acid), steroids (stigmasterol, β -sitosterol, and daucosterol),³⁵ inorganic acids (phosphoric acid),³⁹ some trace elements (Pb, Cr, Cd, Cu, Mn, Fe, Zn, Al, Ba, B, Ca, Mg,

Table 5. Alcohols and Sugars Isolated From *Corydalis yanbusuo*.

Identifier	Name	References
1	Cyclohexane-1,2,3,4,5,6-hexol	39
2	Glycerol	39
3	Ribonolactone	39
4	D-Glucopyranose	39
5	Lactose	39
6	D(+)-Ribonic acid gamma-lactone	40
7	D-Glucuronic acid	40
8	D-Fructose	40
9	D-Mannose	40
10	D-Turanose	40
11	Galacturonic acid	40
12	Polysaccharide	41

P, Sr, Ti, and V),⁴⁷⁻⁴⁹ and some unsaturated fatty acids (*trans*-linoleic acid and hexadecanoic acid) have also been isolated from *C. yanhusuo*.⁵⁰

Pharmacology

Corydalis yanhusuo has various pharmacological effects on the digestive, nervous, and cardiovascular systems and has therapeutic benefits in treating complications associated with thrombosis and cancer. In the following section, the primary pharmacological activities of *C. yanhusuo*, including its active ingredients, minimum effective concentration, and relevant *in vitro* and *in vivo* research, are discussed (Table 8).

Effects on the Central Nervous System

Corydalis yanhusuo primarily shows analgesic, sedative, and hypnotic effects on the central nervous system, with alkaloids mostly contributing to the analgesic effects. Vinegar-processing can enhance the effects of *Rhizoma Corydalis* to facilitate blood flow and relieve stasis,^{98,99} while water extracts of *C. yanhusuo* effectively attenuate acute inflammatory and neuropathic pain in mice.⁹ Tetrahydropalmatine extracted from *C. yanhusuo* is widely used to treat chronic dull pain and persistent pain.²⁹ Moreover, both tetrahydropalmatine and corydaline

significantly increase mechanical and thermal pain threshold in rats,⁵¹ with similar analgesic effects.⁸

Tetrahydropalmatine from *Corydalis L* and *Corydalis J* show sedative and hypnotic activities in rabbits, mice, dogs, and monkeys, and significantly reduce spontaneous and passive activities.^{52,53} Tetrahydropalmatine also has anxiolytic effects⁵⁴ and is effective against depression.⁵⁵ Lastly, the total alkaloid of *C. yanhusuo* showed antifatigue, antihypoxia, and antistress activity in mice.⁵⁶

Effects on the Digestive System

The pharmacological effects of *C. yanhusuo* on the digestive system include antigastric ulcer and hepatoprotective activities and effects on smooth muscle activation and contraction. The active components of *C. yanhusuo* with such properties are tetrahydropalmatine and protopine. In particular, tetrahydropalmatine protected rats from gastrointestinal injury, an effect that may be associated with its impact on gastric mucosal blood flow and regulation of dopamine transmitters.¹⁰⁰ Another study in mice demonstrated the hepatoprotective effect of tetrahydropalmatine.⁵⁷ Oral administration of tetrahydropalmatine (20, 40, 80, 160, and 320 mg/kg) reduced intestinal motile force in healthy mice; at 320 mg/kg it inhibited spontaneous contractions in isolated rabbit duodenum, thereby inhibiting

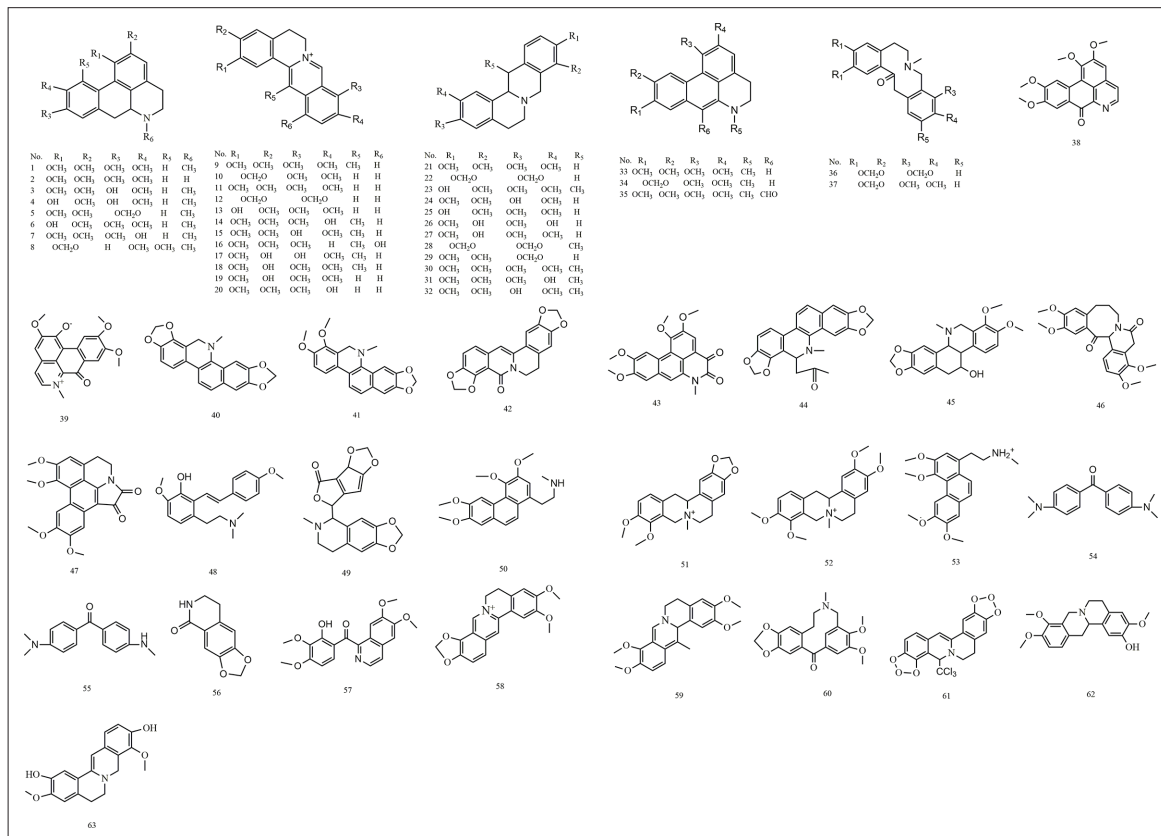


Figure 2. Chemical structures of alkaloids in *Corydalis yanhusuo*.

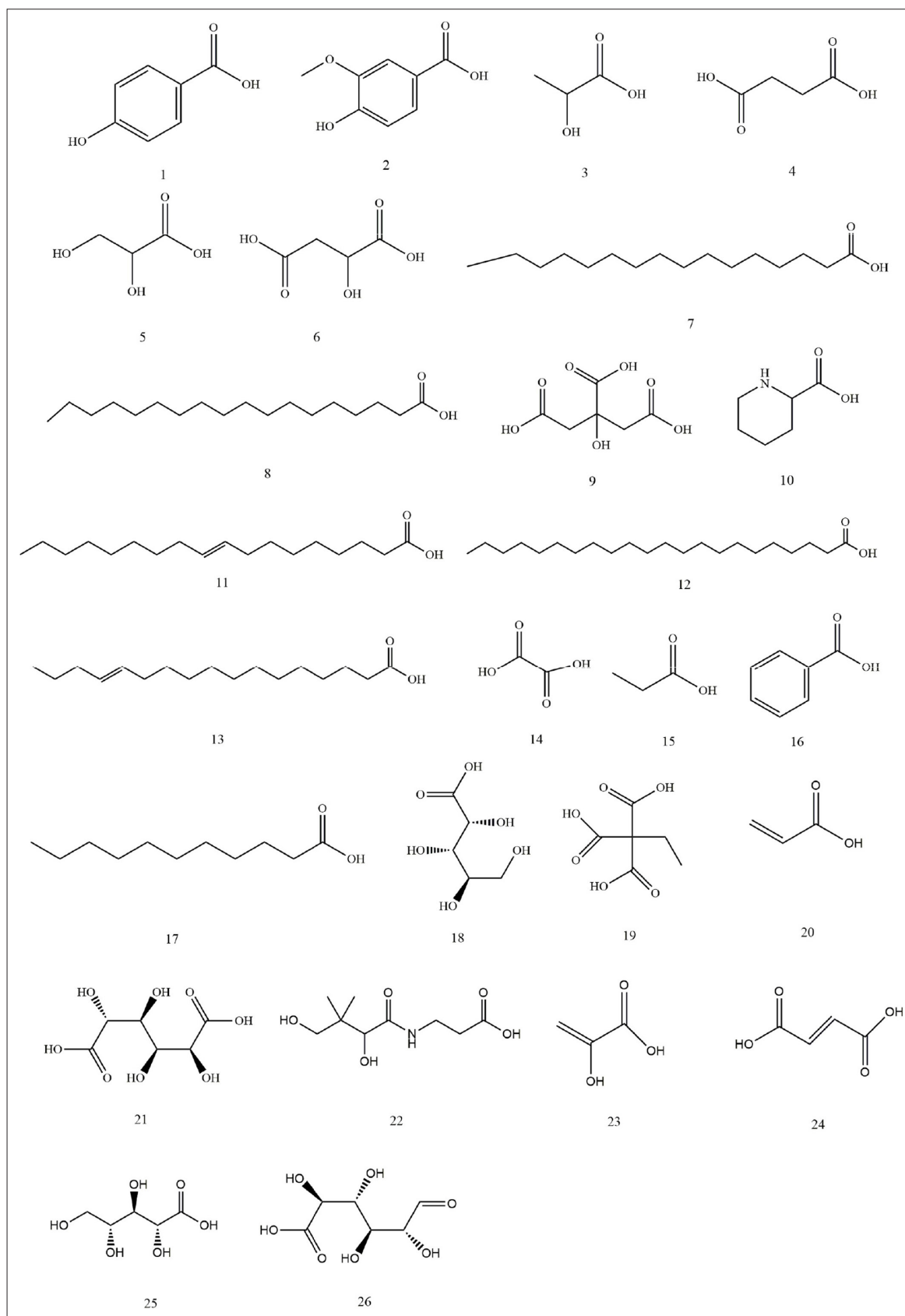


Figure 3. Chemical structures of organic acids in *Corydalis yanhusuo*.

