

# Vibrating Traction

*The non-surgical alternative for disc problems, scoliosis, and spinal curve restoration.*



The premise behind the Vibrating Traction™ is simple.

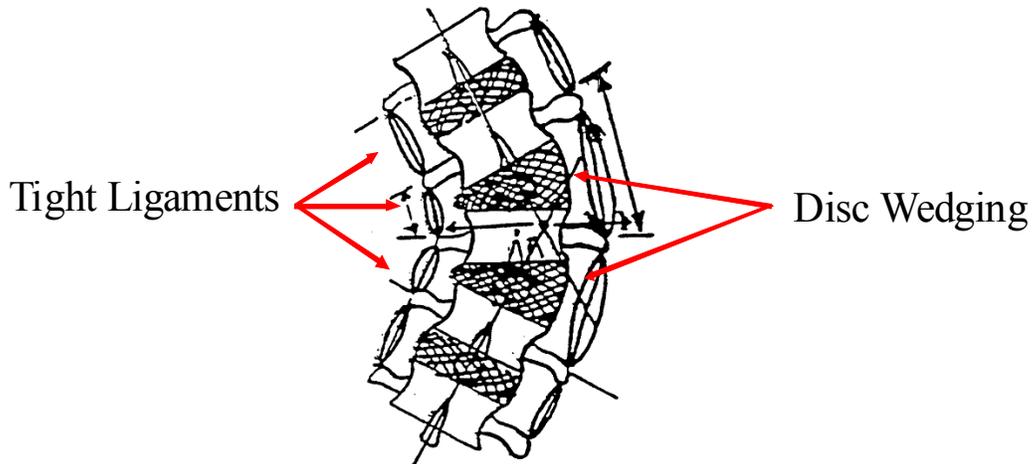
Research done by top scientists has suggested that occupational drivers tend to suffer from a higher-than-average incidence of low back pain, due to the effect of the engine's vibration upon the spinal discs<sup>1</sup>.

When the vertebrae of the spine are compressed as in a sitting position, this vibration “relaxes” the discs and ligaments, reducing their effectiveness in absorbing the force of gravity.

But what happens to the discs and ligaments if they are vibrated while they are in an uncompressed, relaxed state with a lordotic traction?

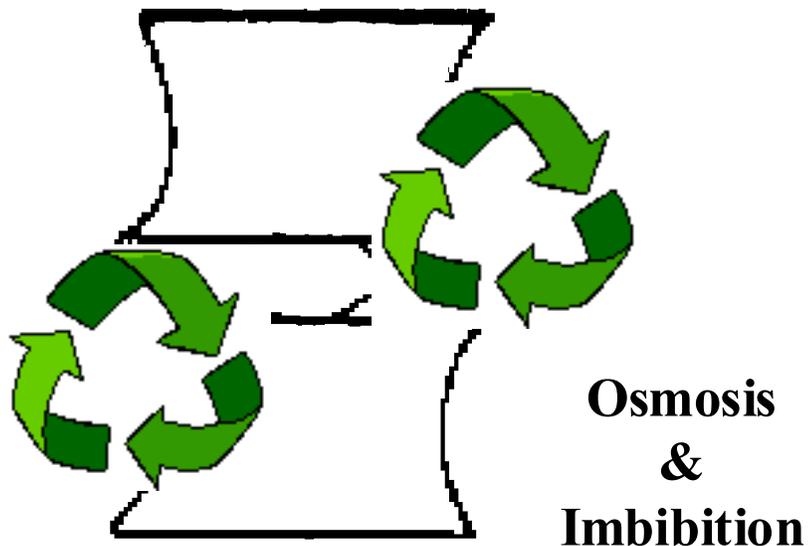
It turns out that the exact same frequency has highly beneficial effects in relaxing ligaments and discs, as well as rehabilitating the spine<sup>2</sup>!

**The Vibrating Traction™ was originally designed for use in scoliosis patients. To get the discs and ligaments to relax, we needed to localize a low-intensity vibration around the discs of the spine.**



**The VT reverses the effects of Gravity and allows the disc to draw fluid in, like a sponge.**

**It restores fluid to the discs and helps restore normal function.**



## **WARNING! Side Effects May Include...**

After a few months of using our new invention in our clinic, we noticed an unexpected side effect: improvement in disc spacing and position!

