

TruSmile

VENEERS

Making a Perfect Teeth Impression

We would like to thank you for your trust in TruSmile Veneers Company and we assure you that making a dental impression is a very simple process that anyone can make. More than 90% of our customers get it right from the first attempt.

Very important notice:

Please, don't attempt to take the impression if you suffer or have any of the following: Bleeding Gums, Gum Disease, loose teeth, loose fillings, loose crowns, badly decayed teeth and/or accumulated calculus or tartar over your teeth. Please consult your dentist first.

You can always view our website for a detailed video on how to make the dental impression yourself and you are always welcome to contact us for any help.

STEP 1

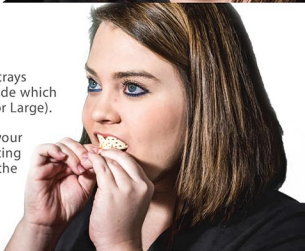
Brush your teeth and rinse your mouth.



STEP 2

Fit the different impression trays on your teeth, until you decide which size to use (Small, Medium or Large).

The Tray should overlap all your teeth and gums without hitting the gum at any point or on the other hand being so wide.



STEP 3

Get the impression material out of one of the containers with **table 1** & one of the containers with **table 2** and mix them quickly by kneading and folding for 40 seconds or until it becomes a solid one homogeneous color.



STEP 4

Roll the putty and make it as tall as your finger and then load the tray evenly and fully with it.



STEP 5

Try to swallow all the saliva in your mouth to make your mouth as dry as possible.

STEP 6

Insert the tray inside your mouth. Make it fully inside your mouth before touching any teeth.



STEP 7

Push the tray all the way against your teeth in a straight line without any rocking or wiggling.



STEP 8

Use your fingers to gently press around the borders of the tray to make a perfect detailed impression for few seconds.



STEP 9

Keep the impression perfectly still using your thumbs without moving or rocking for 3 minutes. Then take it out in a straight line.



STEP 10

Fill the details of the Return Card and put it along with impression back in the box. Put the box in the return shipping bag and send it over.



Home impression making is a very simple process. **Perfect impression = Perfect Veneers**, that's why sometimes we would send you another impression kit to make the impression again to get more details or a more accurate impression.

Few Examples for Good Impressions:



Well demarcated teeth borders



Good separation lines between teeth

Examples of Rejected impressions:



Distorted impression and showing walls of the tray



Showing dragging lines because the material was too soft when it was pulled out from the mouth



Too shallow impression because the material was too hard before inserted in the mouth

In Most of the cases it's very Important to have photos of the customers mouth and teeth to make the most suitable and matching veneers. So, please take few minutes to take those few photos and upload them to your online account or send them to photos@trusmileveneers.com



Return Card

Please, Don't forget to cut the return card, Fill it and Send it along with your impressions.

Full Name : _____

Full Address : _____

Phone : _____

Email : _____

By Signing this card and sending your impression you agree to all TruSmile Veneers Terms and Conditions available online.

Signature : _____

Date : _____