

## GOURMET MELTS

Hot grilled cheese sandwiches. Served on sourdough bread with a side of fresh greens.

**Classic** 8.25

Melty American cheese goodness

**Tuna Melt** 9.50

Tuna salad and American cheese

**Roman** 10.75

Mozzarella with crushed San Marzano tomato and prosciutto

**Swiss** 11.25

Turkey and Swiss, caramelized onions, tomatoes, and cilantro-ranch dressing

**Cuban** 11.25

Mozzarella and Swiss with prosciutto, Dijon mustard and dill pickle

**Tuscan** 11.25

Whipped goat cheese and fig jam, with fried prosciutto and mozzarella

## WRAPS


Freshly made to order, with a side of greens

**Turkey + Swiss** 11.25

Maple-glazed turkey, prosciutto, swiss, greens, and onion with cilantro-ranch dressing

**Turkey, Apple + Brie** 11.25

Maple-glazed turkey, brie cheese, apple slices and greens with lemon-Dijon vinaigrette

**Veggie** 9.75 

Avocado, bell pepper, carrots, greens, and hummus with lemon-Dijon vinaigrette

## DIPS & SPREADS

**Hummus** 9.25 

A classic blend of chickpeas, tahini, roasted garlic and lemon juice. With toasted pita.

**Goat Cheese & Fig Jam Spread** 9.25

Mild goat cheese and fig jam whipped together and topped with walnuts. With toasted bread and crackers.

# COLONY

## OPEN-FACED

**Avocado Pitza** 8.75 

Our famous hummus, avocado and fresh greens with olive oil & lemon juice all on a toasted pita

**Nutella & Apple** 8

Juicy apple slices over chocolate-hazelnut spread, drizzled with honey and a sprinkling of sea salt on toasted sourdough

**Avocado Toast** 7.25

Freshly sliced avocado on toasted sourdough, with lime, olive oil and topped with two salts

## SHARABLE BOARDS

**Cheese Board**

three cheeses/15    five cheeses/20

A selection of soft and hard cheeses. Served with nuts, honey, and toasted bread.


**Charcuterie** 17

Our selection of cured meats. With mustard, nuts, pickled veggies and toasted bread.

**Combo** 20

A delightful mix of hard cheeses and cured meats. Served with apple and toasted bread.

## SALAD

Fresh greens and sliced apple with lemon-Dijon vinaigrette 7.25  (GF)

Substitute cilantro-ranch dressing, no charge

**Customize it!**


Prosciutto or Avocado 2.00

Chunk Tuna 1.50

Chickpeas, Blue Cheese or Walnuts 1.00

Carrots or Dried Cherries .50

*Note: menu items may contain allergens, such as wheat, nut, egg and dairy products.*

 = Suitable for Vegans    GF = Gluten Free