

## QUILT SIZE

220 x 220cm when trimmed and bound. All seam allowances are 1cm and are included.

**QUILT TOP** These are the fabric quantities you need in order to make the quilt top with five different fabrics, but it should be relatively easy to work out what you need if you would like to use a different number of fabrics. Fabric 1: 3.5m (ivory), Fabric 2: 0.8m, Fabric 3: 1.6m, Fabric 4: 0.4m, Fabric 5: 1.6m

**QUILT BACKING** You will need approximately 5m of fabric. The finished size should be 240 x 240cm.

**BINDING** You will need approximately 0.5m of fabric. You can use scraps from the quilt top if you have any left over, or use the binding as an opportunity to introduce a new fabric. I used scraps of one of the indigo fabrics to bind my quilt so that the indigo blocks within the quilt top felt 'contained'.

**OTHER MATERIALS** Wadding, 240 x 240cm. Thread, 100 per cent cotton all-purpose thread is best and cotton quilting thread in a colour of your choice.

**CUT YOUR FABRIC** This quilt is relatively simple to cut and sew, but because the pieces are long and thin, it's easy to lose them or get confused. It is a good idea to clear a space large enough to lay the quilt out as you are making it so that you can lay each strip of fabric down on the bed in the correct order as you work.

My version of this quilt is made up of four indigo cottons for blocks 2 and 4, and one ivory khadi cotton for blocks 1, 3 and 5. The instructions are based on five fabrics, but use as many different fabrics as you like.

Mark the outside of 20 envelopes with the number of each cutting piece – 1a, 3d, and so on. As you cut the required number of each piece, put them inside the envelope until you are ready to start sewing. You may have enough time to cut out only part of your quilt in one go, so this method keeps everything exactly where you need it and prevents confusion. Following the diagram and cutting guide downloadable from the website, cut out all of your strips.

**SEW YOUR QUILT TOP** Line up your envelopes with your cut pieces placed on top. The quilt is made up of 11 sets of 4 rows (A, B, C, D) – so 44 rows in total. Start with the first row A and follow the diagram to sew the required pieces together, end to end, in the right order. Sew 1a to 2a, then add 3a, 4a and 5a. If you are using lots of different fabrics, take your time to get the balance right. Press the seams and trim off any excess thread. Lay the first row down where you can see it. Repeat this for row B – sew 1b to 2b, then add 3b, 4b and 5b in turn. Press the seams, trim excess sewing thread and lay this row below row A.

Repeat this for row C – joining 1c to 2c, then 3c, 4c and 5c in turn. Press the seams, trim excess sewing thread and lay this row below row B. To finish your first group of four rows, sew row D together in the same way – sew 1d to 2d, then add 3d, 4d and 5d in turn. Press the seams, trim the threads and lay this row below row C. Sew the four rows together to create your first group. Pin and sew row A to row B, make sure the centre of each strip is matched and be careful not to stretch the fabric. Pin and sew row C to the other edge of row B. Pin and sew row D to the other edge of row C. Press the seams and trim excess thread. You have now completed your first group of four rows. Repeat this 10 times. You will then have 11 blocks. Place the 11 blocks in an order that you like. If you have repeated fabrics this will be a fairly rapid task. If you have used different fabrics, it may take a little longer. Use a camera or phone to take pictures of alternative layouts. Once you have decided on an order, pin and sew each section together, working from the top of the quilt down. Press all the seams, trim away any excess thread and your quilt top is finished.

**SEW YOUR QUILT BACKING** Your quilt backing needs to be a minimum of 240 x 240cm. If you don't have fabric that size join your choice of fabric together. Press all the seams, trim excess thread, and your quilt backing is complete.

**BUILD YOUR QUILT** Put your quilt sandwich together in your preferred way. After you have marked any necessary quilting lines, machine or hand-quilt using your favourite technique. Trim the backing and wadding so that the edges are even and your quilt is square.