



EMF HARMONIZER HOME & OFFICE

INSTRUCTIONS & FAQ'S



Description

- The EMF Harmonizer Home & Office supports your health and well-being as you are exposed to the ubiquitous electromagnetic radiation in today's home and workplace environments. It works for EMF's emanating from within your home or workplace as well as those emanating from outside of it. In addition, it creates a healthier environment by generating a natural balance of positive and negative ions, helping to remove unhealthy fine particulate matter from the air.
- Since we spend so much time in our homes and workplaces, these are the most critical areas in which EMF protection is required. They are both filled with electromagnetic radiation coming from within and without, including WiFi routers, cell phones, computers, wireless electronic devices, and even conventional electric current. The Home & Office works by creating a protected zone within which the energy of all EMF radiation is harmonized, thus supporting your body against its negative health consequences.

The Home & Office product family consists of Kits or Singles:

1. **Home & Office Kits** – Designed to provide protection for homes or workplaces served by a single fuse box, the Kits consist of one thin metal plate of 3 inch x 2.5 inch and a number of smaller ones (depending on the area to be covered) of 2.25 inch x .5 inch. These thin metal plates have adhesive backing, and the larger one is placed on the inside of your fuse box door, and the smaller ones are placed on different outlets within the space to be covered.
2. **Home & Office Single** – The Singles are small metal plates (2.25 inch x .5 inch) that are used to create a protected space if you don't have access to the fuse box (for example in a workplace). They are placed on outlets, light switches or electronic devices within the area to be protected using the adhesive backing on them. See below for further configuration instructions.

Features

- Does not block or alter EMF activity, allowing the wireless devices in your home or office to operate normally.
- Provides you with much needed protection against the negative health effects of the EMF radiation from 5G technology, as well as older cell phone technology, WiFi routers, smart meters, wireless appliances, and even EMF's from conventional electric power and geopathic stress.
- Works on EMF's coming from outside the protected space as well, such as your neighbors' WiFi routers or nearby power lines and cell phone towers.
- Creates a natural balance of positive and negative ions, helping to remove unhealthy fine particulate matter from the air. The additional negative ions cause ultra-fine particles to bind together and fall to the floor instead of remaining in the air for you to breathe into your lungs.

Instructions:

Configuring Your EMF Harmonizer Home & Office Installation

1) If you have access to the fuse box (preferred):

Choose the model based on the area serviced by the fuse box, as follows:

- 1500 – for areas up to 1,500 square feet
- 2600 – for areas from 1,500 to 2,600 square feet
- 3700 – for areas from 2,600 to 3,700 square feet
- 4800 – for areas from 3,700 to 4,800 square feet

If you have an area larger than 4,800 square feet, simply purchase one of the Home & Office Singles for each additional 375 square feet.

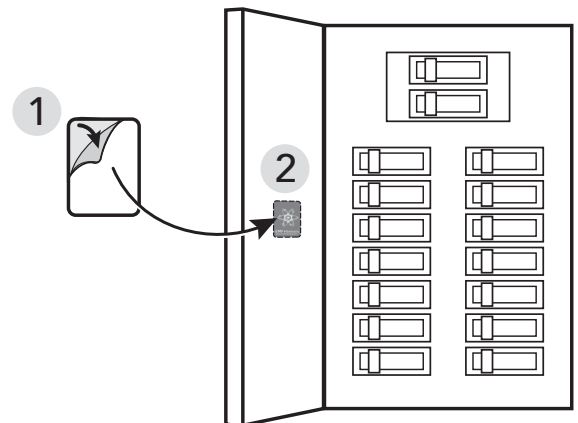
2) If you do not have access to the fuse box:

- You should purchase four Home & Office Singles, which will cover a space up to 1,000 square feet
- For each additional 375 square feet over 1,000 you wish to cover, you will purchase an additional Single
- For example, in a space of 1,500 square feet you would need six Singles, for 2,500 square feet you would need eight Singles, etc. – each additional Single adds 375 square feet to the 1,000 covered by the minimum four Singles

Installation Instructions

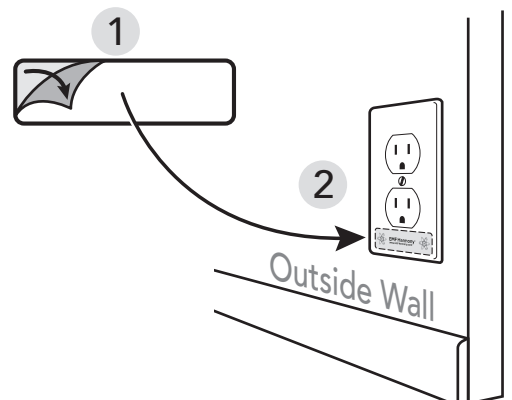
1) If you have access to the fuse box:

- The larger metal plate in the Home & Office Kit should be placed on the inside of your fuse box door with the adhesive backing. When the door is closed the plate will be facing the fuses (a.k.a. circuit breakers).
- The four smaller metal plates in the Home & Office Kit should be placed on outlets on the four outside walls of the space. For multi-story spaces, place the plates opposite each other, one on the top floor and one on the bottom floor. It is not important where on the outlet they are placed.
- Any additional smaller plates included with your Kit (depending on which size you ordered) should be placed on outlets on the interior walls of the area, spaced as evenly as possible around the area.
- The small plates do not need to be exactly opposite and evenly distributed to work effectively. Just do the best you can with the outlets you have available. You may also place them on light switches instead of outlets and they will work just as well.



