

MAURY COUNTY SENIOR CITIZENS PRESENTS
PANAMA CANAL
 WITH PRINCESS CRUISES® ON THE ISLAND PRINCESS®
 11 DAYS / 10 NIGHTS ~ MARCH 7 – 17, 2020

DAY	PORT	ARRIVE	DEPART
1	Fort Lauderdale, Florida		4:00 PM
2	At Sea		
3	Falmouth, Jamaica	8:00 AM	5:00 PM
4	At Sea		
5	Cartegena, Colombia	7:00 AM	3:00 PM
6	Panama Canal Partial Transit New Locks, Panama	6:00 AM	3:30 PM
6	Cristobal, Panama	4:00 PM	7:00 PM
7	Limon, Costa Rica	7:00 AM	6:00 PM
8	At Sea		
9	Grand Cayman, Cayman Islands	7:00 AM	5:00 PM
10	At Sea		
11	Fort Lauderdale, Florida	7:00 AM	

Inside Cabin Category	ID	\$2,920
Outside Cabin Category	OE	\$3,270
Balcony Cabin Category	BD	\$3,620

Rates are per person double occupancy and include roundtrip airfare from Nashville, cruise, port charges, government fees, taxes, and transfers to/from ship. PRINCESS CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED.

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*****PASSPORT REQUIRED*****

DEPOSIT POLICY: An initial deposit of \$530 per person double occupancy or \$1,060 per person single occupancy is required in order to secure reservations and assign cabins. Final payment is due by November 8, 2019. **Those who book early get the best prices, the best cabin locations and their preferred dining times.**

**FOR RESERVATIONS OR MORE INFORMATION PLEASE CONTACT
 ESTHER ~ 931-388-7969**

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 to see someone you love
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FT. LAUDERDALE, FLORIDA

According to the popular 1960 beach movie, Fort Lauderdale is "where the boys are." The city's reputation as America's Spring Break capital, however, has been replaced with the more favorable image of a prime family tourist destination, attracting more than 10 million visitors annually. The most popular beach resort in Florida is even more rightly famed as the "Yachting Capital of the World," with more than 40,000 registered crafts calling its waters home. The city also prides itself on being the "Venice of America" with more than 300 miles of navigable waterways. Fort Lauderdale boasts world-class theaters, museums, sightseeing, and shopping. The city sits 24 miles north of Miami and is named after a series of forts built by the United States during the second Seminole War. The forts took their name from Major William Lauderdale, who was the commander of the detachment of soldiers who built the first fort. Look hard and you might find remnants of three of them today. More people seem to be interested in taking a water tour aboard the "Carrie B."

FALMOUTH, JAMAICA

Falmouth is the chief town and capital of the parish of Trelawny in Jamaica. It is situated on Jamaica's north coast 18 miles east of Montego Bay. It is noted for being one of the Caribbean's best-preserved Georgian towns. Founded by Thomas Reid in 1769, Falmouth flourished as a market centre and port for forty years at a time when Jamaica was the world's leading sugar producer. It was named after Falmouth, Cornwall in the United Kingdom, the birthplace of Sir William Trelawny, the Governor of Jamaica, who was instrumental in its establishment. The town was meticulously planned from the start, with wide streets in a regular grid, adequate water supply, and public buildings. It even had piped water before New York City.

CARTAGENA, COLOMBIA

One of the more interesting cities on your itinerary steeped in history. This was the transit port for all the wealth Spain derived from South America. The famous "Old City" is comprised of 12 square blocks filled with attractions, boutiques and restaurants. Throughout Colombia, the Spanish Empire's influence in the New World is self-evident. Its fortress walls, quaint narrow streets, and balconied houses are all vivid reminders of Spain's hold on Cartagena and throughout the Caribbean and South America. This is the land of El Dorado and flamboyant adventurers in search of the ever-elusive gold. Cartagena's well-constructed fortifications defended its borders against seafaring pirates whose attacks lasted for more than 200 years. Today this modern and bustling city, seaport, and commercial center still boasts much of its original colonial architecture. Your journey here will provide you with a significant link to the region's grand past.

PANAMA CANAL (SCENIC CRUISING) PANAMA

The narrow isthmus separating the Atlantic from the Pacific Ocean had a colorful and turbulent history long before Ferdinand de Lesseps first dreamed of building a transcontinental canal. Spanish conquistadors hauled Incan gold through the dense rainforest to ports on the Atlantic. English freebooters sought to ransack those ports and attack the treasure ships that sailed from Portobelo. And 49ers braved mosquitoes and yellow fever to get to the California gold fields. While the Panama Canal remains one of the great American engineering feats of the 20th century, visitors to Panama will discover a whole range of scenic wonders. Hike into the dense rainforest, home to over 1,000 species of animals. Or pay a visit to an Embera Indian village in the heart of Chagres National Park.

CRISTOBAL, PANAMA

Cristóbal is located on the western edge of Manzanillo Island, on the Atlantic side of the Panama Canal. The architecture of much of what was once known as Steamship Row (the areas around Roosevelt Avenue, Terminal Street and Columbus Avenue) can still be appreciated, even if only for their historical significance. Other Cristobal area landmarks like the Hotel Washington, Christ Church by the Sea, and the St. Mary's Academy's Church of Our Lady of the Miraculous Medal are very well preserved and may be of interest to visitors.

LIMON, COSTA RICA

Costa Rica's Limon Province boasts pristine beaches, sprawling banana plantations and dense rainforest. These Caribbean lowlands are still sparsely populated--nearly a third of the province's population lives around Puerto Limon--and conservation efforts have led to growing eco-tourism. Limon Province offers other charms as well. Afro-Caribbean influences abound, from the lilting speech and reggae rhythms brought by Jamaican settlers to the colorful bungalows lining small fishing villages. Limon is a zesty little slice of heaven.

GRAND CAYMAN, CAYMAN ISLANDS

When Columbus made his landfall in the Caymans in 1503, he found tortoises and sea turtles in such profusion that he promptly named the islands Las Tortugas. But the name that stuck for the islands was the Carib word "Caimanas." Fitting, since the caiman is a New World crocodylian and the islands were long the lair of pirates, buccaneers, and assorted freebooters. Despite their past, the Caymans are a Caribbean demi-paradise of white-sand beaches, coral gardens, and offshore waters harboring spectacular shipwrecks. Grand Cayman, Cayman Brac and Little Cayman also boast the highest standard of living in the entire Caribbean. This union of natural beauty and cosmopolitan style makes Grand Cayman a spectacular port of call for today's adventurers.

