

## **AQUEOUS CREAM (450G)**

www.beaconshealth.com

beaconshealth@beacons.com.sg

## Soothes, softens and moisturizes your skin



What Does This Product Contain? Emulsifying Wax, White Soft Paraffin, Liquid Paraffin.

What Is This Product For? Moisturises dry skin.

How Should I Use This Product? Apply liberally to dry skin.

What Should I Avoid When Using This Product?

For external use only.

When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

How Should I Store This Product? Store at room temperature between 20°C to 25°C and away from light. Keep container tightly closed.

SGD\$ 10.50



## **BABY CORD SPIRIT (120ML)**

Keeps umbilical cord stump clean and dry



What Does This Product Contain?
Denatured Alcohol, Purified Water.

What Is This Product For?
Baby Cord Spirit disinfects and dries

umbilical cord stump in newborn babies.

How Should I Use This Product?

Apply twice daily onto umbilical cord stump and surrounding areas after baby's bath. Continue use if there is some discharge after cord has come off.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

## When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

How Should I Store This Product?
Store in a cool, dry place away from direct sunlight. Flammable, keep away from open flame.

**SGD\$ 5.60** 



## **BEAFORT SYRUP (200ML)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

Vitamin B Complex - boosts energy and supports healthy nerve function



**SGD\$ 10.50** 

What Does This Product Contain?

Each 5ml contains Thiamine HCI (B1) 5mg, Riboflavin (B2) 2.5mg, Nicotinamide (B3) 20mg, Calcium Pantothenate (B5) 1.5mg, Pyridoxine HCI (B6) 2mg, Cyanocobalamin (B12) 5mcg.

What Is This Product For?

Beafort Syrup contains a combination of B Vitamins, which serves to boost energy and support healthy nerve function.

**How Should I Take This Product?** 

Infants: 2.5ml daily. Children: 5ml daily. Adults: 10ml three times daily.

What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

When Should I Stop This Product And Consult A Doctor?

Side effects such as stomach upset (vomiting, nausea, pain and bloating) and urine discolouration (turning to bright yellow or dark yellow) may occur. If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this medicine, consult a doctor immediately.

How Should I Store This Product?
Store below 30°C in a dry place and away from light. Keep container tightly closed.

Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **BEAPLEX TABLET (60'S)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

Vitamin B Complex - boosts energy and supports healthy nerve function



Vitamin B1 5mg, Vitamin B2 1.5mg, Vitamin B3 10mg, Vitamin B6 1mg, Vitamin B9 1µg, Vitamin B12 3µg.

What Does This Product Contain?

What Is This Product For?
Boosts energy and supports healthy nervous system.

**How Should I Take This Product?**Adults: Take 1 to 2 tablets daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product?
Store below 30°C in a dry place and away from light. Keep container tightly closed.

Who Should Avoid This Product?
Persons who have allergy or hypersensitivity to any ingredients contained in this product.

**SGD\$ 8.80** 



## **CALAMINE LOTION (120ML)**

www.beaconshealth.com

beaconshealth@beacons.com.sg

#### Soothes and relieves skin irritation



#### What Does This Product Contain?

Calamine 15% w/v, Zinc Oxide 5% w/v.

#### What Is This Product For?

Soothe and relieve itchiness caused by prickly heat, insect bites and sunburn.

#### **How Should I Use This Product?**

Shake well before use. Apply liberally to affected areas as required.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

## When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.



# CALAMINE LOTION WITH MENTHOL (120ML)

www.beaconshealth.com

beaconshealth@beacons.com.sa

## Cools, soothes and relieves skin irritation



**SGD\$ 5.50** 

#### What Does This Product Contain? Calamine 15% w/v, Zinc Oxide 5% w/v,

Menthol 0.4% w/v.

#### **What Is This Product For?**

Calamine Lotion with Menthol helps soothe & relieve itchiness caused by prickly heat, insect bites and sunburn. Menthol gives an extra cooling effect.

How Should I Use This Product?
Shake well before use. Apply liberally to affected areas as required.

#### What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

#### When Should I Stop This Product And **Consult A Doctor?**

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.



# CALCIUM CARBONATE TABLET (60'S)

www.beaconshealth.com
beaconshealth@beacons.com.sg

## **Builds and mainfains strong bones**



What Does This Product Contain? Calcium (as Calcium Carbonate) 250mg.

What Is This Product For?
Build and maintain strong bones.

How Should I Take This Product?

Adults: Take 1 tablet one to two times daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

As this product interferes with the absorption of certain medications, including bisphosphonates, tetracyclines antibiotics and levothyroxine, they should be given 1-2 hours apart. Consult your doctor if you are on other medications.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.

