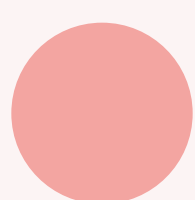


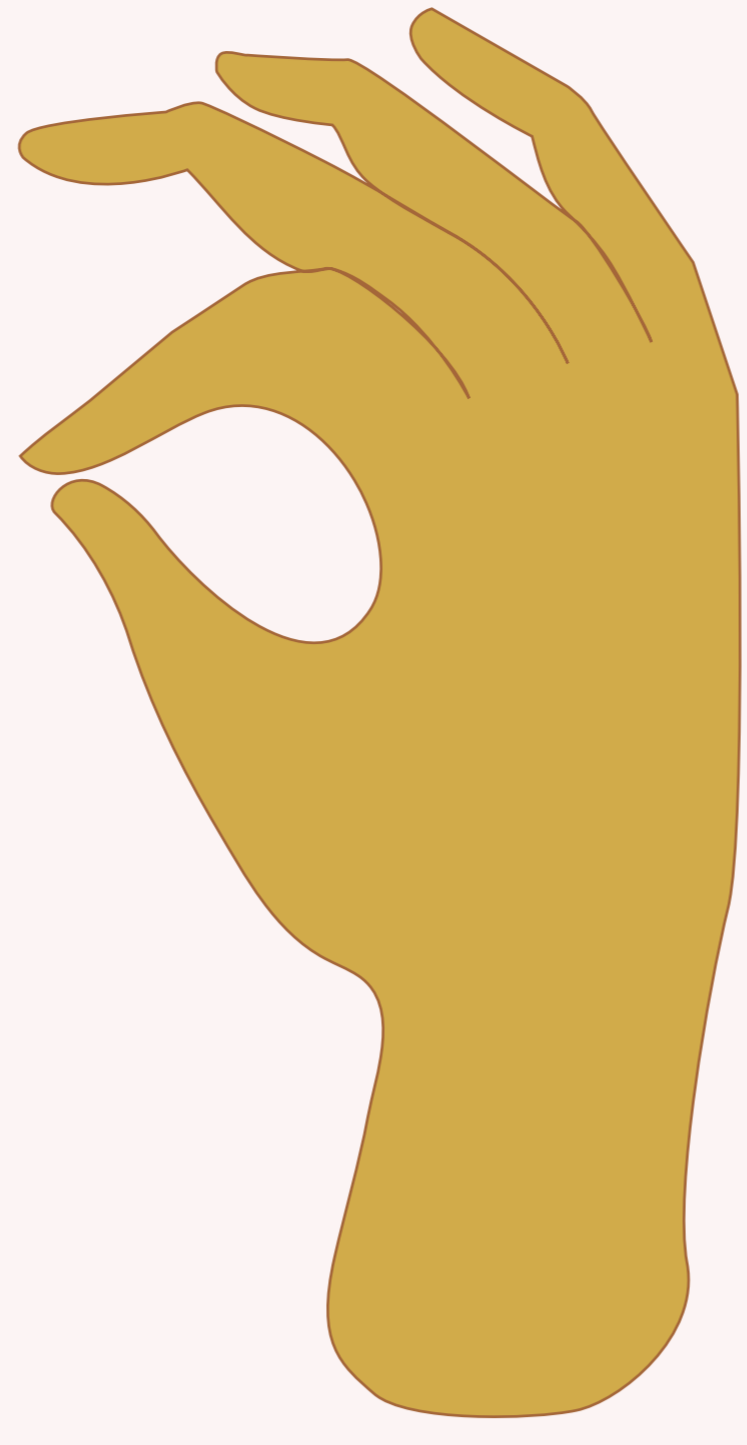
Sex is one of our most powerful gifts but one that we often overlook. It is not explained to us how to harness our sexual energy and properly use it when we are young. Instead we are taught to hide from who we are. Often this causes insecurities in some and others it will cause to act out.

What if sex was more than just two people connecting physically?
What if instead it became a magical ritual you could enjoy alone and with a partner?

It is time to start learning, appreciating and respecting your feminine body. She deserves to be treated with respect.

Let's Begin





Root Chakra Mudra

Grounding

First and foremost let's talk about the fact that your body has energy centers and our sex center is located at the root chakra. This is our base, it is our foundation and we want to build a strong foundation.

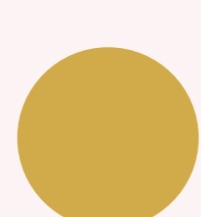
How do we do that?
We must get grounded!