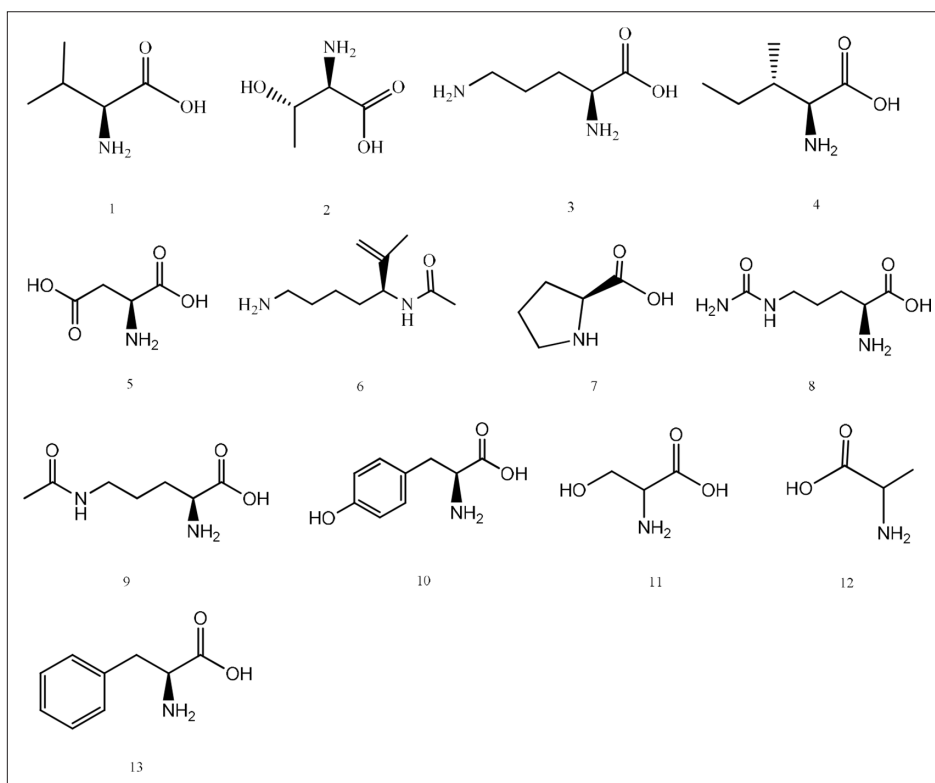


Figure 4. Chemical structures of amino acids in *Corydalis yanbusuo*.

intestinal smooth muscle activity.^{58,101} Lastly, corydaline was shown to promote gastric emptying and small intestinal transit, as well as facilitate gastric accommodation.⁵⁹

Effects on the Cardio-Cerebrovascular System

Corydalis yanbusuo can promote coronary artery dilation, protect against arrhythmia and myocardial and cerebral ischemia-reperfusion injury, and alleviate myocardial infarction.^{1,102} Tetrahydropalmatine can decrease norepinephrine and catecholamine in rat blood vessels and peripheral tissues, respectively, which may subsequently contribute to reduced heart rate and blood pressure.^{60,61} This compound can also lower blood pressure by blocking voltage-dependent calcium channels.⁶² In contrast, the total alkaloids from *C. yanbusuo* were found to exhibit protective effects in experimental models of acute myocardial ischemia, alleviate oxidative stress induced by isoproterenol, protect cardiac function, and reduce myocardial injury and apoptosis in rats with myocardial infarction.^{63–65} Kang et al described similar effects of total alkaloids in dogs.⁶⁶

Tetrahydropalmatine alleviates cerebral ischemia/reperfusion injury by antagonizing free radicals and calcium ions and by regulating Ca^{2+} -ATPase activity.⁶⁵ It significantly reduces arrhythmias during ischemia/reperfusion injury and reduces lipid peroxides in the myocardium to prevent myocardial injury.⁶⁷ This compound significantly increased the activity of Na^{+} - K^{+} -ATPase and Ca^{2+} -ATPase in the cell membrane, alleviated intracellular Ca^{2+}

overload, and ultimately reduced cerebral ischemia-reperfusion injury in rats.^{68,69} Moreover, it showed protective effects in focal cerebral ischemia-reperfusion injury in rats, which is related to lipid peroxidation.⁷⁰ However, another study showed that the antimyocardial ischemic effect of *C. yanbusuo* could be related to the direct protective effect of tetrahydropalmatine, dehydrocorydaline, berberine, and palmatine on myocardial cells, rather than its antioxidative mechanisms.⁷¹ *Corydalis yanbusuo* rhizoma extract regulates the expression of Bcl-2 family proteins to inhibit cardiomyocyte apoptosis.⁷²

Corydalis yanbusuo alkaloids were shown to protect against coronary heart disease and arrhythmia.⁷³ High concentrations of tertiary amine base and quaternary ammonium hydroxide were also found to prolong the duration of action potentials in ventricular myocytes of guinea pigs. However, these 2 alkaloids can also have the opposite effect when administered at low concentrations.⁷⁴ *Corydalis yanbusuo* extract can protect against myocardial damage and provide resistance to arrhythmia.⁷⁵

Other studies have also revealed that *C. yanbusuo* extract can improve hemorheology in rats in a hypercoagulable state and inhibit the formation of venous, arterial, and arteriovenous bypass thromboses.^{76,77} Tetrahydropalmatine inhibits platelet aggregation induced by adenosine diphosphate, arachidonic acid, and collagen, resulting in antithrombotic activity.⁷⁸

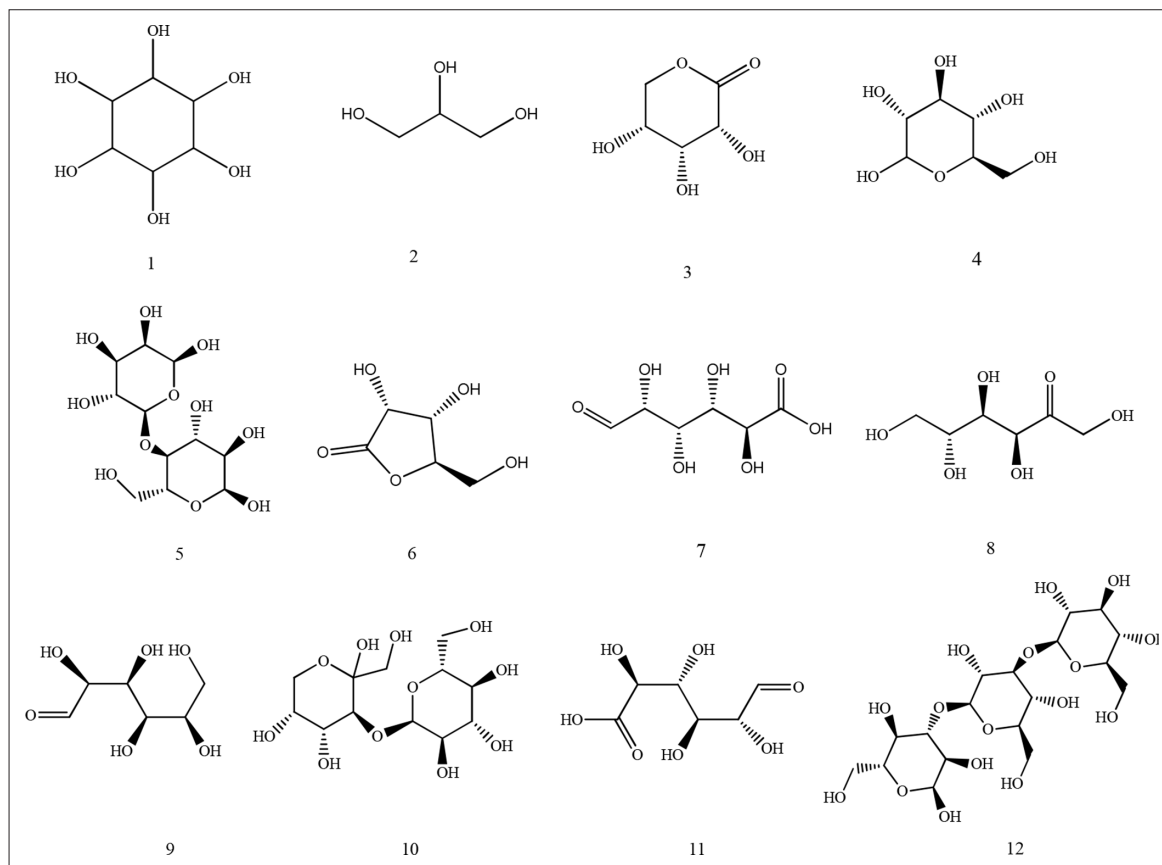


Figure 5. Chemical structures of alcohols and sugars in *Corydalis yanbusuo*.

