Each measurement listed on the measuring tape is one of our standard wrist sizes. Whichever measurement you land on will be the size you select when you customize your band, regardless of band style.

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## PRINT YOUR OWN MEASURING TAPE!

1. Print this PDF at actual size. DO NOT scale to fit.
2. Cut out the sample band or measuring tape and wrap it around your wrist, keeping the end with the arrow on top to find your color (size) or your wrist measurement. Make sure the band lays flat against your wrist.
3. Use the band as you would a normal measuring tape and pick the size the arrow is pointing to.
4. Congratulations! You are ready to purchase a Spark*। Band!

Note: If you prefer a tighter or looser fit, please adjust your wrist size selection by adding or subtracting a quarter inch.

Still need help? Please email:
hello@sparklbands.com
sparklbands.com | @sparklbands

METRIC CONVERSION

| $\mathbf{I N}$ | CM |
| :--- | :--- |
| 5 | 12.7 |
| 5.25 | 13.335 |
| 5.5 | 13.97 |
| 5.75 | 14.605 |
| 6 | 15.24 |
| 6.25 | 15.875 |
| 6.5 | 16.51 |
| 6.75 | 17.145 |
| 7 | 17.78 |
| 7.25 | 18.415 |
| 7.5 | 19.05 |
| 7.75 | 19.685 |
| 8 | 20.32 |
| 8.25 | 20.955 |
| 8.5 | 21.59 |
| 8.75 | 22.225 |
| 9 | 22.86 |

