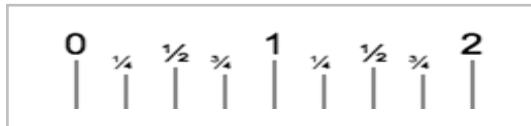




THE CADENCE COMPANY

IMPRESSION OPTION

To get the best results, go to the 'printing option' prior to printing and ensure that the 'page scaling' option is set to 'none' in the print dialogue box. The Cadence Wrist Sizer must be printed on a full letter (8 ½ x 11 inches) size page. To check that the Wrist Sizer has been printed properly, take a ruler and measure the sample below. It should measure exactly 2 inches.



HOW TO USE THE CADENCE WRIST SIZER

Cut out the Wrist Sizer band to the right and follow the instructions below:

- Ensure the numbers of the Wrist Sizer are outwardly facing so that you can read them once on your wrist.
- Cut a slit along the dotted line of the Wrist Sizer indicated [CUT HERE].
- Insert the pointed end through the opening you have cut at the opposite end of the Wrist Sizer.
- Place your hand through the Wrist Sizer and pull the pointed end until it fits comfortably on your wrist.
- The number that lines up with the edges of the opening is the size of the wrist.
- You can also use a tape measure but if you do not have one, take any small piece of ribbon or cord. Wrap it around your wrist and measure the length against a ruler.

WRIST SIZER

