

Laser Tattoo Removal Aftercare

- 1. Keep the treated area clean and dry during the healing process which can take up to a week. Continue to apply petroleum jelly to the affected area covering it with gauze and surgical tape for 3 days, changing the gauze daily or if compromised.
- 2. Though the pain is only felt during the procedure, you may apply a cold compress intermittently if necessary for up to 24 hours after the laser treatment to help reduce discomfort and inflammation. You may also take Tylenol but avoid Advil or Aspirin. If pain persists please contact Chronic Ink.
- 3. Do NOT pick scabs or allow the skin to be scrapped as this may result in scarring or infection. Shaving should also be avoided until the area is healed.
- 4. No direct sun exposure after and in between treatments is highly recommended. Use sunblock with an SPF 30 or higher over the area for 3 months after the treatment. No makeup or medicated cream on or around the area unless recommended by a doctor or your technician.
- 5. Do not expose the treated area in water for 2-3 days after treatment. When showering keep the treated area covered with gauze and plastic wrap. No bathing, no swimming, no hot tubs, no saunas or any forms of soaking during the healing process.
- 6. Exercise is generally safe after treatment, taking into consideration the aftercare instructions provided here. Given the location of the treated area, some exercise should not be done if any chafing, rubbing or scraping against the treated area is happening.
- 7. Itching can be a factor, do NOT itch the treated area. Over the counter antihistamines can be taken to help itching.
- 8. If the area looks infected (honey coloured and textured crusting or oozing, spread of redness) or if you experience any unusual discomfort or excess bleeding, call the tattoo studio right away or go to the nearest emergency room for inspection.