SGD\$ 6.45



## **CALCIUM-D CAPLET (60'S)**

www.beaconshealth.com

▶ beaconshealth@beacons.com.sg

Builds and maintains strong bones, with added



**SGD\$ 10.20** 

What Does This Product Contain? Calcium (as calcium carbonate) 500mg, Vitamin D3 125 IU.

#### What Is This Product For?

Fortified with Vitamin D to enhance calcium absorption for building and maintenance of strong bones.

#### **How Should I Take This Product?**

Adults: Take 1 caplet daily or as directed by doctor.

#### What Should I Avoid When Taking This Product?

As this product interferes with the absorption of certain medications, including bisphosphonates, tetracyclines antibiotics and levothyroxine, they should be given 1-2 hours apart. Consult your doctor if you are on other medications.

#### When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **CALCIUM LACTATE TABLET (60'S)**

www.beaconshealth.com beaconshealth@beacons.com.sg

## **Build & maintains strong bones**



SGD\$ 6.45

**What Does This Product Contain?** Calcium (as Calcium Lactate) 39mg.

What Is This Product For? Build and maintain strong bones.

How Should I Take This Product?

Adults: Take 1 tablet one to two times daily or as directed by doctor.

#### What Should I Avoid When Taking This Product?

As this product interferes with the absorption of certain medications, including bisphosphonates, tetracyclines antibiotics and levothyroxine, they should be given 1-2 hours apart. Consult your doctor if you are on other medications.

## When Should I Stop This Product And

Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



# CHILDREN'S MULTIVITAMINS AND MINERALS CHEWABLE TABLET (60'S)

www.beaconshealth.com

beaconshealth@beacons.com.sq

#### Chewable multivitamin for growing children



What Does This Product Contain? Vitamin A 4mg, Vitamin B1 1.6mg, Vitamin B2 1.5mg, Vitamin B3 0.9mg, Vitamin B5 1.5mg, Vitamin B6 1.6mg, Vitamin B12 5mcg, Vitamin C 30mg, Vitamin D 2mg, Vitamin E 5IU, Copper 0.05mg, lodine 0.015mg, Iron 0.94mg, Magnesium 0.31mg, Manganese 0.24mg, Zinc 0.06mg.

#### **What Is This Product For?**

Combines all essential vitamins and minerals for growing, active children.

#### **How Should I Take This Product?**

Children 2 years and above: Chew 1 tablet daily or as directed by doctor.

#### What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

#### When Should I Stop This Product And **Consult A Doctor?**

Stop taking this product if you experience discomfort. Consult a doctor immediately if symptoms persist.

#### **How Should I Store This Product?**

Store below 30°C in a dry place and away from light. Keep container tightly

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product. Not suitable for children under 2 years old.

SGD\$ 9.65



## **DAILYVIT CAPLET (60'S)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

#### Multivilamin to support good general health



What Does This Product Contain? Vitamin A 10mg, Vitamin D 5mg, Vitamin B1 3.5mg, Vitamin B2 2.5mg, Vitamin B3 15mg, Vitamin B5 3.7mg, Vitamin B6 1mg, Vitamin B12 2µg, Vitamin C 50mg.

What Is This Product For?

Supplements good general health.

How Should I Take This Product?

Adults: Take 1 caplet daily or as directed by doctor.

What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly

Who Should Avoid This Product?

closed.

Persons who have allergy or hypersensitivity to any ingredients contained in this product

SGD\$ 10.65



## **DAILYVIT-M CAPLET (60'S)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

#### Multivitamin to support good general health



## What Does This Product Contain?

Vitamin A 10mg, Vitamin B1 3.5mg, Vitamin B2 2.5mg, Vitamin B3 15mg, Vitamin B5 3.7mg, Vitamin B6 1mg, Vitamin B12 2µg, Vitamin C 50mg, Vitamin D 5mg, Copper 0.3mg, Iodine 0.04mg, Iron 1.8mg, Magnesium 0.05mg, Manganese 0.2mg, Phosphorus 4mg, Zinc 0.2mg.

#### What Is This Product For?

Supplements good general health.
How Should I Take This Product?
Adults: Take 1 caplet daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

#### **How Should I Store This Product?**

Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### **Who Should Avoid This Product?**

Persons who have allergy or hypersensitivity to any ingredients contained in this product.

**SGD\$ 13.70** 



## **DENATURED ALCOHOL (120ML)**

www.beaconshealth.combeaconshealth@beacons.com.sg

#### Disinfectant prior to & after injection



What Does This Product Contain?

