



The Cold War

Over the holidays, I'm gunning for a week on the slopes in Telluride, Colorado, where, après-ski, I will head to the revamped Peaks Spa for a deep-tissue sports massage. Yet even with that pampering on the program, I'm packing these skin-saving salves along with my parka (above, from left):

Karuna Exfoliating + Foot Mask (\$11, karunaskin.com): Fifteen minutes in these paper socks will melt away callouses.

Darphin 8-Flower Nectar Oil Cream (\$135, darphin.com): Scented with ylang-ylang and jasmine, this buttery salve not only quenches wind-whipped skin, it also provides bedtime aromatherapy.

Make Twilight Lip Oil Remover (\$12, makebeauty.com): Yes, it removes lipstick, but more exciting is how incredibly soft it leaves my kissers.

Pixi by Petra Nourishing Cleansing Balm (\$20, thebodyshop.com): Almond oil and cocoa and shea butters make this solid pomade-like formula ultra-nourishing.

Tata Harper Skincare Soothing Muscle Gel (\$40, tataharper.com): Arnica reduces swelling, while cooling silver fir, ginger, and citrus ease aches and pains.

Nannie Inez Rosemary Mint Juniper Sugar Scrub (\$22, nannieinez.com): This oil-based skin-sloughing body scrub has a warming, menthol-y eucalyptus aroma.

Vaseline Intensive Care Deep Moisture Jelly Cream (\$8, walmart.com): Despite its light, fluffy texture, this highly humectant cream shields skin against everything from icy air to itchy wool pants.

37 Actives High Performance Anti Aging Treatment Foundation (\$165, neimansmarcus.com): I love makeup that has protective ingredients; this one contains the antioxidants resveratrol and ginkgo biloba.

We Love Eyes Eyelid & Eyelash Makeup Remover Oil (\$26, veloveeyesproducts.com): It erases mascara and is so moisturizing, you can skip the eye cream.

Earth Tu Face Honey + Coconut Mask (\$52, earthtuface.com): This thick, hydrating goop is so messy, you may need a bib. But it's worth it.

Freckle-Face Strawberry

The "no-makeup" look is still going strong, and for spring it's particularly pretty: Al Jason Wu (above, left), Victoria Beckham, and Aryo Hindmarch, foundation-free faces set off by beautifully bold lips. But if you're a mere mortal and not a model, you're going to want some sort of cover (above, clockwise, from top). **Hylamide Photography Foundation in Transparent** (\$20, deciem.com), **Chantecaille Liquid Lumiere** (\$39, chantecaille.com), and **Lancer Skincare Dani Glowing Skin Perfector** (\$95, lancerskincare.com) are light lotions with a hint of shimmer that even skin tone and give a healthy glow. Finish things off with a stunning lip shade (left, from left):

Dior Diorjolie Mat Velvet Colour Lipstick in Fabuleuse (\$38, diorecem.com)

Julep It's Whipped Latte Lip Mousse in Smooth (\$20, julep.com)

Urban Decay Matte Revolution Lipstick in Bad Blood (\$22, urbandecay.com)

Yves Saint Laurent Rouge Pur Couture Collector Kiss & Love Edition in Le Rouge (\$36, yslbeautyus.com)

Fresh Start

WHAT W'S BEAUTY DIRECTOR, JANE LARKWORTHY, IS HOOKED ON THIS MONTH.

Eau de Fancy

For me, dressing up isn't just about the dress. I also swap my everyday scent for a special-occasion one. Here's what I'll be spritzing this holiday-soiree season (right, clockwise from top left):

Tory Burch Perfume (\$325, toryburch.com): Vetiver, one of my favorite grassy notes, gets gussied up with elegant neroli and tuberose.

Krigger Sierra Vista 2142 (\$230, krigger.com): This cedar, sandalwood, and jasmine blend is the fragrance equivalent of a cashmere gown.

Byredo Casablanca Extrait de Parfum (\$550, byredo.com): Gardenia, carnation, and tuberose make a grand entrance in this intensely concentrated scent.

Prada Olfactories Hot Wave (\$300, at select Prada stores, 212-334-8888): A hint of beach meets the floral notes of ylang-ylang, tuberose, and frangipani. (Think Christmas in St. Barts.)

Dolce & Gabbana the One Essence (\$115, saks.com): This bergamot, citrus, and amber creation is as warm and glowy as a candlelit dinner.