2) If you do not have access to the fuse box:

- Place four of the Single small metal plates on outlets on the four outside walls of the space using the adhesive backing to adhere them. For multi-story spaces, place the stickers opposite each other, one on the top floor and one on the bottom floor. It is not important where on the outlet they are placed.
- If additional Singles are needed for a space larger than 1,000 square feet, space them as evenly as possible on outlets on the interior walls of the space.
- The plates do not need to be exactly opposite and evenly distributed to work effectively. Just do the best you can with the outlets you have available. You may also place them on light switches instead of outlets and they will work just as well.
- In an environment like a cubicle or other space with no walls, you may place the Singles on power strips or electronic devices (such as computers, printers, etc.) within the area in addition to or instead of outlets or light switches.



Frequently Asked Questions

- **What if I do not have access to the fuse box?**

If you don't have access to the fuse box, such as in an office or other workplace environment, you can purchase a set of the Home & Office Singles instead of the Home & Office Kit. See the Configuring Your Home & Office Installation section above.

- **If I have access to the fuse box, must I purchase the Kit?**

The Home & Office Kit is the preferred configuration if you do have access to the fuse box. The larger plate which is placed on the fuse box door will offer somewhat better protection than a configuration without it. Of course the configuration without it will also provide protection, it is just not quite as robust without the larger plate at the point of electricity distribution in the fuse box.

- **Do I need the other EMF Harmonizer products for the wireless devices within the protected space?**

You do not need the EMF Harmonizer for the devices within the home or workplace once it is protected by the Home & Office. The only exceptions would be 1) An EMF Harmonizer+ for your cell phone if you talk on it frequently and/or use it outside the protected area 2) An EMF Harmonizer for your laptop, tablet, or Bluetooth device if you frequently use it outside the protected area 3) An EMF Harmonizer+ for your WiFi router is optional but recommended, since it is generally the most powerful EMF emitting device in the home or office.

- **What if my outlets are spaced unevenly, or there are no outlets on one of the four outside walls?**

It is not critical that the plates are spaced evenly for the Home & Office system to be effective. You may also place them on light switches instead of outlets, and they will be just as effective.

- **What if I work in a cubicle?**

In an environment like a cubicle or other space with no walls, you may place the Singles on power strips or electronic devices (such as computers, printers, etc.) within the area in addition to or instead of outlets or light switches.

- **How does the Home & Office improve the air quality within the protected space?**

The Home & Office helps to restore the natural balance of negative and positive ions within the space. Most indoor spaces, especially those polluted by electromagnetic radiation, have an unnaturally low presence of negative ions. When the natural balance is restored, fine and ultra-fine particles in the air clump together and fall to the floor. This is good for your health, since breathing the particulate matter is unhealthy. A higher concentration of negative ions also generally improves the "feel" or "energy" of the space as well, which is one reason why we feel happier and more energized when outdoors in nature.

- **Why do I need EMF protection?**

The negative health consequences of exposure to electromagnetic radiation have been documented in countless scientific studies. Please see the 'Why' page on our website for more details and links to many of those studies.

- **How does the Home & Office technology work?**

All of the EMF Harmony products operate using similar technology, which is described on the 'How' page of our website.

- **How long will the Home & Office last?**

The product will work effectively indefinitely, but the technology is updated regularly. Given the rapid pace of technological change today, we recommend replacing the product approximately every ten years.

- **How do I measure the effects of the Home & Office?**

Since the EMF Harmony technology operates at the sub-atomic level and does not block or alter EMF's, it is not possible to measure its effects with an EMF measuring instrument. However, it is possible to measure the biological effects of the technology with various measurement devices. Please see the 'Research' page on our website for studies that demonstrate physiological changes from using the technology. You may of course run your own physiological tests to see the results. At the bottom of the 'How' page you will find a quick test using lemon juice that will demonstrate that the technology is doing something, which is noticeable in the taste of the juice.

- **Will I feel the effects of the Home & Office?**

This depends on how sensitive you are to the effects of electromagnetic radiation. People who suffer from Electromagnetic Hypersensitivity will generally feel a difference, but that is more the exception than the rule. Many people will not notice a difference, mainly because most people are not ultra-sensitive to EMF's. However, that does not mean that EMF radiation does not damage their health, or that the product is not helping them.

It may be compared to taking a nutritional supplement. For example, when you take vitamins or fish oil, you do not "feel" different once you start taking them, but they nonetheless have measurable benefits to your health when taken regularly. Likewise, although you may not "feel" the effects, the EMF Harmony technology supports your body's health, which has been documented in physiological testing (see the 'Research' page on our website). Whether you are sensitive to the effects of electromagnetic radiation or not, they do damage your health with long term exposure (see the 'Why' page on our website).

- **Do you offer a return policy?**

We do offer a 30 day money back return policy for new, unused products in original condition. Once you use or alter the product it may not be returned. Please contact us for return instructions.

*It is important to know that the product is not designed to treat or cure any disease or health problem.
If you are ill, you should seek medical advice from a doctor or other health care professional.*

Specifications

EMF Harmonizer Home & Office Kits

Contents: 1 large & 4 to 9 (depending on the model) small metal plates

Material: Stainless steel with adhesive backing

Dimensions: Large approx. 3 x 2.5 x .075 inch; Small approx. 2.25 x .5 x .075 inch

EMF Harmonizer Home & Office Single

Contents: 1 metal plate

Material: Stainless steel with adhesive backing

Dimensions: Approx. 2.25 x .5 x .075 inch