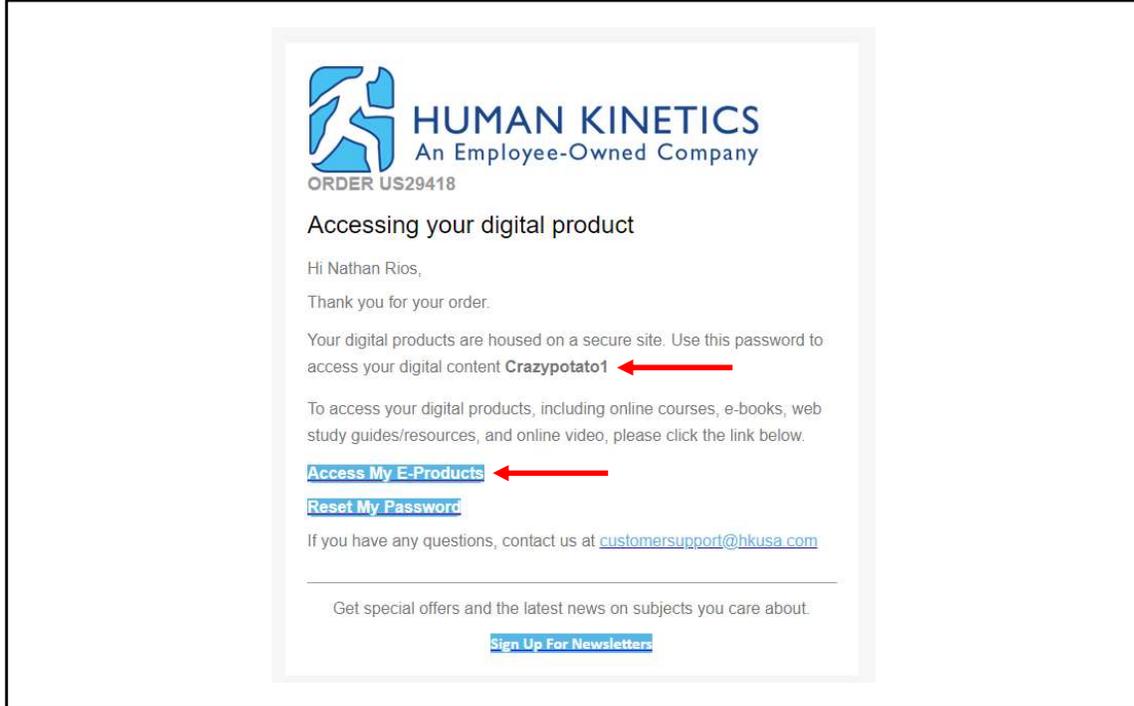


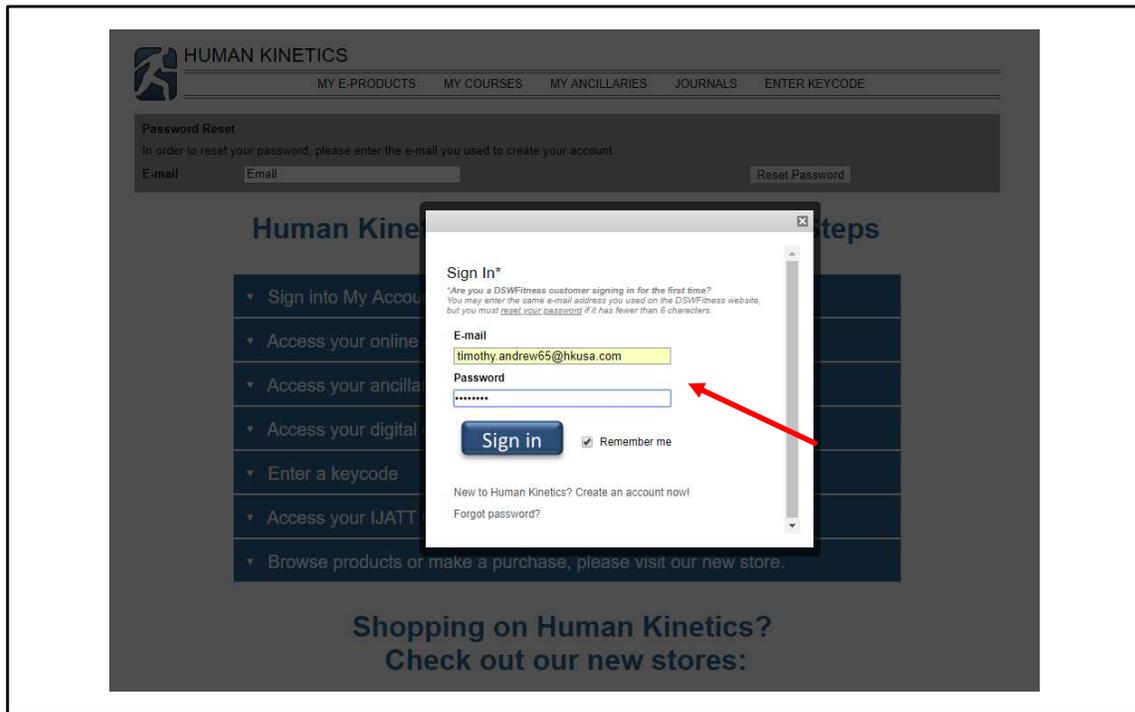
This tutorial will guide you through the process of accessing your online course.

