



# Handy guide

## THE HOME OZONE THERAPY PROTOCOL HANDBOOK





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**Disclaimer:** This guide is not intended to take the place of personal medical advice. The purchaser is encouraged to seek advice on protocols for undergoing Ozone Therapy through Ozone Therapy Clinics and qualified Medical Practitioners.

Ozone therapy is not regularised for practice in some jurisdictions – please refer to the [International Scientific Committee of Ozone Therapy](#) for up to date information.



OXYGEN FLOW LPM	M1				M2		OPERATION
	L1 (LPM)	L2 (LPM)	L3 (LPM)	L4 (LPM)	L5 (LPM)	L6 (LPM)	
1	4	5	6	7	13	16	<p>1. Using the MODE switch, select M1 or M2.</p> <p>2. Adjust flow rate using the dial on the flow rate meter.</p> <p>3. Select Level L1 - L4 according to required concentration.</p> <p><i>For example: if you require 20 LPM, select M1, press L2 then set oxygen flow to 20 LPM to generate 20 mg/l.</i></p> <p><i>Note: The machine has a built-in O3 detector, ensure the unused output is connected to the detector unit when making ozonated water or ozonated oil.</i></p>
3/4	6	7	8	8	16	22	
1/2	9	10	12	13	22	37	
1/4	17	18	22	24	40	52	
1/8	26	30	34	37	63	73	
1/16	38	44	49	52	82	90	
1/32	-	-	-	-	96	93	



We have compiled this information from sources outside our organisation and offered it to assist the user. This guide is primarily based on the [Madrid Declaration on Ozone Therapy](#) which is the international standard for the most safe and up to date procedures of administering Medical Ozone.

## CONTRA-INDICATIONS

**Ozone therapy is NOT recommended for people who have:**

- Had organ transplants
- Glucose-6-phosphate dehydrogenase deficiency (favism, acute haemolytic anaemia)
- Toxic Hyperthyroidism
- Severe cardiovascular instability
- Acute alcohol intoxication
- Acute infarct of myocardium
- Massive and acute haemorrhage
- During convulsive states
- Haemochromatosis
- Patients receiving treatment with copper or iron via i.v. administration

## OZONE CONCENTRATIONS

**How ozone is measured for ozone therapy purposes:**

An ozone generator can produce therapeutic ozone in varying concentrations. The quantity of ozone compared with the quantity of oxygen in the gas flow is called the percent concentration. It is measured in micrograms (ug) of ozone per millilitre (ml or cc) of the mixture. The total dose is equivalent to the gas

volume (ml) multiplied by ozone concentration (ug/ml).  $\text{Dosage} = \text{Volume} \times \text{Concentration}$ . The Natural Ozone OZONODE comes complete with the handy chart on the front of the unit which designates which setting to use in order to achieve the desired concentration.

## FLOW RATE

The flow rate is set at the oxygen source by either the regulator on the bottle or the low flow meter which is placed between the oxygen concentrator and the oxygen inlet to the OZONODE.

### **Therapeutic range:**

It is established in the scientific literature that concentrations of 10 ug/ml or 50 ug/ml and even smaller, have therapeutic effects with a wide security margin. The accepted therapeutic ozone dosage for systemic at home ozone therapy treatments such as rectal insufflation (RI) and vaginal insufflation (VI) is ranging between a total ozone dose of 5-6 mg per treatment and concentrations ranging from 10 ug/ml to 50 ug/ml, and known to be safe and effective<sup>1</sup>.

### **Toxic range:**

Dr. Greenberg of the Kief Clinic has shown that, in laboratory tests, concentrations of 90 ug/ml crimp red blood cells. This is unquestionably harmful. Experiments by Frederick Sweet<sup>2</sup> and his team showed inhibition of the growth of healthy cells at concentrations above 72 ug/ml.

