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HOW TO *Make a tide beret*

You can wear this as a slouchy beanie with the cuff turned down or as a little beret. It is quite a neat style so if you want to make it bigger you can increase it – by one horizontal repeat.

INSTRUCTIONS

Tension: 32 sts, 42 rows = 10x10 cm

Finished Size: Circumference: 46cm, to be worn with up to 7cm negative ease
Height: 23cm

Notes: You will knit in rounds on circular needles; for each round, read chart (download this if you haven't already) from right to left. When there is a long run between MC and CC, twist yarns every few stitches to ensure the long floats are secure and consistent knitting tension is maintained.

Instructions: Using MC and smaller needles, cast on 144 sts. Work 9cm of K2, P2 rib. Change to larger needles. For the next round: K3, M1 ending with 192 sts. Join in CC. Following chart, repeat 24 stitch pattern 8 times across round, working decreases from round 27. Complete chart.

Finishing: Using a tapestry needle, sew end through remaining stitches and pull tight. Sew in any other ends and block over a form, see note below on blocking.

Blocking is when you manipulate your knitting into shape by wetting, shaping and securing it onto a surface using pins and allowing it to dry naturally. To block your beret, soak in cold water for 15 minutes, insert a round plate which is slightly larger than the circumference of your hat and position so that the centre of the crown is lined up with the centre of the plate. Ensure that the beret is stretched evenly over the plate and allow to dry in a warm, dry place (not next to a direct heat source as this may cause shrinkage) on top of a towel or clothes horse.

Glossary

MC Main colour

CC Contrast Colour

K1 Knit One

P1 Purl One

M1 Make One

K2tog Knit two together

SSK Slip Slip Knit

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YOU WILL NEED:

Jamieson's Shetland Spindrift yarn:

One ball Natural White, main colour (MC)

One ball Heron, contrasting colour (CC)

2.25mm circular needles

2.75mm circular needles.



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