Antitumor Activity

Recently, *in vitro* studies have elucidated the antitumor effects of *C. yanbusuo*, which are primarily mediated by alkaloids and polysaccharides. Alkaloid extracts of *C. yanbusuo* and berberine markedly inhibit angiogenesis,^{79,80} which could have a significant impact on tumor growth and metastasis. The polysaccharide YHPS-1 inhibited the growth of murine sarcoma and lung cancer cell lines.⁴¹ *Corydalis yanbusuo* alkaloids can also inhibit P-glycoprotein activity in tumor cells and reverse multidrug resistance.^{81,82} The total alkaloids from *C. yanbusuo* were found to significantly inhibit the proliferation of human liver cells as well as 10 human tumor cell lines derived from different tissues,⁸³ notably, treatment-resistant gastric cancer cell lines.⁸⁴ Liposoluble nonphenolic alkaloids and 13-methyl-palmatrubine from *C. yanbusuo* were also found to have cytotoxic effects against cancer cells and inhibit the growth of A549 and SMMC-7721 cancer cell lines.^{85,103} *Corydalis yanbusuo* extract also inhibits the proliferation of MCF-7 and MDA-MB-231 breast cancer cells,^{86,87} while it inhibits H22 hepatocellular carcinoma in mice.⁸⁸ Tetrahydropalmatine was also shown to inhibit the proliferation and promote apoptosis of U251MG malignant glioma cells *in vitro* and significantly prevent malignant glioma growth *in vivo*.⁸⁹ It also inhibits a human leukemia cell line.⁹⁰

Antibacterial and Anti-Inflammatory Effects

The chloroform extract of *C. yanbusuo* has high microbiostatic activity against *Fusarium*, *Helminthosporium*, and anthracnose-related fungus, as well as against some bacteria.⁹¹ Palmatine and berberine also inhibit the growth of *Clostridium perfringens*.⁹² The 95% ethanol extract of *C. yanbusuo* was shown to have significant anti-inflammatory effects, which were mostly attributed to the activities of coptisine, berberine, palmatine, dihydrosanguinarine, and dehydrocorydaline.⁹³ *Corydalis yanbusuo* alkaloids also inhibited the activity of human immunodeficiency virus type 1 reverse transcriptase.⁹⁴ Furthermore, berberine shows antibacterial and anti-inflammatory effects by inducing the expression of toll-like receptor 2, activating I κ B and interferon signaling pathways, and promoting the secretion of tumor necrosis factor.⁹⁵

Other Pharmacological Effects

Besides the above-mentioned properties, tetrahydropalmatine can also prevent the formation of portal hypertension in cirrhosis and significantly reduce glucagon levels.⁹⁶ Moreover, it protects against acute radiation-induced lung injury in rats by inhibiting apoptosis and reducing oxidative damage.⁹⁷

Table 6. Volatile Oils From *Corydalis yanhusuo*.

Identifier	Name	Plant part	References
1	2'-Hydroxy-4'-methoxyacetophenone	Roots	42
2	Benzene, 1-(1,5-dimethyl-4-hexen-1-yl)-4-methyl	Roots	42
3	Linoleic alcohol	Roots	42
4	Eicosane	Roots	42
5	Heneicosane	Roots	42
6	Carveol	Roots	42
7	2,3-Dihydroxypropanal	Roots	43
8	3,4-Dimethylpentanol	Roots	43
9	2-Methyl-2-phenylpropane	Roots	43
10	γ -Terpinene	Roots	43
11	Verbenone	Roots	43
12	1-Methoxy-4-(1-propenyl)-benzene	Roots	43
13	Diphenylamine	Roots	43
14	2-Beta-methoxy-5-alpha-cholestan-19-oic acid	Roots	43
15	<i>a</i> -Bisabolol	Roots	43
16	Abietic acid	Roots	43
17	Spiro[2.4]hepta-4,6-diene	Roots	44
18	Heptacosane	Roots	43
19	(Methoxymethyl)trimethylsilane	Roots	44
20	Heptadecane	Roots	45
21	Hexadecane	Roots	45
22	Caryophyllene oxide	Roots	45
23	Pentadecane	Roots	45

Network Pharmacology

The pharmacological effects of traditional Chinese medicines are complex, with multicomponent and multitarget characteristics. Network pharmacology explains the therapeutic effect of herb pairs.¹⁰⁴ We cross-referenced the chemical compositions of *C. yanhusuo* with the pharmacological functions mentioned in the Chinese Medicine System Pharmacology Database. Using the systems pharmacology analysis platform TCMSP (<http://bigd.big.ac.cn/databasecommons/database/id/4096>), we designed a compound-target-disease network for *C. yanhusuo* (). The screening conditions were set to oral bioavailability $\geq 30\%$ and drug-likeness ≥ 0.18 . All TCMSP drug targets were imported into the Uniprot (<https://www.uniprot.org/>) database, and the target gene name was entered to define the species as *Homo-sapiens*. Overall, 20 chemical components were screened, corresponding to 55 related targets. Based on the information available in the GeneCards (<http://www.genecards.org/>) database, we identified 6017 pain-related targets, 4479 gastric ulcer-related targets, 3679 cardiac arrhythmia-related targets, and 9921 inflammation-related targets. After analysis of the potential intersections between these identified targets and the chemical components, we found 20 potentially active compounds and 54 corresponding targets (Figure 8). Based on the degree, the most active constituents were

Table 7. Nucleosides Isolated From *Corydalis yanhusuo*.

Identifier	Name	Plant part	References
1	Cytidine	Roots	46
2	Uridine	Roots	46
3	Adenosine	Roots	26
4	2'-Deoxyadenosine	Roots	46
5	Thymidine	Roots	46
6	Guanosine	Roots	46
7	Xanthosine	Roots	21

leonticine (degree = 31), tetrahydroberberine (degree = 28), and corydalmine (degree = 25), all of which showed properties for treating pain, gastric ulcers, inflammation, and cardiac arrhythmias through the regulation of *PTGS2*, *PTGS1*, *KCNH2*, *SCN5A*, *RXR α* , *CAMKK2*, *NCOA2*, and *ESR1*.

Pharmacokinetics

To date, few studies have investigated the pharmacokinetics of *C. yanhusuo* extracts and compounds. The pharmacokinetics of intramuscularly injected tetrahydropalmatine sulfate and polycystic liposomes of tetrahydropalmatine sulfate (both at 10 mg/kg) were evaluated in mice. The time taken for the plasma drug concentration to decline to half ($t_{1/2}$) was 3.09 ± 0.37 and 33.97 ± 4.78 hours, respectively, while the peak concentration (C_{\max}) was 289.05 ± 30.37 and 68.34 ± 8.72 $\mu\text{g/L}$, respectively. The time taken to reach C_{\max} (T_{\max}) for intramuscularly injected tetrahydropalmatine sulfate and polycystic liposomes of tetrahydropalmatine sulfate was 0.93 ± 0.15 and 3.92 ± 0.43 hours, respectively. These data indicate significant differences in pharmacokinetics depending on the route of administration.¹⁰⁵ Tetrahydropalmatine orally administered to mice at 6.5 mg/kg had a $t_{1/2}$ of 3.13 ± 0.35 hours, C_{\max} of 289.05 ± 30.37 $\mu\text{g/L}$, and T_{\max} of 1.16 ± 0.28 hours.¹⁰⁶ These findings suggest that the bioavailability of tetrahydropalmatine can be improved using polycystic liposomes. Moreover, intragastric administration of total alkaloids of *C. yanhusuo* at doses of 125, 250, and 500 mg/kg in rats revealed that the blood concentration of tetrahydropalmatine was positively correlated with its C_{\max} and T_{\max} .¹⁰⁷ Additional studies on rabbits and rats also demonstrated that tetrahydropalmatine and corydaline plasma concentrations were positively correlated with their C_{\max} and T_{\max} .^{108,109} Furthermore, the plasma concentration of L-tetrahydropalmatine was shown to always exceed that of D-tetrahydropalmatine in rats treated with 40 mg/kg tetrahydropalmatine.^{110,111} The combination of P-glycoprotein and D-tetrahydropalmatine may be responsible for the difference in stereoselective absorption.¹¹¹ D-tetrahydropalmatine was found to have no significant inhibitory effect on the CYP450 subtypes of phase I drug-metabolizing enzymes in human liver microsomes. However, L-tetrahydropalmatine had strong inhibitory effects on CYP2D6 (half-maximal inhibitory concentration = 0.46 $\mu\text{mol/L}$).¹¹² Rats treated intragastrically