Taking it to the next logical step, we tried using the V/T on some patients with severe disc problems.

And guess what? It worked!

Within one to three weeks, the discs had improved so much that the patients no longer had any pain, thus removing all need for invasive surgical procedures!

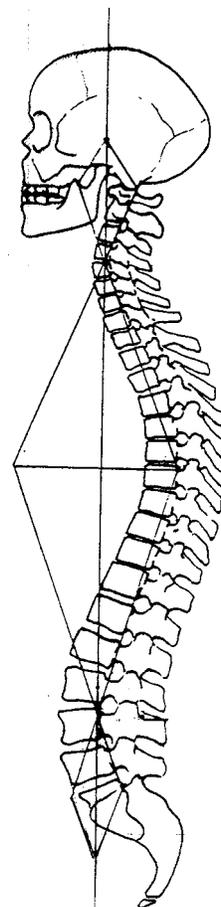
## **What if I don't have scoliosis or disc problems?**

Then the Vibrating Traction™ can still help you!

“Lordosis” is the word doctors use to refer to the natural curves of the spine. These curves act as shock absorbers, helping the spine to bend, flex, and move, while preventing the spinal cord from being injured.

As these curves gradually disappear due to the stresses of daily activities, tension on the spinal cord increases, leading to headaches, backaches, and many other health problems.

The V/T restores these curves by relaxing muscles and ligaments, thereby allowing the vertebrae to slip into place permanently and painlessly<sup>3</sup>!



## **Testimonials from Doctors using the VT:**

**“I have been using the V/T on a patient who started care two months before I got the V/T. Her cervical curve went only from 223% loss to 193% loss in that period. Enter the VT.**

**We used it 3 times, and the patient was so convinced that she felt so much different, she talked me into snapping another lateral cervical [x-ray].**

**After only 3 treatments in a 5-day period, the results were quite remarkable—only 72% loss of curve!”**

**Jane Leavell, DC—Sterling Heights, MI**

**“I would like to thank you for creating the Vibrating Traction. It has allowed my patients to receive the treatment they deserve. It has made great change in a lot of the more difficult curves.**

**We X-rayed a patient earlier this week that went from a 191% loss of curve to a lordotic curve with 68% loss in only 12 visits using the vibrating fulcrum.**

**That is awesome!”**

**Brian M. Kean, DC—Greenville, NC**

**“The Vibrating Traction is a great improvement over other soft tissue tools; my assistants no longer complain of numbness and sore hands no matter how many patients they use it with in a day.**

**Restoring motion to the spines of the chronically stiff, hypomobile patient means easier adjustments for the patient and DC, and faster, more effective corrections.”**

**David Butler, DC—Alexandria, MN**

**“I have been using the Vibrating Traction for about a month now, and I’ve ready reduced a 93° scoliosis to 61° after only 6 weeks!**

**Vibration therapy has been wonderful addition to my practice!”**

**Mark W Morningstar, DC - Grand Blanc, MI**

## References & Research

- 1) "The biomechanics of lumbar disc herniation and the effect of overload and instability," Wilder, Pope, Frymoyer. Journal of Spinal Disorders 1988;1(1):p16-32, Univ. of Vermont, Burlington.
- 2) "Energy Medicine: The Scientific Basis," Oschman, Churchill Livingstone Publishing, 2001.
- 3) "Neck muscle vibration induces lasting recovery in spatial neglect," Schindler et al, Clinical Neuropsychology Research Group, City Hospital Bogenhausen, Munich, Germany.
- 4) "Vibration and spinal lengthening in simulated vehicle driving," Bonney RA, Corlett EN. 7, Havelock Terrace, Luton, PL21 9SP, Ivybridge, UK

**"There is active interest in the relationship between back pain and driving. The availability of a precision stadiometer enabled experiments to be done to explore the effects of simulated driving on the change in spinal length, the hypothesis being that the spinal load would cause a shrinking in the length of the spine. The experiments demonstrated that, when exposed to a combination of vertical and horizontal vibration at 4Hz the spinal length increased for all eight subjects, whilst under no vibration conditions there was a decrease in the average length. At 6 and 8Hz there was no statistically significant change in length. The results suggest that there is an unloading of the spine when subjects under simulated driving conditions are exposed to vibrations in two directions at a frequency close to the spine's natural frequency."**