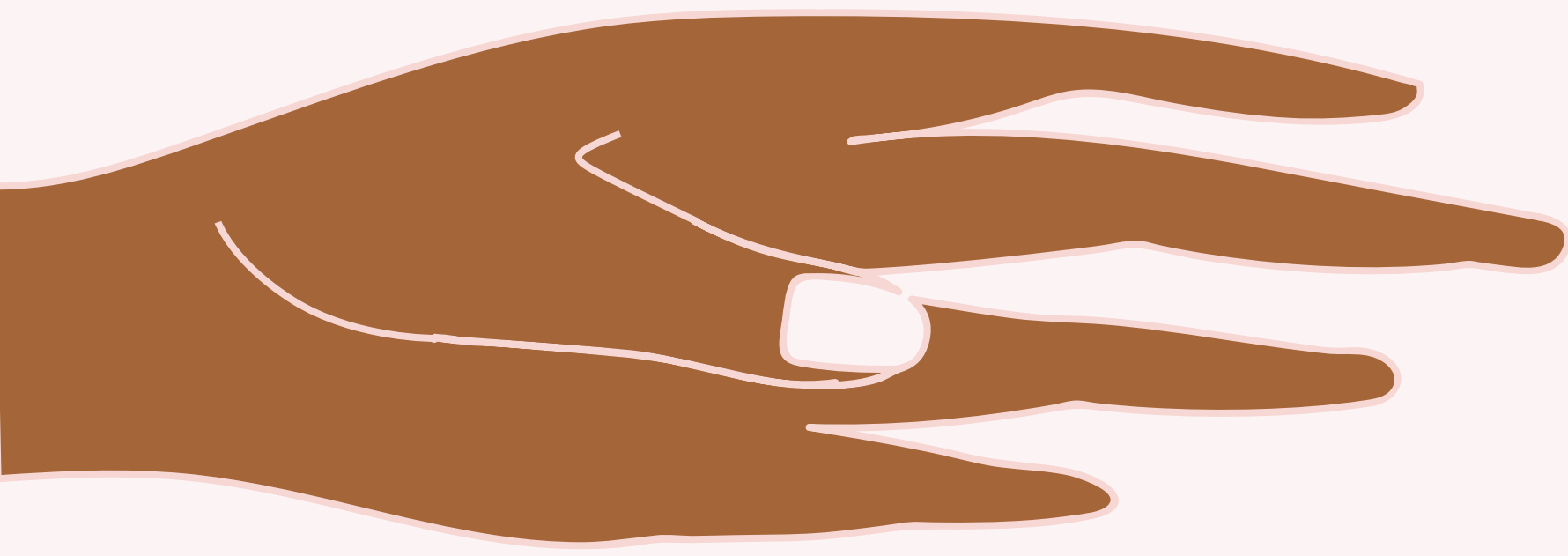
Grounding is a state of being emotionally and physically balanced with the earth and your body. When you are grounded, you can feel all of the emotions, see all of the signs, and be in a safe space to live and breathe.

Everyone in his or her life needs to get grounded in order to be successful, no matter what is going on around you.

Getting grounded isn't easy, but we have to start from the root before we can work our way up to the rest of the body.

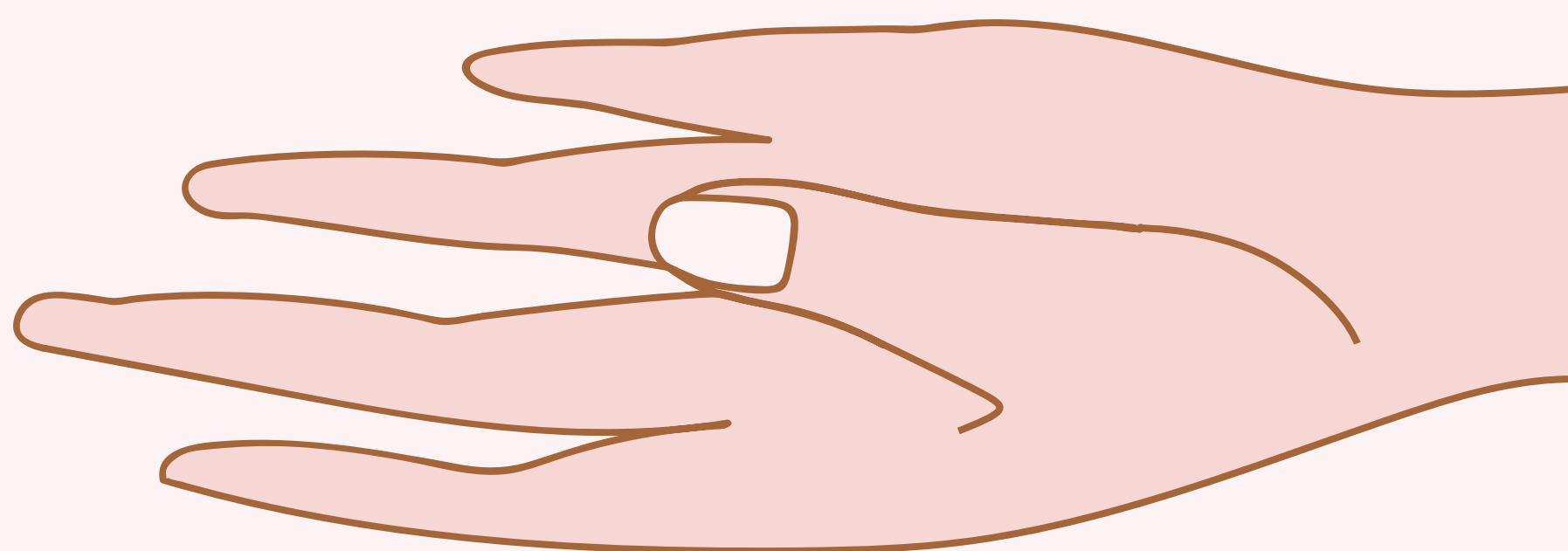
**You will never be lifted
if you aren't first rooted
in the earth**