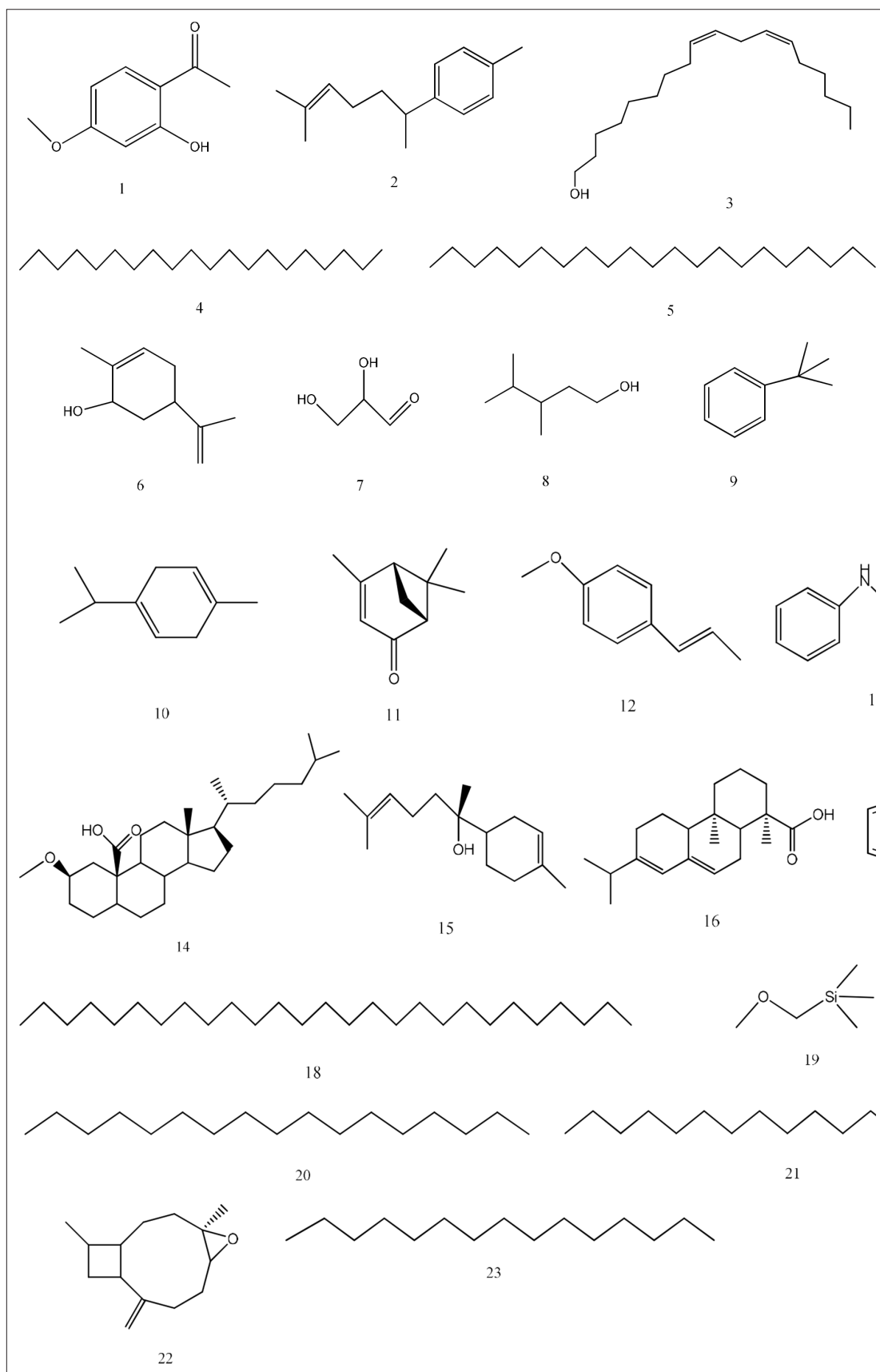


Figure 6. Chemical structures of volatile oils in *Corydalis yanhusuo*.

Table 8. Pharmacological Effects of *Corydalis yanhushuo*.

Pharmacological effects	Details	Extracts/compounds	Minimal toxic concentration/dose	Type of experiment	References
Effect on the nervous system	Analgasic effects	Water extract	100 mg/kg (i.p.)	In vivo	9
		Corydaline	10 mg/kg (i.p.)	In vivo	8
Effects on the digestive system	Sedative and hypnotic effects	Tetrahydropalmatine	10 mg/kg (i.p.)	In vivo	51
		Tetrahydropalmatine	1 mg/kg (i.p.)	In vivo	9
		Corydaline	30 mg/kg (i.v.)	In vivo	52
		Tetrahydropalmatine	15 mg/kg (i.v.)	In vivo	52
		Tetrahydrocolumbamine	10 mg/kg (i.v.)	In vivo	52
		Tetrahydropalmatine	40 mg/kg (i.p.)	In vivo	53
		Tetrahydrocolumbamine	40 mg/kg (i.p.)	In vivo	53
		D-Glucine	10 mg/kg (i.p.)	In vivo	53
		Tetrahydropalmatine	25 mg/kg (i.p.)	In vivo	54
		Total alkaloids	6 g/kg (i.g.)	In vivo	55
Effects on the cardio-cerebrovascular system	Anxiolytic effects	Total alkaloids	50 mg/kg (i.g.)	In vivo	56
		Tetrahydropalmatine	20 mg/kg (i.g.)	In vivo	57
		Tetrahydropalmatine	20 mg/kg (i.g.)	In vivo	58
		Corydaline	0.1 µg/kg (p.o.)	In vivo	59
Effects on the myocardium	Protective effects on myocardium	Tetrahydropalmatine	20 mg/kg (i.v.)	In vivo	60
		Tetrahydropalmatine	5 mg/kg (i.g.)	In vivo	61
		Tetrahydropalmatine	10 µmol/L	In vitro	62
		Total alkaloids	1 mg/kg (i.g.)	In vivo	63,64
		Alcohol extract	50 mg/kg (p.o.)	In vivo	65
		Total alkaloids	27.9 mg/kg (enteral)	In vivo	66
		Tetrahydropalmatine	5 mg/kg (i.v.)	In vivo	67
		Tetrahydropalmatine	1 µmol/L	In vitro	68,69
		Tetrahydropalmatine	10 mg/kg (i.v.)	In vivo	70
		Tetrahydropalmatine	50 mg/L	In vitro	71
Antiarrhythmic effects	Antiarrhythmic effects	Dehydrocorybulbine	1.25 mg/L	In vitro	71
		Coptisine	4 mg/L	In vitro	71
		Palmitine	30 mg/L	In vitro	71
		Alcohol extract	100 mg/kg (p.o.)	In vivo	72
		Total alkaloids	0.2 g/kg (i.g.)	In vivo	73
		Tetrahydropalmatine	5 mg/kg (i.v.)	In vivo	67
		Total alkaloids	0.5 g/kg (i.g.)	In vivo	73
		Tertiary alkaloids	30 mg/L	In vitro	74
		Quaternary alkaloids	1 mg/L	In vitro	74
		Alcohol extract	0.81 g/kg (i.g.)	In vitro	75
Antithrombotic effects	Antithrombotic effects	Tetrahydropalmatine	20 mg/kg (i.g.)	In vivo	76
		Water extract	1.44 g/kg (i.p.)	In vivo	77
		Tetrahydropalmatine	7.5 mg/kg (i.v.)	In vivo	78

(Continued)

Table 8. Continued

Pharmacological effects	Details	Extracts/compounds	Minimal toxic concentration/dose	Type of experiment	References	
Antitumor effects	Angiogenesis-limiting effect	Alkaloid extract	10 µg/mL	In vitro	79,80	
	Inhibitory effect on the growth of sarcoma 180 and Lewis lung cancer in mice	Polysaccharide	100 mg/kg (i.p.)	In vivo	41	
	Inhibit P-glycoprotein activity	Tetrahydropalmatine	2.5 µg/mL	In vitro	81,82	
	Inhibitory effects on 10 human tumor cells	Total alkaloids	IC ₅₀ = 18.39 µg/mL	In vitro	83	
	Inhibitory effects on the proliferation of 6 human gastric cancer cells	Total alkaloids	200 mg/mL	In vitro	84	
	Inhibit HepG2 cells	Total alkaloids	200 mg/mL	In vitro	84	
	Inhibit the growth of A549 cells	13-methyl-palmatrubine	3 mg/kg	In vitro	85	
	Inhibit MDA-MB-231 cell line	Alcohol extract	3 mg/mL	In vitro	86	
	Inhibits MCF-7 cell	Alcohol extract	50 µg/mL	In vitro	87	
	Antimouse liver cancer H22	Powder suspension	1 mg/kg (i.g.)	In vivo	88	
	Inhibit U251MG cell line	Tetrahydropalmatine	1 mg/kg (i.p.)	In vivo	89	
	Inhibits HL-60 and K562 cell	Tetrahydropalmatine	0.1 mmol	In vitro	90	
	Antibacterial and anti-inflammatory effects	Inhibit white rot fungus and <i>Curvularia leaf spot</i> fungus	Chloroform extract	125 mg/L	In vitro	91
Inhibit <i>Clostridium perfringens</i>		Palmatine, berberine	IC ₅₀ = 18.39 µM	In vitro	92	
Anti-inflammatory		Alcohol extract	1 µmol/L	In vitro	93	
Inhibitory effect on human immunodeficiency virus-1 reverse transcriptase		Total alkaloids	5 mg/mL	In vitro	94	
Promoting effect on the secretion of anti-inflammatory factors IL-10 and IL-13		Berberine	100 mol/L	In vitro	95	
Other pharmacological effects		Portal vein pressure-lowering effect	Tetrahydropalmatine	1 mg/kg (i.v.)	In vivo	96
		Protects lung injury	Tetrahydropalmatine	40 mg/kg (i.p.)	In vivo	97

Abbreviations: IC_{50p}, half-maximal inhibitory concentration; i.g., intragastric; IL, interleukin; i.p., intraperitoneal; i.v., intravenous; p.o., orally.