## BASIC PRINCIPLE OF ADMINISTERING OZONE THERAPY:

Stagger the dose: as Dr Bocci stated, “start low, go slow”. When undergoing the insufflation protocols, begin with a low concentration for a short period of time and slowly increase to higher concentrations over a longer period. NB the concentration chart on your OZONODE is calibrated to a pure medical grade oxygen source. If you are using an oxygen concentrator, your actual concentration levels will be approximately 10% lower than marked.

## INITIAL SETUP

See our YouTube videos showing how to set up the equipment and make ozonated water with using either an oxygen tank, or using an oxygen concentrator.

<sup>1</sup>Menéndez S, González R, Ledea O. Ozono, aspectos básicos y aplicaciones clínicas. La Habana: CENIC; 2008

<sup>2</sup>Sweet F, Kao MS, Lee SC, Hagar WL, Sweet WE. Ozone selectively inhibits growth of human cancer cells. *Science*. 1980 Aug 22;209(4459):931-3. doi: 10.1126/science.7403859. PMID: 7403859

## Protocols HOME OZONE THERAPY

There are 8 common and effective therapeutic protocols for home ozone therapy. These are explained in more detail on the following pages:



OZONATED DRINKING WATER



RECTAL INSUFFLATION (RI)



VAGINAL INSUFFLATION (VI)



EAR INSUFFLATION (EI)



OZONE CUPPING



LIMB BAGGING



OZONE SAUNA



BREATHING OZONATED OIL (BOO)

## Protocol: OZONATED DRINKING WATER



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Gastric ulcers, gum health, infections in the mouth, pharynx, oesophagus, stomach, and the first part of the small intestine, the duodenum.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Water bubbler with silicon stopper, diffuser stone and check valve fitted
- Silicone tubing
- Spare silicon stopper







## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Fill desired quantity of water (preferably distilled, reverse osmosis or filtered), eg 500ml into water bubbler.
3. The water bubbler has two silicon tubes coming out. Connect the tube with a luer lock connector onto O3 Out2.
4. Connect the other silicon tube onto OZONE DESTRUCT nipple.
5. Set flow rate on oxygen low flow meter to ½ LPM and gradually increase until you observe steady bubble action within the water bubbler.
6. Set power switch to M2.
7. Set level knob to L6.
8. Allow the water to bubble for allotted time.



## SPECIFICATIONS

**Concentration:** 20 – 80 ug/ ml

**Flow rate:** 1/2 LPM

**Time:** 24 mins per half litre



## REGIME

Start with 500 ml 2 to 3 times per week working up to a maximum of two times per day, five times per week.



## NOTES

- Ozonated water has a short half-life, drink as soon as possible after ozonation.
- Research has never found a dangerous level of drinking ozonated water and it is widely believed to have no harmful effects.
- Drink at least 3 hours after or half an hour before taking food.
- Your Natural Ozone water bubbler can ozonate 1 litre at a time and comes with an extra silicon plug so you can store in the refrigerator for later use, the ozone concentration has a half-life up to 110 hours.



## PRO TIPS

- Use chilled water for maximum benefit.
- You cannot over ozonate water, once it is fully saturated with ozone it will start to off gas. If you forget and leave the ozone generator on for longer than intended, it does not matter and the built-in ozone destruct in the OZONODE ozone generator will dispose of the excess ozone so you don't inadvertently breathe in ozone.
- Ozonated water is great for cleaning cuts and supporting eye conditions such as conjunctivitis.

## Protocol: RECTAL INSUFFLATION (RI)



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

It is used to support patients suffering from a range of conditions including various types of cancer, immune dysfunction and fibromyalgia. It is increasingly popular with athletes, biohackers and those interested in functional medicine.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Three chamber bag
- RI catheter
- Colosan powder or your choice of colon cleanse
- Towel





## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect three chamber bag to O3 Out1.
3. Set flow rate on oxygen source to ¼ LPM.
4. Set power switch to M1.
5. Press button L4.
6. Pinch the outlet of the three-chamber bag in the correct spot marked to allow the bag to fill to 200ml.
7. Once chamber is full, switch off the OZONODE and shut off oxygen supply. Be careful to turn off your oxygen bottle valve tight so as not to lose gas.
8. Clamp the hose of the three-chamber bag with supplied clamp to ensure the ozone does not escape.
9. Fit catheter to the luer lock connector on the three-chamber bag.
10. Lubricate catheter (you can use olive oil) tip and gently insert approximately 75mm into rectum.
11. Lie down on a towel on a bed.
12. Release the clamp and squeeze the bag to eject the gas into the rectum.
13. Hold for 30 seconds then remove catheter.