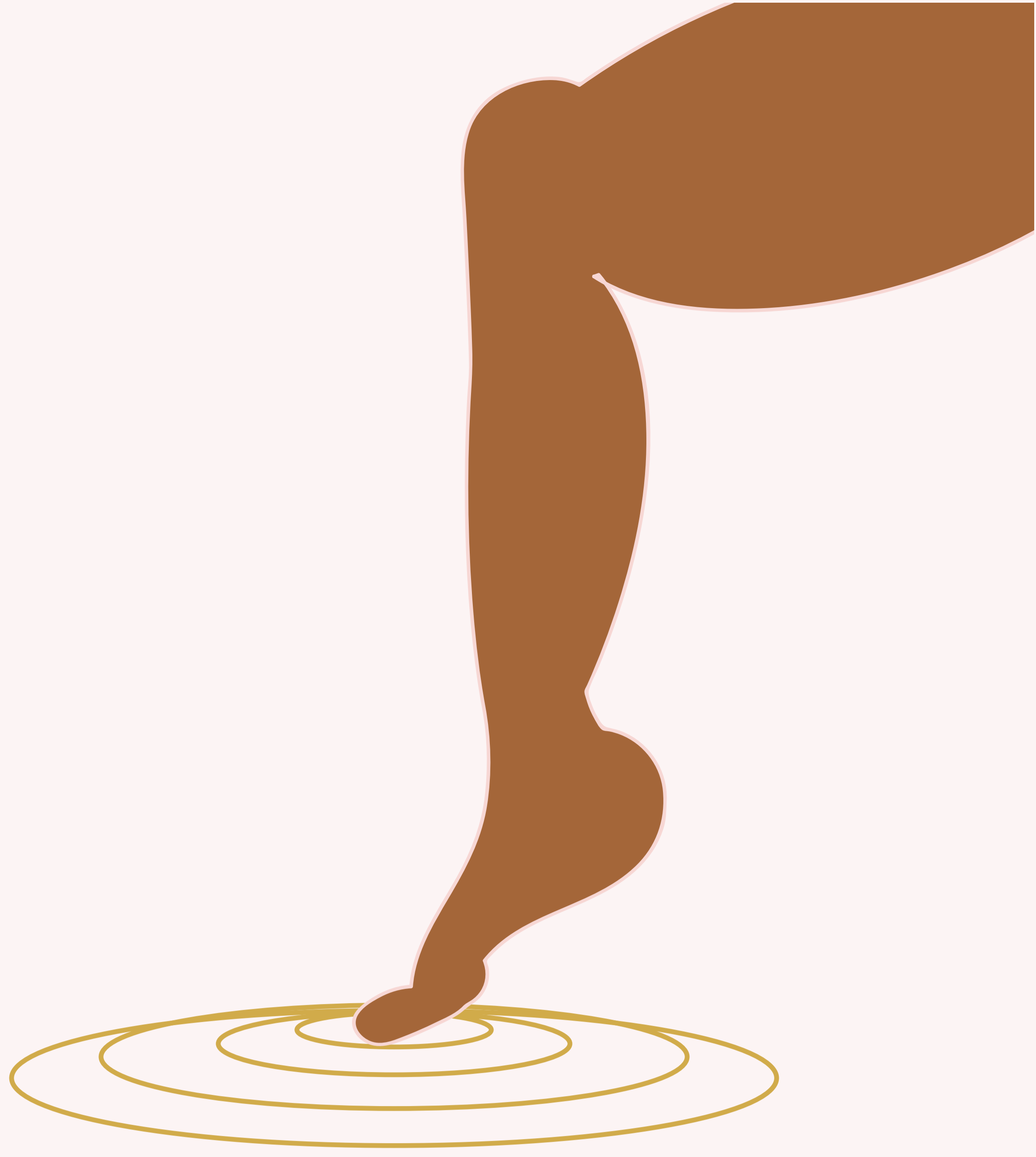




Without the ground, your body and mind will wander and you'll be taken away on a journey without a clear path or guide.