Denatured Ethyl Alcohol (IMS) 95% v/v.

#### What Is This Product For?

Denatured Alcohol is used as a skin disinfectant prior to & after injection.

How Should I Use This Product?
Apply liberally to affected areas as required.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

## When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Flammable, please keep away from heat and fire. Store in a cool, dry place away from direct sunlight.

SGD\$ 4.10



## **FOLIC ACID TABLET (60'S)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

## Essential pre-natal supplement



SGD\$ 6.45

What Does This Product Contain? Folic Acid 5mg.

What Is This Product For?
Support healthy foetus growth and formation of red blood cells.

How Should I Take This Product?

Take 1 tablet a day or as directed by doctor. Recommended to take before conception, during pregnancy and during lactation.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

# When Should I Stop This Product And Consult A Doctor? Stop taking this product if you experi-

Stop taking this product if you experience discomfort. Consult a doctor immediately if symptoms persist.

How Should I Store This Product?
Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **GLUTILAGE 500 CAPSULE (90'S)**

www.beaconshealth.com

≥ beaconshealth@beacons.com.sg

#### Maintains healthy joints and ease of mobility



#### What Does This Product Contain? Glucosamine Potassium Sulphate 500mg.

#### What Is This Product For?

For building and maintaining healthy

#### **How Should I Take This Product?**

Adults: Take 1 capsule up to 3 times daily or as directed by doctor.

## What Should I Avoid When Taking This

This product is unlikely to have any significant interactions with other medi-cines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And

Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

#### **How Should I Store This Product?**

Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.

SGD\$ 21.20



## **GRIPE WATER (200ML)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

# Eases pain and discomfort due for as and wind



**SGD\$ 7.50** 

## What Does This Product Contain? Fach 5ml contains Sodium Ricarbonat

Each 5ml contains Sodium Bicarbonate 52.5mg.

#### What Is This Product For?

For relief of pain and discomfort due to wind, acidity and minor tummy upsets in young children and babies (especially during teething stage).

#### **How Should I Take This Product?**

Doses may be taken up to three times daily. Shake well before use. Infant up to 6 months: 5 ml (1 teaspoonful) given during or after each feed.

Children 6 months - 2 years: 10 ml (2 teaspoonful) given during or after each feed.

Children 2 years and above: 10 - 15 ml (2 - 3 teaspoonful) given after each meal.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

Stop taking this product if you experience discomfort. Consult a doctor immediately if symptoms persist.

## How Should I Store This Product? Store in a cool place and away from

#### **Who Should Avoid This Product?**

Persons who have allergy or hypersensitivity to any ingredients contained in this product. Infants should take this product with care.



## HIGH C-250 TABLET (60'S)

www.beaconshealth.com beaconshealth@beacons.com.sq

#### Vitamin Cfor a healthy immune system



**SGD\$ 7.40** 

**What Does This Product Contain?** Ascorbic Acid 250mg.

What Is This Product For? Supports immunity with its antioxidant properties.

How Should I Take This Product?
Adults: Take 1 tablet daily or as directed by doctor.

#### What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medi-cines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And

Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **IRON 30MG TABLET (60'S)**

www.beaconshealth.com beaconshealth@beacons.com.sg

Promofes red blood cell formation &



What Does This Product Contain? Iron (as Ferrous Sulphate) 30mg.

What Is This Product For? Increase haemoglobin in the blood. Recommended for iron-deficiency anaemia.

**How Should I Take This Product?** Adults: Take 1 tablet daily or as directed by doctor.

#### What Should I Avoid When Taking This Product?

As this product interferes with the absorption of certain medications, including bisphosphonates, tetracyclines and quinolones antibiotics, levodopa, methyldopa and levothyroxine, they should be given 1-2 hours apart. Consult your doctor if you are on other medications.

#### When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

#### **How Should I Store This Product?** Store below 30°C in a dry place and away from light. Keep container tightly closed

Who Should Avoid This Product? Persons who have allergy or hypersensitivity to any ingredients contained in this product.

SGD\$ 9.85



# ISOPROPYL ALCOHOL 70% (120ML)

www.beaconshealth.com ■ beaconshealth@beacons.com.sg

#### First-old disinfectant



What Does This Product Contain? Isopropyl Alcohol 70% v/v.

**What Is This Product For?** Isopropyl Alcohol is used as a skin disinfectant.

**How Should I Use This Product?** Apply liberally to affected areas as required.

#### What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

#### When Should I Stop This Product And **Consult A Doctor?**

If you experience skin irritation, stop using this product and consult a doctor immediately.