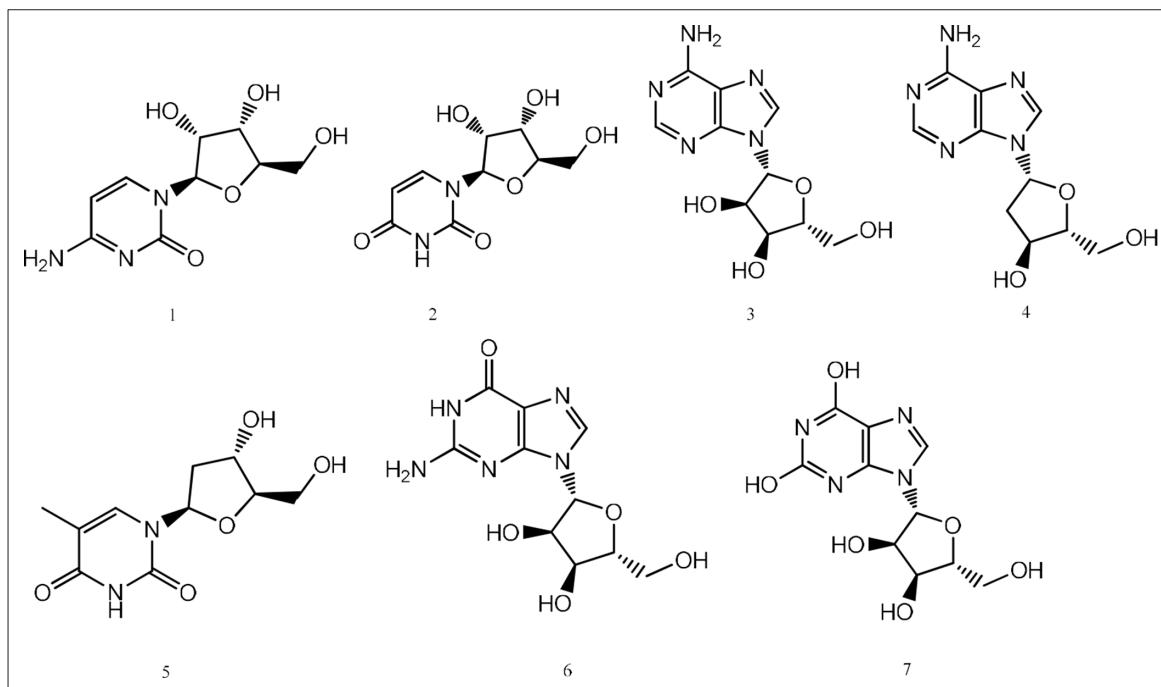


Figure 7. Chemical structures of nucleosides in *Corydalis yanbusuo*.

with tetrahydropalmatine at a dose of 40 mg/kg revealed that tetrahydropalmatine is distributed in all tissues, except the lungs, with higher accumulation in the liver.¹¹³ These findings indicate that, in rats, the pharmacokinetics of *C. yanbusuo* extract and tetrahydropalmatine show stereoselectivity.

Toxicology

The *Chinese Pharmacopeia* provides no information regarding *C. yanbusuo*'s toxicity.⁴ However, there are some reports on this matter. One study evaluated the impact of intraperitoneal injection of 150 mg/kg of glaucine in mice. After only 5 minutes following the injection, the mice started to convulse and died quickly of paralysis. The median lethal dose (LD₅₀) of glaucine was calculated to be 127 mg/kg.⁵² Furthermore, the administration of fumarole extract at 40 g/kg resulted in reduced overall activity, slow breathing, changes in movement and posture, and increased heart and breathing rates in mice. In this study, the mortality rate on the following day was 10%.¹¹⁴ The LD₅₀ of the total alkaloids in *C. yanbusuo* acetic acid extract

was 0.86 g/kg in mice, with most mice having died 3 hours following the gastric administration of the extract. This study demonstrated the toxicity and lethality of these alkaloids in mice. Moreover, microscopic examination of tissue samples revealed renal arteriole hemorrhage in some mice.¹¹⁵ Administration of water extracts of *Rhizoma Corydalis* processed with industrial and edible acetic acid by oral gavage also was found to be toxic to mice, with all animals being reported dead after 72 hours.¹¹⁶

To date, the number of studies investigating the toxicity of *C. yanbusuo* remains limited, and most studies have focused on extracts (Table 9). Certain populations should consume this plant cautiously, including pregnant women and women with postpartum blood deficiency and metrorrhagia.¹¹⁷

Future Perspectives and Conclusions

In summary, as traditional Chinese medicine, *C. yanbusuo* is used to treat Qi stagnation and blood stasis. Although various chemical components have been isolated and identified from the plant,

Table 9. Toxicologic Effects of *Corydalis yanbusuo*.

Extracts/compounds	Animal	Minimal toxic concentration/dose	Toxic effect	References
Glaucine	Mice	LD ₅₀ = 127 mg/kg (i.p.)	Death	52
Alcohol extract	Mice	40 g/kg (i.g.)	Death	114
Acetic acid extract	Mice	LD ₅₀ = 0.86 g/kg (i.g.)	Death	115
Water extract	Mice	-	Death	116

Abbreviations: i.g., intragastric; i.p., intraperitoneal; LD₅₀, median lethal dose.

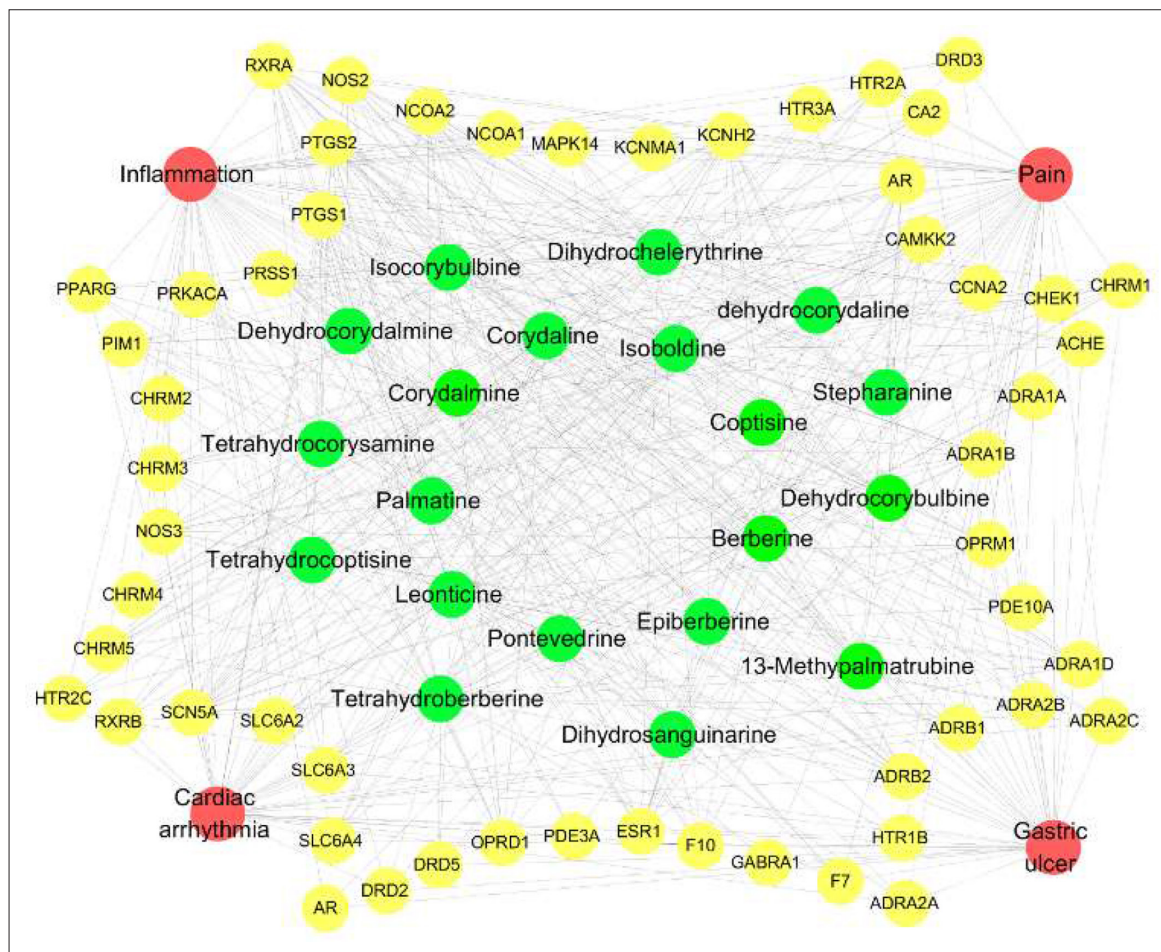


Figure 8. Compound-target-disease network associated with *C. yanbusuo*. The underlying network between *C. yanbusuo* components and their targets was designed using Cytoscape 3.7.2 (<https://cytoscape.org/>). Green circles – chemical compounds of *C. yanbusuo*; yellow circles – potential targets; and red circles – related diseases.

alkaloids are its main active ingredients. Over the past decade, major breakthroughs have been made toward elucidating the active constituents and therapeutic efficacy of *C. yanbusuo*. However, the development of new drugs derived from this plant remains challenging. Thus, it warrants further studies.

Studies have primarily focused on the active components of tetrahydropalmatine, corydaline, berberine, palmatine, and coptisine, among others. For example, *C. yanbusuo* has been reported to contain high glaucine and corydaline content.¹¹⁸ Glaucine can inhibit breast cancer cell migration and invasion.¹¹⁹ Therefore, this plant could be a potential source for a novel antitumor drug. In contrast, few studies have evaluated the activity and impact of papaverine and corydaline. Hence, their pharmacodynamics and pharmacokinetics remain unclear.⁷⁹

Evaluation of the medicinal potential of *C. yanbusuo* has mostly focused on its tubers and on the chemical components and pharmacological activities of its stems, leaves, and fibrous roots. Presently, commercially available products labeled to contain *C. yanbusuo* have been found to contain similar *Corydalis* species like *Corydalis turtshanianovii* Bess, *Corydalis repens* Mandl et

Kuhldorf, *Corydalis ambigua* Cham. Et Sch. and *Corydalis decumbent* (Thunb.) Pers. Because these species are highly toxic, it is important to identify the actual species in such products to ensure public safety. Researchers have designed a polymerase chain reaction method based on the *ITS2* sequence to distinguish *C. yanbusuo* from its counterfeit products.¹²⁰ Authentic *Corydalis* generates a single band of approximately 200-300 bp, whereas counterfeit products do not.^{121,122} Therefore, future studies should aim to improve the quality of medicinal materials extracted from *C. yanbusuo*.