We are here to help you root down, clear your mind, free your spirit and lift up to your highest and most motivated vibration.





Rituals

What are some rituals you can use at home to get more in tune with your body? Baths! A bath is a perfect time to disconnect from your phone and email. It is a place of relaxation where you can find balance, heal, cleanse and connect with yourself.

Of course we will need a magical ritual to go with the bath and nothing is quite like a salt scrub and soak.

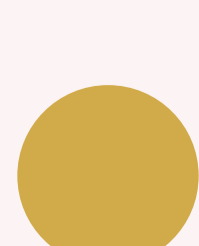
There are tons of salt scrub blends you can create to use both on your own or with a partner. You will want to check in with your body's needs as you begin to create.

Good Base Essential Oils

Lavender- Relaxing
Peppermint - Energizing
Frankincense - Grounding

We have created a bathtime ritual to get you relaxed and ready for some quality time alone or with a partner.

We have added a boost of basil to a lavender bath. Basil is a sweet herb with a stimulating scent that is known to increase sex drive. Many attribute basil's sweetness with its sex-boosting properties, so take a heady whiff and see if it doesn't get you in the mood!



Temp: 175°F
Time: 1 hour

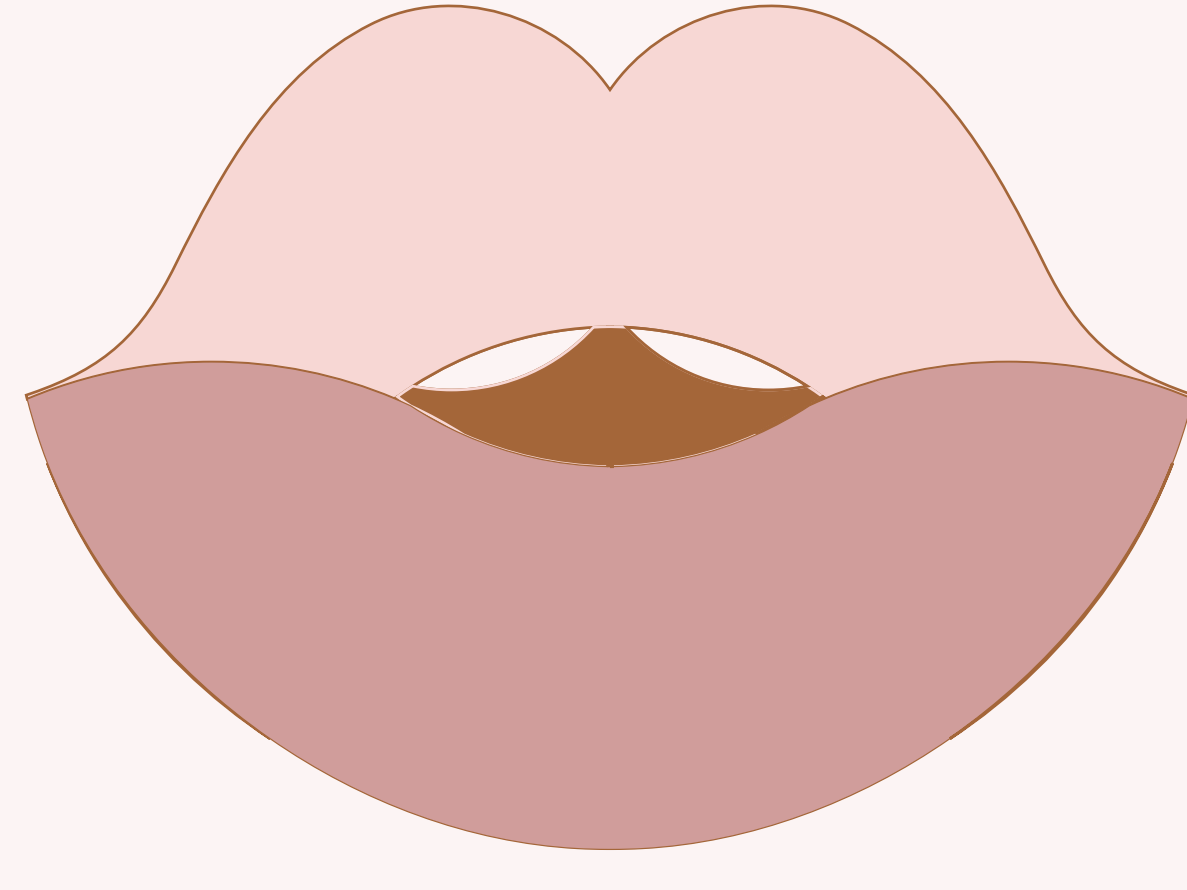
Lavender Basil Bath Salt

2 tsp lavender
½ cup basil leaves
1/2 c. coconut oil
1/2 c. Epsom salt
1 tbsp. hemp seed oil

Remember, experimentation is encouraged. Mix and match oils based on your needs and wants.

