

Judy's GYM BEVS

SMOOTHIES 13 / 10 (KIDS)

CAFE MOCHA

espresso, cacao, banana, almond butter,
thorne chocolate protein, oat milk

PB&J

raspberry, banana, peanut butter, thorne
vanilla protein, oat milk

GREEN GODDESS

matcha, banana, blueberry, spinach,
thorne chocolate protein, thorne daily
greens, spirulina, oat milk

LOW CARB COCO

cacao, coconut oil, banana, almond butter,
chia seeds, thorne chocolate protein,
almond milk

TROPICALIA

mango, pineapple, coconut oil, thorne
vanilla protein, almond milk

CHOC-BERRY

blueberry, banana, peanut butter, thorne
chocolate protein, oat milk

KIDS STRAWBERRY BANANA

strawberry, banana, honey, oat milk
powder, oat milk

KIDS CHOCOLATE BANANA

banana, cocoa, cane sugar, oat milk
powder, oat milk

KIDS PB&J

raspberry, peanut butter, banana, oat milk
powder, oat milk

PROTEIN QUICK HITS

6

choice of thorne protein, water or oat
milk. substitute cold brew +2

AMINO SODAS

6

BERRY

berry thorne BCAA, coconut water,
sparkling water

CITRUS

lemon thorne BCAA, pineapple juice,
sparkling water

CARDIO ELIXER

lemon thorne BCAA, lemon lime catalyte,
pineapple juice, sparkling water

Judy's

CAFE BEVS

DAILY BLACK

3.5

ICED COFFEE

4.5

ESPRESSO

3.5

AMERICANO

3.75

MACCHIATO

4

CORTADO

4

CAPPUCCINO

4

FLAT WHITE

4

LATTE

5

VANILLA LATTE

6

HONEY CINNAMON LATTE

6

CANE SUGAR LATTE

6

MOCHA

6

MATCHA LATTE

5

CHAI LATTE

5

HOT CHOCOLATE

4

GINGER LEMON TEA

4

HOT TEA SELECTION

5