

Wellness Week

January 28th - February 1st

- Monday (1/28/19) "Safety Day" Wear safety gear to school.
- Tuesday (1/29/19) "Advocate for a Cure Day" Wear the color that represents the disease or cause you want to spread awareness for.
- Wednesday (1/30/19) "Healthy Eating Day" Wear the color of your favorite fruit or veggie.
- Thursday (1/31/19 "Physical Activity Day" Wear workout clothing.
- Friday (2/1/19-) "Be Kind Day" Wear <u>blue</u> for bullying awareness.

Advocate for a Cure Day



January 29th 2019 (Tuesday)

Wear the color that represents the disease or cause you would like to spread awareness for.





Prostate Cancer

Teal/White ... Cervical Cancer

Yellow ... Sarcoma/Bone/ Bladder Cancer Gold ... Childhood Cancers

Burgundy/Ivory ... Head & Neck Cancer

Lime ... Lymphoma

Peach ... Uterine Cancer

Kelly Green ... Kidney Cancer

Teal/Pink/Blue... Thyroid Cancer

Lavender... All Cancers