1. Set temperature to 175°F and time to 1 hour. Infuse.
2. Dispense oil into jar, add sea salt and hemp oil.
3. Stir until incorporated.
4. Place the closed jar in the fridge for 15 minutes.
5. The salt can settle to the bottom when at room temperature, so feel free to re-incorporate with your hands before using in your bath!
6. Store in an airtight container out of direct sunlight.





Protect your Magic

Now, let's get into the juicy stuff. How do you use and protect your magic?

When having sex, we transfer energy, so rule number one is to be sure your partner is vibrating at the same frequency or higher than you.

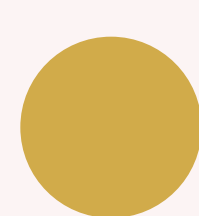
If you sleep with someone who is having an energetically low day, the energy that's released will be left inside of you. This could leave you feeling anxious for the next day or so, and clueless as to why.

Unsure if you are vibrating at the same level? Better to be safe than sorry. Instead of indulging with your partner share some yummy sexy treats that will get you in the mood to open up and have deeper connection before jumping into the more intricate magic.

Ginger is known to increase blood flow to the sexual organs while warming you up from the core. Many cultures have used ginger as an aphrodisiac since it's a libido-boosting food. Another sweetly scented spice, nutmeg, has long been used in Indian cultures as a very popular libido booster.

In Africa, many people refer to nutmeg as "Viagra for women." Researchers at the Aligarh Muslim University in Aligarh, India tested nutmeg as an aphrodisiac using animal studies and found that it did, indeed, increase sexual behaviors.

And hey, what is sexier than ball shaped snacks?!



Prep: Infused
oil of your choice

Cocoa Ginger Nutmeg Balls

1 cup dates (pitted)