Traditional Chinese medicine has multicomponent and multi-target characteristics, and its pharmacological properties cannot be completely attributed to a single component. Quality markers (Q-markers) in Yuanhu Zhitong Dropping Pills include tetrahydropalmatine, corydaline, protopine, imperatorin, and isoimperatorin. Q-markers are the best choice for quality control indicators. It is especially crucial to establish appropriate and feasible Q-markers for Chinese herbal medicines. The Q-marker system can be established from the morphological, chemical, and biological aspects of *C. yanbusuo*. Lastly, the potential cellular targets of

C. yanbusuo for the treatment of pain, gastric ulcers, arrhythmias, and inflammation were determined using network pharmacology. However, follow-up studies should aim to verify these targets using in vitro and in vivo experiments.

In conclusion, we provide a comprehensive review of the traditional uses, botany, phytochemistry, pharmacology, pharmacokinetics, and toxicology of *C. yanbusuo*. Altogether, growing evidence paves the way for the development of novel *C. yanbusuo*-based therapeutic agents with broad medicinal applications.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: This work was supported by the National Natural Science Foundation of China [grant number 81803732].

ORCID ID

Fan Li  <https://orcid.org/0000-0001-8871-956X>

References

- He XF, Zhang J, Zhang M. Research progress on chemical constituents, pharmacological activities and toxic side effects of Rhizoma *Corydalis*. *Shanghai J Tradit Chinese Med*. 2017;51(11):97-100.
- Huang X. Brief introduction of Japan's crude drug resources and imports (continued 4). *Int J Tradit Chinese Med*. 2001;359-361.
- Luo Y, Wang C-Z, Sawadogo R, Tan T, Yuan C-S. Effects of herbal medicines on pain management. *Am J Chin Med*. 2020;48(1):1-16. doi:10.1142/S0192415X20500019
- Editorial Committee of Chinese Pharmacopoeia eds. *China Pharmacopoeia*. China Medical Science and Technology Press; 2015.
- Du WJ, Jin LS, Li LP, et al. Development and validation of a HPLC-ESI-MS/MS method for simultaneous quantification of fourteen alkaloids in mouse plasma after oral administration of the extract of *Corydalis yanbusuo* tuber: application to pharmacokinetic study. *Molecules*. 2018;23(4):714.
- He K, Gao JL, Zhao GS. Advances in studies on chemistry, pharmacology, and quality control of *Corydalis yanbusuo*. *Yao Xue Xue Bao [Chin Tradit Herb Drugs]*. 2017;38(12):1909-1912.
- Yang XB, Yang XW, Liu JX. Study on material base of *Rhizoma Corydalis*. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med]*. 2014;39(1):20-27.
- He ZD. *Analgesic Effect of Tetrahydropalmatine A and B on Sciatica Rats and its Anti-TRPV-1 Mechanism* [doctoral thesis]. Guangzhou University of Traditional Chinese Medicine; 2012.
- Wang L, Zhang Y, Wang Z, et al. The antinociceptive properties of the *Corydalis yanbusuo* extract. *PLoS One*. 2016;11(9):e0162875. doi:10.1371/journal.pone.0162875
- Jiang M. *Study on the Effect of Vinegar on the Content and Pharmacodynamics of Main Active Ingredients in Corydalis Yanbusuo* [master's thesis]. Hubei University of Chinese Medicine; 2016.
- Chen YT, Cao W, Xie YH, et al. Effects of yuanhu zhitong tablet and its main components on experimental dysmenorrhea in rats. *Shaanxi Chin Med*. 2013;34:11-14.
- State Drug Administration. eds. *Zhongyao Chengfang Zhiji*. Science and Technology Press of Shanghai; 2002.
- Song MX, Guo WJ, ed. *Guojia Zhongchengyao*. People's Medical Publishing House; 2002.
- Cai CX. *Chinese Medical Encyclopedia: Korean Medicine*. Shanghai Science and Technology Press; 1992.
- Xu JZ. *Dong Yi Bao Jian*. People's Medical Publishing House; 1982.
- Editorial Committee of Flora of China. *Flora of China*. Science Press; 1999.
- Li YS. Research progress on preparation technology and pharmacological action of tetrahydropalmatine. *Pharm J Chin PLA*. 2013;29:480-483.
- Chou TQ. The alkaloids of Chinese *Corydalis ambigua*, Cham. Et Sch. (Yen-Hu-So). *Chin J Physiol*. 1928;25(7):544-547.
- Lu CM. Advances in chemical constituents and pharmacological activities of *Corydalis yanbusuo*. *Chin J Mod Drug App*. 2011;5:126-127.
- Hu TM, Zhao SX. Alkaloids from the aerial parts of *Corydalis yanbusuo*. *J Nanjing Coll Pharm*. 1985;16:7-11.
- Zhou Q. *Studies on Chemical Constituents of Corydalis Yanbusuo and Chemical Characteristic Expression of Its Herbal Characteristic System* [master's thesis]. Peking Union Medical College; 2012.
- Fu XY. Identification of compounds in aqueous extract from aerial parts of *Corydalis yanbusuo* WT. Wang by HPLC-ESI-Q-TOF-MS/MS. *Northwest Pharm J*. 2017;32(1):13-17.
- Hu TT, Zhang X, Ma SZ, Cheng YY, Yao XS. Alkaloids in *Corydalis yanbusuo*. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med]*. 2009;34:1917-1920.
- Yang XB, Liu YZ, Yang XW. Study on chemical constituents of *Corydalis yanbusuo* in Pan'an. *Yao Xue Xue Bao [Chin Tradit Herb Drugs]*. 2013;44(16):2200-2207.
- Cheng X-Y, Shi Y, Zhen S-L, Sun H, Jin W. HPLC-MS analysis of ethanol extract of *Corydalis yanbusuo* and simultaneous determination of eight protoberberine quaternary alkaloids by HPLC-DAD. *J Chromatogr Sci*. 2010;48(6):441-444. doi:10.1093/chromsci/48.6.441
- Lv ZM, Sun WX, Duan XH, Yang Z, Liu Y, Tu PF. Chemical constituents from *Corydalis yanbusuo*. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med]*. 2012;37(2):235-237.
- Zhou Q, Deng A-J, Qin H-L. Two new quaternary protoberberine alkaloids from *Corydalis yanbusuo*. *J Asian Nat Prod Res*. 2012;14(5):476-481. doi:10.1080/10286020.2012.677038
- Lu Y, Ma Q, Fu C, Chen C, Zhang D. Quality evaluation of *Corydalis yanbusuo* by high-performance liquid chromatography fingerprinting coupled with multicomponent quantitative analysis. *Sci Rep*. 2020;10(1):4996. doi:10.1038/s41598-020-61951-x

