

EMF Harmony Training: Frequently Asked Questions

5 questions you are likely to get from potential customers.

1. Which products should I start with?

- The Mobility and Mobility+ bracelets and the pendant necklace are the most versatile products since they protect you from all EMF's everywhere you go. The bracelets are even comfortable enough to wear while sleeping.
- The Harmonizer+ for your cell phone is the next most logical, since most people carry and use their cell phones frequently.
- The Harmonizer+ for your WiFi router is a good choice, since it is the most powerful EMF emitter in most people's lives after their cell phone.
- The Home & Office Kit is more expensive, but a robust option because it protects all people (and pets) in the home/office, from EMF's emitted from within the home/office and those coming from without.
- The Harmonizer is a good idea for mobile devices such as laptops and tablets (like iPads), especially when used outside of an area protected by the Home & Office kit.
- The Car is ideal for people who spend a lot of time in their car commuting or travelling, especially if it is an electric or hybrid car.

2. How do the EMF Harmony products work?

- They are based on a bio-energetic technology that operates at the subatomic (quantum) energy level. This is the same energy level that homeopathy and acupuncture work within (think Chi or Prana).
- The products' effectiveness does not come from the materials of which they are made, it comes from the energy that is transferred to them in our workshop in Europe. (This energy can be transferred to many materials.)
- Once the energy is transferred to the material (for example a bracelet, metallic plastic sticker, metal plate), it then emits the energy in perpetuity.
- This energy then interacts with energy in its target environment, again all at the sub-atomic / quantum level, before it manifests in the physical realm.
- The target environment is 1) EMF radiation and 2) the human body. The interaction with EMF radiation neutralizes its harmful energy, rendering it harmless from a health perspective (our Direct Technology). The interaction with the human body involves the creation of biophotons, which increases cellular energy and thereby the body's ability to handle the stress of the EMF radiation (our Adaptive Technology).

3. How do I tell if the products are working?

- Since the products do not block or alter the actual EMF radiation, you
 cannot measure their effect with an EMF meter.
- The only way to tell they are working is to perform physiological health measurements with and without the use of the products in the presence of EMF radiation.
- The standard test is to take baseline health measurements, then measure again after a cell phone call, and the health will be negatively impacted by the EMF exposure. Then measure a third time after a cell phone call using an EMF Harmony product, and the health will generally be back to near baseline (at times above baseline).
- We have a number of studies on our website on the 'Research' page showing results from such tests. We have tested with Heart Rate Variability, Live Blood Cell Dark Field Microscopy, Gas Discharge Visualization, and basic health measurements including blood tests and physical exams.
- Kinesiological muscle testing is also an excellent technique to use with patients in your office if that is a tool you use.

4. Will I feel a difference using the products?

- That depends mostly on how "tuned in" the person is to their energy. Some people who suffer from EMF hypersensitivity will notice a difference, but many will not, especially in the short term.
- We often compare the use of the products to taking supplements. One generally does not "feel" different right after they start taking a new supplement, but it nonetheless is providing long-term health benefits.
- We have a case study published on the 'Research' page of our website which documents dramatic improvements in the health of two test subjects after 30 days of using EMF Harmony products where other variables were held constant. These subjects did not "feel" anything once they started using the products, but the products were protecting their health, as clearly demonstrated in their blood tests and physical exams.
- For most people facing health problems, EMF exposure is only one of multiple factors at work. It is important to add EMF protection into the treatment plan, but it is usually not a "silver bullet".

5. How is EMF Harmony different from other products?

- There are many companies offering EMF protection products today, so it is important to understand the differences:
 - **Bio-energetic devices:** These are products like EMF Harmony that operate at the subatomic level. Companies will give this various names, such as quantum, scalar, subtle energy, orgone, etc. Like EMF Harmony, this technology generally comes from Europe, and there are a few legitimate companies offering such products. The only way to judge them is by research they provide demonstrating their products' ability to safeguard health in the presence of EMF's. If they do not offer research, or what they offer is not from a variety of meaningfully different methodologies and from third parties, or it is a bunch of big words strung together incoherently, then most likely the technology is not legitimate / effective.
 - **Blocking devices:** These are things like special cell phone or laptop cases, paint, fabric, metal, etc. that claim to block EMF radiation. The phone and laptop cases can be helpful, but are by no means a complete solution as they do not block all EMF's. Other materials are expensive and mostly ineffective. A pendant / sticker / mineral that claims to *block* EMF's is probably not legitimate, and a test with an EMF meter will show this.
 - **Crystals & minerals:** There are natural materials such as Shungite, Tourmaline, and crystals that are sold for EMF protection purposes. Some may offer some support to the body, but it is not anywhere near the level of protection as real bio-energetic technology.
 - Others & all: You will find EMF protection devices sold on Amazon for \$5 each, and of course you get what you pay for. As mentioned, the ONLY way to judge a product's worth is by research that demonstrates that it does protect health in the presence of EMF's.

6. Why should I worry about EMF protection?

- There are now many hundreds of scientific studies from well respected research institutions, universities, and government agencies that have documented negative health effects from EMF exposure.
- Government regulation of EMF exposure is focused primarily on thermal effects, and most of the damage documented in the studies are not related to heat. The primary culprit appears to be cellular damage and related disruptions to the body's natural electromagnetic signaling.
- The rollout of 5G cellular technology makes the issue even more pressing, as it relies on a much higher frequency radiation with a pulsed signal from many more emitters that are deployed much closer to us than the older technology. And there has been virtually *no* testing on its health effects.
- EMF Harmony products do work on 5G EMF radiation, and in fact all types of radiation, including conventional electricity and geopathic stress.
- Feel free to point people to the 'Why' page on our website, which offers a detailed overview of the health issues related to EMF exposure and provides links to many of the studies mentioned above.

EMF Harmony Product Training

Contact Information

Website: emf-harmony.com

Email: <u>service@emf-harmony.com</u>

Phone: 720.443.3403

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