How Should I Store This Product?
Flammable, please keep away from heat and fire. Store in a cool, dry place away from direct sunlight.

**SGD\$ 4.20** 



## **LYPROVITE SYRUP (100ml)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

# Multivitamin & appetite booster for growing children with fussy eating habits



What Does This Product Contain?

Each 5ml contains Vitamin A 1500iu, Vitamin B1 2.2mg, Vitamin B2 1.2mg, Vitamin B6 1.5mg, Vitamin B12 3µg, Nicotinamide 10mg, Vitamin C 30mg, Vitamin D 200iu, Vitamin E 7mg, Calcium 10mg, Magnesium 5.5mg, Zinc 3mg, L-Lysine 100mg

#### What Is This Product For?

Lyprovite provides all the essential vitamins and minerals vital for good health, growth and development of children. With added Lysine, Lyprovite aids as an appetite booster.

#### **How Should I Take This Product?**

Shake well before use. Children up to 4 years old: 2.5ml (1/2 teaspoonful) daily. Children 4 years old and above: 5ml (1 teaspoonful) daily.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

Stop taking this product if you experience any discomfort. Consult a doctor immediately if symptoms persist.

#### How Should I Store This Product?

Store below 30°C in a dry place and away from light. Keep container tightly closed

#### **Who Should Avoid This Product?**

Persons who have allergy or hypersensitivity to any ingredients contained in this product.

SGD\$ 5.90



## **METHYLATED SPIRIT (120ML)**

www.beaconshealth.com ■ beaconshealth@beacons.com.sg

#### Skin disinfectant-prior to and after injection



What Does This Product Contain? Industrial Methylated Spirit 95% v/v.

#### **What Is This Product For?**

Methylated Spirit is used as a skin disinfectant or astringent, prior to and after injection.

How Should I Use This Product?
Apply liberally to affected areas as

required.

#### What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

#### When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Flammable, please keep away from heat and fire. Store in a cool, dry place away from direct sunlight.

SGD\$ 3.75



# POVIDONE IODINE SOLUTION (120ML)

www.beaconshealth.com
beaconshealth@beacons.com.sg

### First-aid antiseptie



What Does This Product Contain?
Povidone lodine 10% w/v.

What Is This Product For?

Used as an antiseptic solution for abrasions, cuts and wounds.

How Should I Use This Product?

Shake well before use. Apply directly to affected area 3-4 times a day until the wound is healing. Do not cover the wound with tight dressing or bandage.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately. This product may stain skin and clothes.

# When Should I Stop This Product And Consult A Doctor? If you experience skin irritation, stop

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.

SGD\$ 4.20



## **PROFLAVINE LOTION (120ML)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

#### Antiseptic solution for wounds



What Does This Product Contain?
Proflavine Hemisulphate 0.1% w/v.

#### What Is This Product For?

Proflavine Lotion is used as an antiseptic solution for minor cuts, wounds and burns.

How Should I Use This Product?
Apply directly to affected area 3 times a day until the wound is healed.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately. This product may stain skin and clothes.

## When Should I Stop This Product And Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

How Should I Store This Product? Store in a cool, dry place away from direct sunlight.

**SGD\$ 4.60** 



# ROSE WATER + WITCH HAZEL (250ML)

www.beaconshealth.com
beaconshealth@beacons.com.sg

## Facial cleanser & toner



#### What Does This Product Contain?

Rose Water Solution, Witch Hazel Solution, Apple Green Colour, Denatured Alcohol, Purified Water.

#### What Is This Product For?

Rose Water + Witch Hazel hydrates dry skin, tones oily skin and soothes sensitive skin, leaving skin soft, smooth and younger looking.

#### **How Should I Use This Product?**

Apply liberally to skin with cleansing pad as required.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

# When Should I Stop This Product And Consult A Doctor? If you experience skin irritation, stop

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.

SGD\$ 10.95



# SODIUM CHLORIDE WITH DEXTROSE TABLET (60'S)

www.beaconshealth.com
beaconshealth@beacons.com.sg

## For Adults to prevent dehydration



SGD\$ 6.45

What Does This Product Contain? Sodium Chloride 500mg, Dextrose Monohydrate 200mg.

What Is This Product For?

Prevents and treats low levels of sodium.

How Should I Take This Product?
Dosage is calculated based on individual basis and is dependent on electrolyte status of patient. Use as directed by doctor. Swallow whole tablet with a glass of water after meals.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product. This product should be given cautiously to patients with congestive heart failure, hypertension, renal impairment, liver cirrhosis or fluid retention.