During the purchase process, you received three emails. The first email confirmed your registration on the Human Kinetics website. The second email confirmed your order. The third email contains the link for accessing your online course. Open this email.

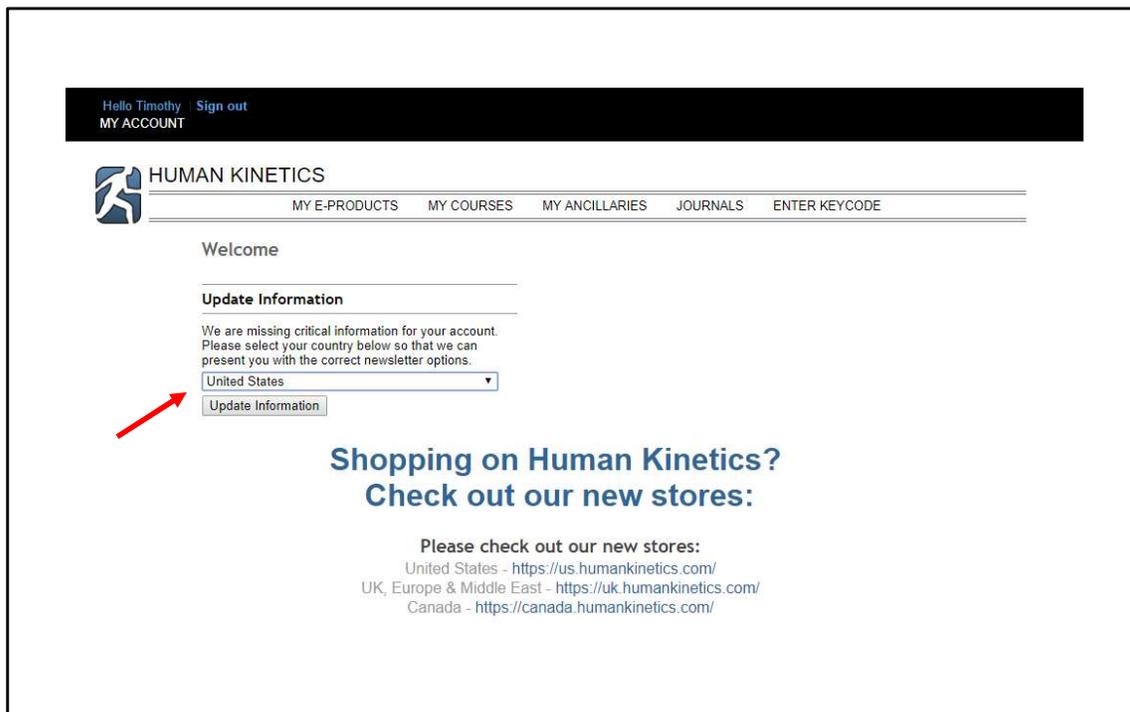


This screen shows the contents of the course-access email. If this is the first time you've taken a course from Human Kinetics, your email will contain a temporary password. From the email, double click and copy the password provided to you, then click the "Access My E-Products" button. You MUST use the password provided to you in this email to access your course for the first time. After you've accessed your course, you can return to this email anytime and click the "Reset My Password" button to change your password.