## SPECIFICATIONS

**Concentration:** 20 – 40 ug/ ml

**Flow rate:** ¼ -1/16 LPM

**Time:** 30 secs per half litre



## REGIME

Start with 2 to 3 times per week using a volume of 200 ml. Follow the chart to add approx. 10 ug/ml per week until you reach 40 ug/ ml. After this process, begin the same process again but using 400ml. Once the final level 400ml @ 40ug/ ml has been reached, you can keep it at 2-3 times per week as a maintenance level or as advised by your physician.



## NOTES

- Always perform RI after a bowel movement or enema. If you don't fancy an enema, try Colosan, a highly sought-after colonic cleaning supplement available on the Natural Ozone online shop. See further information on intestinal cleaning below.
- It is normal to feel minor bloating or discomfort. If this pain persists, then cease treatment for four days then recommence at a lower level.
- Catheter should be cleaned with water and soap directly after use. May be sterilised using hydrogen peroxide or with 30 seconds of ozone application. You can even pop it in the dishwasher after an initial wash in the laundry tub.



## PRO TIPS

- Many wellness warriors conduct regular RI sessions to maximise their metabolic function to prevent disease and promote longevity.

## Protocol: VAGINAL INSUFFLATION (VI)



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Vaginal insufflation is often used in ozone therapy to provide relief from vaginal infections, un-explained pelvic pain and pain during intercourse. This form of ozone therapy can also be used to introduce ozone into the general circulation and bring about a systematic effect.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Catheter (Although they are the same size, do not use the same catheter for VI and RI protocols for sanitary reasons. Please mark them so they don't get mixed up!)
- Towel





## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect silicon tube to O3 Out1 .
3. Connect end of silicon tube to VI catheter by simply squishing the end of the silicon tube over the connector to the catheter.
4. Undress and make yourself comfortable on a bed with a towel underneath and blanket on top. Insert catheter 100mm into vaginal cavity.
5. Set flow rate on oxygen source to 1/8 LPM
6. Set power switch to M1.
7. Press button L1.
8. Relax with a good book!



## SPECIFICATIONS

**Concentration:** 10-35 ug/ ml

**Flow rate:** 1/8 – 1/4

**Time:** 10 minutes



## REGIME

Start with around 20 ug/ ml for 10 minutes 3 to 5 times per week. Increase the concentration by 5 ug/ ml each week until you reach 35 ug/ ml at 5 times per week, follow the chart on the front of the OZONODE to check the concentration and increase up the levels accordingly.



## NOTES

- It is strongly recommended that women do not use this protocol close to, or during menstruation as the ozone can increase blood flow.
- Always ensure low flow rates (1/4 LPM or less) when administering vaginal insufflation.



## PRO TIP

- It is advised to use a lubricant gel after the treatment due to the drying effect of the ozone in the mucosa.



## Protocol: EAR INSUFFLATION (EI)



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Ear insufflation provides many people with temporary relief from brain fog and mood swings. It is also used to deliver ozone to the brain and facial area to support infection.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Modified stethoscope for administering EI





## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect male leuc lock connector on the end of the EI stethoscope to O3 Out1.
3. Moisten ear canals with wet cotton bud or flannel.
4. Set oxygen flow to 1/8.
5. Set power switch to M1
6. Press button L1



## SPECIFICATIONS

**Concentration:** 26-40 ug/ ml

**Flow rate:** 1/8 LPM

**Time:** 1-20 minutes



## REGIME

We recommend 1-3 minutes 3 times per week for the first few weeks. If you are not experiencing any adverse reactions, then increase by one minute per week to a maximum of 20 minutes 3 times per week and then slowly up concentration by moving to higher levels (as per concentration chart) to maximum of 40 ug/ ml.