1 cup almond butter

¼ cup cacao powder

1 tsp. vanilla extract

¼ tsp. ginger

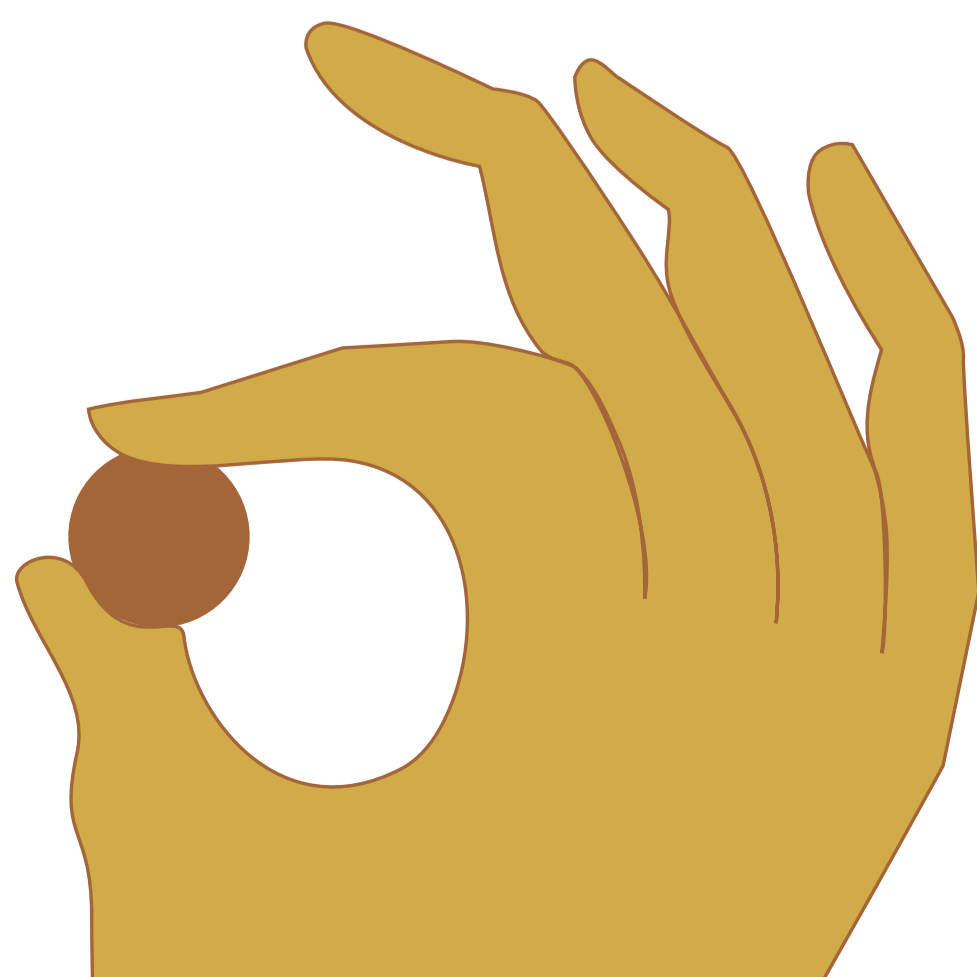
¼ tsp. nutmeg

Optional infused add on: ¼
cup canna-coconut oil

1. Place all ingredients in
food processor and pulse to
blend well.

2. Remove from food
processor and roll into balls.

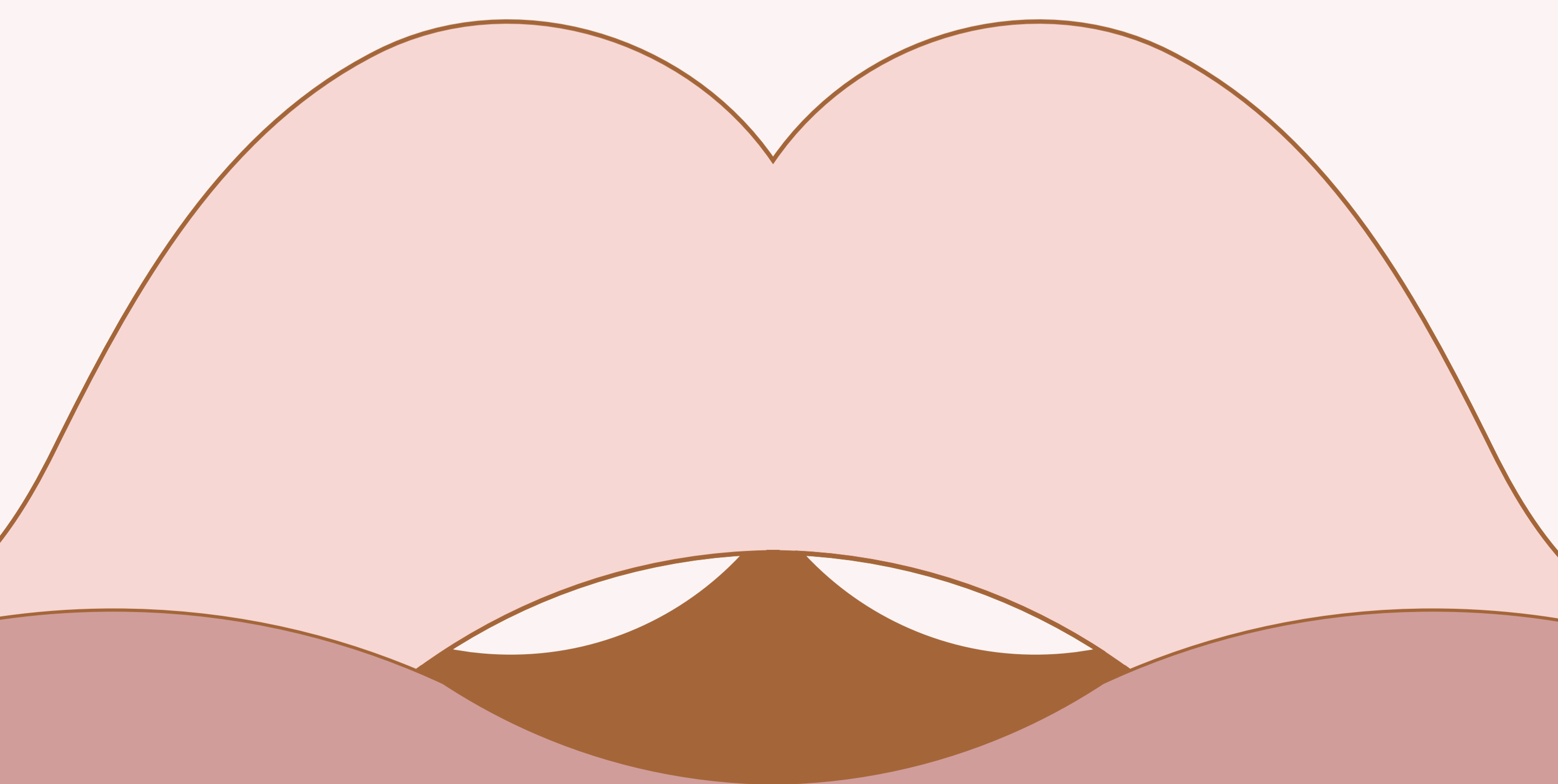
3. Dust with cacao powder
or roll in dried coconut
flakes for a little extra
decadence.



