SOUTHWEST CHOPPED CHICKEN SALAD

PREP TIME
15 MINS

TOTAL TIME
30 MINS

YIELD 4 SERVINGS

In a large bowl, combine all salad ingredients together, excluding the tortilla chips.

In a small bowl, combine all of the dressing ingredients together.

Pour dressing over the salad, starting with about half of the dressing.

Toss to combine. Then, gradually add more dressing to taste.

Top with tortilla chips.



INGREDIENTS

FOR THE SALAD:

- 4 cups shredded chicken (pre-cooked)
- 1 green bell pepper, diced
- 1 red pepper, diced
- 1 can black beans, rinsed
- 1 can sweet yellow corn (or 1 cup frozen corn, thawed)
- 4 roma tomatoes, diced
- 8 green onions, sliced
- Romaine lettuce, washed and chopped
- 1/2 cup cilantro, chopped
- 2 rip avocados, diced
- 2 cups crushed tortilla chips

FOR THE DRESSING:

- 1/4 cup mayonnaise
- 1 cup Greek yogurt
- 2 tbsps ranch seasoning
- 2 tbsps taco seasoning