

# Dual-Arch Tray Instructions

For Miti Anterior, Miti Posterior and Miti Full-arch Trays

**NEVER USE CORDS, RETRACTION or HEMOSTASIS!**



**Works only with MiTi trays**  
**MiTi VPS**  
(Heavy & Light)  
and  
**Instructions**



**Before you begin - watch enclosed video**

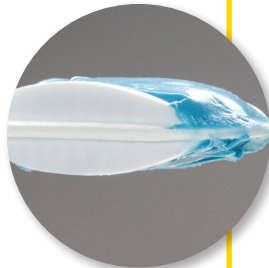


**Follow these simple instructions carefully**

## STEP 1

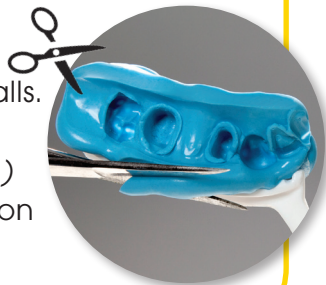
Never use cords, astringents, pastes, electro-surgery or lasers.

- A.** Fill MiTi tray with MiTi Heavy Body VPS, **level** to tray walls, top and bottom
- **Do not over fill**  
(or a high crown will result)



- B.** **Carefully align** filled tray over prep and teeth. ensure tray wall does not impinge on teeth!
- Instruct patient: **“bite and hold”**.  
Check to ensure anterior teeth are together
  - Remove after 95 seconds

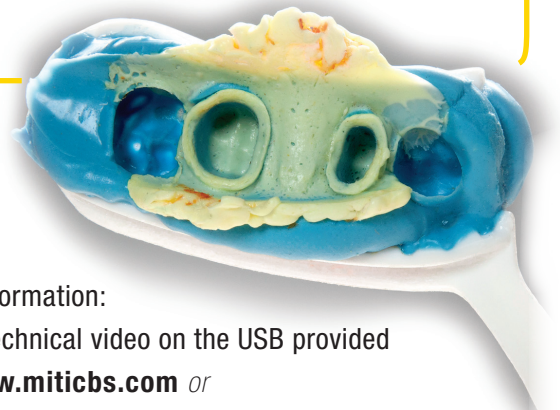
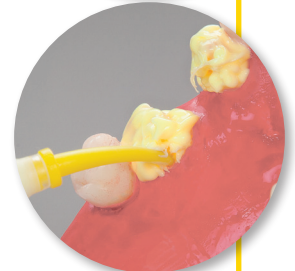
- C.** Using scissors **trim VPS back** to level of tray walls.  
( if you don't do this your crown will not fit )
- Rinse and dry impression



## STEP 2

Always leave prep wet.

- A.** Gently trace **WET** sulcus to loosen blood clots and debris for flushing
- Ignore bleeding
- B.** Cover **prep only** using MiTi Light Body VPS
- C.** Place MiTi tray with set VPS over prep /teeth and engage.  
**Do not fully seat**
- Instruct patient; **“bite and hold”**
  - Remove completed impression after 95 seconds
  - Rinse and inspect impression



**MiTi VPS is fully scannable.**  
*Have your lab take advantage of this special feature!*

For more information:  
watch the technical video on the USB provided  
or visit: [www.miticbs.com](http://www.miticbs.com) or  
email questions to: [miti.impression@gmail.com](mailto:miti.impression@gmail.com)