It's safe to still have some fun when playing with magic so be sure those lips are kissable.

Winter is officially here, and dry-chapped lips are certainly not cute when you're puckering up. This lip scrub is perfect for refreshing the lips and giving them a little extra "oomph."

Enjoy the anti-inflammatory properties of cannabis paired with moisturizing honey and keep a jar tucked away for weekly use.



Canna Honey Lip Scrub

2 tsp. coconut sugar

1 tsp. canna-coconut oil

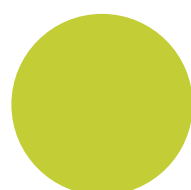
1 tsp. honey

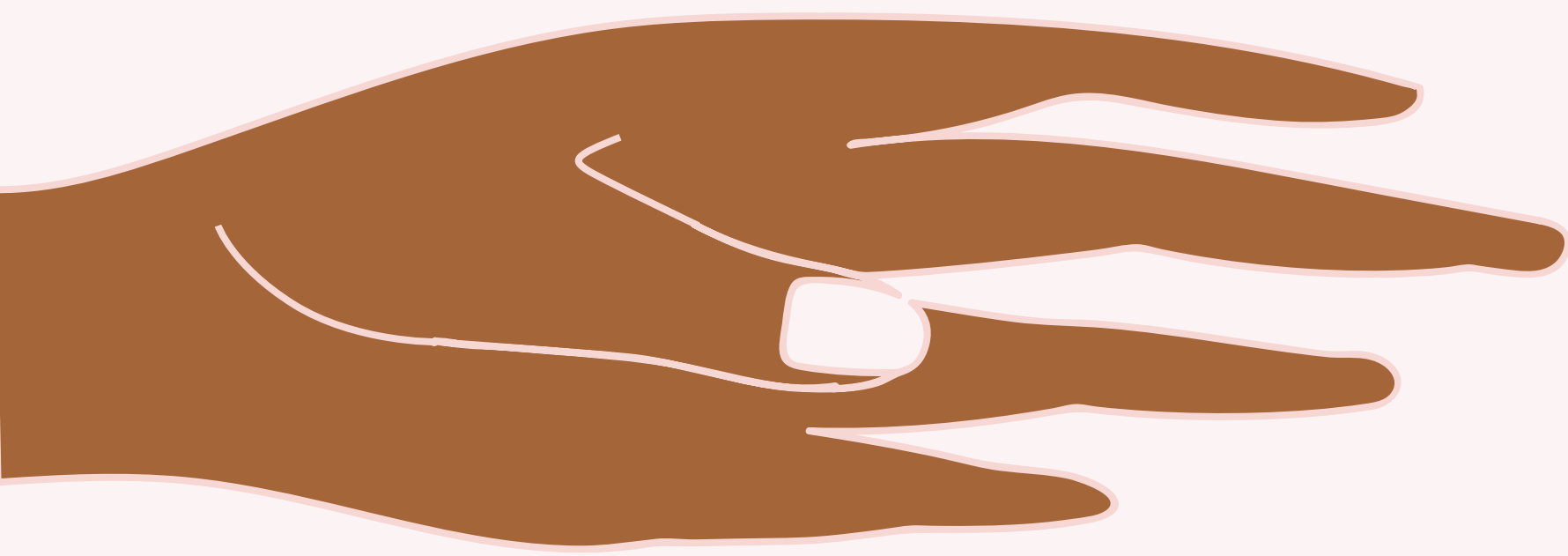
1 small jar for storage

Mix ingredients together.

**Apply to lips with finger and
gently scrub for
10-20 seconds.**

**Rinse (or lick) and hydrate
with your favorite lip balm.**





The final recipe in this guide should be the first creation you use.

This multi-purpose balm serves triple duty as a massage oil, pain salve and sensual lubricant.

We like to scent ours with a few drops of essential oil or add lavender to the Herb Pod when infusing.

The effects can take 15- 20 minutes to be felt, so may we recommend a massage while you wait?

