

Chapter Review Questions

This quiz contains 15 questions. You will receive immediate feedback to your responses.

Complete the following sentences by typing the correct word in the text boxes.

1. Your _____ can be influenced by circumstances, emotions, and traditions.

2. Most people who go on a diet do not keep the weight off for longer than _____.

3. A registered _____ is a licensed professional and a good source of nutrition information.

4. Substances found in plants, called _____, perform important functions in the human body.

5. The sensation of fullness is known as _____.

[Check Answers](#)