


ECO-FRIENDLY SEEDLING POTS

This activity requires scissors.
Adult supervision is advised. 

MATERIALS

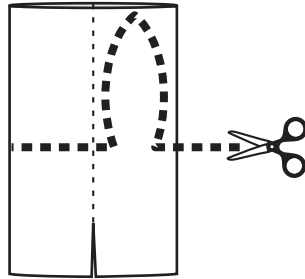
1 empty toilet paper roll
Scissors
Potting soil
1 Sunflower seed or other seed of choice
Pencil or permanent marker

INSTRUCTIONS

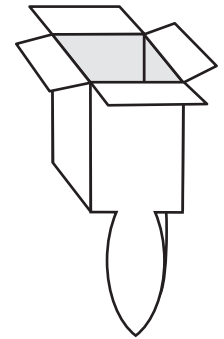
1. Fold the roll in half lengthwise, then unfold. Fold lengthwise the opposite way, then unfold. There should be four crease lines.

2. Cut 3/4 inch (2 cm) along each crease line at one end of the roll.

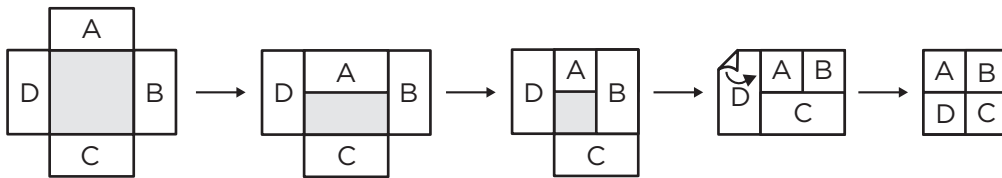
3. Fold the roll, then cut out your ear shapes at the uncut end of the roll. Follow the diagram to make bunny ears, or adjust for any animal you like.



4. Expand the roll and gently form a box shape. Fold down the flaps at the bottom of your roll and crease the folds.



5. Then seal your flaps. Start with the top flap (A), then the right (B), and then the bottom flap (C). The final flap is a bit tricky! Tuck the top of the left flap (D) under the top flap, but keep it over the bottom flap. This will lock the flaps together neatly.



6. Draw on your animal's face with a pencil or a permanent marker.

7. Fill your pot with dampened soil. Use your finger to poke a hole about 1 inch (2.5 cm) deep and plant your sunflower seed. Cover the seed with soil and pat the top to gently pack the soil in the pot. Place on a small dish and sprinkle with water. Position in a sunny window and water every other day. Wait for your sunflower to sprout! Once your seedling grows to about 3 inches (7.5 cm), it is time to move your sunflower outside and either plant it in the ground or in a larger pot.

Make as many eco-pots as you like!