## **SURGICAL SPIRIT (120ML)**

www.beaconshealth.com

▶ beaconshealth@beacons.com.sg

## Skin disinfectant & antiseptic solution



#### What Does This Product Contain?

Castor Oil 2.5% v/v, Diethyl Phthalate 2% v/v, Methyl Salicylate 0.5% v/v, Industrial Methylated Spirit to 100% v/v

#### What Is This Product For?

Surgical Spirit is used as an antiseptic solution.

#### **How Should I Use This Product?**

Apply liberally to affected areas as required.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes and broken skin. If product gets into eyes, rinse with water immediately.

## When Should I Stop This Product And

Consult A Doctor?

If you experience skin irritation, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Flammable, please keep away from heat and fire. Store in a cool, dry place away from direct sunlight.

**SGD\$ 3.85** 



## **VITAMIN B1 TABLET (60'S)**

#### **Energy boosfer**



**SGD\$ 3.85** 

#### What Does This Product Contain? Vitamin B1 10mg.

What Is This Product For?
Boosts energy and supports healthy nervous system.

<u>How Should I Take This Product?</u> Adults: Take 1 tablet daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

# How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly closed.

Who Should Avoid This Product?
Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **VITAMIN B12 TABLET (60'S)**

www.beaconshealth.com

beaconshealth@beacons.com.sg

#### Promotes healthy nerve function



SGD\$ 3.85

## What Does This Product Contain? Vitamin B12 10mcg.

What Is This Product For?
Supports cell formation and healthy nervous system.

How Should I Take This Product?

Adults: Take 1 tablet daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

# How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly closed.

Who Should Avoid This Product?
Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **VITAMIN B2 TABLET (60'S)**

www.beaconshealth.com

beaconshealth@beacons.com.sg

#### Good for healthy vision and healthy skin



SGD\$ 4.20

What Does This Product Contain? Vitamin B2 5mg.

#### What Is This Product For?

Boosts energy, supports healthy vision and healthy skin.

How Should I Take This Product?

Adults: Take 1 tablet daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

When Should I Stop This Product And

#### Consult A Doctor?

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

#### **How Should I Store This Product?**

Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### **Who Should Avoid This Product?**

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **VITAMIN B6 TABLET (60'S)**

www.beaconshealth.com
beaconshealth@beacons.com.sq

# Promofes Profein Metabolism &



**SGD\$ 3.55** 

#### What Does This Product Contain? Vitamin B6 10mg.

#### What Is This Product For?

Promotes metabolism and red blood cell formation.

#### **How Should I Take This Product?**

Adults: Take 1 tablet daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

When Should I Stop This Product And

#### **Consult A Doctor?**

If you experience persistent discomfort or allergic reactions such as skin rash, itching, breathing problems or swelling of the face, eyes, lips while on this product.

#### **How Should I Store This Product?**

Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### **Who Should Avoid This Product?**

Persons who have allergy or hypersensitivity to any ingredients contained in this product.



## **CHEWABLE C-100 TABLET (60'S)**

www.beaconshealth.com

beaconshealth@beacons.com.sg

# Chewable Vitamin Ofor a healthy immune system



SGD\$ 6.60

## What Does This Product Contain? Ascorbic Acid 100mg.

What Is This Product For?
Antioxidant and supports immunity.

How Should I Take This Product?
Children 2 years and above: Chew 1-2 tablets daily or as directed by doctor.

## What Should I Avoid When Taking This Product?

This product is unlikely to have any significant interactions with other medicines. Consult your doctor if you experience unusual symptoms while taking this product with other medicines.

## When Should I Stop This Product And Consult A Doctor?

Stop taking this product if you experience discomfort. Consult a doctor immediately if symptoms persist.

#### How Should I Store This Product? Store below 30°C in a dry place and away from light. Keep container tightly closed.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product. Not suitable for children under 2 years old.



# CHLORHEXIDINE MOUTHWASH (270ML)

www.beaconshealth.combeaconshealth@beacons.com.sq

#### **Keeps bad breath away**



**SGD\$ 4.40** 

#### What Does This Product Contain?

Chlorhexidine Gluconate 0.2% w/v, Glycerin 2.5% w/w, Peppermint Oil 0.05% w/w.

#### **What Is This Product For?**

Chlorhexidine mouthwash helps to soothe and relieve painful mouth and throat conditions such as ulcer, sore gums, sore throat and fight against bacteria that cause tooth decay. The refreshing mint formula keeps bad breath away.

#### **How Should I Use This Product?**

Use 15ml of the mouthwash to gargle or rinse mouth for about 30 seconds. Spit out the solution after use; do not swallow the mouthwash. Use every morning and night after meals or as directed by your doctor.