Temp: 180°F
Time: 2 hours

Sex Magic Love Balm

1 cup unrefined cocoa butter
¼ cup coconut oil
¼ cup grapeseed oil
Cannabis to infuse*

***WE RECOMMEND ABOUT 4 GRAMS,
DEPENDING ON THE SIZE OF YOUR
HERB POD**

**1. Pack your Herb Pod with
coarsely ground cannabis.**

**2. Add Coconut Oil,
Grapeseed Oil and Cocoa
Butter to reservoir.**

**3. Set LEVO to 180°F
for 2 hours.**

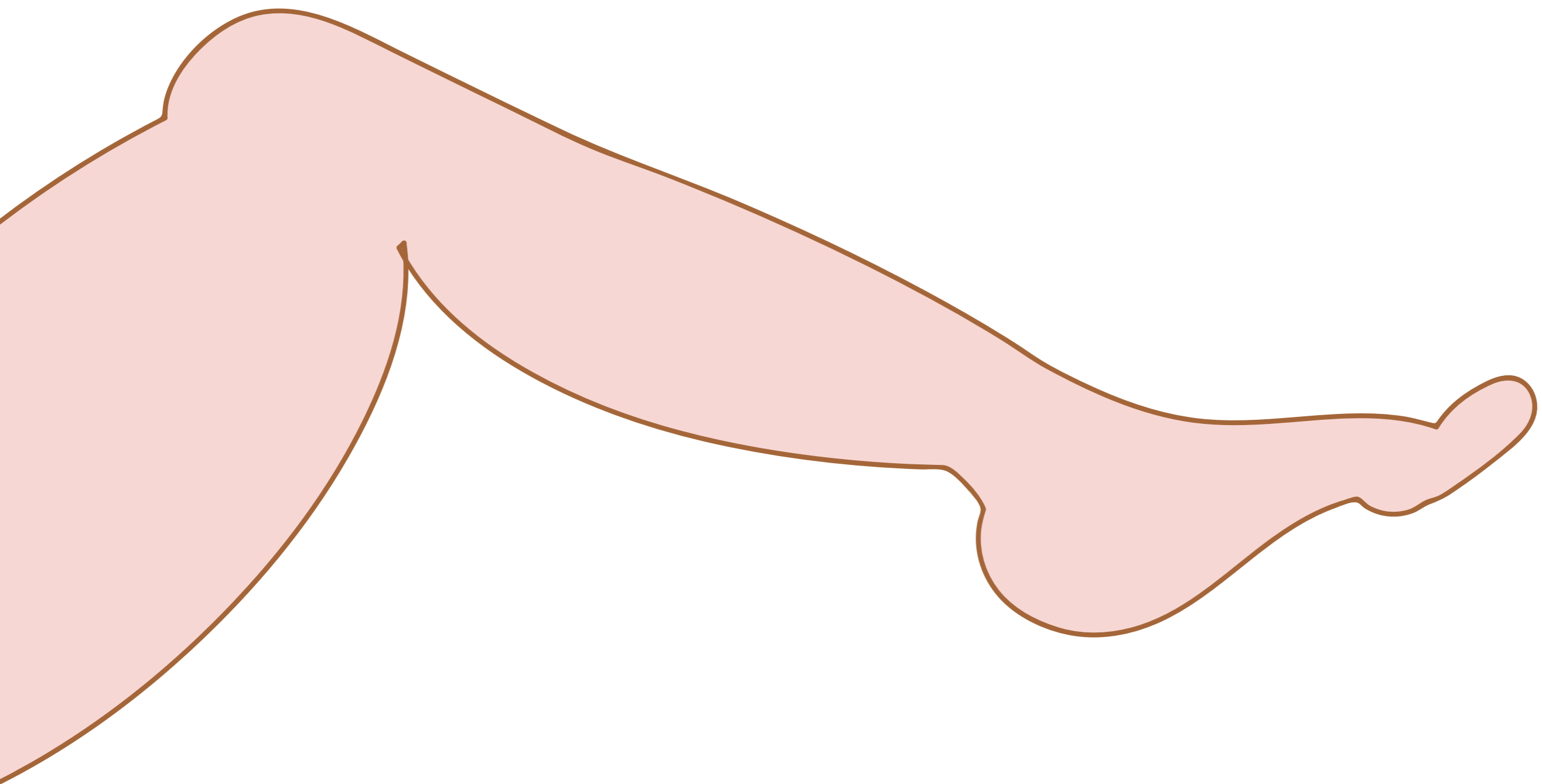
4. Dispense and let oil cool.

**5. Once it begins to solidify,
use a hand mixer to whip the
balm until smooth, with the
consistency of whipped
butter.**

**6. Store in a shallow glass jar
or tin for easy access.**

**PLEASE NOTE THAT THIS LOVE BALM
IS NOT INTENDED FOR USE WITH
CONDOMS AS THE OIL WILL
DEGRADE LATEX.**





**SHOW US YOUR SEX MAGIC!
TAG US**



**WITH YOUR
#LEVOMADE
CREATIONS!**

LEVVO