If you have taken an AYF or AYC course from Human Kinetics before, you may not receive a password in this email. If that's the case, just click the "access my eproducts" tab to continue.



On this screen, type in your email address and paste in the password you copied from the email. Click the “Sign in” button.



At this point, depending on the browser you're using, you may encounter this screen. If you do, select "United States" from the dropdown menu and click the "Update Information" button.

The screenshot shows the Human Kinetics website interface. At the top, there is a dark navigation bar with the text "Hello Timothy Sign out" and "MY ACCOUNT". Below this is the "HUMAN KINETICS" logo and a horizontal menu with links for "MY E-PRODUCTS", "MY COURSES", "MY ANCILLARIES", "JOURNALS", and "ENTER KEYCODE". The main content area is titled "Welcome" and is divided into two columns of categories, each with a "Subscribe" button and a "Continue Without Subscribing" button. The categories are:

- General HK Interest**
 - Webinar Announcements
- Professional and Academic**
 - Aquatics/Swimming
 - Continuing Education
 - Exercise Science News
 - Faculty Newsletter
 - Fitness
 - PE & Health Newsletter
 - Recreation and Parks News
 - Research and Reference News
 - Sport Management News
 - Sports Medicine and Rehabilitation News
- Sports and Activities**
 - Human Kinetics Spotlight
 - Human Kinetics Coach Education Insider
 - Baseball
 - Basketball
 - Dance
 - Endurance
 - Fitness
 - Football
 - Golf
 - Hockey
 - Nutrition
 - Outdoor Activities
 - Soccer
 - Softball
 - Strength & Conditioning
 - Tennis
 - Track & Field
 - Volleyball
 - Wrestling

A red arrow points to the "Continue Without Subscribing" button. Below the buttons, there is a promotional message: "Shopping on Human Kinetics? Check out our new stores:"

From this screen, click the “Continue Without Subscribing” button.

The screenshot shows the Human Kinetics website interface. At the top left, a dark navigation bar contains the text "Hello Timothy" and "Sign out" with a red arrow pointing to "Hello Timothy". Below this is a "MY ACCOUNT" link. The main header features the Human Kinetics logo and navigation links: "MY E-PRODUCTS", "MY COURSES", "MY ANCILLARIES", "JOURNALS", and "ENTER KEYCODE". A "Password Reset" section includes a form with an "E-mail" input field and a "Reset Password" button. Below the form is the heading "Human Kinetics Online Product Access Steps" followed by a list of seven steps in blue boxes:

- ▾ Sign into My Account
- ▾ Access your online courses
- ▾ Access your ancillary materials
- ▾ Access your digital content
- ▾ Enter a keycode
- ▾ Access your IJATT Quiz
- ▾ Browse products or make a purchase, please visit our new store.

At the bottom, the text reads: "Shopping on Human Kinetics? Check out our new stores:"

On the next screen, notice that your name appears in the top left corner of the page. This indicates successful sign on.

The screenshot shows the Human Kinetics website interface. At the top, a black navigation bar contains the text "Hello Timothy Sign out" and "MY ACCOUNT". Below this is the Human Kinetics logo and a horizontal menu with the following items: "MY E-PRODUCTS", "MY COURSES", "MY ANCILLARIES", "JOURNALS", and "ENTER KEYCODE". A red arrow points to the "MY COURSES" tab. Below the menu is a "Password Reset" section with a form for entering an email address and a "Reset Password" button. The main content area features the heading "Human Kinetics Online Product Access Steps" followed by a list of seven steps, each in a blue box with a downward arrow: "Sign into My Account", "Access your online courses", "Access your ancillary materials", "Access your digital content", "Enter a keycode", "Access your IJATT Quiz", and "Browse products or make a purchase, please visit our new store." At the bottom of the content area, there is a promotional message: "Shopping on Human Kinetics? Check out our new stores:".

Next, click the “My Courses” tab from the top banner.

Courses and Exams in Progress		
Course Title	Test	Access Expires
Coaching Youth Football: The AYF Way, Third Edition		05/16/2020 95 days remaining

From this screen, click the course text link to launch your course.



This is the first page of the course. Click the image to begin.