

OOZOO Smartwatches Q3 Series Manual



Equipment requirements

Android 4.4 and iOS 9.0 or above

Specifications

Screen type	1.3" IPS screen
Battery capacity	180mAh
Battery life	Up to 7 days (depending on use)
Waterproof	IP67 (dust-tight and splash proof)
Required configuration	Android 4.4 and iOS 9.0 or above

Turn on the watch

Long press the center side button to turn on the watch.

Dial interface

The watch has three original OOZOO dials. The dials can be switched after long pressing the main dial for three seconds. After the Gloyfit app is paired and connected for the first time, the watch synchronizes the time, date and day of the week.



Status interface: Switch to the status interface to view current steps, distance, and calorie status. Distance and calories are calculated and displayed based on the current number of steps, height and weight set in the app.

Heart rate, blood pressure and blood oxygen interface: Switch to heart rate / blood pressure / blood oxygen interface and automatically enter detection; you can also connect to the mobile app to test heart rate / blood pressure. If the bracelet is not worn correctly, the test fails, the failure interface will be displayed. In heart rate / blood pressure / blood oxygen detection mode, the battery life will be reduced.

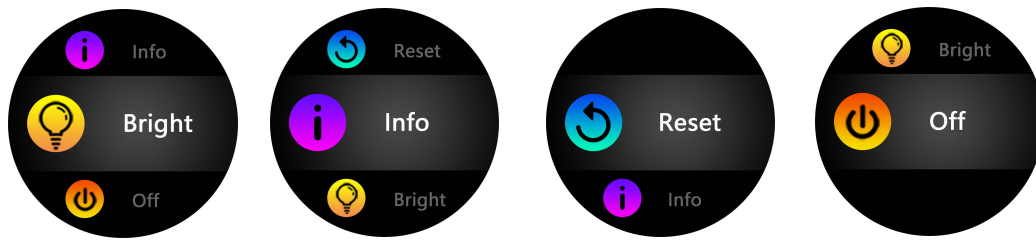
- During the test, the heart rate LED on the back of the bracelet will light up;
- The sensor should be close to the skin to prevent external light from affecting the accuracy of the test.
- Keep the test area clean. Sweat or stains can affect test results.

Sports interface: Switch to this interface, click on the screen to go to the specific sports interface, including indoor and outdoor running, horse riding, skipping rope, badminton, table tennis, tennis, rock climbing, hiking, basketball, soccer, baseball, volleyball, cricket, rugby, hockey, dancing, cycling, yoga, sit-ups, spinning, gymnastics, boating and jumping obstacles.

Music control: When the watch and cellphone are connected and the music is playing on the phone, open the music control.

Setting interface

Tap the screen to access the settings menu



Brightness adjustment: Tap the screen to select a different brightness. There are four levels of brightness.

Version Info: Tap to display the firmware version number and Bluetooth address of the watch.

Reset settings: press and hold for three seconds, all watch data will be erased, and APP data will be erased for the current day.

Turn off: press and hold for three seconds to turn off the smartwatch

Charging method: Before first use, please fully charge the watch. When charging, the watch will automatically turn on. The charging method is as follows: Align the two contacts of the charger with the charging position on the back of the watch. The magnetic charging base automatically snaps into place. You can use your standard phone charger or a USB port on a PC or laptop to charge the watch.



Install the smartwatch app: Scan the following QR code or enter major app markets to download and install "**GloryFit**"



GloryFit



Device Requirements: Android 4.4 and iOS 9.0 or above, support Bluetooth 5.0.

Connecting the device: The first time you use the watch, you need to connect to the app for calibration. If the app is properly connected, you need to define personal information. After successful connection, the smartwatch will automatically synchronize the time. The step count and sleep data will be inaccurate if not properly connected.

Once the mobile application is correctly configured, click on the device icon



Add device (iOS) / Add device (Android)



Click on the search icon at the top right



Click on the device connection

Bluetooth connection: After the pairing is successful, the APP automatically saves the Bluetooth address of the bracelet. When the APP is opened or running in the background, it will automatically search and connect to the bracelet.

Data synchronization: Manually pull down the synchronization data on the APP homepage; the bracelet can store offline data for 7 days. The more data, the longer the synchronization time, the longest is about 2 minutes. After the synchronization is completed, there will be a "sync completed" prompt.

Reminder function: The reminder function needs to be turned on by the reminder switch on the "Device" function page on the APP side and keep the Bluetooth connection between the mobile phone and the watch.

Reminder categories: call reminder, message reminder, sedentary reminder, smart alarm reminder, do not disturb mode, etc.

Call reminder: When a call comes in, the watch will vibrate and the name or number of the call will be displayed. If the "call rejection" function is turned on in the app, long press the screen to reject the call.

