D14 Cleaner Recipes

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Household Cleaners USING ESSENTIAL OILS

ALL PURPOSE CLEANER

IN A GLASS SPRAY BOTTLE COMBINE:

- 14 CUP WHITE VINEGAR
- 13/4 CUPS WATER
- 10 DROPS TEA TREE ESSENTIAL OIL
- 10 DROPS EUCALYPTUS ESSENTIAL OIL
- 10 DROPS ORANGE ESSENTIAL OIL

MAKE SURE THAT YOU SHAKE THE BOTTLE EVERY TIME BEFORE USE, SO THAT THE OILS DISPERSE IN THE LIQUID.

Household Cleaners USING ESSENTIAL OILS

WINDOW CLEANER

- 1 CUP WATER
- 1 CUP VODKA OR RUBBING ALCOHOL
- 30 DROPS TEA TREE OIL OR EUCALYPTUS ESSENTIAL OIL
- 1 TEASPOON (2ML) LIQUID DISH WASHING SOAP

COMBINE ALL INGREDIENTS AND POUR INTO A SPRAY BOTTLE AND SHAKE BEFORE USING.

TOILET CLEANER

- ½ CUP OF BAKING SODA
- 8 DROPS OF LEMON ESSENTIAL
 OIL
- ½ CUP OF VINEGAR

MIX IT TOGETHER AND USE WHEN



Household Cleaning USING ESSENTIAL OILS

VACUUMING

ADD 1-2 DROPS OF ANTI-BACTERIAL LAVENDER OR GERANIUM ESSENTIAL OIL INTO YOUR VACUUM BAG TO KEEP IT FRESH AND TO DIFFUSE THE SCENT INTO THE AIR AS YOU CLEAN.

FOR BAGLESS VACUUMS, YOU CAN ADD THE DROPS TO A TISSUE AND PUT IT INTO THE COLLECTION RECEPTACLE.

SURFACE CLEANER

CREATE YOUR OWN MULTI-SURFACE DISINFECTANT SPRAY BY COMBINING 1 PART WATER, 1 PART VINEGAR AND SEVERAL DROPS OF YOUR PREFERRED DISINFECTING ESSENTIAL OIL SUCH AS: TEA TREE, EUCALYPTUS, LEMON, ROSEMARY AND LAVENDER.

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DISHWASHING

TO ADD FRAGRANCE OR TO IMPROVE THE ANTISEPTIC ACTION OF YOUR LIQUID SOAP, ADD SEVERAL DROPS OF ESSENTIAL OILS LIKE SPRUCE, PINE, LEMON, BERGAMOT, AND ORANGE.

YOU CAN ALSO ADD A FEW DROPS OF THESE OILS TO DISHWASHER TO HELP DISINFECT AND PURIFY IT.

CARPET DEODORIZER

WHETHER YOU'RE REMOVING SMELLS FROM PETS,
CIGARETTES OR COOKING, YOU CAN MAKE YOUR
OWN ESSENTIAL OIL CARPET DEODORIZER EASILY FRESHEN
AND SANITIZE YOUR CARPETS.

ADD 10 DROPS OF TEA TREE, 10 DROPS OF LEMON, AND 20 DROPS OF LAVENDER ESSENTIAL OILS TO ONE 16 OZ BOX OF BAKING SODA. SPRINKLE THIS MIXTURE ON CARPETS AND LET SIT FOR 10-20 MINUTES. MAKE SURE TO BLEND THE ESSENTIAL OILS WELL (THE LEMON ESSENTIAL OIL CAN STAIN IF NOT PROPERLY BLENDED), AND TEST THE MIXTURE IN A DISCRETE SPOT BEFORE APPLYING.

Household Cleaning USING ESSENTIAL OILS

WINDOW CLEANER #2

GET YOUR WINDOWS SQUEAKY CLEAN WITHOUT THE SOUR SMELL OF COMMERCIAL SPRAYS WITH THIS ESSENTIAL OIL WINDOW CLEANER

YOU CAN MAKE YOURSELF: ADD 1 CUP OF WHITE VINEGAR, 10-15 DROPS OF LEMON ESSENTIAL OIL AND WATER TO A SPRAY BOTTLE. SHAKE WELL BEFORE USE.

AIR FRESHENERS

THERE ARE A NUMBER OF WAYS TO FRESHEN THE AIR IN YOUR HOME.

OUR FAVOURITE IS TO USE ULTRASONIC DIFFUSERS TO PURIFY YOUR AIR AND DISPERSE THE BENEFICIAL SCENTS OF ESSENTIAL OILS THROUGHOUT YOUR HOME.

ANOTHER OPTION IS ESSENTIAL OIL REED DIFFUSERS, WHICH PASSIVELY DISPERSE OILS INTO THE AIR.

THEY'RE GREAT FOR BATHROOMS!

Looking for these products to make your own cleaners?

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