29. Feng ZL, Zhao ZD, Liu JX. Research progress on chemical components and pharmacological effects of *Corydalis yanbusuo*. *Nat Prod Res Dev*. 2018;30(11):2000-2008.
30. Xu XH, Wang ZT, GD Y, Ruan BF, Li J. Study on alkaloids in *Corydalis yanbusuo*. *J China Pharm Univ*. 2002(6):29-32.
31. Hu TT. *Research Progress on Chemical Constituents and Their Bioactivities of Corydalis Yanbusuo* W. T. Wang [master's thesis]. Shenyang Pharmaceutical University; 2009.
32. Zhu M, Chen BZ, Lian WY, et al. Study on *Corydalis yanbusuo*. *Chin Tradit Herb Drugs*. 1986;17(4):150-152.
33. Bao L. *Studies on Chemical Constituents of Ginger and Rhizoma* [master's thesis]. Peking Union Medical College; 2010.
34. Fu XY, Liang WZ, Tu GS. Chemical study of yuanhu alkaloids. VII. alkaloids in yuanhu tubers. *Yao Xue Xue Bao [Chin Tradit Herb Drugs]*. 1986;17:5-6.
35. Shi JM, Han WL, Ye WC, Chan SK, Wang YT, Zhang QW. Phytochemical investigation of *Corydalis yanbusuo*. *Nat Prod Res Dev*. 2011;23(4):647-651.
36. Qu Y, Liu M, Wu Z. 2,3,9,10-Tetraoxygenated protoberberine alkaloids from *Corydalis yanbusuo* W. T. Wang. *Asian J Tradit Med*. 2007;2(2):61-65.
37. Li FQ, Zhou Q, Ma L, Deng AJ. Isolation and structural elucidation of chemical constituents of *Rhizoma Corydalis*. *Chin J Exp Tradit Med Form*. 2019;24:211-216.
38. Zhang XL, Qu Y, Hou JM, Sun BH, Huang J, Wu LJ. Chemical constituents from the bulb of *Corydalis yanbusuo* W. T. Wang. *J Shenyang Pharm Univ*. 2008:537-540.
39. Liu ZH, Wang RW, He HH, et al. Water-soluble non-alkaloid chemical constituents contained in *Corydalis yanbusuo* by trimethylsilyl derivatization GC-MS. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med]*. 2012;37(14):2108-2112.
40. Wang PF, Wang QQ, Li XE, Qin MJ. Metabolites research of *Corydalis yanbusuo* tubers with gas chromatography-mass spectrometry. *Chin Bull Bot*. 2012;47:149-154.
41. Tao Y-W, Tian G-Y. Studies on the physicochemical properties, structure and antitumor activity of polysaccharide YhPS-1 from the root of *Cordalis yanbusuo* W. T. Wang. *Chin J Chem*. 2006;24(2):235-239. doi:10.1002/cjoc.200690045
42. Wang M, Shi YJ, Guo DY, Meng F, Liu YY. Analysis of volatile oil of *Corydalis Yanbusuo* by infrared spectrum and gas chromatography-mass spectrometry. *Central South Pharm*. 2017;15:99-102.
43. Su L, Guo XY. Component analysis of volatile oil from *Corydalis yanbusuo* from different origins. *J Anhui Agri Sci*. 2011;39:20418-20420.
44. Bao LP, Su L. Extraction method research of *Corydalis yanbusuo* volatile oil. *Guangdong Chem Ind*. 2014;41(19):10-11.
45. Shi HQ, Chen B, Shao JN, Cheng CG. Analysis and comparison of volatile components of *Corydalis yanbusuo* by headspace solid phase microextraction-GC-MS. *Chin J Pharm*. 2014;45:66-68.
46. Chen DD, Chen YP, Zhou P, Li X, Chen JW. Simultaneous determination of 6 nucleoside components in *Corydalis yanbusuo* W.T. Wang by high performance liquid chromatography. *Nat Prod Res Dev*. 2015;27(9):1571-1575.
47. Wang ZH, Zhang DJ, Du GZ, et al. Determination of 14 inorganic elements in Rhizoma *Corydalis* and its decoction. *Trace Elem Sci*. 1998(11):34-35.
48. Xu H. Determination of trace elements in yuanhu tuber by flame atomic absorption spectrometry. *Chin J Spectrosc Lab*. 2012;29:306-309.
49. Su L. Determination of 5 metal elements in *Corydalis yanbusuo* by ICP-MS. *Guangzhou Chem Ind*. 2012;40(1):94-95.
50. Chen YX, Li F, Zhou ZL. Analysis of liposoluble contents of no-processed and processed Rhizoma *Corydalis* by GC-MS. *J Shandong Univ Tradit Chin Med*. 2010;34(3):251-253.
51. Chang CK, Lin MT. DL-Tetrahydropalmatine may act through inhibition of amygdaloid release of dopamine to inhibit an epileptic attack in rats. *Neurosci Lett*. 2001;307(3):163-166. doi: 10.1016/S0304-3940(01)01962-0
52. Jin GZ, Xun B. Pharmacological studies of *Corydalis yanbusuo* I. analgesic effects of corydaline, tetrahydropalmatine and *Corydalis* L. *Acta Physiolog Sinica*. 1957(2):150-157.
53. Tang XC, Jin GZ, Xun B. Pharmacological studies of *Corydalis yanbusuo* IX. central nervous system effects of *Corydalis* L and D-glucine. *Acta Physiolog Sinica*. 1962(2):143-148.
54. Henkes H, Franz M, Kendall O, et al. Evaluation of the anxiolytic properties of tetrahydropalmatine, a *Corydalis yanbusuo* compound, in the male Sprague-Dawley rat. *Aana J*. 2011;79(4 Suppl):S75-S80.
55. Wu H, Wang P, Liu M, et al. A 1H-NMR-based metabonomic study on the anti-depressive effect of the total alkaloid of Rhizoma *Corydalis*. *Molecules*. 2015;20(6):10047-10064. doi:10.3390/molecules200610047
56. Bai X, Xiao HT, Yang J, Zhu J, Hao XY. An experimental study on the anti-stress effects of alkaloids in Rhizoma *Corydalis* to mice. *J Guiyang Med Coll*. 2008;33(2):139-140.
57. Min Q, Bai YT, Shu SJ, Ren P. Protective effect of tetrahydropalmatine on liver injury induced by carbon tetrachloride in mice. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med]*. 2006;31(6):483-484.
58. Wang GL, Wang WY. Effect of l-tetrahydropalmatine (l-THP) on intestinal smooth muscle. *Pharmacol Clin Chin Mat Med*. 2002;18(3):9-10.
59. Lee TH, Son M, Kim SY. Effects of corydaline from *Corydalis* tuber on gastric motor function in an animal model. *Biol Pharm Bull*. 2010;33(6):958-962. doi:10.1248/bpb.33.958
60. Ge GQ, Xing SH, Yan M, Bian CP. Effect of tetrahydropalmatine on the peripheral catecholamine content in rats. *Chin Pharmacol Bull*. 1995;11(1):58-61.
61. Luo QM, Yan XB, Liu LC, et al. Effect of tetrahydropalmatine on the ratio of rabbit cardiac diastolic duration to systolic duration. *Chin J Appl Physiol*. 2016;32(3):228-229.
62. Cheng LX, Mao HY, Hu QH. Effects of tetrahydropalmatine on cytoplasm free calcium concentration in pig pulmonary artery smooth muscle cells. *Acta Med Univ Sci Tech Huazhong*. 1997:397-400.
63. Su XY, Li XY, Tian M, et al. Effects of total alkaloids of *Corydalis yanbusuo* on cardiac function decline in rats with acute myocardial ischemia. *Heilongjiang J Tradit Chin Med*. 2013;42:48-49.

64. Yang K, ZZ L, Pan L, et al. Protective effects of total fumaric alkaloids on myocardium of rats with isoproterenol-induced myocardial infarction. *Chin J Clinic Res.* 2016;29(8):1057-1061.
65. Wu L, Ling H, Li L, Jiang L, He M. Beneficial effects of the extract from *Corydalis yanbusuo* in rats with heart failure following myocardial infarction. *J Pharm Pharmacol.* 2007;59(5):695-701. doi:10.1211/jpp.59.5.0010
66. Kang TJ, Jia JL, Tian B, et al. Effect of *yanbusuo* total alkaloid dropping pill on myocardial enzyme spectrum of dog model of acute myocardial ischemia. *Acta Chin Med Pharmacol.* 2019;47:41-44.
67. Wang YX, Zheng YM, Tan YH. Antiarrhythmic effect of tetrahydropalmatine on ischemia-reperfusion arrhythmia and its mechanism. *Chin Pharmacol Bull.* 1993(5):358-361.
68. Liu JL, Liu H. Protective effect of tetrahydropalmatine on cardiac reperfusion injury aggravated by exogenous free radicals in rats. *Chin Pharm J.* 1994;9:462-464.
69. Zhou YG, Su MH, Yang GT. Protective effect of tetrahydropalmatine on calcium overload injury in rat hippocampal neurons. *Chin J Int Med Cardio-Cerebro Dis.* 2010;8:81-82.
70. Liang J, Wang FQ, Zheng PX, Liang JS. Protective effects of tetrahydropalmatine on lipid peroxidation and behavioral and pathological changes in rats with cerebral ischemia-reperfusion injury. *Chin Pharmacol Bull.* 1999;15:167-169.
71. Li P, Ren JG, Duan CL, Lin CR, Liu JX. Effects of four components of Rhizoma *Corydalis* on anoxia and peroxidation injuries in neonatal cardiomyocytes. *Zhongguo Zhong Yao Za Zhi [China J Chin Mat Med].* 2010;35(1):84-88.
72. Ling H, Wu LM, Li LD. *Corydalis yanbusuo* rhizoma extract reduces infarct size and improves heart function during myocardial ischemia/reperfusion by inhibiting apoptosis in rats. *Phytother Res.* 2006;20(6):448-453. doi:10.1002/ptr.1875
73. Li R. *Research Progress on Chemical Constituents and Their Bioactivities of Corydalis Yanbusuo W. T. Wang* [master's thesis]. Shenyang Pharmaceutical University; 2009.
74. Meng HX, Yao MJ, Ren JG, Liu JY. Effects of tertiary alkaloids and quaternary alkaloids of Rhizoma *Corydalis* on action potential in guinea pig ventricular myocytes and HERG channel currents. *World Chin Med.* 2018;13(1):1-4.
75. Zhang P. *Study on the Mechanism of Corydalis Extract in Treating Coronary Heart Disease with Ventricular Arrhythmia* [doctoral thesis]. Beijing University of Chinese Medicine; 2012.
76. Yang J. *Antithrombotic Effect and Mechanism of Tetrahydropalmatine* [master's thesis]. Zhengzhou University; 2013.
77. Li B. *Experimental Study on Antithrombotic Effect of Extract of Corydalis Yanbusuo on Rats* [master's thesis]. Changchun University of Chinese Medicine; 2014
78. Xing JF, Wang MN, Ma XY, Liang WW, Wang YH. Inhibitory effect of tetrahydropalmatine on experimental cerebral thrombosis and platelet aggregation in vitro. *Chin Pharmacol Bull.* 1997;68-70.
79. Wan L, Zhao Y, Zhang Q, et al. Alkaloid extract of *Corydalis yanbusuo* inhibits angiogenesis via targeting vascular endothelial growth factor receptor signaling. *BMC Complement Altern Med.* 2019;19(1):359. doi:10.1186/s12906-019-2739-6
80. Gao J-L, Shi J-M, Lee SM-Y, Zhang Q-W, Wang Y-T. Angiogenic pathway inhibition of *Corydalis yanbusuo* and berberine in human umbilical vein endothelial cells. *Oncol Res.* 2009;17(11-12):519-526. doi:10.3727/096504009789745575
81. Zhang XL, Cao GX, Yu HX, Jin J. Effects of tetrahydropalmatine on uptake of ^{99m}Tc -MIBI by human breast cancer cell line MCF-7. *Chin J Nuclear Med.* 2006;313.
82. Lei Y, Tan J, Wink M, Ma Y, Li N, Su G. An isoquinoline alkaloid from the Chinese herbal plant *Corydalis yanbusuo* W. T. Wang inhibits P-glycoprotein and multidrug resistance-associate protein 1. *Food Chem.* 2013;136(3-4):1117-1121.
83. Zhang GD, Xie L, Hu WJ, et al. Inhibitory effect of total alkaloids of *Corydalis* on human hepatocellular carcinoma cell line HepG2 and its effect on microRNA expression profile. *J Nanjing Univ Tradit Chin Med.* 2009;25:181-183.
84. Zhang GD, Xie L, Hu WJ, et al. Antiproliferation effect of total alkaloid fraction of *Yanbusuo* on six human gastric cancer cell lines in vitro. *Chin J Integr Tradit West Med Dig.* 2009;17(2):81-85.
85. Chen J, Lu X, Lu C, et al. 13-Methyl-palmatrubine induces apoptosis and cell cycle arrest in A549 cells *in vitro* and *in vivo*. *Oncol Rep.* 2016;36(5):2526-2534. doi:10.3892/or.2016.5093
86. Gao JL, Shi JM, He K. *Yanbusuo* extract inhibits metastasis of breast cancer cells by modulating mitogen-activated protein kinase signaling pathways. *Oncol Rep.* 2008;20(4):819-819.
87. Xu Z, Chen X, Zhang Q, Chen L, Wang Y. *Corydalis yanbusuo* W.T. Wang extract inhibits MCF-7 cell proliferation by inducing cell cycle G2/M arrest. *Am J Chin Med.* 2011;39(3):579-586. doi: 10.1142/S0192415X11009044
88. Mou WS. Inhibitory effect of *Yanbusuo* powder on H22 hepatoma in mice. *Med Information.* 2010;23:1241-1242.
89. Zhao J. *Effects of Simulated Microgravity and Tetrahydropalmatine on Apoptosis of Malignant Glioma U251MG Cells and Its Mechanism* [doctoral thesis]. The Fourth Military Medical University; 2015.
90. Cui L, Wu T. Tetrahydropalmatine enhances the inhibitory effect of vincristine on human leukemia cell line. *Chin Pharm B.* 1995:348-348.
91. Shen XH, Li XG, Liu HF, Quan BW, Tian GL. Antifungal activities of extracts from *Corydalis* and *Pulsatilla* *in vitro*. *J Agr Sci Yanbian Univ.* 2006;28(1):35-40.
92. Kim JH, Ryu YB, Lee WS, Kim YH. Neuraminidase inhibitory activities of quaternary isoquinoline alkaloids from *Corydalis turtshaninovi* rhizome. *Bioorg Med Chem.* 2014;22(21):6047-6052. doi:10.1016/j.bmc.2014.09.004
93. Ma NN, Li X, Jin H, et al. Spectrum-effect relationship and mechanism of anti-inflammatory effects of different extracts of *Corydalis yanbusuo*. *Yao Xue Xue Bao [Chin Tradit Herb Drugs].* 2019;50(10):2413-2419.

