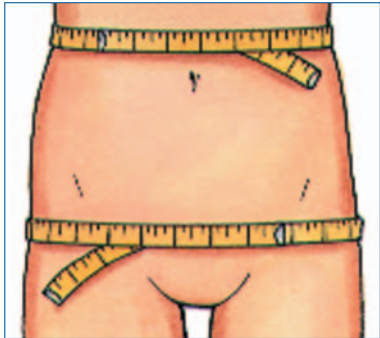


TENA® Brief Sizing Guide

To determine the accurate size, measure the wearer's waist or hips (which ever is larger). You will generally find that women have larger hips while men have larger waists. The size of the brief is printed along the length of the wetness indicator.



Waist/Hip Sizes

Small (green)	22" - 36" / 55 - 92cm
Medium (white)	34" - 47" / 86 - 119cm
Regular (lavender)	40" - 50" / 102 - 127cm
Large (blue)	48" - 59" / 122 - 150cm
Extra Large (beige)	60" - 64" / 152 - 163cm

To accommodate the sizing needs of larger individuals, we also offer:

Bariatric/XL (peach) 60" - 64" / 152 - 163cm

Featuring a longer rise and larger leg opening for a comfortable, secure fit.

