

NAME:

AGE:

DATE:

Check off any item that your child struggles with.
If your child struggles with the item 50% of the time or more, check it off.
If there are 3+ boxes checked in a reflex category, it's likely the reflex is retained.
Formal reflex testing is recommended.

MORO REFLEX

- Motion sickness
- Poor eye contact
- Light /sound sensory sensitivity
- Allergies / chronic illness
- Adverse reactions to drugs
- Poor tolerance of change
- Anxiety / nervousness
- Mood swings
- Difficulty with ball games
- Fight / Flight / Freeze
- Stressful birth
- Challenges communicating feelings
- Poor impulse control
- Cravings for sweets
- Frequent headaches
- Fatigues easily

TONIC LABRYNTHINE REFLEX

- Poor balance
- Difficulty with ball games
- Visual-perception challenges
- Auditory processing challenges
- Decreased organizational skills
- Spatial awareness difficulties

SPINAL GALANT REFLEX

- Fidgeting
- Decreased concentration
- Bed wetting beyond age 5
- Sensory sensitivities
- Reading difficulties
- "Ants in the pants"

ATNR

- Poor handwriting
- Eye tracking difficulty
- Poor crossing midline
- Poor hand dominance
- Right/ Left confusion
- Mixes b's and d's during writing
- Clumsy gross motor skills

STNR

- Lays head on desk while writing
- Decreased ball skills
- Clumsy
- Messy eater
- Decreased attention
- Difficulty copying from the board
- Skipped crawling
- Asymmetrical / poor crawling pattern

PALMAR GRASP REFLEX

- Poor handwriting
- Tactile sensitivity
- Decreased upper body strength
- Poor hand dominance
- Right/ Left confusion
- Speech / articulation challenges

ROOTING / SUCK REFLEX

- Extreme picky eating
- Messy eater
- Speech / articulation challenges
- Chewing / swallowing deficit
- Excessive drooling
- Latch difficulties in infancy