SMS reminder: When receiving a text message, the watch vibrates and displays an icon reminder. Tap to view.

Alarm clock: You can set three alarm clocks. After setting, the alarm clock will be synchronized to the wristband. Smart alarm clock is a silent alarm clock. When the alarm sounds, the wristband will initiate a moderate vibration .

Sedentary reminder: The default reminder interval is one hour; after being connected, if the user has not exercised for an hour, the bracelet will vibrate to remind the user to exercise.

Charging reminder: When the wristband is connected to the power supply or the charging base is charged, the motor vibrates. Pay attention to the low battery or full power state. The wristband does not vibrate.

Other reminders: When receiving other information such as emails, the bracelet will vibrate and display a reminder icon. Tap to view.

Sleep detection function: When you fall asleep, the watch will automatically determine to enter the sleep monitoring mode, automatically detect your deep sleep / light sleep / awake time, and calculate your sleep quality; sleep data only supports APP-side viewing for the time being.

Note: Sleep data will only be available when you wear the watch while you sleep.

Camera control: Shake to take photos remotely; watch must be connected to phone.

Restore Device: Restore Device; deletes all history records on APP and device

Precautions

1. Please avoid the watch from strong impact, extreme heat and exposure.
2. Do not disassemble, repair or modify the watch yourself.
This watch uses 5V 500MA for charging. It is strictly prohibited to use over-voltage load power supply for charging.
3. The operating environment of this watch is 0 ° ~ 45 ° . Do not throw it into fire to avoid causing explosion.
4. When the watch is wet, please dry it with a soft cloth before charging. Otherwise, it will corrode the charging contacts and cause charging failure.
5. Do not touch chemicals such as gasoline, cleaning solvents, propanol, alcohol, or insect repellent.
6. Do not use this product in high voltage and high magnetic environment.
7. Please wipe off the sweat drops on your wrist in time. The strap may be exposed to soap, sweat, allergens or pollution components for a long time, which may cause itchy skin.
8. If you use it often, it is recommended to clean the bracelet every week. Wipe with a damp cloth and remove oil or dust with a mild soap.
9. It is not advisable to wear a bracelet to take a hot bath.

Common problems

The first heart rate test takes long.

Testing your heart rate for the first time requires you to collect longer measurements to accurately calculate your heart rate.

What should I do if the Bluetooth connection fails? (Connection / reconnection failed or connection reconnection is slow)

Check if your device is iOS 9.0 and Android 4.4 and above and supports Bluetooth 5.0.

Due to the problem of signal interference in Bluetooth wireless connection, the time of each connection may be different. If the connection cannot be made for a long time, please ensure that the operation is performed in the absence of magnetic fields or multiple Bluetooth devices.

1. Turn Bluetooth off and on
2. Close the app or restart the phone.
3. Do not connect other Bluetooth devices or functions at the same time.
4. Check whether the APP is running normally in the background. If it is not in the background, it may not be connected.

Can't find the smartwatch?

Please make sure that the watch is powered on, and it is not bound to another smartphone. hold the watch close to the smartphone. If it still does not work, please turn off Bluetooth on the smartphone for 20 seconds. Then turn it back on again and try again.

Why should I wear my smartwatch tightly when measuring heart rate?

The bracelet uses the principle of light reflection. After the light source penetrates the skin, it collects the signal reflected to the sensor to calculate your heart rate. If you don't wear it tightly, ambient light will enter the sensor, which will affect the measurement accuracy.

I do not get notifications although the reminder function is turned on.

Android phone: Make sure the phone and the smartwatch are connected. After connecting, open the corresponding permissions in the phone's settings, allow the "GloryFit" APP to access incoming calls, text messages, and contacts, and run "GloryFit" in the background.

Apple phone: If there is no reminder after connecting, it is recommended to restart the phone and reconnect. When connecting the bracelet again, you must wait for the phone to pop up the [Bluetooth pairing request], and click [Pairing] to get the reminder.

Is the watch waterproof?

The watch has a IP67 rating, which means it's dust-tight and can withstand rain or short submersion in water. It is not recommended to swim with the watch.

Does the Bluetooth connection need to be always on?

Until it is synchronized, the data is retained on the watch (the data can be retained for seven days). Once the Bluetooth connection between the mobile phone and the watch is successful, the data on the watch will be automatically transferred to the mobile phone.

Note: The results of a heart rate measurement, blood pressure measurement and/or blood oxygen measurement are for reference only, and cannot be used as the basis of medical related aspects.

Proof of purchase/receipt is needed to claim warranty

The company reserves the right to amend the contents of this manual without notice. Some functions cannot be applied to all mobile phones for normal conditions. Please understand that all test data generated (heart rate, SPO2, blood pressure) by this product are an indication and for personal use only and NOT FOR MEDICAL PURPOSES.