## NOTES

- Some people experience minor irritations such as itchiness, scabbing or fluid discharge from the ears so it is important to start slowly.
- A little ozone may leak out around the ears. It is recommended to have a small fan blowing on the face during longer treatments to ensure you do not breathe in any ozone. Alternatively, you can wear a mask with suitable filter.



## PRO TIP

- You may choose to use your water bubbler as a humidifier in between the OZONODE and your stethoscope when you are doing longer treatments. This creates a buffer of the noise from the OZONODE and humidifies the ozone for the duration of the treatment making it easier to absorb.

## Protocol: OZONE CUPPING



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Like traditional Chinese cupping, this protocol focuses on a small area of the skin and the area beneath. In ozone therapy, this allows for concentrated treatment at a specific point on the skin and to the organs beneath. This targeted funnel may support liver detoxification, gut health and act as a therapeutic aid for women with breast cancer.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Correct sized ozone cup
- Silicon tubing





## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect ozone cup to O3 Out1 using the silicon tubing.
3. Set flow rate to 1/8.
4. Place the cup over the area you wish to treat.
5. Set power switch to M1.
6. Select L1.



## SPECIFICATIONS

**Concentration:** 20 – 60 ug/ ml

**Flow rate:** 1/8 – 1/16 LPM

**Time:** 5-20 mins



## REGIME

- Use a warm and wet flannel and apply to area you are going to treat.
- Hold cup in position forming a good seal with the skin for the duration of the treatment.
- Keep re moistening the area throughout the treatment.
- Start with M1/L1 for 20 to 30 minutes 3 times per week.
- Increase by 10ug/ ml each week by moving up the levels according to the concentration chart until maximum of 60 ug/ ml is reached (eg 1/8 LPM M2, L5). Continue treatment for 4 weeks.



## NOTES

- The cup is fitted with an ozone destruct for safety. Ensure that you have a good seal between the cup and your skin to ensure that you do not breathe any excess ozone. The mini ozone destruct connected to the cup will then take care of the off gassing.



## PRO TIP

- Great for healing infected wounds.

## Protocol: LIMB BAGGING



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Limb bagging concentrates the ozone on the skin of the limb being treated. It is supportive for a range of severe skin problems such as MRSA, ulcers and other types of issues such as rashes, infections and chronic skin conditions



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Limb bag
- Silicon tubing







## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect silicon tube to O3 Out1 using the silicon tubing.
3. Set flow rate to 1/8 LPM.
4. Set power switch to M1.
5. Select L1 button.



## SPECIFICATIONS

**Concentration:** 20 – 80 ug/ ml

**Flow rate:** 1/4 – 1/16 LPM

**Time:** 5-20 mins



## REGIME

- Use a warm and wet flannel and apply to area you are going to treat or use your ozone water bubbler as a humidifier.
- Place the bag over the limb you wish to treat and insert the end of the silicon tubing. Push out any air in the bag and tie the top with a valcro strap (string or elastic band will do also) so that you achieve a good seal without blocking the tube.
- Start with M1, L1 for 5 - 20 minutes 3 times per week.
- Continue treatment for 4 weeks.



## NOTES

- A 60-80 ug/ml concentration range is used only in festering infections and for only a very short time for no more than 5 mins. Once the infection is under control you can gradually decrease in concentration by 10 ug/ ml a week.
- The ozone will circulate around the bag, do not expect it to inflate like a balloon!
- If there is a wound or break in the skin then do not need to moisten the area.
- Limb bags should not be shared between patients.



## PRO TIP

- Use a fan to prevent any ozone going up around your face and for when you stop the treatment and remove the bag.

## Protocol: OZONE SAUNA



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Ozone is used as an adjunct to sauna treatment for detoxification, aesthetic medicine, stress relaxation and muscle tension, improvement of blood circulation, total body infective diseases, psoriasis. Dr Frank Shallenberger in his book *The Ozone Miracle* talks about the excellent results with preventing and treating heart disease, strokes and heavy metal detoxifying.



