



**Parker's**  
100% REAL MAPLE™



## MAPLE GLAZED CHICKEN

This quick & easy dinner is oh so delicious. Whip up some roasted sheet pan veggies to go along with it or simply use this chicken as the finishing touch to your salad!

### INGREDIENTS

*2 tbsp. maple syrup*

*2 tbsp. soy sauce*

*1 tbsp. apple cider vinegar*

*2 chicken breasts*

*Your favorite greens & veggies*

### DIRECTIONS

- 1. Mix together 2 tbsp. maple syrup, 2 tbsp. soy sauce and 1 tbsp. apple cider vinegar.*
- 2. Place chicken breasts in a cast iron skillet, coat with maple soy sauce and cook until done.*
- 3. Top on a bed of greens with veggies of choice. Enjoy!*