Spark*l

Wrist Sizing Guide

Band Sizes

XXS	(5.5” - 6”)	M	(7” - 7.5”)
XS	(6” - 6.5”)	L	(7.5” - 8”)
S	(6.5” - 7”)		

Instructions

1. Print this page out at 100%. Do not scale to fit.
2. Cut out the sample band and wrap it around your wrist, keeping the end with the arrow on top.
3. Make sure the band lays flat against your wrist.
4. Use the band as you would a normal measuring tape and pick the size the arrow is pointing to (not the overlapping size), and you’re done! If you’re between sizes, we recommend getting the smaller size, and leaving a note for us to adjust the sizing to fit your wrist.