



## AROMATHERAPY

Aromatherapy is an important part of a larger holistic field of herbal medicine and preventive health care treatments. The practice of aromatherapy uses pure essential oils in a prescribed manner primarily as an application to the skin or through inhalation. To achieve therapeutic results, the purity and quality of the essential oils is of utmost importance. Each therapeutic essential oil contains hundreds of active and inactive compounds. Their action on the body, mind or emotions is therefore holistic.

CLAS Therapy employs the inhalation of aromatherapy and is based on the five elements of Chinese Medicine. The essential oil chosen will correlate with the program's defined result: relaxation, insomnia, stress relief, etc. For example: May Chang is one of the oils that will be diffused when the fire element appears on the screen, while Lavender will be used in conjunction with water elements or blue energetics. The color, light, aroma and sound elements of CLAS Therapy are all synchronized for an optimal session tailored specifically to your client's needs.

[LEARN MORE](#)



800.678.6824

[sales@touchamerica.com](mailto:sales@touchamerica.com)



888.446.3747

[sales@claswellness.com](mailto:sales@claswellness.com)