



Parker's
100% REAL MAPLE™



SPRING SALAD

This spring salad makes a refreshing and delicious lunch. You can also add grilled chicken or salmon on top for a healthy protein option.

INGREDIENTS

Fresh strawberries

Walnuts, pecans, or almonds, roughly chopped

Goat cheese or blue cheese crumbles

Spring greens salad mix

DIRECTIONS

Toss about 1/3 cup of our maple vinaigrette with the salad greens. Add strawberry slices, nuts, and cheese over the top and enjoy!