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply (for the sauna, a high purity oxygen concentrator is the preferred choice as a high flow rate is necessary and it uses up significant amounts of oxygen)
- Natural Ozone OZONODE
- Natural Ozone sauna tent
- Silicon tubing (long)
- Wooden or stainless steel stool/ chair
- Towels
- Ozone filtering mask or fan





## METHOD

1. Drink 2 cups of water prior to treatment.
2. Select a suitable location for taking your sauna eg bathroom.
3. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup) close to where you will set up the ozone tent.
4. Assemble sauna tent as per instructions.
5. Connect silicon tube to O3 Out1 and pass it in through one of the openings such as an arm hole and close around the tube without stopping the flow.
6. If you are using a fan, place is so that it can blow across your face.
7. Fill and switch on the steamer pot in the sauna and bring it to the boil (approx. 40 mins).
8. Once steam is leaving the sauna tent, switch on the oxygen supply and set flow rate to 1/2 LPM.
9. Turn fan on and point so air is blowing across your face to ensure that you do not breathe in any escaping ozone gas.
10. Get into the sauna tent and put the towel around your neck to prevent ozone escaping.
11. Set power switch to M1.
12. Press L3 button.
13. Take sauna for 15 minutes with ozone then switch off the OZONODE and oxygen concentrator and enjoy 15 more minutes of pure steam.



## SPECIFICATIONS

**Concentration:** 5 - 15 ug/ ml

**Flow rate:** 1/2 LPM

**Time:** 20 - 30 minutes steam sauna (10 to 15 with ozone)



## REGIME

- Three times per week



## NOTES

- Ensure the fan is directed to blow any excess ozone away from your face and open windows for ventilation.
- Remember to rinse down your sauna and dry thoroughly for maximum life.



## PRO TIP

- A new sauna tent can have a strong odour when you first unpack it. Run a 30-minute ozone sauna before you get in to eliminate this problem.

## Protocol: BREATHING OZONATED OIL (BOO)



### WHAT CONDITIONS DOES THIS PROTOCOL SUPPORT?

Lung conditions such as COPD, asthma, allergies, colds, flus, nasal congestion, sinus infections, mold exposure - even brain fog!



### WHAT EQUIPMENT IS REQUIRED?

- Oxygen supply
- Natural Ozone OZONODE
- Oil bubbler with nasal cannula
- 200 ml olive oil





## METHOD

1. Connect OZONODE to the oxygen supply as per video demonstration instructions (listed above under initial setup).
2. Connect the luer lock connector from the oil bubbler to O3 Out1.
3. Set flow rate to 1/2 depending on regime.
4. Set power switch to M1.
5. Press L4 button. The oil should begin to bubble.
6. Place nasal canula in position into your nose and secure around your head and breathe normally.



## SPECIFICATIONS

**Concentration:** 10 - 20 ug/ ml

**Flow rate:** 1/2 LPM

**Time:** 10-40 mins



## REGIME

- Start off with 15 mins - three times per week.
- After 1 week you can move up to 30 min sessions – 3 times a week.
- Move up to 40 mins per week or as advised by your Medical Practitioner.



## NOTES

- Using an oil bubbler produces ozonides or Lipid Oxidation Products (LOPs) instead of ozone. This new molecule retains ozone's therapeutic properties, without the lung irritating side effects as you would have in breathing higher concentrations of ozone gas directly.
- Oil must be changed every week or if it starts to bubble up into the ozone output tube.
- Always ensure the diffuser stone at the bottom of the oil bubbler is covered with oil.



## PRO TIP

- You can use the slightly ozonated oil in your cooking when you change it!





## PRECAUTIONS

Always protect yourself against directly inhaling ozone. Regularly changing the oil will protect you from this. See this support [article](#) for further measures you can take to prevent inadvertently breathing ozone.

## FURTHER RECOMMENDED TOTAL WELL-BEING MEASURES

Ozone therapy is renowned as a complimentary therapy and is most effective when administered alongside a holistic health regime.

