

# Stressor Testing and BIE

## *Biofeedback Analysis Testing*

Biofeedback Analysis is a natural health screening method used to obtain information from the body to determine the energetic level of intolerance to a given substance. A particular muscle is isolated and exposed to a specific substance to determine either a positive or negative response. A weakness in the indicator muscle reveals a disruption in the energy flow and therefore the presence of an intolerance. An increase of strength in the indicator muscle confirms the body's ability to accept the substance being tested. – Needles are not required.

## *Homeostatic Imbalance and Stressors*

Definition: "Homeostasis is a state of body equilibrium or stable internal environment of the body." In general, the body is in homeostasis when its' needs are being adequately met and is functioning smoothly. Communication within the body is essential for homeostasis and is accomplished chiefly by body systems which use electrical signals delivered by acupuncture points as information carriers. Homeostasis is so important that most disease is regarded as a result of its disturbance, a condition called homeostatic imbalance.

Cells are congruent to trillions of tiny batteries that comprise the human body. The more exposure we have to given energies, from foods, electromagnetic fields such as radiations, negative thought processes, pollens, danders, chemicals, etc., the more these discordant energies will lead to homeostatic imbalance. **These discordant energies are referred to as stressors.**

## *BIE*

Bioenergetic pathways known as meridians, allow energetic signals to flow continuously through and around the body. It is through these bioenergetic meridians that the brain and nervous system receive information about the state and functioning of the body as a whole. Modern electro magnetic imaging technology has confirmed the presence of these pathways. When blockages occur within these pathways, the body is unable to recognize stressors. This results in homeostatic imbalance.

BIE is a simple, natural and non-invasive modality that helps enable one's body to maintain balance (homeostasis) without the use of needles or drugs. Our patented modality uses bio-energy principles. The GSR-120 unit is used to direct

energy directly onto various points on the body to help create homeostasis, therefore alleviating suffering.

## *Possible outcomes of the BIE modality*

When the body begins to balance itself, minor symptoms like the odd headache, sore throat, sinus congestion, tired or lethargic feeling, aches and pains or possibly even nausea are all usually signs of the body cleansing. This is known as the "healing process". A healing process can start the day after the session up to 3 weeks in some cases, and may last from 1 to 28 days. In fact, clients may *appear* to be feeling sick. This is common. The body is merely re-experiencing the same symptoms, **temporarily**, as it now returns on the uphill road, throwing off and eliminating toxic wastes.

## *How long will a client maintain homeostasis?*

It usually requires only **1 to 4 sessions to maintain homeostasis**. In most cases, homeostasis can be achieved after the first visit. However, depending on the *stress level* of the client, amount of *bodily toxins* and the strength of the person's *immune system*, the others may require several visits to achieve and maintain homeostasis. Once homeostasis is achieved, there is usually no need for subsequent or yearly visits.

### **Disclaimer:**

BIE practitioners are **not** medical doctors and do not use medical diagnostic or treatment procedures.

The services performed by BIE practitioners are at all times restricted to consultation on the subject of nutritional matters and the BIE modality, and do not involve the use of scratch tests, needles or blood tests to verify the client's diseases, medical conditions, sensitivities, allergies or intolerances to foods or environmental substances. All services provided are done for experimental or educational purposes only and do not involve the diagnosing, curing, prognosticating, treatment or prescribing of remedies for the treatment of disease or any act, which will constitute the practice of medicine in this country in which a licence is required.

All suggestions (if any) regarding herbs or nutritional matters are based on historical and traditional use.

Program compliance is required for guaranteed results.

The Institute of Natural Health Technologies

410 North Service Rd. E, 2<sup>nd</sup> Floor,  
Oakville, Ontario, L6H 5R2

Ph. (905) 465-3830 Toll Free: 1 (877) 393-7700 [www.inht.ca](http://www.inht.ca)