94. Wang HX, Ng TB, lectins Eof. Examination of lectins, polysaccharopeptide, polysaccharide, alkaloid, coumarin and trypsin inhibitors for inhibitory activity against human immunodeficiency virus reverse transcriptase and glycohydrolases. *Planta Med.* 2001;67(7):669-672. doi:10.1055/s-2001-17359
95. Li ZQ. Effect of berberine on toll-like receptor 2 signaling pathway and inflammatory cytokines. *China Pharm.* 2010;21(11):980-982.
96. Shao LN, Yan JM. Effect of levo-tetrahydropalmatine on portal venous pressure and its mechanism. *Chin Pharmacol Bull.* 1995;248-250.
97. Yu J, Liu L, Zhang Y, Yang F, Cao BW. Tetrahydropalmatine protects against acute radiation-induced lung injury in rats. *J Clinic Pathologic Res.* 2017;37(1):62-68.
98. Xie M. Determination of total alkaloids in Rhizoma *Corydalis* vinegar and comparison of analgesic effects on mice. *Strait Pharm J.* 2014:33-34.
99. Li R, Cai QQ, Niu YB, SC D, Dou ZY. Comparative study between crude *Rhizoma Corydalis* and vinegar *Rhizoma Corydalis* in pharmacological action. *Chin J Exp Tradit Med Form.* 2014;20(19):133-137.
100. Xu JY, Bai WF, Qiu CK, Tu P, Yu SY, Luo SY. Effect of *Corydalis yanhusuo* and L-THP on gastrointestinal dopamine system in morphine-dependent rats. *Zhong Yao Ca.* 2015;38(12):2568-2572.
101. Lei HQ, YX X, Ju M, Zhao GS. Effects of tetrahydropalmatine and sinomenine on the activity of rabbit oviduct smooth muscle. *J Xi'an Jiaotong Univ.* 1993(3):219-222.
102. Zhang Q, Gao W, Wang WY, Yang SY, Qi L. Effects of tetrahydropalmatine on cerebral ischemia-reperfusion injury. *J Jilin Med Univ.* 2016;37:146-148.
103. Sang XY, Zhang L, Liu L. A study on extraction and anti-hepatocarcinoma effect of the alkaloids in *Corydalis Yanhusuo*. *J Zhejiang Sci Tech Univ.* 2009;26(5):754-756.
104. Li C, Du X, Liu Y, et al. A systems pharmacology approach for identifying the multiple mechanisms of action for the Rougui-Fuzi herb pair in the treatment of cardiocerebral vascular diseases. *Evid Based Complement Alternat Med.* 2020;2020(7):1-17. doi:10.1155/2020/5196302
105. Liu JM, Wang F, Ye YJ, et al. Preparation and pharmacokinetics in rats of tetrahydropalmatine multivesicular liposomes. *Chin J Exp Tradit Med Form.* 2014;20:124-127.
106. Liu XY. Pharmacokinetics of tetrahydropalmatine in rats. *J Nanjing Univ Tradit Chin Med.* 2012;28:555-557.
107. Lin L, Liu JY, Zhang Y, Lin CR, Duan CL. Pharmacokinetic studies of tetrahydropalmatine and dehydrocorydaline in rat after oral administration of *Yanhusuo* extraction by LCMS/MS method. *Yao Xue Xue Bao [Chin Tradit Herb Drugs].* 2008;43(11):1123-1127.
108. Hu N, Liang RX, Wang L, et al. Pharmacokinetics study of *Corydalis* extracts in rat plasma. *Chin J Exp Tradit Med Form.* 2011;17(4):186-189.
109. Pang ZG, Wang BQ, Wang CY, Huang H. Study on pharmacokinetics of tetrahydropalmatine in rabbit plasma. *Chin J Pharm Anal.* 1995;15:13-16.
110. HongZY, Fan GR, Chai YF, Wen J, Yin XP, YTW. Stereoselective pharmacokinetics of tetrahydropalmatine in rats. *Yao Xue Xue Bao [Chin Tradit Herb Drugs].* 2005;40(8):746-749.
111. Wu P-S, Huang S-D, Ye Y-J, Sun S-Y, Jiang H-D. Difference absorption of l-tetrahydropalmatine and dl-tetrahydropalmatine in intestine of rats. *Yao Xue Xue Bao.* 2007;42(5):534-534.
112. Yan JJ, Feng S, He LN, He X. Inhibitory mechanism of tetrahydropalmatine enantiomers on cytochrome P450 in human liver microsomes. *Yao Xue Xue Bao [Chin Tradit Herb Drugs].* 2015;46(4):534-540.
113. Du WJ. *Pharmacokinetics of Corydalis Yanhusuo Extract in Mice* [master's thesis]. Zhejiang University; 2017.
114. Wang SC, Liu MY, Hu YW. Toxicity of angelica, curcuma, *Corydalis yanhusuo* and their compatibility in mice. *Li Shi Zhen Med Mater Med Res.* 2004;15:211-213.
115. Jiao YH, Jiang B, Yu M, et al. Acute toxicity test of total alkaloids of *Corydalis yanhusuo* acetate (LD50 determination). Presented at the 2010 National Academic Conference on Pharmacotoxicology; August 12, 2010, 2010; Qinghai Province, China.
116. Cheng LP, Gu XY, Mao SJ. Acute toxicity of different types of vinegar in mice and analgesic effect of processed *Corydalis*. *Chin J Exp Tradit Med Form.* 2010;16:71-72.
117. Liao XY. *BenCao JingShu*. Shanxi Science and Technology Press; 1980.
118. Zhang D, Wang CL, Pu DD, Song X. Simultaneous determination of 5 alkaloids in *Rhizoma Corydalis* by HPLC. *Central South Pharm.* 2018;16(12):1759-1762.
119. Kang H, Jang S-W, Pak JH, Shim S. Glucine inhibits breast cancer cell migration and invasion by inhibiting MMP-9 gene expression through the suppression of NF- κ B activation. *Mol Cell Biochem.* 2015;403(1-2):85-94. doi:10.1007/s11010-015-2339-9
120. Xu CX. *Identification of Corydalis Yanhusuo and Its Counterfeits* [master's thesis]. Guangzhou University of Traditional Chinese Medicine; 2016.
121. Chan Q-Y, Jiang L, Cheng M-E, et al. Identification of *Corydalis yanhusuo*, *C. turttschaninovii*, *C. decumbens* by allele-specific PCR. *Zhongguo Zhong Yao Za Zhi.* 2019;44(15):3261-3267. doi:10.19540/j.cnki.cjcmm.20190527.108
122. Zhang TJ, Xu J, Shen XP, et al. Relation of "property-response-component" and action mechanism of Yuanhu Zhitong Dropping Pills based on quality marker (Q-Marker). *Yao Xue Xue Bao [Chin Tradit Herb Drugs].* 2016;47(13):2199-2211.