

Health[®]

6 Healthier Alternatives to Your Favorite Junk Food Snacks

Trick your taste buds with these better-for-you alternatives.

French fries, candy bars, cookie dough—nothing ever measures up to the taste of the real thing... until now. Trick your taste buds with these better-for-you alternatives, brought to you by Jackie Newgent, RD.

If you're craving chocolate chip cookie dough

Swap it for: A Pure Genius Provisions chocolate chunk blondie (\$23 for a box of 8; puregeniusprovisions.com)

Made with garbanzo beans, this gooey, gluten-free treat is full of protein. The big chunks of dark chocolate help disguise it as an indulgence.