## What Should I Avoid When Using This Product?

Do not dilute or swallow. Prolonged use of Chlorhexidine Mouthwash may cause teeth staining. These stains can be removed by visiting your dentist.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your dentist every six months to maintain your oral hygiene.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.



## **DEQUA LOZENGES** (3x10's per box)

www.beaconshealth.com beaconshealth@beacons.com.sg

What Does This Product Contain? This product contains dequalinium 0.25mg.

#### What Is This Product For?

This product is has antiseptic, bactericidal effects for minor infections of the mouth and throat.

#### **How Should I Use This Product?**

Take 1 lozenges and suck slowly in the mouth. Do not swallow whole.

#### When Should I Stop This Product And Consult A Doctor?

Consult a doctor if problem persists or allergic reactions such as rashes develop after taking medication.

#### **How Should I Store This Product?**

Store in a cool, dry place away from light.







## **MICON CREAM 2% (15GM TUBE)**





#### What Does This Product Contain?

Miconazole Nitrate 2% w/w.

#### What Is This Product For?

Miconazole is a wide spectrum antifungal agent with some antibacterial activity. It is used for fungal infections of the skin and nails including candidiasis, tinea and pityriasis versicolour.

#### **How Should I Use This Product?**

Apply to the affected area for one to two times daily or as directed by the physician. Do not stop applying this cream until the infection is completely gone or until the doctor advises you to stop. It usually takes a few weeks to get a complete cure.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes. If product gets into eyes, rinse with water immediately. Do not use on mucous membrane or broken skin.

## When Should I Stop This Product And Consult A Doctor?

If symptoms persist, or if you experience allergic reactions such as skin irritation, burning and contact allergic dermatitis while on this product, consult a doctor immediately.

#### **How Should I Store This Product?**

Store below 30 o C in a cool place, away from light. Replace cap tightly after use.

SGD\$ 4.50



## **NEEM OIL (60ML)**

www.beaconshealth.combeaconshealth@beacons.com.sg

What Does This Product Contain? Neem leaf oil, Coconut oil

What Is This Product For?

Skin care and skin disorders e.g eczema

How Should I Use This Product?

Apply as needed to affected area.

**Precaution** 

For external use only.

When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you start to have swelling lips. It could be signs of allergic reaction.

How Should I Store This Product? Store in a cool, dry place. Keep out of reach of children.





SGD\$ 27.95



# PANAMOL TABLETS (500MG) (3x10's per box)

www.beaconshealth.com

beaconshealth@beacons.com.sg

## What Does This Product Contain? Paracetamol 500mg

#### What Is This Product For?

Panamol Tab works as an analgesic and antipyretic to relieve pain and fever.

#### **How Should I Use This Product?**

Take 2 tablets four times a day when necessary. Max: 8 tablets/day.

## What Should I Avoid When Using This Product?

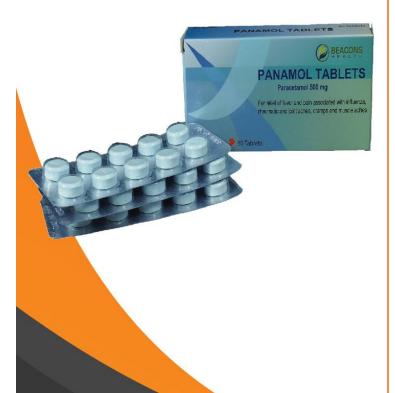
Children below 12 years old require another dosing, please consult your doctor or pharmacist for more information. When you are on this medication, avoid alcohol.

## When Should I Stop This Product And Consult A Doctor?

Please consult the doctor if pain persists after taking the medication. If you have any experience of yellowing of the skin, eye white or any abdominal pain, or any allergic reaction such as skin rashes and swelling of the face and neck, stop the medication immediately and consult the doctor.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight.



**SGD\$ 3.30** 



# RHEWLIN GEL 1% (30GM TUBE)

www.beaconshealth.com
beaconshealth@beacons.com.sg

What Does This Product Contain?
Diclofenac Diethylamine eqv. Diclofenac
Sodium 1% w/w.

#### What Is This Product For?

For relief of localised traumatic inflammation of muscles and joints due to spasm and strains, and localised rheumatic pain.

#### **How Should I Use This Product?**

For adults and adolescents over 12 years old: Gentle rub a small amount of Rhewlin Gel into the skin where there is pain or swelling, three to four times daily. The amount needed depends on the size of the affected area.

## What Should I Avoid When Using This Product?

For external use only. Keep out of reach of children. Avoid contact with eyes. If product gets into eyes, rinse with water immediately. Do not use on mucous membrane or broken skin. Avoid application over a large area on the skin. Do not use for more than 2 weeks unless otherwise directed by doctor.