## DETOXIFICATION

You need to consume ample water (preferably ozonated) and antioxidant support while undergoing ozone therapy. Water and antioxidants help you to get the most out of your ozone therapy. The crucial key is to always balance the ozone dose against the detoxification process that occurs while ozone detoxifies the body. While higher doses are tempting, we recommend keeping it mild and gentle, slow and steady.

## INTESTINAL CLEANSING

Intestinal cleansing is an important complement to ozone therapy, particularly when performing the Rectal Insufflation (RI) protocol. Physicians like Frank Shallenbeger often insist on intestinal cleansing regimens before they begin treating patients. A number of safe, natural intestinal cleansing methods include the use of high-fiber psyllium husks and other natural substances like Kalenite, pectin, or agar.

According to The Colon Health Handbook a range of plants help naturally loosen impacted stools and mucoid matter in the intestines. They include aloe, barberry, bayberry bark, grapes, chickweed, golden seal root, spirulina plankton, and yellow dock root. Many can be taken as a tea or herbal tinctures can be made up of a number of herbs from your local herbal dispensary.

Here at Natural Ozone we have available Colosan powder - a proprietary magnesium blend supplement which is a gentle and effective means to clean the colon.

An enema is another natural method of cleansing the colon which can be performed at home or at a colon clinic.

## SUPPLEMENTS THAT SUPPORT OZONE THERAPY

While supplements can be useful as a daily addition to a good diet, they are often not recommended to be taken within several hours of the time that one undergoes an ozone treatment. An excess of certain nutrients can depress immune function so it is important to remember that more is not always better. Vitamins C, E, A (including beta carotene), B6, L-Glutathione, minerals including zinc and selenium, complete daily oils including CoQ10 and alpha-lipoic acid are recommended.

Nathaniel Altman gives sound advice, including recommended intake, healing foods and herb suggestions in his book *The Oxygen Prescription: The Miracle of Oxidative Therapies*.

Dr Frank Shallenberger goes on to recommend maintaining healthy nitric oxide levels and suggest beets as one of the best natural ways to support this.<sup>5</sup> Further recommendations include increasing the potency of your vitamin-mineral supplement as you increase the strength, length and frequency of your treatments.

Juicing and eating fresh vegetables (raw, where ever possible) is recommended and it is encouraged to seek holistic nutritional advice from a Gerson practitioner, Naturopath, herbalist or nutritionist. NZ based social enterprise Nutrient Rescue has daily nutrient shots available that are convenient to take and sourced 100% from NZ growers, <https://nutrientrescue.nz>. They offer 15% discount to Natural Ozone customers please use discount code OZONE on checkout.

When your therapy choice includes rectal insufflation, it is advised you supplement with daily acidophilus. Fasting, skin scrubbing, saunas and steam baths further aid with detoxifying and total body cleansing.

## TESTIMONIALS

**We would love to hear feedback from you and your experiences with working with ozone therapy. This also helps others on their journey.**

Feel free to email me at [kim@naturalozone.co.nz](mailto:kim@naturalozone.co.nz) with some short paragraphs, even a photo of you with your set up! It would be wonderful to share stories so others can learn from your experiences, lets keep connected as an ozone therapy community.



## REFERENCES AND RECOMMENDED READING

- ▶ [Madrid Declaration on Ozone Therapy](#)
- ▶ [International Scientific Committee of Ozone Therapy \(ISCO3\) www.isco3.org](#)
- ▶ [The Ozone Miracle: How you can harness the power of oxygen to keep you and your family healthy](#)  
By Frank Shallenberger MD
- ▶ [The Use of Ozone in Medicine](#)  
By Renate Viebahn Haensler
- ▶ [Ozone A New Medical Drug](#)  
By Velio Bocci
- ▶ [The Oxygen Prescription: The Miracle of Oxidative Therapies](#)  
By Nathaniel Altman

Further to the above mentioned books, we have [resources](#) available on the Natural Ozone website.



