**Setting the time:**
1. Pull the crown out to the 2nd Click Position.
2. Turn the crown to set hour and minute hands.

**Setting the Date (do not set the date between 9pm and 1am):**
1. Pull the crown out to the 1st Click Position.
2. Turn the crown counter-clockwise to set the date.
3. After the date has been set, push the crown back to the Normal Position.

**Setting the Day (do not set day between 11pm and 3am):**
1. Pull the crown to the 1st Click Position.
2. Turn the crown clockwise very slowly to set the day.
   * Please do not stop when the hand is between 2 days.
3. After the day has been set, push the crown back to normal position.