## When Should I Stop This Product And Consult A Doctor?

If the condition does not improve within 7 days, or if you experience persistent discomfort or allergic reactions such as skin rash, itching, skin reddening, photosensitivity, breathing problems or swelling of the face, eyes, lips while on this product, stop using this product and consult a doctor immediately.

#### **How Should I Store This Product?**

Store below 25 o C and away from light. Replace cap tightly after use.

#### Who Should Avoid This Product?

Persons who have allergy or hypersensitivity to any ingredients contained in this product. Do not use this product if you have had experienced allergic reactions to medications containing Diclofenac, Aspirin, Ibuprofen or other medicines used in treating joints and muscle pains, unless otherwise directed by doctor. Rhewlin Gel should not be used on children below 12 years old.

Thewlin

Cel

Diclofenae Diethylamine
eqv. Diclofenae Sodium 1% w/w

ANTI-INFLAMMATORY GEL

30G

ANTI-INFLAMMATORY GEL

30G

ANTI-INFLAMMATORY GEL

30 G

SGD\$ 8.20



## **ANTISEPTIC CREAM (15G tube)**

www.beaconshealth.com
beaconshealth@beacons.com.sg

What Does This Product Contain? Chlorhexidine Gluconate 0.5%, Cetrimide 0.5%

#### What Is This Product For?

Antiseptic cream is a topical first aid that can be used on grazes, scratches and minor skin cuts to provide protection against germs that can cause infection.

#### **How Should I Use This Product?**

Clean wound to remove debris and dirt before applying a small amount of cream to the wound. Repeat when necessary.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

Consult the doctor if there are signs of wound inflammation e.g pus or onset of fever.

#### **How Should I Store This Product?**

Store in a cool, dry place. Keep out of reach of children.



**SGD\$ 2.50** 



## **PAIN RELIEF CREAM (15G tube)**

www.beaconshealth.com

beaconshealth@beacons.com.sg



## What Does This Product Contain?

Methyl Salicylate 15%, Menthol 5%, Camphor 1%, Peppermint Oil 2%

#### What Is This Product For?

This product can be used for temporary relief of joint pain, muscle pain and aches.

#### **How Should I Use This Product?**

Apply and massage affected area not more than 3 to 4 times daily.

#### **Precaution**

For external use only. Do not apply on broken skin or on wounds.

#### When Should I Stop This Product And **Consult A Doctor?**

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction. Consult the doctor if the condi-

tion/symptoms worsen or continue to persist for more than 7 days or excessive skin irritation occurs.

#### **How Should I Store This Product?**

Store in a cool, dry place. Keep out of reach of children.

SGD\$ 2.50



# ADULT MULTIVITAMIN AND MINERALS TABLETS (CENTURY A THRU Z) 60'S





What Does This Product Contain?
Vitamin A 3500IU, Vitamin C 60mg,
Vitamin D 400IU, Vitamin E 30IU, Vitamin B1 1.5mg, Vitamin B2 1.7mg, Vitamin B3 20mg, Vitamin B6 2mg, Vitamin B9 400mcg, Vitamin B12 6mcg, Biotin 30mcg, Pantothenic acid 10mg, Calcium 200mg, Iron 18mg, Phosphorus 20mg, lodine 150mcg, Magnesium 50mg, Zinc 11mg, Selenium 55mcg, Copper 0.5mg, Manganese 2.3mg, Chromium 35mcg, Molybdenum 45mcg, Chloride 72mg, Potassium 80mg, Nickel 5mcg, Tin 10mcg, Silicon 2mcg, Vanadium 10mcg, Boron 75mcg

#### What Is This Product For?

Dietary supplementary to help fulfil daily requirements.

#### **How Should I Use This Product?**

Take 1 tablet daily or as directed by your doctor.

#### **Precaution**

Product should not be used as a substitute for varied diet.

If pregnant or breastfeeding, consult your doctor before taking the product.

#### When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

#### **How Should I Store This Product?**

Store in a cool, dry place. Keep out of reach of children.

SGD\$ 19.45



## **CO-ENZYME Q-10 100MG (60's)**

www.beaconshealth.combeaconshealth@beacons.com.sg

What Does This Product Contain? Coenzyme Q10 (Ubiquinone) 100mg, Vitamin E 5IU

#### **What Is This Product For?**

Helps to improve symptoms of Co-Q10 deficiency like weakness and fatigue and support heart functions.

## How Should I Use This Product?

Take 1 softgel daily with food to help improve absorption.

