

Boobie BEARS FAQ

Who are Boobie BEARS made for?

Our natural ingredients benefit ALL moms in the postpartum stage of motherhood. We've got you covered mama no matter what your needs are: gummy galactagogues (a substance that increases milk supply), postnatal hair growth, or immune support used to keep you feeling well or at the first sign of a cold.

Should I take Boobie BEARS if I am using Boobie BARS and/or BoobieBODY also? Yes!

All our innovative products were created by our founder and registered nurse, Nurse Wendy, for postpartum and beyond. We designed all Boobie Brands products to be used together or stand alone as separate products. We know your job as a mother is hard, but your daily supplements should be delicious, healthy, AND convenient!

What ingredients in Boobie BEARS are galactagogues?(A substance that increases milk supply) We included our favorite lactogenic superfoods: moringa, turmeric, and cinnamon because they also offer postnatal support too!

How are Boobie BEARS different from other hair gummies?

Other hair gummies only have ONE purpose and do NOT have postpartum women in mind which is an injustice since 90% of us lose our hair 1-5 months postpartum, They include the same 5,000 mcg of biotin as Boobie BEARS, but they also put high doses of vitamins which are also in prenatal vitamins causing you to EXCEED the daily recommended doses of some vitamins.

Do Boobie BEARS replace my prenatal vitamins?

No, continue with your prescribed prenatal as directed. Use Boobie BEARS as directed along with your daily prenatal if looking for a supplement which promotes lactation, immune health, and postnatal hair growth in a delicious berry flavored gummy.

Are Boobie BEARS Dairy free, Vegan, Soy free, and Gluten free and Certified Kosher?

Yes, all of the above plus free of artificial sweeteners!

Why Do Boobie BEARS contain Elderberry Powder and Zinc?

Elderberry and zinc are common natural cold remedies used by women, men, and children (they now have elderberry gummies for children as young as 2 years old).

As if being sick isn't enough of a stressor, maternal illness is a major cause of a dip in milk supply:-(

More fascinating, although uncommon knowledge, is zinc's necessary role for the growth of mammary glands and the function of mammary epithelial cells. "Zinc levels in breast milk may be able to serve as an indicator of breast function during lactation", according to Penn State health researchers. <https://news.psu.edu/story/386024/2015/12/22/research/low-zinc-levels-may-suggest-potential-breast-feeding-problems>