Do not exceed a daily dose of 150mi

Do not exceed a daily dose of 150mg of Co Q-10.

#### **Precaution**

If on warfarin therapy, consult doctor before starting Co-Q 10 supplement. If pregnant or breastfeeding, consult your doctor before taking the product. Product contains gelatin.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

How Should I Store This Product? Store in a cool, dry place.



SGD\$ 44.00



## **TRIPLE OMEGA (60'S)**

www.beaconshealth.combeaconshealth@beacons.com.sg

What Does This Product Contain?
Flaxseed Oil (Omega complex) 1000mg

#### What Is This Product For?

Omega 3: Helps to lower triglyceride level in the body and may have cardiovascular disease prevention effects. Omega 6: Promote healthy skin & hair. Omega 9: Promote healthy cholesterol level.

#### **How Should I Use This Product?**

Take 1-3 softgel(s) daily with food or as directed by the doctor.

#### **Precaution**

If on any medications, consult doctor first before starting any supplements. If pregnant or breastfeeding, consult your doctor before taking the product. Product contains gelatin.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

How Should I Store This Product? Store in a cool, dry place.



SGD\$ 22.35



## OMEGA-3 FISH OIL 1000MG (60'S)

www.beaconshealth.com
beaconshealth@beacons.com.sg

What Does This Product Contain? Fish oil 1000mg, EPA 180mg, DHA 120mg, Vitamin E 1.1IU

#### What Is This Product For?

Helps to lower triglyceride level in the body and may have cardiovascular disease prevention effects.

How Should I Use This Product?

Take 1-3 softgel(s) daily with food or as directed by the doctor.

#### **Precaution**

If on any medications, consult doctor first before starting any supplements. If pregnant or breastfeeding, consult your doctor before taking the product. Product contains gelatin.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

How Should I Store This Product? Store in a cool, dry place.



SGD\$ 10.80



# GLUCOSAMINE CHONDROITIN PLUS MSM TRIPLE STRENGTH (60'S)

www.beaconshealth.com

beaconshealth@beacons.com.sg



#### What Does This Product Contain?

Glucosamine 750mg, Chondroitin 600mg, Methyl Sulfonyl Methane (MSM) 250mg

#### What Is This Product For?

Helps with maintenance of healthy joints and provide relief for arthritis-related pain

#### **How Should I Use This Product?**

Take 2 caplets daily with food. It is also possible to split the dose into 2 times a day.

#### **Precaution**

If on warfarin therapy, consult doctor before starting supplement. Avoid if allergic to shellfish.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

#### **How Should I Store This Product?**

Store in a cool, dry place.

SGD\$ 31.45



# GLUCOSAMINE CHONDROITIN PLUS MSM TRIPLE STRENGTH (200'S)

www.beaconshealth.combeaconshealth@beacons.com.sg

# Glucosamine Chondroitin plus MSM Triple Strength BEACONS Dietary Supplement BEACONS BEAC

#### What Does This Product Contain?

Glucosamine 750mg, Chondroitin 600mg, Methyl Sulfonyl Methane (MSM) 250mg

#### What Is This Product For?

Helps with maintenance of healthy joints and provide relief for arthritis-related pain

#### **How Should I Use This Product?**

Take 2 caplets daily with food. It is also possible to split the dose into 2 times a day.

#### **Precaution**

If on warfarin therapy, consult doctor before starting supplement. Avoid if allergic to shellfish.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

<u>How Should I Store This Product?</u> Store in a cool, dry place.

SGD\$ 83.30



# CHLORHEX HANDRUB (500ML WITH PUMP)

www.beaconshealth.combeaconshealth@beacons.com.sg



What Does This Product Contain?

Chlorhexidine Gluconate 0.5% w/v, Denatured Alcohol 70% v/v, Glycerin 7.5% w/w, Lavender spike 0.18% v/v

#### What Is This Product For?

Chlorhexidine handrub can be used for hygienic hand disinfection.

#### How Should I Use This Product?

Rub about 5mL to cover all surfaces of the hands including finger tips for 60 seconds until hand feels dry.

## What Should I Avoid When Using This Product?

For external use only. Avoid contact with eyes and broken skin.

#### Precaution

Chlorhexidine handrub is highly flammable. Keep away from fire.

## When Should I Stop This Product And Consult A Doctor?

It is recommended to visit your doctor if you notice any rashes on your hand(s) or start to have swelling lips. It could be signs of allergic reaction.

#### **How Should I Store This Product?**

Store in a cool, dry place away from direct sunlight. Keep out of reach of children.

SGD\$ 8.50